



Reopening Implementation Plan
In accordance with the Pennsylvania Department of Health's Interim Guidance
for Skilled Nursing Facilities During COVID-19

July 30, 2020

Facility Information:

St. Paul Homes
339 E. Jamestown Rd.,
Greenville, PA 16125

Phone: 724-588-7610

Contact person:

Villas – Tammy Lininger

Heritage – Dianna Jones

Ridgewood – Mickie Chapman

Date and Step of Reopening:

Monday, August 3, 2020 entering Step 2

St. Paul Homes has met all of the Prerequisites, including the baseline universal test for COVID-19 administered to staff and residents in accordance with the June 8, 2020 and June 26, 2020 Orders of the Secretary of Health for the skilled nursing and personal care facilities respectively AND has had the absence of any new facility onset of COVID-19 cases for 14 consecutive days since the baseline testing was completed.

St. Paul Homes has not experienced a significant COVID-19 outbreak.

Strategy for Testing, Cohorting, Personal Protective Equipment and Staffing:

1. Baseline Universal Testing Occurred for all staff between 6/16/2020 – 7/1/2020.
2. Baseline Universal Testing occurred for Villas residents from 6/20/2020-7/1/2020.
3. Baseline Universal Testing occurred for Heritage and Ridgewood residents from 7/6/2020-7/10/2020.
4. St. Paul's actively monitors residents for signs and symptoms of COVID-19 with policies in place to identify when testing may be appropriate.
5. St. Paul's has a testing plan in place to administer COVID-19 tests to residents and staff in the event of an outbreak. The plan utilizes nursing staff and lab services to obtain the test samples as appropriate.
6. St. Paul's has contracts with UPMC Horizon lab and MHS labs for COVID-19 testing kits and processing of results as needed.
7. St. Paul's has incorporated non-essential employees and volunteers into the testing plan based on contact tracing or mass testing as required.
8. St. Paul's testing plan outlines steps to address residents and employees who may refuse to test in accordance with the Pennsylvania Department of Health HAN 509: Testing Guidance for COVID-19 in Long-Term Care Facilities Residents and Healthcare Personnel.



9. St. Paul's has policies in place to cohort and/or isolate residents based on test results or potential exposure to COVID-19 and will follow the established policy based on the Pennsylvania Department of Health HAN 509: Testing Guidance for COVID-19 in Long-Term Care Facilities Residents and Healthcare Personnel.
10. St. Paul's monitors inventories of Personal Protective Equipment daily. St. Paul's continues to research vendors for supplies needed. Contingency strategies have been developed with reference to the CDC guidelines for optimizing strategies.
11. St. Paul's skilled nursing facility and personal care homes operate above the Pennsylvania Department of Health and Department of Human Services requirements for staffing. St. Paul's has identified alternative staffing strategies including conventional, contingency and crisis staffing strategies.
12. ***St. Paul's shall return to full visitor restrictions should Mercer County revert to a red phase under the Governor's Reopening Plan OR in the event of any positive cases identified in residents or staff.*** Under these restrictions, visitors will be restricted from entering the campus for all levels of care except in end-of-life situations. Internal activities, dining and volunteers will be restricted as appropriate and St. Paul's shall follow any added guidance issued by the Pennsylvania Department of Health and/or Department of Human Services.

Screening Protocols:

1. St. Paul's assesses residents at least daily for symptoms consistent with COVID-19 and follows internal policies that outline follow-up requirements with relations to testing.
2. All external entrances to St. Paul's have been locked to prohibit access from the outside with the main entrance to the Villas as the only point of entry to any of its buildings for screening.
3. St. Paul's requires all staff, non-essential personnel and volunteers to screen prior to the start of their shift in accordance with internal policies utilizing a screening tool that is in effect at that time. Anyone who fails the screening process shall be sent home and may be referred to their primary care physician or alternative care provider for further evaluation if suspicious for COVID-19.
4. St. Paul's requires all healthcare personnel/essential vendors who are not St. Paul's employees and visitors to screen at the entrance to the facility in accordance with internal policies utilizing a screening tool that is in effect at that time. A daily log of non-St. Paul's employees is kept for contact tracing in the event it would be needed.

Dining:

1. Communal dining is limited to residents unexposed to COVID-19.
2. Staff shall use personal protective equipment as needed and follow hand hygiene protocols.
3. Tables shall be washed and sanitized between residents. Single use menus shall be used. Dining tables will not be pre-set between meals. All food contact services will be washed and sanitized before and after meal services and when soiled.
4. Meal delivery by facility:
 - a. Villas:
 - i. Currently dining is a blend of in room delivery and limited-seating per table in the dining room and great room(s) as needed. Trays are delivered to resident rooms for those able to eat independently. Residents who need supervision or assistance are served meals in the dining/living area with residents seated at least 6' apart.



- ii. As St. Paul's progresses through step 2 to step 3, the goal of moving to an open dining plan for Villas residents is in development. Residents may choose to take meals in the dining room with social distancing (limited number of people at tables and spaced by at least six feet).
- iii. Meal-schedule as follows:
 - 1. Meadows – tray delivery.
 - a. Current dining times:
 - i. Breakfast 7:30-10:00AM
 - ii. Lunch 11:45 AM
 - iii. Supper 5:00 PM.
 - b. Step 3: No changes anticipated.
 - 2. Willows, Gardens, Springs and Orchards –
 - a. Current dining times:
 - i. Breakfast 7:30-10:00 AM
 - ii. Lunch 11:30; Supper 4:30 PM – Willows and Springs
 - iii. Lunch 12:15 PM; Supper 5:15 PM - Gardens/Orchards
 - b. Step 3: Plan for open Dining (Breakfast 7:30-10:00 AM; Lunch 11:30 AM – 1:00 PM; Supper 4:30-6PM.
- b. Heritage:
 - i. Currently dining is a blend of in room delivery of trays and limited-seating per table in the dining room with residents seated at least 6' apart for residents who need assistance and/or supervision.
 - ii. Meal-schedule as follows:
 - 1. Breakfast 7:30 AM
 - 2. Lunch 11:30 AM
 - 3. Dinner 4:30 PM
- c. Ridgewood:
 - i. Residents are socially distanced at 2 separate seating times in the dining room for meals. Limited seating per table with residents spaced at least 6' apart.
 - ii. Meal-schedule as follows:
 - 1. Breakfast 7:00 AM and 7:30 AM
 - 2. Lunch 11:00 AM and 11:30 AM
 - 3. Dinner 4:00 PM and 4:30 PM

Activities:

1. Activities such as companionship and interactive opportunities, table games, exercise, music, spiritual, crafts, gardening and other life enriching activities appealing to resident's interests will be provided in a small group setting. Individual supplies will be provided. If any sharing of specific items, those items will be sanitized after each use (example – the adapted computer).
Residents shall be provided with a mask upon leaving their room. Life enrichment staff will monitor for mask compliance and assist with hand hygiene as needed. Activities will be held in areas such as great rooms, large patio, courtyard and multi-purpose room. Off neighborhood activities will only be accessed through neutral zones (common corridors). Social distancing of at least 6 feet shall be maintained between residents.



1. Step 1. Individual or small group activities will be pursued with groups limited to 5 or less residents unexposed to COVID-19.
2. Step 2. Activities shall be limited to groups of 10 or less residents unexposed to COVID-19.
3. Step 3. Location will dictate the number of residents able to participate, not to exceed the Governor's order related to group sizes.
4. Step 3 – Outings. Outings shall be allowed only for residents unexposed to COVID-19. Outings are limited to no more than the number of people where social distancing between residents can be maintained.

Non-Essential Personnel:

1. All non-essential personnel will be screened at the time of entry consistent with staff and will practice social distancing, hand hygiene and universal masking.
2. Step 2: Volunteers to assist with visitation, beauticians and other vendors as determined shall be permitted upon successful completion of the screening process. Hair salons will be open to the Villas, Heritage and Ridgewood facilities for residents unexposed to COVID-19.
3. **Beauty Salons:** St. Paul's contracts with 4 beauticians for Villas, Heritage and Ridgewood Salons. The beauticians will receive education related to social distancing, hand hygiene and use of personal protective equipment (PPE) and will be required to wear masks following the same policy as staff. The salon shall be scheduled so that only one beautician is in the salon at any given time. Residents receiving salon services shall wear a cloth mask (unless contraindicated). The number of residents permitted in the salon will be specific to facility (Villas, Heritage and Ridgewood) based on space to ensure 6' social distancing. Residents and beauticians shall refrain from handshaking or any physical contact except what is required to perform the services. The beautician shall clean and sanitize equipment between each resident. Frequent cleaning of high touch surfaces shall be performed.
4. Step 2 and 3: Non-essential personnel will not be permitted to enter a resident room or care area with residents who have been identified as having a potential exposure to COVID-19.

Visitation Plan:

1. Step 2 allows outdoor visitation in designated spaces.
2. All outdoor visitation must be pre-scheduled at least 24 hours in advance through the receptionist at each facility (Villas, Heritage, Ridgewood).
3. Visitors will be limited to 2 people and only one visit session per resident per week initially.
4. Visits are limited to 30 minutes.
5. Visitors must successfully complete the screening process located in the Villas lobby, to proceed with visitation.
6. Visitors must wear a facemask (and other personal protective equipment as required) the entire visit and follow social distancing protocols.
7. A staff or volunteer host(ess) will escort or direct family members to the designated locations and provide oversight of visitation sessions to ensure visitation protocols are maintained and provide direction as needed. Whereas the host(ess) will ensure proper cleaning and disinfecting of surfaces for residents between visits, family members will be provided with supplies to disinfect any surfaces at the completion of their visit.



8. Children are permitted to visit when accompanied by an adult visitor within the number of allowable visitors. Adult visitors must be able to manage children and children older than 2 years of age must wear a facemask during the entire visit. Children must maintain strict social distancing.
9. Residents receiving visitors will be able to be transported to the visiting area located within a neutral zone while being masked as long as they are not in isolation and are unexposed to COVID-19.
10. In-room visits are limited to only those residents who are end-of-life.
11. Designated spaces and hours by facility as follows:
 - a. Villas:
 - i. Villas Fountain Courtyard – offers 2 rows of fencing to ensure social distancing of at least 6'. Chairs provided for visitors. Access to this area is through the parking lot located behind the facility near the Anderson pavilion with steps down the hill. Will offer an canopy for shade and rain.
 - ii. Chat box/Visitation station – location in front of the Villas. Offers visitation station separated by plexiglass but offers the opportunity for physical touch with the use of fabricated sleeves. Guidelines for use of the sleeves shall be posted on the outside of the chat box for family use including supplies for hand sanitizer, gloves and directions for use. Will offer a canopy for shade and rain.
 - iii. Step 2 only allows indoor visitation in the event of inclement weather. The Villas has designated the Villas Conference Room and Private Dining Room with seating arranged to reinforce social distancing.
 - iv. HOURS: DAILY 9:00-11:00 AM and 2:00-4:00 PM; EVENINGS 6:00-8:00 PM Monday/Wednesday.
 - b. Heritage:
 - i. Front Area of the Heritage Building, to the left of the front entrance.
 - ii. Jones Serenity Circle Courtyard. Access to this area is through the parking lot located beside the facility near the courtyard entrance.
 - iii. Step 2 only allows indoor visitation in the event of inclement weather. The Heritage has designated the 1st floor lounge and the 4th floor retro room with seating arranged to reinforce social distancing.
 - iv. HOURS: MON-FRI 9:00-11:00 AM and 2:00 PM – 4:00 PM; EVENINGS 5:00 PM-7:00PM on Tuesday/Thursday.
 - v. Weekend hours will vary. Please check with the HERITAGE WEEKDAY receptionist for availability.
 - c. Ridgewood: Designated area can be accessed from the back-parking lot by Anderson Pavilion.
 - i. Sunshine Patio – located in the back of the building by the loading dock. This area will offer 6' or 8' tables to ensure social distancing is maintained.
 - ii. Step 2 only allows indoor visitation in the event of inclement weather. The Ridgewood has designated the Fireside Lounge.
 - iii. HOURS: MON-FRI 9:00-11:00AM and 2:00-4:00 PM. EVENINGS 5:00 – 7:00 PM on Monday/Thursday.
 - iv. Call the Ridgewood receptionist for weekend hours



Volunteers:

1. Step 2 – Volunteers are permitted only for the purpose of assisting with visitation protocols and may only conduct volunteer duties with residents unexposed to COVID-19.
2. Step 3 – Volunteers will be permitted to resume normal volunteer duties with residents who are unexposed to COVID-19.
3. Volunteers must pass the same screening protocols as staff before beginning any assignment.
4. Social distancing (to the extent possible in the performance of their duties) and universal masking are required.
5. Volunteers will follow the use of assigned personal protective equipment (PPE) in accordance with internal infection control policies based on the activities being performed.
6. Volunteers assisting with Visitor Hosting responsibilities will be educated and trained on infection control processes to include sanitizing the designated visitation areas.

Attestation:

I attest that the information provided in this Implementation Plan is an accurate representation of the facts and that this facility will adhere to the plan as written. I further attest that the county in which this facility is located is in a Yellow or Green phase per the Governor’s Reopening Plan. This Implementation Plan will be posted on our website or made available to all residents, families, advocates such as the Ombudsman and the Department upon request. This facility will progress to the next step of reopening when the criteria is met as described in the Interim Guidance for Skilled Nursing Facilities During COVID-19. If at any point during the reopening, the facility fails to meet the criteria for reopening, I will ensure the facility ceases reopening immediately. Further, if at any point during reopening this facility is operating under a contingency staffing plan, I will ensure the facility ceases reopening immediately.

Tammy J. Lutzinger

7-30-2020

Signature of Nursing Home Administrator

Date

Gianna Jones

7-30-2020

Signature of Personal Care Administrator

Date

Michelle Chapman

7-30-2020

Signature of Personal Care Administrator