You just never know what you might find going on in The Villas Courtyard at any given moment. And certainly on the warm and sunny afternoon of Friday, August 2 anyone wandering by may have been a bit surprised by what they saw...

Residents and staff gathered on the Bistro Patio and in The Courtyard to watch their friends and neighbors enjoy a homemade Slip ‘n Slide courtesy of our innovative Life Enrichment team!

After a Facebook challenge put forth by our neighbors in Mercer, Pa., from The Lakes at Jefferson, our Life Enrichment staff strapped on their thinking caps and brought together resources from maintenance and environmental services to construct a safe outdoor water adventure for our residents.

A large piece of plastic, a garden hose, dishwashing liquid (to keep ‘em slidin’), giant swimming pool inflatables, a few lengths of rope and much man power were a few of the tools needed to pull off this successful and hilarious activity.

It’s a wonderful blessing to witness great team work payoff in the form of ear-to-ear smiles from our residents!


To see more photos of the fun, visit www.stpauls1867.org/about/photo-gallery.
That’s what making a planned gift to St. Paul’s is all about. You are leaving a legacy that supports a meaningful life for the residents and staff at St. Paul’s into the future.

A planned gift is a charitable donation set up during your lifetime as part of your estate plan. It can enable you to make a larger gift than you could through your income alone. There are several kinds of planned gifts that offer different benefits to the donor. Check out the table below!

<table>
<thead>
<tr>
<th>If Your Goal is:</th>
<th>Way to Give:</th>
<th>How to Make the Gift:</th>
<th>Your Benefits:</th>
</tr>
</thead>
<tbody>
<tr>
<td>To support St. Paul’s without affecting your present cash flow or investments</td>
<td>Bequest in Will</td>
<td>Name St. Paul’s in your will (designate a specific amount, a percentage or a share of the residual).</td>
<td>• Donation exempt from federal estate tax • Control of asset for your lifetime</td>
</tr>
<tr>
<td>To make a large gift with little cost to you</td>
<td>Gift of Life Insurance</td>
<td>Contribute a life insurance policy you no longer need.</td>
<td>• Current income tax deduction • Increase your ability to give without affecting your lifestyle</td>
</tr>
<tr>
<td>To provide a gift to St. Paul’s while avoiding double taxation on IRAs or other retirement plans</td>
<td>Gift of Retirement Assets</td>
<td>Name St. Paul’s as a full, partial or secondary beneficiary of your IRA or other retirement plan asset.</td>
<td>• Make a gift from this most highly-taxed asset, leaving other assets for your family • Avoid income and estate tax</td>
</tr>
<tr>
<td>To avoid or reduce capital gains tax on securities</td>
<td>Appreciated Securities</td>
<td>Contribute appreciated stocks, bonds or mutual funds that have been held longer than one year.</td>
<td>• Immediate charitable deduction of full fair market value • Avoidance of capital gains tax</td>
</tr>
<tr>
<td>To receive a guaranteed income for life and save on taxes</td>
<td>Charitable Gift Annuity</td>
<td>Start a charitable gift annuity with St. Paul’s. The minimum gift is $1,000 and can be made outright or through appreciated securities.</td>
<td>• Current and future savings on income taxes • Fixed payments for life</td>
</tr>
</tbody>
</table>

When you choose to make a planned gift to St. Paul’s, you become a member of the Legacy Society. Members are invited to a special annual luncheon and are recognized in the annual donor report and on the St. Paul’s website.

For more information about planned giving options, please contact Dawn Hartman, Director of Planned & Major Giving, at 724-588-9613 ext. 1214 or dhartman@sp1867.org.
21st Annual
Car Cruise & BBQ

Sunday, September 8
1 - 5 p.m.
O.D. Anderson Pavilion at St. Paul’s

• Tons of Family Fun!
• Cars! Cars! Cars!
• Craft & Vendor Village!
• BBQ Ribs & Corn Roast!
• Homemade Pies!
• Chance Auction & Raffles!
• DJ and Live WILLIE 95.1 Remote!

Bring this ad with you to the event and exchange it for one free chance to win a **CASH PRIZE**

Limit three coupons per person.

Campus Connections

339 East Jamestown Rd.
Greenville, Pa. 16125
www.stpauls1867.org • 724-588-7610
A monthly gathering for residents, families and staff at St. Paul’s and members of the community who are seeking support as they cope with loss.

NEXT MEETING:
Thursday, September 5
6:30 - 8 p.m.
The Villas Conference Room

Contact group facilitator, Pastor Julia Fraser, at 724-588-7610 ext. 1145 for more information or with questions.

Alzheimer’s Caregiver Support Group

Meetings are held the first Tuesday of every month at The Keifer Building at St. Paul’s, 341 E. Jamestown Road, Greenville, PA 16125

Tuesday, September 3
2 - 3:30 p.m.

Contact: Michelle O’Malley • 724-588-9613 ext. 1427

This group welcomes: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members and Professionals.

~ IN MEMORIUM ~
Residents who have passed

07/16/19 Charles MacDonald
07/20/19 Alvin Tonks
07/21/19 Donald Bresnan
07/21/19 Dorothy Russell
07/21/19 Myrene Stoyer
07/22/19 Dorothea Amheiser
07/24/19 John Ramage Sr.
07/26/19 Mary Carmichael
07/31/19 Maggie Headland
08/02/19 Janet Truax
08/08/19 Mary Jane King
08/09/19 Martha Shadley
08/11/19 Louis Raketich

Nursing Administration Changes at The Villas

LeAnn McCurdy (pictured above, left), joined the St. Paul’s team in 2009. Over the years she has served as the Willows neighborhood manager, Assistant Director of Nursing, and the Quality Assurance Coordinator. She was named Director of Nursing in May.

LeAnn describes her various roles as fulfilling. “Residents, family members and co-workers are what inspire me.” She appreciates the opportunity to advance adding, “For those striving to advance, the opportunity does exist. However, with the longevity of many staff here, sometimes those opportunities come with time and patience.”

Teresa Heckman (pictured above, center), was recently named Assistant Director of Nursing and was formerly Nurse Educator. Since 1998, Teresa has served in various roles including, RN neighborhood manager, supervisor, and Assistant Director of Nursing. She describes her experience as, “Ever changing with the opportunity to always learn something new – to grow both personally and professionally.” Teresa counts it a privilege to serve the residents and her co-workers.

Deborah Weese (pictured above, right), joined the St. Paul’s team in 2014 and served as an RN Neighborhood manager until her recent appointment to Nurse Educator. Deb considers St. Paul’s a wonderful place to work and credits her coworkers, residents and staff for keeping her engaged. Deb is very excited to embrace a new chapter as an RN and looks forward to mentoring her fellow employees.
Spiritual Services

Monthly Worship in the Keifer Chapel

The once-a-month Wednesday Morning Worship Service at the Keifer Chapel will resume in September following a summer hiatus and will be held on September 11 at 10:30 a.m.

Following the service there will be a discussion regarding continuation, need for, and future scheduling of this monthly worship opportunity. We will welcome resident feedback and use it in our decision-making process.

~ Spiritual Council Update ~

The St. Paul’s Spiritual Council met for its quarterly meeting on August 6, 2019 and was glad to welcome Dee Henley who will be serving as a Colony representative. In addition to the consideration of other business, the Spiritual Council approved the following charitable donations:

- $500 to the upcoming Alzheimer’s Walk;
- $500 to ongoing disaster relief through the United Church of Christ;
- $500 to the Christian Fitness Backpack Ministry;
- $500 to the Good Shepherd Center for school supplies and/or other children’s needs.

The next meeting of the Spiritual Council will take place on November 5.

The Greenville Backpack program will begin its 6th year with the start of the school year. More than 50% of the Greenville public school children come from families that meet the federal income guidelines for the free or reduced lunch program. Participation is voluntary and names of students participating are kept anonymous.

The Christian Fitness Ministries members raise money locally as there is no federal funding. The program is offered to K-6. On Friday, school personnel discreetly place a bag of food into the backpack belonging to each child who is enrolled in the program. The average number of participants in 124. (Submitted by Ann Fowler, resident at The Colony and backpack program volunteer)
Loving others

When the expert in the law asked Jesus which commandment was the greatest, 37 Jesus said to him, “‘You shall love the LORD your God with all your heart, with all your soul, and with all your mind.’ Matt. 22:37 (NKJV)

And then Jesus added 39 “And the second is like it: ‘You shall love your neighbor as yourself. Matt. 22:39 (NKJV).

People have told me at times that they have no problem loving the Lord; it is His people that cause the challenges.

We see from the halls of government to our neighborhoods that there seems to be great divisions. If I belong to a different political party, hold different opinions on various issues or even cheer for different sports teams, we are at odds with one another and it can lead to verbal battles or worse.

The interesting point is that the Lord never said we all had to have the same opinion about various matters in our lives, only that we are to love one another as we love ourselves.

This requires that we love others unconditionally as other children of the Lord, without regard to faith, political or sports team affiliation.

We also can seek to find ways that we can work together rather than focusing on our differences.

Lord, may You help us to seek the fellowship of others that we interact with in our neighborhoods, our places where we work and where we worship. Amen

— Pastor Bill

WORSHIP SCHEDULE AND SCRIPTURES FOR SEPTEMBER 2019

Regular Sunday Worship Services are:
9 a.m. – The Heritage, Anderson Fellowship Hall
10 a.m. – The Villas, Headland Friendship Commons
11 a.m. – The Ridgewood, Harmony Hall

September 1, 2019 – Twelfth Sunday after Pentecost
Scriptures: Jeremiah 2:4-13, Psalm 18:1, 10-16
Pastor Bill Kirker will lead all three worship services.

September 8, 2019 – Thirteenth Sunday after Pentecost
Scriptures: Jeremiah 18:1-11, Psalm 139:1-6, 13-18
Phililemon 1-21, Luke 14:25-33
Pastor Julia Fraser will lead all three worship services.

September 15, 2019 — Fourteenth Sunday after Pentecost
Scriptures: Jeremiah 4:11-12, 22-28, Psalm 14
1 Timothy 1:12-17, Luke 15:1-10
Pastor Julia will lead all three worship services.

September 22, 2019 — Fifteenth Sunday after Pentecost
Scriptures: Jeremiah 8:18—9:1, Psalm 79:1-9
Pastor Bill will lead all three worship services.

September 29, 2019 — Sixteenth Sunday after Pentecost
Scriptures: Jeremiah 32:1-3a, 6-15, Psalm 91:1-6, 14-16
Pastor Bill will lead all three worship services.
**IMPORTANT:**

Securing Resident Valuables at The Villas

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

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**Storage Units Available at Rust Colony Square**

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

**Unit sizes and rates for 2019 are:**
- 5’ x 10’ – $40/month
- 10’ x 10’ – $52/month
- 15’ x 20’ – $115/month (includes walk-in door + electric)

Contact Melissa Villard at 724-589-9613 ext. 1208 with questions or if you wish to rent a storage unit.

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**Genetic Testing for Alzheimer’s**

These days, most everyone is wondering if they are likely to develop Alzheimer’s disease. If someone in your immediate family has been diagnosed with the disease, you might feel at especially high risk.

There is a test for an Alzheimer’s gene (APOE4). But it’s not 100% certain: Not everyone who has the APOE4 gene will get Alzheimer’s. And not everyone who has Alzheimer’s has this gene variant.

**Should you get the test?** Since there is no cure, how would the outcome affect you? Here are some questions to consider:

**What would you do differently?**
If you tested positive for the gene, what would you change? For instance:

Diet and lifestyle changes may contribute to lowering your risk for Alzheimer’s. These same changes might also lower your risk of heart disease and diabetes. Would you be willing to make these changes without knowledge of your Alzheimer’s risk?

Would you work longer and save more against future medical or caregiving expenses? Or would you retire earlier to make sure you have time for all those activities on your “bucket list”?

**Who would you tell?**
Are you emotionally prepared to handle a positive result? Consider other stresses in your life. Is this a good time to get tested? Do you have support?

How might your family react? Will it change your relationship with your partner? What about with your children?

Do you want your boss, insurance carrier, or doctor to know? Once the results are in your medical record, they may be difficult to conceal. This could affect your getting long-term care, disability benefits, or life insurance.

**To test or not to test is a very personal decision.** For support, consider seeking the advice of a genetic counselor. You might also check out an online community of people at www.apoe4.info who have tested positive for the APOE4 gene.
Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~

Robyn Weaver, Executive Assistant, is the contact to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion. She can be reached at 724-588-7610, ext. 1146.

Melissa Villard, Assistant Director of The Colony, is the contact to reserve social space at The Keifer Building or Rust Colony Square and Pavilion. She can be reached at 724-588-7610 ext. 1208.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say “Thank You” to the staff who have provided excellent care to their loved ones while living at St. Paul’s. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul’s to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)

2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator’s discretion.

3. A donation of appreciation can be made to the Annual Staff Christmas Party. This donation can be given to the administrator or director and identified for the Staff Christmas Party and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

Guest Apartment Accommodations at The Heritage

St. Paul’s offers a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s and features a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower, small refrigerator, microwave and flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Fees are $89/night and payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.

We are educating our staff that when pushing a resident in a wheelchair, they are to use foot pedals. We are strongly encouraging families to do the same. Regardless of the distance, whether 5 feet or 500 feet, our loved ones can get tired of holding their legs up and may unexpectedly put them down, creating the potential for injury.

It is understood that residents have personal preferences regarding the use of foot pedals, but with education and encouragement, most understand the reasons for our insistence. We wanted to share this information with you as friends and families to reinforce this practice of utilizing foot pedals when pushing residents.

As our ongoing staff education continues, we have some residents who often self propel themselves to where they are going. If they are self propelling, they don’t need the foot pedals; but we are encouraging the use of bags on the back of wheelchairs for convenient access to foot pedals should they need a helping hand to push them. If your loved one could benefit from a bag on the back of their chair for the pedals, and doesn’t currently have one, please let us know. We are happy to provide one.

If you have any questions, please feel free to speak with your neighborhood RN manager, Leann McCurdy, Director of Nursing or Tammy Lininger, Administrator. Thank you!
### September 2019

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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<tbody>
<tr>
<td>1</td>
<td>2 p.m. Yours, Mine &amp; Ours</td>
<td>10 a.m. The Addams Family</td>
<td>10 a.m. The Perfect Storm</td>
<td>2 p.m. 12 Angry Men</td>
<td>10 a.m. The Sons of Katie Elder</td>
<td>10 a.m. Forest Gump</td>
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<td>2</td>
<td>2 p.m. Morning Glory</td>
<td>2 p.m. Atlantic</td>
<td>2 p.m. Out of Time</td>
<td>10 a.m. The Shawshank Redemption</td>
<td>2 p.m. Up</td>
<td>2 p.m. War Games</td>
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<td>10 a.m.</td>
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<td>10 a.m. Singin’ in the Rain</td>
<td>10 a.m. Three Days of the Condor</td>
<td>10 a.m. Charlotte’s Web</td>
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<td>4</td>
<td></td>
<td>The Good, the Bad and the Ugly</td>
<td>2 p.m.</td>
<td>10 a.m. Good Will Hunting</td>
<td>2 p.m. July &amp; Julia</td>
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<td>10 a.m. Citizen Kane</td>
<td>10 a.m. Star Wars: A New Hope</td>
<td>10 a.m. Sir Temple’s Nest</td>
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<td>10 a.m. The Lion King</td>
<td>2 p.m. Star Wars: Empire Strikes Back</td>
<td>2 p.m. Sunset Boulevard</td>
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<td>7</td>
<td></td>
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<td>10 a.m. 2001: A Space Odyssey</td>
<td>2 p.m. Once Upon a Time in the West</td>
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<td>8</td>
<td>2 p.m. The Green Mile</td>
<td>10 a.m. Casablanca</td>
<td>10 a.m. Rear Window</td>
<td>10 a.m. Citizen Kane</td>
<td>10 a.m. Star Wars: A New Hope</td>
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<td>9</td>
<td>2 p.m. The African Queen</td>
<td>2 p.m. The African Queen</td>
<td>2 p.m. To Catch a Thief</td>
<td>2 p.m. Citizen Kane</td>
<td>2 p.m. Star Wars: Empire Strikes Back</td>
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<td>10 a.m.</td>
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<td>10 a.m. Star Wars: A New Hope</td>
<td>2 p.m. Star Wars: Empire Strikes Back</td>
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<td>11</td>
<td></td>
<td>The Good, the Bad and the Ugly</td>
<td>10 a.m.</td>
<td>2 p.m. Star Wars: Empire Strikes Back</td>
<td>7 p.m. Star Wars: Return of the Jedi</td>
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<td>12</td>
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<td>10 a.m.</td>
<td>10 a.m. Star Wars: A New Hope</td>
<td>2 p.m. Star Wars: Empire Strikes Back</td>
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<td>10 a.m. Star Wars: A New Hope</td>
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<td>10 a.m. Star Wars: A New Hope</td>
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<td>10 a.m. Star Wars: A New Hope</td>
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<td>2 p.m. Star Wars: Empire Strikes Back</td>
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<td>10 a.m. Star Wars: A New Hope</td>
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<td>10 a.m. Star Wars: A New Hope</td>
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<td>10 a.m. Star Wars: A New Hope</td>
<td>2 p.m. Star Wars: Empire Strikes Back</td>
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<tr>
<td>22</td>
<td>2 p.m. Saving Private Ryan</td>
<td>10 a.m. Wait Till Dark</td>
<td>10 a.m. Some Like It Hot</td>
<td>10 a.m. Princess Bride</td>
<td>10 a.m. Die Hard 1</td>
<td>10 a.m.</td>
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<td>23</td>
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<td>2 p.m. Vertigo</td>
<td>2 p.m.</td>
<td>10 a.m. Cool Hand Luke</td>
<td>2 p.m. Die Hard 2</td>
<td>10 a.m. Unforgiven</td>
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<td>2 p.m.</td>
<td>10 a.m. Cool Hand Luke</td>
<td>2 p.m. Die Hard 2</td>
<td>2 p.m. L.A.</td>
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<td>2 p.m.</td>
<td>10 a.m. Cool Hand Luke</td>
<td>2 p.m. Die Hard 2</td>
<td>2 p.m. Confidential</td>
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<td>2 p.m.</td>
<td>10 a.m. Cool Hand Luke</td>
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<td>10 a.m. Cool Hand Luke</td>
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<td>10 a.m. Cool Hand Luke</td>
<td>2 p.m. Die Hard 2</td>
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</table>

All residents should **tune to Channel 1851** for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul’s, and is not used for regular programming, which alleviates any potential signal interference.
September 2019 Calendar of Events

Sunday, Sept. 1 – Ice Cream Tour
Tuesday, Sept. 3 – Colony Lunch
Wednesday, Sept. 4 – Colony Birthday Celebration
Thursday, Sept. 5 – Movie Night
Sunday, Sept. 8 – St. Paul’s Car Cruise & BBQ
Tuesday, Sept. 10 – Open Forum
Tuesday, Sept. 10 – Dinner & Boat Ride at Pymatuning Lake
Wednesday, Sept. 11 – Erie Zoo
Monday, Sept. 16 – Men & Women’s Discussion Group
Thursday, Sept. 19 – Colony Dinner
Saturday, Sept. 21 – Ice Cream at The Grange
Sunday, Sept. 22 – Colony Brunch
Monday, Sept. 23 – Beer Barn & McConnells Mill
Wednesday, Sept. 25 – Kayaking
Saturday, Sept. 28 – Burton Antiques
Sunday, Sept. 29- Saturday, Oct. 5 – Active Aging Week

— NEWS and NOTES —

September Birthday Celebration — Wednesday, September 4 from 2 - 3 p.m. in The Cornerstone. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

VNA Presentation & Free Blood Pressure Readings—
Wednesday, September 25 in the Keifer Building. BP Readings: Noon - 1 p.m. Provided each month by VNA Alliance.

The Colony Family Picnic was held on Sunday, Aug. 17 at The Rust Colony Square Pavilion. The food was great and the company was wonderful...too bad the weather didn't cooperate!

— LIBRARIAN SCHEDULE —

September 1 - Jennie Kather
September 8 - Jan Walther
September 15 - Millie McLaughlin
September 22 - Pat Houpt
September 29 - Delores Johns

September
8 - Jean Hodge
14 - John Hesson
15 - Sue Bittler
19 - Hud Artman
19 - Paul Evans
22 - Dorothy Rust
29 - Gerald Hodge
30 - Mary Moore

October
3 - Arlene Sadler
7 - Dee West
14 - Conrad Koehler
15 - Judy Jones
16 - Nola McGranahan
18 - Becky Beck
22 - John Rust
23 - Lucy Shaffer
24 - Martha Billig
24 - Delores Leffler
27 - Martha Piper
31 - Millie McLaughlin
September Special Activities

Sunday, Sept. 1
11:30 a.m. - Dining Room Seating Change

Monday, Sept. 2 – HAPPY LABOR DAY!

Monday, Sept. 3
6:30 p.m. – Mercer County Boys Music and Singing

Wednesday, Sept. 4
1 p.m. – German Ladies Club Meeting

Thursday, Sept. 5
7 p.m. – Amish Singers

Friday, Sept. 6
2 p.m. – Humble Ministries Music and Singing

Saturday, Sept. 7
11 a.m. – 3 p.m. – Annual Jamestown Parade

Sunday, Sept. 8
1 - 5 p.m. - St. Paul's 21st Annual Car Cruise In & BBQ

September 8 - 14
National Assisted Living Week
Activities and programs include:
*** Ice Cream Truck, Scavenger Hunt, SLIM Brothers Music, Thank You Thursday and Pinkie’s Lounge ***

Monday, Sept. 9
1 p.m. – Jim’s Snack Shack Ice Cream Truck

Saturday, Sept. 14
6:30 p.m. - “Z” Praise Entertainment

Tuesday, Sept. 17
11:30 a.m. – September Birthday Luncheon

Thursday, Sept. 19
1 p.m. – Tod Cutshaw Music and Singing

Thursday, Sept. 19
6:30 p.m. – Sound Witness Music and Singing

Friday, Sept. 20
2 p.m. – Gina’s Art Therapy

Friday, Sept. 27
2:45 p.m. – September Heritage Resident Council Meeting (NOTE: DATE CHANGE)

Friday, Sept. 27
6:30 p.m. – “Z” Praise Entertainment

Monday, Sept. 30
2 p.m. – Nicholas Lakatos presents Marimba Music

Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

Wednesdays, 12:45 p.m. – Music Therapy with Cindy, Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron at the Fitness Center

- Monthly manicures for residents
- Our 500 card games will always need someone to play, see Michele Miranda, Life Enrichment Coordinator, if you would like to join or start a new card game.
- Like puzzles? Check out the daily puzzle working in the floor lounges.
- We have a variety of weekly and monthly activities including: monthly afternoon movie matinees, a variety of entertainment, guided tour videos around the world, word and brain games and skee ball
- Seasonal Garden Gang and Men’s billiards and putt-putt games to begin soon. Watch the calendars!

September Birthdays

5 - Marilyn Weaver
10 - Margaret St. John
23 - Paul Dart
26 - Richard “Jake” Jackson
Jones Serenity Circle
September Special Events and Entertainment:

Monday, Sept. 2, 10 a.m. “Z” Praise Entertainment

Labor Day Holiday Musical Entertainment

Friday, Sept. 6, 12:45 p.m. Gina’s Creative Corner

Saturday, Sept. 7, Jamestown Parade

Sunday, Sept. 8, 1 - 5 p.m. St. Paul’s Annual Car Cruise & BBQ

Monday, Sept. 9, 5:30 p.m. Bonnie Campbell

Tuesday, Sept. 10, 5:30 p.m. Harp Music with Alissa

Thursday, Sept. 12, 10 a.m. Sing-a-long w/Lyn Mossman

Monday, Sept. 16, 10 a.m. Marimba Music w/Nick Lakatos

Tuesday, Sept. 17, 12:30 p.m. Hymn Sing w/Pastor Julia

Friday, Sept. 20, 12:45 p.m. Play along w/Humble Music Ministries

Saturday, Sept. 21, 10 a.m. “Z” Praise Entertainment

Sunday, Sept. 22, 1:30 p.m. Melodies By Madison

Monday, Sept. 23, 5:30 p.m. Bonnie Campbell

Tuesday, Sept. 24, 5:30 p.m. Harp Music with Alissa

Thursday, Sept. 26, 10 a.m. All That Jazz w/Lyn Mossman

Monday, Sept. 30, 10 a.m. Marimba Music w/Nick Lakatos

~ Jones Serenity Circle & Lane ~

Weekly Events:

Monday - Friday, 9 a.m. – Chair Exercises – JSL

Mondays, 9 a.m. – “Music & Manicures” – JSC

Mondays, 10 a.m. – Nail Boutique – JSL

Mondays, 2 p.m. – Music and Motion with Ron – JSL

Tuesday mornings – Aviary Care & “About the Birds” – JSC

Tuesdays, 10:30 a.m. – Rosary in the activity room – JSC

Tuesday afternoons – BINGO – JSC

Wednesdays, 9:30 a.m. – Worship with Pastor Bill – JSC

Wednesdays, 12:45 p.m. – Music Therapy with Cindy – JSL

& 1:45 p.m. – JSC

Thursdays, 2 p.m. – Music and Motion with Ron – JSC

Fridays, 9:30 a.m. – BINGO – JSL

Weekly K9 Companion Visits – Catch up with Chase!

Also in JSC: Weekly art cart and poetry reading club!

Jones Serenity Lane
September Special Events and Entertainment:

Wednesday, Sept. 4, 5:30 p.m. Gene Testa playing the keyboard and singing

Monday, Sept. 9, 2 p.m. Crafts with Gina

Wednesday, Sept. 11, 12:45 p.m. Music Therapy with Gina

Wednesday, Sept. 18, 3 p.m. Humble Music Ministries

Sunday, Sept. 22, 2 p.m. Roger Juntunen Concertina Music

Wednesday, Sept. 25, 3 p.m. Sing-a-long with Madison

Monday, Sept. 30, 12:30 p.m. Nick Lakotos Marimba Music

Jones Serenity Circle & Lane September Birthdays

1 - William Foust
5 - Joseph Little
11 - Patricia Jones
11 - Katherine Yurko
20 - Gail Peoples
Sierra Demarsh is a Universal worker at the Ridgewood. She was born on October 6, 1999, to Tony and Stella DeMarsh. She has one younger sister, Kennedy. She graduated from Lakeview High School and is attending college at the Indiana University of Pennsylvania where she will obtain a degree in nursing. Sierra has a boyfriend named Kyle.

Sierra belongs to the ATD Nursing sorority, and plays volleyball. Her favorite foods are steak and spaghetti and she enjoys watching “Grey’s Anatomy.” Her best memories are of the times she has spent with her friends and family.

She has traveled to Mexico, Florida (to visit her grandparents) and Washington D.C.

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Employee of the Month

Sierra Demarsh

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Resident Birthdays:
14 - Helen Martin
27 - Ruth Hill
28 - Bonnie Splichal

Staff Birthdays:
19 - Sarah Shannon
23 - Brenda Hawk
29 - Donny Yankle

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Weekly Activities

Sundays:
11 a.m. – Church Service, Harmony Hall
1:30 p.m. – Movie, Harmony Hall
2:30 p.m. – Ice Cream Cart down the halls

Mondays:
10:30 a.m. – Exercise Class, Harmony Hall
6 p.m. – Evening Activity, Harmony Hall

Tuesdays:
2 p.m. – Balance & Strengthening w/ Ron
2:30 p.m. – Scrabble, Harmony Hall
6 p.m. – 500 Card Party, Harmony Hall

Wednesdays:
9 a.m. – Communion in your room
10 a.m. – Music Therapy, Fireside Lounge
1:15 p.m. – Errand Day
6 p.m. – 500 Card Party, Harmony Hall

Thursdays:
10 a.m. – Bible Study, Harmony Hall
1:15 p.m. – Walmart/Giant Eagle Shopping
6 p.m. – Evening Activity, Harmony Hall

Fridays:
10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – 500 Card Party, Harmony Hall
6 p.m. – Evening Activity, Harmony Hall

Saturdays:
10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – Bingo, Harmony Hall
6:30 p.m. – Cards, Harmony Hall

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Weekly Activities

Sundays:
11 a.m. – Church Service, Harmony Hall
1:30 p.m. – Movie, Harmony Hall
2:30 p.m. – Ice Cream Cart down the halls

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10:30 a.m. – Exercise Class, Harmony Hall
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1:30 p.m. – 500 Card Party, Harmony Hall
6 p.m. – Evening Activity, Harmony Hall

Saturdays:
10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – Bingo, Harmony Hall
6:30 p.m. – Cards, Harmony Hall

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Welcome to Our Table!
Guests are always welcome for meals.
Please give 24 hours notice to accommodate seating and food preparations.
When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal.
This helps the staff to be better prepared with seating arrangements. Thank you!

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Special Events in September

Tuesday, September 3 at 11:30 a.m.
Birthday Lunch, Harmony Hall

Tuesday, September 3 at 2 p.m.
Jim Hutchinson, Harmony Hall

September 8-14 is National Assisted Living Week

Sunday, September 8
St. Paul’s Annual Car Cruise & BBQ

Monday, September 9 at 1:30 p.m.
Food Committee Meeting, Dining Room

Thursday, September 12
Hope the Dog Visits at 1:30 p.m.
Ridgewood Resident Council Meeting at 2:30 p.m.

Monday, September 16 at 1 p.m.
Marimba Music with Nick Lakatos

Thursday, September 19 at 2 p.m.
Todd Cutshaw, Harmony Hall

Thursday, September 26 at 6:30 p.m.
Hope the Dog Visits at 1:30 p.m.
Activity Buck Shopping in Harmony Hall at 6:30 p.m.
House Chatter  
~ News from The Villas ~

Mark Simpson, Licensed Sales Agent for United Healthcare* Nursing Home Plan (PPO) – A Medicare Advantage Special Needs Plan designed for individuals who need the extra care offered by a skilled nursing facility – will be present in The Villas lobby for information regarding key benefits and advantages and to answer any questions.

~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administator at The Villas, 724-588-7610 with questions or concerns.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

Casual Fridays were created to help support the Residents’ Life Enrichment Fund. Staff members participating in casual wear on Fridays are asked to please participate in the theme wear as listed and assist us in maintaining the Residents’ Fund through the purchase of a jeans sticker for $1.00. (Located at the reception area). Thank You!

We encourage family and friends to join us at any and all special activities planned at The Villas. If you’d like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to only your loved ones enjoying the event.

~ September Birthdays ~

4 - Mary Hough 19 - Celeste Merritt
4 - Helen Perseghetti 20 - Betty Middleton
4 - Donald Thompson 23 - Thomas Greene
7 - Pearl Rerko 24 - Michael Olshavsky
9 - Shirley Redfoot 26 - Fred Livingston
9 - Mary Jane Reinhart 26 - Naomi Whitehead
11 - Carolyn Raynes 27 - Phyllis Conover
12 - Nancy Banic 30 - Stella Barrett
12 - Mary Alice Dean 30 - Dorothy McConnell
14 - Thelma Nestor

~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend.

~ Attention Dog Owners ~

St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.
## Noon Meals at The Villas

### September 2019

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<th>Sun</th>
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<td>1</td>
<td>Baked glazed ham, whipped sweet potatoes, cauliflower and cheese, banana cream pie</td>
<td>Fried chicken, potato salad, baked beans, cantaloupe</td>
<td>Hawaiian pork, broccoli rice au gratin, sugar snap peas, red velvet cupcake</td>
<td>Beef pot roast, mashed potatoes, creamed corn, strawberries</td>
<td>Chicken cacciatore spaghetti with sauce, Italian blend mixed vegetables, fruit whip</td>
<td>Sweet &amp; sour meatballs, egg noodles, green beans &amp; mushrooms, pineapple chunks</td>
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<td>8</td>
<td>Stuffed chicken breast, mashed potatoes, whole baby carrots, lemon meringue pie</td>
<td>Stuffed green pepper, sweet potatoes, broccoli and cheese, diced pears</td>
<td>Meatloaf, mashed potatoes, corn on the cob, banana split dessert</td>
<td>Cheese-stuffed pasta shells, roasted zucchini and summer squash, carrot cake</td>
<td>Caesar chicken, penne pasta, parsleyed cauliflower, diced peaches</td>
<td>Panko-crusted tilapia, baked potato, Brussels sprouts, chocolate butterscotch bars</td>
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<td>Beef pot roast, garlic mashed potatoes, green bean casserole, strawberry rhubarb pie</td>
<td>Baked ziti, tossed salad, diced peaches</td>
<td>Apple-raisin stuffed chicken, roasted sweet potatoes, zucchini and summer squash, chocolate marshmallow cookie</td>
<td>Pork roast, haluski, Lima beans, caramel apple trifle</td>
<td>Vegetable lasagna, whole baby carrots, pineapple chunks</td>
<td>Fried fish, potato wedges, broccoli, fruit cocktail</td>
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<td>Roast turkey, mashed potatoes, broccoli, chocolate cream pie</td>
<td>Ham loaf, sweet potatoes, cooked cabbage, mandarin oranges</td>
<td>Meat lasagna, Italian green beans, peanut butter brownies</td>
<td>Lemon ginger chicken, parsley noodles, roasted zucchini and summer squash, diced peaches</td>
<td>Stuffed cabbage roll w/sauce, mashed potatoes, wax beans, corn on the cob, apple slices</td>
<td>Herb-baked tilapia, au gratin potatoes, taffy apple slices, tapioca pudding</td>
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<td>Pork chops, mashed potatoes, broccoli, peach pie</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, mandarin oranges</td>
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**September 2019 Calendar**

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THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on **Channel 1851** at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

<table>
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<th>Date</th>
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| **Sunday, September 1** – Random Acts of Kindness Day | 10 a.m. Church Service  
2 p.m. Movie on Ch. 1851 |
| **Monday, September 2** – Labor Day Holiday | **Labor-Day**  
10 a.m. and 2 p.m. Movies on Ch. 1851  
10 a.m. Bingo Bucks Exchange  
2 p.m. Double Bucks Bingo! |
| **Tuesday, September 3** – Frank Sinatra started his solo singing career (1942) | 10 a.m. and 2 p.m. Movies on Ch. 1851  
1:30 p.m. 500 Bid – Gardens  
7 p.m. BINGO |
| **Wednesday, September 4** – After 98 episodes, Gilligan’s Island aired for the final episode on this day in 1967 | 10 a.m. MASS  
11:15 a.m. Cindy – Music Therapy  
2 p.m. Move on Ch. 1851  
6:30 p.m. Mid-Week Service |
| **Thursday, September 5** – Freddie Mercury’s Birthday (Lead singer from the band Queen) 1946 | 10 a.m. and 2 p.m. Movies on Ch. 1851  
10:30 a.m. Rosary  
1:30 p.m. 500 Bid - Gardens  
7 p.m. BINGO |
| **Friday, September 6** – National Honey Month | **Yellow or bright shirts and jeans/shorts**  
10 a.m. and 2 p.m. Movies on Ch. 1851  
2 p.m. The Hamzas (Accordion/Keyboard, Variety, Oldies)  
7 p.m. Friday Night Movie on Ch. 1851 |
| **Saturday, September 7** – Jamestown Parade | No Bingo today |
| **Sunday, September 8** – St. Paul’s Annual Car Cruise & BBQ | 1 p.m. – 5 p.m. Pavilion and surrounding area  
(also National Housekeepers Week :)  
10 a.m. Church Service  
2 p.m. Movie on Ch. 1851 |
| **Monday, September 9** – National Teddy Bear Day! | Jim’s Snack Shack (last visit for the summer)  
1 p.m. starts at The Heritage, then visits The Villas and then The Ridgewood  
7 p.m. **Pawsitively Crafty** |
| **Tuesday, September 10** – Annual Retreat for Staff | Early Morning Coffee Cart  
1:30 p.m. 500 Bid – Gardens DR  
7 p.m. BINGO |
| **Wednesday, September 11** – 9/11 Remembrance Day | 10 a.m. and 2 p.m. Movies on Ch. 1851  
11 a.m. Cindy – Music Therapy  
2 p.m. Humble Music Ministry  
6:30 p.m. Midweek Service |
| **Thursday, September 12** – National Day of Encouragement | 10 a.m. and 2 p.m. Movies on Ch. 1851  
10:30 a.m. Rosary with Communion  
1:30 p.m. 500 Bid – Gardens DR  
7 p.m. “Z” Praise Entertainment (Gospel, Oldies, Variety) |
| **Friday, September 13** – Golden Ticket Friday | Roald Dahl’s Birthday (1916)  
~ **Wear violet and jeans/shorts today** ~  
10 a.m. and 2 p.m. Movies on Ch. 1851  
1:30 p.m. Darrin & Kristen Lambert (Variety, Oldies, Keyboard)  
7 p.m. Friday Night Movie |
| **Saturday, September 14** – International Coloring Day | 10 a.m. and 2 p.m. Movies on Ch. 1851  
2 p.m. BINGO |
| **Sunday, September 15** – Day of Democracy | 10 a.m. Church Service  
2 p.m. Movie on Ch. 1851 |
| **Monday, September 16** – Mayflower Day | 10 a.m. and 2 p.m. Movies on Ch. 1851  
7 p.m. Fred Barringer (Western, Folk, Oldies, Guitar) |
Tuesday, September 17 – Constitution Day
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Marbles the Cat
1:30 p.m. 500 Bid – Gardens DR
7 p.m. BINGO

Wednesday, September 18 – Chile announced their independence from Spain (1810)
10 a.m. and 2 p.m. Movies on Ch. 1851
11:15 a.m. Cindy – Music Therapy
6:30 p.m. Mid-Week Service

Thursday, September 19 – Talk Like a Pirate Day
10 a.m. and 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid – Gardens DR
2:15 p.m. Todd Cutshaw (Oldies, Sing A Long, Variety, Piano)
6:45 p.m. Kinsman Amish Youth Group

Friday, September 20 – POW/MIA Recognition Day
~ Black and white & jeans/shorts ~
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Creative Corner with Gina
1:30 p.m. Movie in the HFC on the big screen: Unbroken
7 p.m. Friday Night Movie on Ch. 1851

Saturday, September 21 – World Alzheimer's Day
10 a.m. and 2 p.m. Movies on Ch. 1851
2 p.m. BINGO
2 p.m. Movie on Ch. 1851

Sunday, September 22 – U.S. President John F. Kennedy signed a congressional act that established the Peace Corps (1961)
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, September 23 – First Day of Autumn
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Greg Van Valien – Hymn Sing & Devotions
2 p.m. Harry 1:1 on the neighborhoods
7 p.m. “Z” Praise Entertainment (Gospel, Variety, Oldies)

Tuesday, September 24 – Elvis was inducted into the Country Music Hall of fame in 1998
10 a.m. and 2 p.m. Movies on Ch. 1851
Noon: Monthly Birthday Lunch
1:30 p.m. 500 Bid – Gardens DR
7 p.m. BINGO

Wednesday, September 25 – National Dog Week (Sept 22-28)
10 a.m. and 2 p.m. Movies on Ch. 1851
11:30 a.m. Men’s Luncheon: Hot Diggity Dog Day
6:30 p.m. Mid-Week Service

Thursday, September 26 – The first premiere of West Side Story at the Winter Garden Theatre in 1957.
10 a.m. and 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid – Gardens DR
7 p.m. Entertainment

Friday, September 27 – World Tourism Day
~ Tourist shirts and jean/shorts ~
10 a.m. and 2 p.m. Movies on Ch. 1851
2 p.m. Jim Hutchinson (Variety, Oldies, Keyboard/Sax)
7 p.m. Friday Night Movie on Ch. 1851

Saturday, September 28 – Walter Washington became the first mayor of Washington D.C. in 1967
10 a.m. and 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, September 29 – Gospel Appreciation Day
10 a.m. Church Service
2 p.m. Jambooree with “Z” Praise Entertainment and Humble Music Ministry
2 p.m. Movie on Ch. 1851

10 a.m. and 2 p.m. Movies on Ch. 1851
7 p.m. Basement Band Duo (60's, 70's Music)
MONDAY, SEPTEMBER 2—LABOR DAY HOLIDAY We celebrate Labor Day to support the hard working people in America. It started due to the labor movement, and then became a federal holiday in 1894 (history.com). At 10 a.m., we will have Bingo Bucks Exchange. Join us for Double Bucks Bingo in the HFC at 2 p.m. You guessed it…winner of each game will win double bingo bucks! **Wear red, white and/or blue along with jeans/shorts this day.**

FRIDAY, SEPTEMBER 6—NATIONAL HONEY MONTH! Did you know that one honey bee can only produce as much as a 1/12 of a teaspoon of honey? Some States in the U.S. can produce a rare form of honey that is purple instead of the traditional golden color (agfoundation.org). **Wear your sweetest yellow and jeans/shorts today.**

SATURDAY, SEPTEMBER 7—JAMESTOWN PARADE. Interested residents may sign up with Life Enrichment Staff in your neighborhood by September 3.

SUNDAY, SEPTEMBER 8—ST PAUL’S ANNUAL CAR CRUISE & BBQ Please be sure to come by between 1 p.m. and 5 p.m. to The Pavilion area & parking lot by The Ridgewood & The Heritage! Featuring a Rib BBQ and corn roast! Check out Cool Classics, Hot Rods & other Cruiser Cars! Enjoy DJ Rick Armor, Willie 95.1 Remote, Craft & Vendor Village, Chinese Auction & Raffles! See you there! **Free jeans day/shorts if you wear a car or cruiser shirt.**

MONDAY, SEPTEMBER 9—NATIONAL TEDDY BEAR DAY! It’s national Teddy Bear day. At 7 p.m. in the HFC, join us to make yourself a Crafty Furry Friend! Residents can choose from a variety of stuffed animals to make their beary own pawsession. Personalize your pick with clothes and accessories. Kids are welcome to join us. Sign up with Life Enrichment Staff if interested so we know how many animals/accessories to have on hand.

FRIDAY, SEPTEMBER 13—GOLDEN TICKET FRIDAY. Roald Dahl was born on this date in 1916. He authored such great books as *Matilda*, *Charlie and the Chocolate Factory*, and *The Fantastic Mr. Fox*. Like Willy Wonka, we will be providing Golden Tickets…one for each neighborhood (and for each shift). On the Golden Ticket, each neighborhood will guess the number of items in the container which will be displayed at Villas reception. Closest to the number wins an Ice Cream Party. Consolation prizes such as everlasting gobstoppers or other scrumdiddlyumptious treats will be awarded! Join us at 2 p.m. for Darrin and Kristin Lambert for an oompa loompa of a good time! Wear the color **Violet & jeans this casual Friday.**

FRIDAY, SEPTEMBER 20—POW/MIA RECOGNITION DAY POW/MIA is a day to remember prisoners of war and those missing in action. To recognize these men and women, we’ll have a moment of silence at 10 a.m. to pay respect (timeanddate.com). At 1:30 p.m. in the HFC the movie Unbroken will be played on the big screen. It is a story about survival, resilience, and redemption. **Wear black and white and jeans/shorts.**

WEDNESDAY, SEPTEMBER 25—MEN’S LUNCHEON: HOT DIGGITY DOG DAY! It’s National Dog Week! This holiday is celebrated from Sept. 22-28. Fetch yourself some dogs on the grill! Woof down creamy mac ‘n cheese, then top off lunch with a pup-sicle or ‘Malt’tese Shake. Meal will be served at 11:30 a.m. in the HFC. Bring your dogs to work day (records need to be on file with the pet committee). **Unleash your favorite collar-shirt or tee on this casual jeans/shorts day.**

FRIDAY, SEPTEMBER 27—WORLD TOURISM DAY World Tourism day is a UN holiday that is used to spread appreciation of exploring the world. Share some of your tourist stories with someone today! World Trivia will be distributed within the neighborhoods. **Wear a shirt from your favorite place/tourist shirt and jeans/shorts today!**

**Regularly Scheduled Activities:**
- **Church Service** Sundays at 10 a.m. • **BINGO** – Tuesdays at 7 p.m. & Saturdays at 2 p.m.
- **Music Therapy** Wednesdays at 3 p.m., various locations • **Mid-Week Service** Wednesdays at 6:30 p.m.
- **Rosary** Thursdays at 10:30 a.m. • **Friday Night Movies** on Ch. 1851 at 7 p.m.

**Special Activities in September:**
- Sept. 5 – Amish Singers, 7 p.m.
- Sept. 6 – The Hamzas, 2 p.m.
- Sept. 11 – Humble Music Ministry, 2 p.m.
- Sept. 12 – “Z” Praise Entertainment, 7 p.m.
- Sept. 13 – The Lamberts, 2 p.m.
- Sept. 16 – Fred Barringer, 7 p.m.
- Sept. 17 – Kitty Therapy, 10 a.m.
- Sept. 19 – Tod Cutshaw, 2 p.m.
- Sept. 19 – Kinsman Amish Youth Group, 6:45 p.m.
- Sept. 20 – Creative Corner with Gina, 10 a.m.
- Sept. 23 – Greg Van Valien 10 a.m., Harry, Him & Hymns on Neighborhoods, 2 p.m. • “Z” Praise Entertainment, 7 p.m.
- Sept. 24 – Birthday Luncheon, noon
- Sept. 27 – Jim Hutchison, 2 p.m.
- Sept. 28 – “Z” Praise Entertainment, 2 p.m.
- Sept. 28 – Fred Barringer, 7 p.m.
- Sept. 29 – Gospel Jamboree—“Z” Praise Entertainment & Humble Music Ministries, 2 p.m.
Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul’s.

**Caring Hearts – August 2019**


### Promoting a Culture of Caring & Recognizing our Team Members

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<tr>
<th>Samantha Augustine</th>
<th>Tom Hall</th>
<th>Lynn Moyer</th>
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<tr>
<td>Audrey Bates</td>
<td>Evelyn Haller</td>
<td>Nicole Mumford</td>
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<td>Victoria Beggs</td>
<td>Emily Harris</td>
<td>Michelle O’Malley</td>
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<td>Deb Benedetto</td>
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<td>Shianne Brantner</td>
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<td>Jessie Krafcheck</td>
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<td>Brian Mailliard</td>
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<td>Shawn Garrett</td>
<td>Carol Means</td>
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<td>Joan Grunenwald</td>
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Visit [www.stpauls1867.org](http://www.stpauls1867.org) and click **STAFF RECOGNITION** on the homepage. Next, click on “Submit a Caring Heart” and fill in the simple form. **Please Note:** Submit ONE caring heart for EACH staff member you’d like to recognize.
September 22nd is National Falls Prevention Awareness Day

The first day of fall marks Falls Prevention Awareness Day and this year, the holiday lands on September 22. This holiday, sponsored by the National Council on Aging, is an opportunity for people to learn how to prevent fall-related injuries that affect older adults.

Unfortunately, every 11 seconds an older adult is hospitalized for a fall; every 19 minutes an older adult dies from a fall. These numbers are scary, but many accidents can be prevented. So this year, get involved with your community, local, state and national and spread the message of prevention.

**Take Steps to Prevent Falls**

1. Participate in regular physical activity for improved balance & coordination.
2. Make your home safer by removing things you might trip over (books, cords, shoes).
3. Review your medications with your provider - some might make you feel dizzy or sleepy.
4. Have your vision checked at least once a year - poor vision can increase your chances of falling.

Ready. Set. Go! The new GoSafe 2 mobile medical alert service from Philips Lifeline is the first all-in-one solution perfect for those seniors who lead a more active lifestyle.

Contact Michelle Bish at 724-589-4740 and find out what makes the Philips GoSafe 2 the simplest installation of all systems offered by Philips Lifeline safety technology!

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**GoSafe 2**

- GoSafe 2 uses more than GPS to help find you in an emergency situation. With one pendant, Philips Lifeline can engage up to 5 different locating technologies to help responders identify your location in an emergency. 1
- Using two-way voice communication, the GoSafe 2 pendant allows you to speak directly with a Lifeline trained Response Associate, providing you fast, easy access to help.
- GoSafe 2 is complete with AutoAlert fall detection technology. If a fall is detected, AutoAlert can automatically place a call for help, even if you can't push the button yourself. 2
- The sleek, lightweight pendant is water resistant and offers up to 3 days of battery life on a single charge and can even be charged while you are wearing it. 1
- You decide who comes to help you – a neighbor, loved one, caregiver or emergency services. The Philips Lifeline Response Center will dispatch the help you choose.

1. GoSafe 2 coverage inside and outside the home is provided where AT&T wireless network coverage is available.
2. AutoAlert does not detect 100% of falls. If able, a subscriber should always push their personal alert button when they need help.
3. Button signal range may vary due to differing environmental factors.
4. Up to one meter of water for 30 minutes. Refer to IFU for more details.

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**JOB FAIR**

**FRIDAY, SEPT. 13**

10 a.m. to 3 p.m.

Join us at the Without Walls Offices in The Keifer Building at St. Paul’s Current employees and clients will share their experiences about how Without Walls has changed their lives!

Fill out an application & schedule an interview ON SITE.

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**Without Walls**

FRIDAY, SEPT. 13

10 a.m. to 3 p.m.

Join us at the Without Walls Offices in The Keifer Building at St. Paul’s Current employees and clients will share their experiences about how Without Walls has changed their lives!

Fill out an application & schedule an interview ON SITE.
• BINGO Helpers needed: Tues. - 6:15 - 8:15 p.m., Sat. 1:45 - 3:15 p.m. •
• Transporters at The Villas: Mon. – Fri. 9 a.m. - noon •
• Colby Bistro Gift Shop workers needed: Noon - 4 p.m. •
• Appointment Companions and one-on-one visits with residents. •

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or APPLY ONLINE at www.stpauls1867.org.
To view more photos from our campus family picnics, visit: www.stpauls1867.org/about/photo-gallery/family-picnics
This great group of alumni from the orphanage met up at the Rust Colony Pavilion for their annual reunion on July 21.

Thank you to William J’s Emporium for brightening the day for our residents at The Villas during National Make Someone Smile Week!

Twila Dodson (above) serenades the new monarch butterfly with “I’ll Fly Away” as she releases it. And Gizzy Vargo (below) says farewell to another butterfly with the help of (l. to r.) Katie Hrdlicka, Sherri Rader, and Megan Nickel.

This year’s Walk to End Alzheimer’s is coming up! Same place, later date...

Saturday, October 12 at Linden Pointe in Hermitage, Pa.

Team goal = $9,000

Register online at www.alz.org.
Click on “Find Your Walk”; enter “16148” and then click on “Hermitage (Sharon), Pa”.
Choose “St. Paul’s” (we’re already set up as a team) and then click “JOIN OUR TEAM”.

If you prefer a paper registration form, copies are available at every reception desk!
Share this information with your family and friends!
See Tammy Lininger with questions and to return your paper registration forms.
“Ask an Expert”
2019 Series

Tax Savings & Charitable Giving
THURSDAY, SEPTEMBER 26 — 6:30 P.M.
The Keifer Building at St. Paul’s • 341 East Jamestown Road, Greenville, PA 16125

Amy Atkinson
Associate Director, Community Foundation of Western Pennsylvania and Eastern Ohio

Howard W. Hawkins III
Director of Business Development at United Church Fund

Don Hill
President of Don Hill Consulting

Robert Sherbondy
Partner, Campbell & Sherbondy Certified Public Accountants

Reservations required. Seating is limited. RSVP to: jkather@sp1867.org or 724-589-4646.