- Employee & Staff Recognition -

Employees, board members and guests gathered at the Iroquois Boating and Fishing Club on Tuesday, April 17 to celebrate and congratulate 25 employees, four retirees and two board members for more than 500 years of combined service. Three employees (pictured above, right) were honored for 40+ years of service to St. Paul’s. From left to right: Kathy Beckstein, Vicky Dodds and Cathy Boyer. Congratulations! And THANK YOU for your exceptional service to our wonderful organization! (To see more photos from the event, visit www.stpauls1867.org/about/photo-gallery)

- Our initiative is making a difference! -

Our Campus Connections mailing list is getting smaller...and so are our printing and postage invoices! Since we began our initiative at the beginning of the year to go (mostly) digital, we have saved $1,350 in printing and mailing costs in only 4 months. As we continue to reduce the list, the savings will continue to grow!

THANK YOU to all who have opted to read Campus Connections in your “inbox” vs. your “mailbox.”

Email jkather@sp1867.org with your name and the email address where you’d like to receive the newsletter.

Our updated website makes accessing the digital version of Campus Connections easier than ever—simply visit: www.stpauls1867.org/about/publications and select the issue you’d like to read.

months until Campus Connections goes digital!

Please note: paper copies of our newsletter will be distributed to residents in skilled and personal care and a limited number will be available in each of our buildings.

Campus Information............1-10 and 18-24
Charitable Giving.................................2
Important Construction Information........3
Spiritual Services............................7-8
“Colony Columns”..............................12
“Heritage Herald”.............................13
“Ridge Runner”.................................14
“House Chatter”............................15-19
The Villas Menus.............................16
Without Walls.................................21
Volunteers........................................22
St. Paul’s Photo Album...................23
The 2018 Good Samaritan Appeal is underway now!

This annual appeal raises funds for benevolent care.

What is that? Benevolent care is provided to residents who cannot afford to pay for the full cost of their care. Through the Good Samaritan Fund, they never have to leave St. Paul's because they've exhausted their financial resources.

How many residents are being helped? 60% of the residents at The Villas and 22% of the residents at The Heritage and The Ridgewood count on benevolent care.

Why should I give? The gift of peace of mind is priceless. Thanks to your donation, residents in need and their families will have peace of mind, knowing their tomorrow, whatever it brings, will be taken care of at St. Paul's.

How can I give? Send a check payable to St. Paul's to the Charitable Giving Department, 341 E. Jamestown Rd., Greenville, PA 16125. Or donate online quickly and securely at www.stpauls1867.org.

Meet the Clarks

Lloyd and Helen were residents at The Heritage and later The Villas. As soon as they moved in, they knew they had chosen a better tomorrow rather than continuing to struggle in their own home. Lloyd was able to relax and enjoy life again without having to worry about Helen, who flourished in the new environment.

Above, they celebrated their 69th wedding anniversary at St. Paul’s. “The care that was given to Mom and Dad really gave me peace of mind.” said their daughter Kathy McDonald. “I knew I didn’t have to worry.”

Today Kathy and her husband Larry continue to support the Good Samaritan Fund in memory of her parents. “I like giving to the Good Samaritan Appeal because it helps those who might not have the resources for a place like St. Paul’s.”

Raise the Roof

Construction will begin on May 1!!

Check out the next page for complete details.
St. Paul’s is excited to announce that construction will begin on the porticos at each entrance of The Villas, The Heritage and The Ridgewood on May 1, 2018! Thank you to the many generous donors who made this day possible. You contributed a total of $537,000 to Raise the Roof. We couldn’t have done it without you.

Masonry work will begin first at The Villas, then move to The Heritage and then to The Ridgewood as other construction on each portico moves forward. It is anticipated that construction of all three will be completed by August 1.

**PLEASE NOTE:** During construction, there will be adjustments to parking and visitor access to the buildings. Please review the diagrams below.

Generally, construction will be between the hours of 6 a.m. – 5 p.m., weather permitting, to expedite completion.

If you have any questions or concerns, please feel free to contact VP of Facilities Kurt Bucheit, Villas Administrator Tammy Lininger, or VP of Personal Care Robin Knight. Thank you for your patience as we build these much-needed additions to protect residents and visitors from inclement weather.

**The Villas:** Visitors will enter the building along the south side of the main entrance where the handicapped parking is currently. Unfortunately, the handicapped parking will be temporarily moved, and these existing spaces will be used solely for resident pickup and drop off during construction. Transportation for medical appointments will be re-routed to come and go through The Meadows secure entrance.

**The Heritage:** Visitors will enter the building on the south end through the fire tower.

**The Ridgewood:** Visitors will enter the building through the exterior door at the Mountainside Lounge/100-Hall.

**The Heritage:** Visitors will enter the building on the south side of the main entrance where the handicapped parking is currently. Unfortunately, the handicapped parking will be temporarily moved, and these existing spaces will be used solely for resident pickup and drop off during construction. Transportation for medical appointments will be re-routed to come and go through The Meadows secure entrance.
This group welcomes: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members and Professionals.

Alzheimer’s Association Support Groups are meetings for individuals who are caring for someone living with Alzheimer’s disease or another dementia. Get support, receive helpful tips, connect with resources.

You are not alone.

Presented by: Alzheimer’s Association Greater PA Chapter

First Tuesday of every month

**May 1 – June 5 – July 3 – Aug. 7 – Sept. 4 2 - 3:30 p.m.**

The Keifer Building at St. Paul’s
341 E. Jamestown Road, Greenville, PA 16125

Contact: Michelle O’Malley • 724-588-9613 ext. 1427
WHAT YOU CAN EXPECT TO LEARN
— How to access services —
— Care in the Community benefits and processes —
— Aid and Attendance benefits and processes —
Open Q&A session will follow presentation.

Reservations required. Seating is limited.
RSVP to: jkather@sp1867.org or 724-589-4646.

St. Paul’s is a Senior Living Community offering independent living, personal care, skilled nursing care, memory care, short-stay rehabilitation and home-based care services.
The May meeting will be held on the second Thursday of the month, May 10.
at 6:30 p.m.
in the Villas Conference Room.

Contact group facilitator, Pastor Julia Fraser,
at 724-588-7610 ext. 1145
for more information or with questions.

IN MEMORIUM

Residents who have passed
March 16, 2018 – April 15, 2018.

03/24/18  Joanne Keller
03/25/18  Clare Gearhart
03/26/18  Twila Markwell
03/28/18  Carl Dillen
04/03/18  Richard Maykowski
04/06/18  Dorothea Shardy
04/07/18  William Benz
04/08/18  Margaret Atz
04/14/18  Linda Hughes

Alzheimer's Support Group Celebrates First Anniversary

The Greenville Alzheimer’s Caregiver Support Group hosted by St. Paul’s Senior Living Community celebrated its first anniversary at their April meeting. The group, sponsored by the Alzheimer’s Association Greater PA Chapter, began in 2017 for individuals who are caring for someone living with Alzheimer’s disease or another dementia.

Since its inception nearly 25 people have joined in discussions to get and offer support, receive helpful tips and connect with resources—and there is always room for more! The group welcomes caregivers, care partners, family members, friends, neighbors, community members and professionals.

The group meets on the first Tuesday of every month in the social room at The Keifer Building at St. Paul’s. Please contact Michelle O’Malley with questions or for more information at 724-588-9613 ext. 1427.

Pictured from left to right: Support Group Facilitators Sherry Hodge, Rev. Glenn Sadler and Michelle O’Malley all have had family members who have been touched by the disease.

Congratulations to Dawn Hartman (right), Development Specialist for being selected as one of this year’s 40 Under 40 - a collaborative event of Greenville Area Chamber of Commerce, Mercer Area Chamber of Commerce, Shenango Valley Chamber of Commerce and Grove City Chamber of Commerce.

The event recognizes and honors individuals making a difference in their workplaces and in their communities.

Congratulations Dawn - your St. Paul’s family is very proud of you and thankful that you are sharing your talents and making a difference at St. Paul’s!
We will observe Holy Trinity Sunday on Sunday, May 27 with the celebration of Holy Communion in Sunday worship services at all three venues.

WEEKLY BIBLE STUDY — FOOD IN THE BIBLE

Beginning May 9 and 10, the weekly Bible Study groups at St. Paul’s will commence a Bible Study series on Food in the Bible. We will begin with bread and, in addition to looking at a variety of Scriptural references to baking, serving, and being satisfied by bread, we will also enjoy tastings of homemade bread provided for us by our very own Adele Lehosky from The Ridgewood kitchen!

After this, we will move on to look at other crops native to the Holy Land and how their planting, nurturing, and harvesting were part and parcel of daily life such that many preachers and teachers across the ages drew upon them as images pertinent to spiritual life. Through this study, we will hopefully be able to make connections with the farming and gardening experiences of our residents in years past and share stories of caring, sharing, and growth as these occur in our lives through food.

A lovely Easter Altar at The Ridgewood
A Message from Pastor Bill

Pray for America — Unity
These words represent this year’s theme for the National Day of Prayer, which will be observed on May 3.
Can you think of a more pressing need facing our nation? While we anticipate differences of opinions in political and other circles, it seems that our nation is in the midst of not only disunity, but violent clashes that occur because of this lack of unity.
The efforts to organize and promote public gatherings for prayer on that day are guided by the National Day of Prayer Task Force, headed by Dr. Ronnie Floyd who serves as president of the group.
The theme selected for this year is from Ephesians 4:3, “Making every effort to keep the unity of the Spirit through the bond of peace.” Which challenges believers to mobilize unified public prayer for America.
Dr. Floyd raised the question of what God is saying to this nation and noted that the signs of the times includes “natural disasters, racial unrest, the worst mass murder in U.S. history, and political division and polarization that spews with vitriol language that has divided this nation beyond anything that any of us have ever seen in our generation.”
Dr. Floyd continued, “We have to admit this: America is broken. Division is undeniable. Racial tension is alarming. Lawlessness abounds. Reconciliation appears impossible. Government cannot fix it. Politics will not heal it. And the spirit of the age is ruling all over this nation.” Yet he noted that “the culture and its dark, hopeless condition is the perfect backdrop to call America to unity.”
Floyd urged believers across the nation to do everything they can to call people in the U.S. to unite in public prayer. “Unity: This is the heart of God for this nation,” he said.
The National Day of Prayer was created by a joint resolution of Congress in 1952 and signed into law by President Harry S. Truman. In 1988 the law was amended establishing the first Thursday in May as the date.
The first call for prayer for the nation goes back to 1775 when the Continental Congress asked the colonies to pray for wisdom in forming a nation. Through the years there have been 144 national calls to prayer. Among the most well known is the one by President Lincoln’s proclamation of a day of “humiliation, fasting, and prayer” in 1863 as the nation was bitterly torn by the Civil War.
I encourage you to attend and participate, if you are able, in one of the many public gatherings across our land on May 3, including one at midday in Greenville, organized by the Greenville Kiwanis. If that is not possible, please consider devoting time to personal prayer and reflection that day. — Pastor Bill

WORSHIP SCHEDULE AND SCRIPTURES FOR MARCH 2018

Regular Sunday Worship Services are:
9 a.m. – The Heritage, Anderson Fellowship Hall
10 a.m. – The Villas, Headland Friendship Commons
11 a.m. – The Ridgewood, Harmony Hall

May 6, 2018 — Sixth Sunday of Easter
1 John 5:1-6 John 15:9-17
Pastor Bill Kirker will lead all three worship services.

May 14, 2018 — Seventh Sunday of Easter
Scriptures: Acts 1:15-17, 21-26 Psalm 1
1 John 5:9-13 John 17:6-19
Pastor Julia Fraser will lead all three worship services.

May 21, 2018 — Pentecost Sunday
Scriptures: Acts 2:1-21 Psalm 104:24-34, 35b
Romans 8:22-27 John 15:26-27; 16:4b-15
Pastor Bill Kirker will lead all three worship services.

May 28, 2018 — Trinity Sunday
Scriptures: Isaiah 6:1-8 Psalm 29
Romans 8:12-17 John 3:1-17
Pastor Julia Fraser will lead all three worship services.
Holy Communion will be distributed in all three services
Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement. Unit sizes and new rates for 2018 are:

- 5' x 10' – $40/month
- 10' x 10' – $52/month
- 15' x 20' – $115/month (includes walk-in door + electric)

Contact Rita Clemente at 724-589-6909 with questions or if you wish to rent a storage unit.

**IMPORTANT: Securing Resident Valuables**

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

**ADVOCATING FOR A GOOD NIGHT’S SLEEP**

Sleep has been underrated. There is no doubt that miracles occur daily in hospitals. But in the race to vanquish disease, simple things like sleep can get short shrift.

*Choosing Wisely*, a white paper by the American Academy of Nursing, has listed several common hospital practices that unintentionally get in the way of a solid recovery. We talked in the February 2018 issue about the problem of spending too much time in bed. Another problem is interrupted sleep.

**Promote uninterrupted sleep**

Sleep is one of the body’s most healing activities. It has a cyclic pattern that should be respected. When your relative is hospitalized, do what you can to advocate for:

- Medicines being given during waking hours. (Work with the nurses to arrive at a schedule that does not interrupt sleep.)
- Lights out, monitors silent, and doors to your relative’s room closed at night.
- No middle-of-the-night blood draws. Ask that draws occur when your loved one is awake in the morning.
- Vitals checked just before bed and then in the morning. Have blood pressure, pulse, temperature, pain, and respirations been fairly steady? If so, ask if there is really a need to interrupt sleep at 1:00 a.m. and 4:00 a.m.
- Effective and long-lasting pain management applied in the evening. This way, pain will not cause your loved one to wake up in the night.

Of course there are reasons a patient may need midnight attention. Maybe the medical situation is still unstable—the illness not yet under control. Perhaps a test is needed to help develop a plan of care. Or to make immediate treatment decisions.

But if things are generally stable, it’s perfectly appropriate to ask, “What are the real risks of no interruptions between 10:00 p.m. and 6:00 a.m.? Can it wait?” Healing may be a higher priority.

Source: www.elderpages.com/northwestpa
“Camp Reynolds and Its Effect on Greenville”
Lecture by Art Williams

Monday, May 21
6:30 p.m.
Keifer Bldg., Social Room

All are welcome, invite family & friends!

New “Resident Portal” on Website
– www.stpauls1867.org –

A great feature of our newly designed and enhanced website is a resident portal where our residents and family members (powers of attorney) can login to find documents and information pertaining to each of our campus communities.

The resident portal is a secure area of our website that requires a username and password to access. The information you can find in the portal includes: Memos/Notifications, Directories, Handbooks, Information and Pricing, Menus, Events and Calendars (including community events) and Forms.

If you would like to register for access to the resident portal, please email jkather@sp1867.org or call 724-589-4646.

You will be emailed a link that takes you to a registration page. There you will be asked to create a username and password. A confirmation email will be sent to your inbox.

To enter the portal from the St. Paul’s homepage, click the “Login” button in the upper right corner of our homepage and then simply enter your username and password.

Check us out on Facebook & Instagram!

Search for St Pauls Senior Living Community and find regular updates on our activities, events and resident life.

Share the good news at St. Paul’s with your friends and neighbors! Be sure to “Like” our page (not just our posts) and “Share” our news on your personal Facebook page. “Invite” your friends and family to “Like” our page, too!

Make sure to also “Like” St. Paul’s Without Walls too!

Instagram is a simple, fun & creative way to capture, edit & share photos, videos & messages with friends & family. Search for and follow st.pauls1867 to get a “behind the scenes” look at what’s happening at St. Paul’s.

Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting in the lobby 30 minutes before their appointment time unless otherwise notified.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~

Beginning March 1, 2018 – Robyn Weaver, Executive Assistant, will be the contact person when families want to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion.

You can reach Robyn at 724-588-7610, ext. 1146. She will be happy to help you plan your event!

Guest Apartment Accommodations
Available at The Heritage

St. Paul’s is pleased to offer a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s. The apartment features two rooms—a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are $89 per night and are payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our guest apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.
# May 2018

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>10 a.m. Anchors Aweigh</td>
<td>2 p.m. The Dilemma</td>
<td>10 a.m. Role Models</td>
<td>10 a.m. Windtalkers</td>
<td>10 a.m. Hot Shots!</td>
</tr>
<tr>
<td></td>
<td></td>
<td>2 p.m. Where the Red Fern Grows</td>
<td></td>
<td>2 p.m. Pirates of the Caribbean</td>
<td>2 p.m. Twilight</td>
<td>2 p.m. Hot Shots! Part Deux</td>
</tr>
<tr>
<td>6</td>
<td>7</td>
<td>10 a.m. The Judge</td>
<td>10 a.m. African Queen</td>
<td>10 a.m. Indian Queen</td>
<td>10 a.m. African Queen</td>
<td>10 a.m. Something’s Gotta Give</td>
</tr>
<tr>
<td>2 p.m. The Wedding Planner</td>
<td>2 p.m. National Geographic: 30 Years</td>
<td>10 a.m. Lord of War</td>
<td>2 p.m. Everest</td>
<td>2 p.m. Grumpier Old Men</td>
<td>10 a.m. The Notebook</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10 a.m. Milo &amp; Otis</td>
<td>10 a.m. The Judge</td>
<td>10 a.m. Hope Springs</td>
<td>10 a.m. The Complete History of The Steelers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10 a.m. The Judge</td>
<td>2 p.m. Lord of War</td>
<td>2 p.m. The Dilemma</td>
<td>2 p.m. The Divine Secrets of the Ya Ya Sisterhood</td>
<td>2 p.m. The Notebook</td>
<td></td>
</tr>
<tr>
<td>10 a.m. Hairspray</td>
<td>10 a.m. Hope Springs</td>
<td>10 a.m. Life As We Know It</td>
<td>2 p.m. The Notebook</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>10 a.m. Milo &amp; Otis</td>
<td>10 a.m. National Geographic: 30 Years</td>
<td>10 a.m. The Notebook</td>
<td>10 a.m. The Complete History of The Steelers</td>
<td></td>
</tr>
<tr>
<td>2 p.m. South Pacific</td>
<td>2 p.m. The Notebook</td>
<td>2 p.m. Jumanji</td>
<td>2 p.m. The Notebook</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>21</td>
<td>10 a.m. Murder She Wrote</td>
<td>10 a.m. Bruce Almighty</td>
<td>10 a.m. Red Skelton</td>
<td>10 a.m. The Complete History of The Steelers</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Simone</td>
<td>10 a.m. The Notebook</td>
<td>2 p.m. Eight Below</td>
<td>2 p.m. Red Skelton</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>2 p.m. Burlesque</td>
<td>2 p.m. Eight Below</td>
<td>2 p.m. Red Skelton</td>
<td>2 p.m. The Prisoner</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10 a.m. The Pink Panther</td>
<td>2 p.m. One Hour</td>
<td>2 p.m. Elvis Tickle Me</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>24</td>
<td>10 a.m. The Pink Panther</td>
<td>2 p.m. Eight Below</td>
<td>2 p.m. Elvis Tickle Me</td>
<td>10 a.m. The Complete History of The Steelers</td>
<td></td>
</tr>
<tr>
<td></td>
<td>10 a.m. Shall We Dance</td>
<td>2 p.m. One Hour</td>
<td>2 p.m. Elvis Tickle Me</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>30</td>
<td>31</td>
<td>10 a.m. Second Hand Lions</td>
<td>2 p.m. Holes</td>
<td>2 p.m. A Beautiful Mind</td>
<td>10 a.m. The Complete History of The Steelers</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Nine Months</td>
<td>10 a.m. The Pink Panther</td>
<td>2 p.m. The Maltese Falcon</td>
<td>2 p.m. The Prisoner</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
May 2018 Calendar of Events

Tuesday, May 1 – Colony Tour of Homes

Wednesday, May 2 – Colony Birthday Celebration

Thursday, May 3 – Colony Dinner (Stuffed Chicken Breast)

Friday, May 4 – Arthritis Aquatic Class

Sunday, May 6 – Colony Brunch (Crepes)

Monday, May 7 – Movie Night

Tuesday, May 8 – Colony Open Forum

Tuesday, May 8 – Sing for Fun with Mark Eckler

Wednesday, May 9 – Colony Monthly Worship Service

Wednesday, May 9 – Pizza & Ice Cream

Monday, May 14 – Greenhouse Tour

Tuesday, May 15 – Colony Lunch (Grilled Steak Salad or Coastal Cobb Salad)

Wednesday, May 16 – Colony Book Club

Friday, May 18 – Arthritis Aquatic Class

Monday, May 21 – Men & Women’s Group

Monday, May 21 – Speaker “Camp Reynolds”

Wednesday, May 23 – Colony Dinner (Swedish Meatballs)

Friday, May 25 – A Day of Adventure in Wooster, OH

Sunday, May 27 – Memorial Day Picnic

Monday, May 28 – A Day of Adventure in Sugarcreek, OH

Wednesday, May 30 – Movie Night

Thank You!

To whomever left the gift in our truck one Tuesday morning—We are very grateful for the gift and truly blessed by the random act of kindness.

Thank you,

Sylvia and John Loveridge

— NEWS and NOTES —

May Birthday Celebration — 2 - 3 p.m. Wednesday, May 2 in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Worship Service — Wednesday, May 9 at 10:30 a.m. in The Keifer Chapel. Fellowship time in The Keifer Social Room follows the service. Discussion topic: “What have you planted in your garden?”

Book Club — Wednesday, May 16 at 1 p.m. in The Keifer Library. This month’s book is My Own Words by Ruth Bader Ginsburg. All are welcome to attend. See Joan Brown for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, May 30 in the Keifer Building. Provided each month by VNA Alliance.

May 4 - Rich Bernier
10 - Sue Simons
11 - Jake Leffler
11 - Irv Milheim
12 - Bill Merryman
16 - Kathleen Becker
16 - Lois Eastlick
23 - Joan Brown
24 - Margie Hays
24 - Dona Robinson
24 - Bill West
31 - Mary Ellen Bayuk

June
5 - Phyllis Haynes
6 - Rhea Klenovich
8 - Norm Simons
10 - Barbara Curtis
10 - Nancy Stevenson
11 - Nancy Hoffacker
21 - Nancy Reinhartd
22 - Coralee Armstrong
22 - Wilma Christman

To whomever left the gift in our truck one Tuesday morning—We are very grateful for the gift and truly blessed by the random act of kindness.

Thank you,

Sylvia and John Loveridge

— NEWS and NOTES —

May Birthday Celebration — 2 - 3 p.m. Wednesday, May 2 in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Worship Service — Wednesday, May 9 at 10:30 a.m. in The Keifer Chapel. Fellowship time in The Keifer Social Room follows the service. Discussion topic: “What have you planted in your garden?”

Book Club — Wednesday, May 16 at 1 p.m. in The Keifer Library. This month’s book is My Own Words by Ruth Bader Ginsburg. All are welcome to attend. See Joan Brown for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, May 30 in the Keifer Building. Provided each month by VNA Alliance.
Heritage Herald  
~ News from The Heritage ~

May Birthdays

7 - Fran Flagg  
9 - Lucille Christopher  
9 - Twila Dodson  
14 - Shirley Brown  
16 - Paul Baseler  
28 - Maria White  
31 - Shirley Sepik

~ Jones Serenity Circle ~

Weekly Events:

Mondays, 9 a.m. – “Music & Manicures” – JSC residents select a style of music to listen to while enjoying a manicure in the sitting room.

Tuesday mornings – Aviary Care & “About the Birds”
Patti shares facts about the different species of birds in our aviary.

Tuesdays, 10:30 a.m. – Rosary in the activity room

Tuesday afternoons – BINGO

Second Tuesday of each Month, 12:30 p.m. – Bible Study with Devotions with Pastor Julia

Thursdays, 2 p.m. – Music and Motion with Ron (from The Anderson Fitness Center at The Villas) in activity room

Fridays, 10 a.m. – Worship Service with Pastor Bill

Weekly Chair Yoga & Movement for Memory Care – including Tai Chi made easy seated exercise programs with Patti.

Weekly K9 Companion Visits – including “Catching up with Chase!”

May Special Events and Entertainment:

Friday, May 4, 12:45 p.m. – Gina’s Creative Corner

Saturday, May 5, 10 a.m. – Marimba Music with Nick Lakatos

Monday, May 7, 5:30 p.m. – Musical Entertainment with Bonnie Campbell

Thursday, May 10, 10 a.m. – “All That Jazz” Piano Music with Lyn Mossman

Saturday, May 12, 2 p.m. – “Celebrating Mothers” with Alissa Pesavento, Harpist

Monday, May 14, 1 p.m. – Ice Cream Truck at Heritage Entrance

Monday, May 14, 1 p.m. – Piano Music with Tony

Friday, May 18 – JSC monthly Birthday Breakfast w/ guest chef

Friday, May 18, 12:45 p.m. – Music with Humble Ministries

Saturday, May 19, 10 a.m. – Marimba Music with Nick Lakatos

Monday, May 21, 5:30 p.m. – Musical Entertainment with Bonnie Campbell

Thurs., May 24, 10 a.m. – Sing-a-Long w/Lyn Mossman on Piano

Friday, May 25, 1 p.m. – Musical Entertainment with Z Praise

Monday, May 28 – Memorial Day

May Highlights

Tuesday, May 1, 1:30 p.m. – Dining Room Seating Change

Wed., May 2, 1 p.m. – German Ladies Club Meeting

Thursday, May 3, 7 p.m. – Amish Singers

Friday, May 4, 2 p.m. – Humble Ministries Music

Saturday, May 5, 1 p.m. – Nickolas Lakatos music and singing

Saturday, May 5, 6:30 p.m. – BINGO (Note: time change due to entertainment in afternoon)

Thursday, May 10, 1:30 p.m. – Christian Assembly w/ Pastor Joel Diangi at the Piano

Friday, May 11, 11:30 a.m. – Ladies Spring Tea theme:

“Umbrellas” w/guest speaker

Sunday, May 13 – Happy Mother’s Day!

Monday, May 14, 1:30 p.m. – Jim’s Snack Shack Ice Cream Truck returns once/month through Sept.

Tuesday, May 15, 11:30 a.m. – May Birthday Luncheon

Tuesday, May 15, 3 p.m. – Reynolds K-Kids Students End of Year Party with Residents

Thursday, May 17, 6:30 p.m. – Sound Witness Music & Singing

Sunday, May 20, 6 p.m. – “Hey Joe” music and singing

Wed., May 23, 2:45 p.m. – May Resident Council Meeting

Wed., May 23, 6:30 p.m. – Joan Wentling presents “Singing w/Friends” musical evening

Friday, May 25, 6:30 p.m. – “Z” Praise Entertainment

Monday, May 28 – Happy Memorial Day!

Regular Events & Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1:30 p.m. – Bible Study with Pastor Julia, 4th Floor Dining Room

Personal Shopper Days - 2nd & 4th Wednesday each month

Thursdays, 3 p.m.– Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron

• Monthly Manicures for residents

• 500, Canasta and Bridge Card games are available–contact Michele Miranda if you’d like to join in on these games.

• Check out the daily puzzle working in the floor lounges.

• Weekly current event discussions on local and national news.

• Monthly afternoon movie matinees, guided tour videos around the world, word and brain games and more.

• The Heritage’s Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes! The group also makes seasonal crafts and gifts.
The Ridgewood welcomes Deb Cornman as the new afternoon/weekend receptionist.

Deb was born on May 10, 1952 to Richard and Phyllis Huntley. She has two sisters, Vicki and Kim. She graduated from Greenville High School.

She married Don Cornman on October 1, 1971, and they settled down together in Greenville, Pa. They have one child, Te Ata. Her best memories are of spending time with her family.

Her favorite hobbies include making crafts and rag quilts. Her favorite meals are made of Italian and Pennsylvania Dutch food. Her favorite TV show is HGTV Cooking and her favorite movie is Holiday Inn. She has traveled to California, Nevada, and Maui.

~ Special Events in May ~

Tuesday, May 1, 11:30 a.m.
Birthday Lunch, Harmony Hall

Thursday, May 3, 1:30 p.m.
Hope the Dog Visits

Monday, May 7, 1:30 p.m.
Food Committee Meeting, Dining Room

Friday, May 18, 3 p.m.
Social Hour, Fireside Lounge

Saturday, May 19, 7 a.m.
Men’s Breakfast, Harmony Hall

Thursday, May 24, 6:30 p.m.
Activity Buck Shopping, Harmony Hall

Friday, May 25, 3 p.m.
Z Praise, Harmony Hall

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 1851
11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream cart down the halls
6:30 p.m. – Movie Night, Harmony Hall

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
2:30 p.m. – Triominoes, Harmony Hall
6:30 p.m. – 500 Card Club, Harmony Hall

Tuesdays: 10 a.m. – Looming, 300 Hall Lounge
2 p.m. – Balance & Strengthening with Ron, Harmony Hall
6:30 p.m. – Games, Harmony Hall

Wednesdays: 9 a.m. – Communion for Catholics in your room
9:30 a.m. – Adult Coloring, Harmony Hall
10:30 a.m. – Exercise Class, Harmony Hall
1:15 p.m. – Errand Day
6:30 p.m. – Triominoes, Harmony Hall

Thursdays: 9 a.m. – Sewing & Looming, 400 Hall Lounge
10 a.m. – Bible Study, Harmony Hall
1:30 p.m. – Wal-Mart/Giant Eagle shopping
6:30 p.m. – Movie Night, Harmony Hall

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall
6:30 p.m. – Dominoes, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – BINGO, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
7 p.m. – Lawrence Welk Show on Ch. 1851

Welcome to Our Table!
Guests are always welcome for meals.
Please give 24 hours notice to accommodate seating and food preparations.
When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal.
This helps the staff to be better prepared with seating arrangements. Thank you!

~ Employee of the Month ~

Deb Cornman

~ Special Events ~

May Residents
8 - Jean Faulhaber
23 - Mary Symbala

May Employee:
28 - Cindy Veado

Baby chicks took up residence at The Ridgewood for a couple of weeks in March. They were a hit with the residents!
Mothers Day Breakfast

Sunday, May 13
Headland Friendship Commons
7:30 - 9 a.m.

Family members can enjoy breakfast with their loved ones. Please meet them in their room and escort them to breakfast.

$10/person • 5-11 yrs., $5 • 4 and under, free

Please see The Villas receptionist for reservations by May 9.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend these meetings.

May Birthdays

1 - Diane Hawkins
3 - Paulette Viglione
7 - Catherine Smith
8 - Loretta Scott
9 - William McWhirter
11 - Mary Gallagher
12 - John Yohman
21 - Mary Collins
21 - Doris Kiser
21 - Carol Smith
22 - Evelyn Fagley
28 - David Stright
30 - Clara Haggerty
30 - Ann Kuta

~ Attention Dog Owners ~

St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room.

This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

~ Casual Fridays ~

Casual Fridays were created to help support the Residents’ Life Enrichment Fund. Staff members participating in casual wear on Fridays are asked to please participate in the theme wear as listed and assist us in maintaining the Residents’ Fund through the purchase of a jeans sticker for $1.00. (Located at the reception area). Thank You!
# Noon Meals at The Villas

## May 2018

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>1.</td>
<td>2.</td>
<td>3.</td>
<td>4.</td>
<td>5.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Turkey noodle casserole, tossed salad, banana cake</td>
<td>Beef pot roast, baked sweet potato, parsley cauliflower, strawberries</td>
<td>Pork roast, mashed potatoes, broccoli, princess bars</td>
<td>Fried fish, potatoes au gratin, coleslaw, lemon cheesecake bar</td>
<td>Sweet &amp; sour meatballs, egg noodles, green beans &amp; mushrooms, pineapple chunks</td>
</tr>
<tr>
<td>6.</td>
<td>7.</td>
<td>Stuffed chicken, mashed potatoes, cauliflower, broccoli &amp; carrots, fruit of the forest pie</td>
<td>Meatloaf, mashed potatoes, whole baby carrots, chocolate mousse</td>
<td>Caribbean chicken, roasted sweet potato wedges, Key West vegetable blend, diced pears</td>
<td>Fried pork chop, scalloped corn, zucchini &amp; summer squash, carrot cake</td>
<td>Chicken with Caesar dressing, red bliss potatoes, broccoli &amp; cheese, Mandarin oranges</td>
</tr>
<tr>
<td>8.</td>
<td>9.</td>
<td>Roast beef, garlic mashed potatoes, green bean casserole, lemon meringue pie</td>
<td>Apple pork chop, roasted sweet potato wedges, corn bake, pineapple chunks</td>
<td>Stuffed cabbage roll w/sauce, mashed potatoes, Lima beans, Vanilla ice cream cup</td>
<td>Chicken breast supreme, scalloped potatoes, whole baby carrots, cheesecake w/cherries</td>
<td>Fried fish, potato wedges, broccoli, apricots</td>
</tr>
<tr>
<td>10.</td>
<td>11.</td>
<td>Veal marsala, Parmesan noodles, Italian green beans, chocolate cream pie</td>
<td>Pork roast, baked potato, broccoli &amp; cauliflower, melon salad</td>
<td>Lemon ginger chicken, Parsleyed noodles, zucchini &amp; summer squash, ice cream sandwich</td>
<td>Ham loaf, mashed potatoes, spinach, Mandarin oranges</td>
<td>Herb-baked tilapia, potatoes au gratin, corn o’brien, lemon mousse</td>
</tr>
<tr>
<td>12.</td>
<td>13.</td>
<td>Beef pot roast, mashed potatoes, broccoli, peach pie</td>
<td>Hamburger on a bun, potato salad, baked beans, vanilla trifle</td>
<td>Pot roast, rosemary potatoes, green beans &amp; mushrooms, cherry pie</td>
<td>Blackberry Dijon chicken, cheesy mashed potatoes, Lima beans, tossed salad, diced pears</td>
<td>Italian sausage w/peppers &amp; onions, fried potatoes, Oriental mixed vegetables, chocolate mousse</td>
</tr>
<tr>
<td>14.</td>
<td>15.</td>
<td>Chicken cacciatore, spaghetti, Italian-blend mixed vegetables, fruited gelatin</td>
<td>Turkey goulash, green beans, Mandarin oranges</td>
<td>Beef pot roast, baked potato, broccoli &amp; cauliflower, melon salad</td>
<td>Black bean soup, panda wraps, green beans, mandarin oranges</td>
<td>Chicken Parmesan, spaghetti w/marinara sauce, green beans, red grapes</td>
</tr>
</tbody>
</table>
THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

<table>
<thead>
<tr>
<th>Tuesday, May 1 – May Day</th>
<th>Thursday, May 10 – Decorating for NSNC Week</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
</tr>
<tr>
<td>7 p.m. BINGO</td>
<td>10:30 a.m. Rosary</td>
</tr>
<tr>
<td></td>
<td>2 p.m. Bible Study</td>
</tr>
<tr>
<td></td>
<td>7 p.m. Z Entertainment (Gospel, Christian, Oldies/Variety)</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td>Wednesday, May 2 – National Grump Out Day</td>
<td></td>
</tr>
<tr>
<td>Curmudgeons Hot Line Help Number: 1-800-BeHappy ☺</td>
<td></td>
</tr>
<tr>
<td>10 a.m. Mass</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
</tr>
<tr>
<td>2 p.m. Movie on Ch. 1851</td>
<td>10:30 a.m. Rosary</td>
</tr>
<tr>
<td>6:30 p.m. Mid-Week Service</td>
<td>2 p.m. Bible Study</td>
</tr>
<tr>
<td></td>
<td>7 p.m. Entertainment in HFC</td>
</tr>
<tr>
<td>Thursday, May 3 – Bing Crosby’s Birthday (1904)</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>10:30 a.m. Rosary</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Bible Study</td>
<td></td>
</tr>
<tr>
<td>7 p.m. Entertainment in HFC</td>
<td></td>
</tr>
<tr>
<td>Friday, May 4 – Flowers Gone Wild!</td>
<td></td>
</tr>
<tr>
<td>~ Casual Friday Jeans Day ~</td>
<td></td>
</tr>
<tr>
<td>Wear your favorite shirt for the sowing season</td>
<td></td>
</tr>
<tr>
<td>Nature projects in the Neighborhood</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>10 a.m. Showtime with Steve Valdez</td>
<td></td>
</tr>
<tr>
<td>7 p.m. Friday Night Movie Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>Saturday, May 5 – Cinco de Mayo</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>2 p.m. BINGO</td>
<td></td>
</tr>
<tr>
<td>Sunday, May 6 – World Laughter Day</td>
<td></td>
</tr>
<tr>
<td>10 a.m. Church Service</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Movie on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>Monday, May 7 – Cosmos Day</td>
<td></td>
</tr>
<tr>
<td>7 p.m. Bingo Bucks Exchange</td>
<td></td>
</tr>
<tr>
<td>Tuesday, May 8 – National Teacher Day</td>
<td></td>
</tr>
<tr>
<td>Annual Retreat</td>
<td></td>
</tr>
<tr>
<td>Coffee Cart, Breakfast Goodies &amp; News Bits</td>
<td></td>
</tr>
<tr>
<td>7 p.m. BINGO</td>
<td></td>
</tr>
<tr>
<td>Wednesday, May 9 – Decorating for National Skilled Nursing Care Week</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>6:30 p.m. Mid-Week Service</td>
<td></td>
</tr>
<tr>
<td>Friday, May 11 – Country Sunshine</td>
<td></td>
</tr>
<tr>
<td>~ Casual Friday Jeans Day ~</td>
<td></td>
</tr>
<tr>
<td>Wear a smile!</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Tony Barge (Country Music)</td>
<td></td>
</tr>
<tr>
<td>7 p.m. Friday Night Movie on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>Saturday, May 12 – Talk to a Bird Day</td>
<td></td>
</tr>
<tr>
<td>Compose a Poem Day</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>2 p.m. BINGO</td>
<td></td>
</tr>
<tr>
<td>National Skilled Nursing Care Week Begins: “Celebrating Life’s Stories”</td>
<td></td>
</tr>
<tr>
<td>~ Jeans, Capris or Shorts all week ~</td>
<td></td>
</tr>
<tr>
<td>Sunday, May 13 – MOTHER’S DAY</td>
<td></td>
</tr>
<tr>
<td>Pretty in Pink or Envied in Ivory</td>
<td></td>
</tr>
<tr>
<td>7:30 a.m. – 9 a.m. Mother’s Day Breakfast Buffet</td>
<td></td>
</tr>
<tr>
<td>10 a.m. Church Service</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Movie on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>Monday, May 14 – MUSICAL MEMORIES</td>
<td></td>
</tr>
<tr>
<td>Music-related or Favorite Tee</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>2 p.m. Austi (Variety, Oldies, Polka)</td>
<td></td>
</tr>
<tr>
<td>7 p.m. Name that Tune</td>
<td></td>
</tr>
<tr>
<td>Tuesday, May 15 – CREATURES GREAT AND SMALL, PETS DAY</td>
<td></td>
</tr>
<tr>
<td>Nature, Wildlife or Animal Shirt</td>
<td></td>
</tr>
<tr>
<td>10 a.m. Marbles the Cat</td>
<td></td>
</tr>
<tr>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
<td></td>
</tr>
<tr>
<td>7 p.m. BINGO</td>
<td></td>
</tr>
</tbody>
</table>
Wednesday, May 16 – VILLAS APPRECIATION DAY
St. Paul’s shirts or colors (Blue/White)
Newsbits: Celebrating Life Stories
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10:30 a.m. – 12:30 p.m. The Villas Staff Lunch in HFC + Ice cream sundae bars on neighborhoods for residents and staff
  3 – 5 p.m. Villas Staff Supper HFC
  Midnight shift “To Go” bags distributed at employee entrance
6:30 p.m. Mid-Week Service

Thursday, May 17 – SHARE FAMILY TRADITIONS DAY
Favorite Tee and something a family member gave you
  10 a.m. & 2 p.m. Movies on Ch. 1851
  Baking cookies with convection ovens in the a.m.
  10:30 a.m. Rosary with Communion
  2 p.m. Bible Study Topic: Foods in the Bible
    Baked goods & beverages following study
6:45 p.m. Kinsman Amish Youth Group

Friday, May 18 – CODDLES & CUDDLES DAY
Serene Greens or Smooth Blues
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10 a.m. Creative Corner
  1:30 p.m. Coddles & Cuddles in the HFC for residents and staff: Chair massage, hand massages, aromatherapy, soundscapes, chocolate indulgences
7 p.m. Friday Night Movie on Ch. 1851

Saturday, May 19 – IT’S ALL FUN & GAMES DAY
Wear favorite sport/hobby shirt
  Word searches, crosswords and other games
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. BINGO and special drawing

Sunday, May 20 – Cher’s Birthday (1946)
Lindbergh departs Long Island in the Spirit of St. Louis (1927)
  10 a.m. Church Service
  2 p.m. Joe Collinici “Hey Joe”
  2 p.m. Movie on Ch. 1851

Monday, May 21 – Clara Barton founded the Red Cross (1881)
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. The Lamberts (Variety, Oldies, R & R)
  7 p.m. Fred Barringer (Folk, Western)

Tuesday, May 22 – Johnny Carson hosts for the last time on The Tonight Show (1992)
  10 a.m. & 2 p.m. Movies on Ch. 1851
  Noon: Monthly Birthday Lunch
  1:30 p.m. 500 Bid – Golden Willows
  7 p.m. BINGO

Wednesday, May 23 – Uniform Sale in HFC
  10 a.m. & 2 p.m. Movies on Ch. 1851
  6:30 p.m. Mid-Week Service

Thursday, May 24 – The Brooklyn Bridge Opens (1884)
  10 a.m. & 2 p.m. Movie Ch. 1851
  10:30 a.m. Rosary
  2 p.m. Bible Study

Friday, May 25 – MEMORIAL DAY FRIDAY
~ Casual Jeans Day ~
Red, White and Blue
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. Acoustic Buffet (Variety, Oldies & Patriotic Medley)
  7 p.m. Friday Night Movie on Ch. 1851

Saturday, May 26 – Chardonnay Day
  10 a.m. Z Entertainment (Christian, Variety, Oldies)
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. BINGO

Sunday, May 27 – Indy 500
  10 a.m. Church Service
  2 p.m. Movie on Ch. 1851

Monday, May 28 – Memorial Day Observance
~ American Spirit & Jeans ~
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10 a.m. Music with Greg
  Snack Bar in the HFC

Tuesday, May 29 – Peacekeepers Day
  10 a.m. & 2 p.m. Movies on Ch. 1851
  7 p.m. BINGO

Wednesday, May 30 – Mel Blanc’s Birthday (1908)
  10 a.m. & 2 p.m. Movies on Ch. 1851
  11:30 a.m. Men’s Luncheon: A Looney Bunch Lunch
  6:30 p.m. Mid-Week Service

Thursday, May 31 – Fiddle Dee Dee Day
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10:30 a.m. Rosary
  2 p.m. Bible Study
  7 p.m. Mercer County Boys
May 2018 Special Activities & Events for Staff and Residents at The Villas

FRIDAY, MAY 4—FLOWERS GONE WILD! Time to Weed the Gardens! This is the perfect day to start sprucing up for warmer weather. Breathe in the fresh air and sift the spring soil as we re-pot and plant new seeds! Wear your favorite shirt for the sowing season along with jeans this casual Friday. At 10 a.m., join us in the HFC for “Showtime with Steve Valdez”!
“How right it is to love flowers and the greenery of pines and ivy and hawthorn hedges; they have been with us from the very beginning.” ~ Vincent Van Gogh

FRIDAY, MAY 11—COUNTRY SUNSHINE! Dottie West sings “I was raised on country sunshine I’m happy with the simple things, a Saturday night dance, a picture show and the joy that the blue bird brings.” We love country sunshine too! Wear your jeans, a smile and shout out a woohoo every once in a while. Join us in the HFC for country singer Tony Barge!

NATIONAL SKILLED NURSING CARE WEEK THEME: CELEBRATING LIFE’S STORIES!
Sunday, May 13 — Saturday, May 19
Jeans, capris or shorts (of appropriate length) may be worn all this week!

SUNDAY, MAY 13—MOTHER’S DAY Pretty in Pink or Envided in Ivory. Between 7:30 and 9 a.m., our annual Mother’s Day Breakfast Buffet for residents and their family members/friends, will be held in the Headland Friendship Commons. Church Service will be held at 10 a.m.

MONDAY, MAY 14—MUSICAL MEMORIES Dress to express by wearing a music related or favorite tee. 1:15 p.m. Jim’s Snack Shack stops by the front of The Villas. Austi plays favorites in HFC at 2 p.m.! We’ll continue to reminisce with Monday Night’s Activity: Name That Tune!

TUESDAY, MAY 15—CREATURES GREAT AND SMALL, PET DAY! Wear nature, wildlife or animal shirt. We love our pets!

WEDNESDAY, MAY 16—ST. PAUL’S COLORS (ST. PAUL’S APPAREL OR BLUE/WHITE SHIRTS) & VILLAS APPRECIATION DAY! Build a Burger and Nacho Bar Lunch for The Villas staff in the HFC starting at 10:30 a.m. – 12:30 p.m. Ice Cream Sundae Bars will be on the Neighborhoods for staff and residents to enjoy together! Dinner for The Villas staff in the HFC from 3 – 5 p.m. Midnight staff will receive special “To Go” Bags when they come in for their shift this day. Chinese Auction will be in the HFC for The Villas staff. Happy National Skilled Nursing Care Week everyone!

THURSDAY, MAY 17—SHARING FAMILY TRADITIONS DAY Wear your favorite tee and something a family member gave you. Morning activity: Baking cookies (HFC). At 2 p.m., Pastor Julia will lead with a Foods in the Bible topic followed by a treat of baked goods & beverages.

FRIDAY, MAY 18—CODDLES AND CUDDLES DAY Wear serene greens and smooth blues. Starting at 1 p.m., residents and staff can enjoy a “chair” massage, hand massage, aromatherapy, soundscapes & chocolate indulgences.

SATURDAY, MAY 19—“IT’S ALL FUN AND GAMES” DAY Wear any sport/hobby shirt. Word searches, crosswords and other games will be passed out to the neighborhoods. 2 p.m. Bingo will include a special drawing to conclude this year’s National Skilled Care Nursing Week!

FRIDAY, MAY 25—MEMORIAL DAY FRIDAY In honor of the upcoming observance on Monday, wear Red, White and Blue along with jeans this day. At 2 p.m., join us in the HFC for the duo “Acoustic Buffet,” offering a medley of patriotic favorites and a variety of other works!

MONDAY, MAY 28—MEMORIAL DAY HOLIDAY Wear the colors of the American Spirit this day to remember all who have died to protect our freedom. 10 a.m. Music with Greg in the HFC & Snack Bar.

THURSDAY, MAY 31—MEN’S LUNCHEON: A LOONEY BUNCH LUNCH! It’s Mel Blanc’s Birthday, the voice of Bugs Bunny and many other characters! The guys will enjoy a menu of Petunia Pulled Pork, Marvin the Martian Green Beans, Tweety Bird’s Tweet Tea, Tasmanian Devil Food Cake with or without vanilla ice cream. Looney clips on the Big Screen.
“Th-Th-The, Th-Th-The, Th-Th... That’s all, folks!” ~ Porky the Pig

Regularly Scheduled Activities:
BINGO – Tuesdays at 7 p.m. & Saturdays at 2 p.m. • Mid-Week Service Wednesdays at 6:30 p.m.
FRIDAY NIGHT MOVIES on Ch. 1851 at 7 p.m.

Special Activities in May:
- May 3 – Entertainment, 7 p.m.
- May 7 – Bowling in the HFC
- May 9 – Humble Music, 2 p.m.
- May 10 – Z Entertainment, 7 p.m.
- May 17 – Kinsman Amish Youth Group, 6:45 p.m.
- May 20 – Joe Collincini, 2 p.m.
- May 21 – The Lamberts, 2 p.m.
- May 21 – Fred Barringer, 7 p.m.
- May 22 – Monthly Birthday Luncheon, Noon
- May 26 – Z Entertainment, 10 a.m.
- May 31 – Mercer County Boys, 7 p.m.
Caring Hearts recognizes staff members who go above and beyond to help or support a resident or fellow staff member. Names may be submitted to the building receptionist by anyone who is witness to this extra effort or act of kindness.

**Caring Hearts – April 2018**

List features staff from The Heritage, The Keifer Building, The Ridgewood, The Villas and Without Walls.

<table>
<thead>
<tr>
<th>Gerry Almine</th>
<th>Brooke Hargenrader</th>
<th>Tina Putnam</th>
</tr>
</thead>
<tbody>
<tr>
<td>Joel Aponte</td>
<td>Kelly Harper</td>
<td>Maranda Rader</td>
</tr>
<tr>
<td>Koreena Barker</td>
<td>Jodi Hereford</td>
<td>Heidi Rash</td>
</tr>
<tr>
<td>Beckie Bartel</td>
<td>Barb Holiga</td>
<td>Corri Reagle</td>
</tr>
<tr>
<td>Ashley Beckman</td>
<td>Brittany Houck</td>
<td>June Reges</td>
</tr>
<tr>
<td>Deb Benedetto</td>
<td>Kayla Jablonski</td>
<td>Donita Ritchey</td>
</tr>
<tr>
<td>Anastasia Betz</td>
<td>Leslie Jablonski</td>
<td>Tabitha Roberts</td>
</tr>
<tr>
<td>Ceara Black</td>
<td>Sandy Kerfoot</td>
<td>Dacia Ryhal</td>
</tr>
<tr>
<td>Sarah Black</td>
<td>Jessie Krafcheck</td>
<td>Rebecca Sawtell</td>
</tr>
<tr>
<td>Amanda Boggs</td>
<td>Cheryl Lamp</td>
<td>Amber Scarmack</td>
</tr>
<tr>
<td>Judy Bowser</td>
<td>Beth Linamen</td>
<td>Alexis Shannon</td>
</tr>
<tr>
<td>Kristy Burton</td>
<td>Hoep Long</td>
<td>Melinda Smith</td>
</tr>
<tr>
<td>Barb Cadman</td>
<td>Shelly Luckock</td>
<td>Tracey Smith</td>
</tr>
<tr>
<td>Deb Calenda</td>
<td>Lindsey Lumley</td>
<td>Barb Stake</td>
</tr>
<tr>
<td>Shawnta Coleman</td>
<td>Karen Mackall</td>
<td>Deb Stephens</td>
</tr>
<tr>
<td>Ashley Coxson</td>
<td>Ashley McBaiaar</td>
<td>Erin Straw</td>
</tr>
<tr>
<td>Amber DeLong</td>
<td>Shane McClelland</td>
<td>Mikkayla Thomas</td>
</tr>
<tr>
<td>Cory Denzer</td>
<td>Sue McGirr</td>
<td>Hannah Walker</td>
</tr>
<tr>
<td>Marlene Diltz</td>
<td>Julie Mitchell</td>
<td>Missy Walker</td>
</tr>
<tr>
<td>Lexi Doebniener</td>
<td>Lynn Moyer</td>
<td>Wendy Walker</td>
</tr>
<tr>
<td>Rose Farley</td>
<td>Megan Nickle</td>
<td>Mallory Wellor</td>
</tr>
<tr>
<td>Carolyn Flynn</td>
<td>Mary Ann Palmer</td>
<td>Lucy Wheaton</td>
</tr>
<tr>
<td>Tammy Gearhart</td>
<td>Jenny Parker</td>
<td>Amy Wolf</td>
</tr>
<tr>
<td>Shannon Geiger</td>
<td>Shanna Parker</td>
<td>Leslie Woolstrum</td>
</tr>
<tr>
<td>Tina Guerrini</td>
<td>Angela Pochatko</td>
<td>Elisa Wotherspoon</td>
</tr>
</tbody>
</table>

**Special Thanks...**

Springs A Afternoon Aides - Thank you for taking the time to help me with the residents.
— Mary

I am sending a BIG THANK YOU to THE HERITAGE STAFF for being supportive, participating and offering assistance on a daily basis. I really appreciate your time and efforts. Thank you very much!
— Michele Miranda

Gardens A & B: The units look great! Tidy restroom, all spas locked and linen put away! :o)
— Julie
WOW Care Partner, Katie Hrdlicka, Nominated for Pennsylvania Homecare Association’s Direct Care Worker of the Year Award

Katie Hrdlicka was hired as a Care Partner with St. Paul’s Without Walls (WOW) Home-based Care Services in October 2015. Traditionally, WOW administrators evaluate client conditions and match Care Partners to meet individual client needs. When Marge Heppner began the process to employ WOW services for her husband, Harry, who was suffering from dementia, she also wanted a chance to interview the potential caregiver(s). In this particular instance, roles were reversed and Katie was informally interviewed a second time by the Heppners—who decided she was a perfect fit!

Harry and Marge Heppner, both retired school administrators, moved into The Colony at St. Paul’s in 2011. Sadly, Harry passed away in December 2017. Katie had been Harry’s caregiver and led their team of WOW caregivers for the last three years of Harry’s life.

“It was such an honor for me to assist in giving Harry his final wish,” Katie said, “To stay at home until his final day.”

In her nomination application, Marge wrote, “Katie always showed the utmost respect for both Harry and me and clearly, she was sensitive to and understood our needs and was committed to meeting them.”

Aside from the outstanding quality of care and team leadership that Katie provided, Marge wrote, “What made Katie extraordinary is the fact that she became a vital part of our lives. I trusted her completely. She poured herself into her care for Harry which inevitably made a huge impact on him and me.”

“Katie provided great care but she also provided peace of mind and assurance that having Harry at home was the right thing to do,” Marge added.

“This was the best working experience I could have ever asked for,” said Katie. “And to be nominated for this award – and know that I made such an impact on their life – is such a great feeling!”

The strong relationship that developed also included sharing personal life experiences as Katie has a 9-year-old son, Adam (who Harry referred to as “Tiger”), with autism. “Being school administrators, children had been such a large part of their lives. Harry loved visiting with my son. Adam could snap [Harry] out of a bad day immediately,” Katie said.

Katie and her husband of 10 years, Jeff, reside in Jamestown, Pa. and attended the PHA’s annual award ceremony in March. Katie was “proud to represent St. Paul’s,” as one of Pennsylvania’s 195 direct care workers who were nominated for this award. And, needless to say, we are proud that Katie is part of our St. Paul’s family!

At the time of Katie’s nomination, she was working part-time as a Universal Worker at The Ridgewood and currently, she is a Resident Assistant in Jones Serenity Circle, and exclaims “I love working at St. Paul’s–it’s what I feel like I was meant to do!”

Now Hiring

honest, dependable, compassionate individuals to be Care Partners / Companions

Flexible hours • Orientation & training • Competitive wages • Extra $$ for weekend hours • Holiday pay

www.wow2012.org/our-team/join-our-team
or call for more information:
724-589-4740

Now Offering

Medical Supplies & Equipment

Significant Savings
(Compared to local retailers)
+ Delivered Directly to your Door
(Free delivery within 10 miles)

TO ORDER, contact 724-589-4740
The 42nd Annual Volunteer Recognition Luncheon was held on Friday, April 20. See page 23 for photos and a recap.

You can also visit www.stpauls1867.org/about/photo-gallery to view more photos from the event.

Office Assistants Needed!

Colby Bistro Gift Shop workers
Weekdays & Weekends:
Noon - 4 p.m.

One-on-one companions to visit with residents.

BINGO Helpers Needed
Tuesday evenings at The Villas & The Heritage
6:15 - 7:45 p.m.
Saturdays at The Heritage 1:30 - 2:30 p.m.
and at The Villas 1:30 - 3:45 p.m.

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or apply online at www.stpauls1867.org.

~ Transporters Needed! ~

“What’s a transporter,” you ask?
A transporter is a volunteer who assists residents in wheelchairs from their neighborhood to: the beauty shop, fitness center, church services and other activities.

Transporters are needed in The Villas daily from 9 a.m. - noon. And Wednesday evenings from 5:45 - 7:45 p.m. for church services.

Transporters are incredibly important volunteers for many reasons. To name a few—transporters help keep residents active and maintain their ability to participate in meaningful activities, and their assistance also helps nurses and aides manage time with other residents in the neighborhoods who may need extra care. Please consider becoming a transporter and help further our important mission! Contact Rose Hoffman today at 724-588-7610 ext. 1135.

UNIFORM, SHOE & ACCESSORY SALE

Featuring the latest styles, prints & colors for uniforms & professional work shoes from major manufacturers!

ONE DAY ONLY!
Wednesday, May 23
7 a.m. – 4 p.m.

Headland Friendship Commons
All your uniform needs in one convenient location!
Proceeds benefit the Auxiliary of St. Paul’s.

Annual Auxiliary Meeting
Saturday, May 19
Headland Friendship Commons
at The Villas from 10 a.m. - 2 p.m.

If you’d like to attend, RSVP to Rose Hoffman at ext. 1135 by Friday, May 4.
“Maintain Your Brain”

Thiel College communication sciences & disorders (CSD) majors visit with residents at The Ridgewood for a “Maintain Your Brain” activity. The students are currently enrolled in Dr. Nancy Antonino’s class “Communication Disorders in Older Adults. “The students plan an activity designed to stimulate thinking and learn how to present ideas to an aging population,” Dr. Antonino said.

~ Residents at The Villas Enjoying Easter Activities ~

~ Volunteers Rock! ~

On Friday, April 20, St. Paul’s capped off National Volunteer Appreciation Week with the 42nd Annual Volunteer Recognition Luncheon in the Headland Friendship Commons. More than 130 volunteers enjoyed lunch and a program in their honor. The theme of the event was “Nifty Fifties–Volunteers Rock” – and even Elvis showed up to thank our volunteers!

Rose Hoffman, Director of Volunteer Services and Chris Wright, President and CEO both addressed the full room with thanks and praise for the many hours of selfless service they provide for our residents. In the last year, 248 volunteers provided more than 20,000 man-hours of service to St. Paul’s. Our volunteers do ROCK!

“To put it candidly,” Wright said, “We would not be able to do the things we do here without you. We could not replace you!”

Honorees in attendance were recognized for years of service in 5 year increments. Pictured front row, l. to r: Adele Lehosky (15 yrs.), Reba Gizdic (5 yrs.), Polly Oden (10 yrs.), Jane Brocious (5 yrs.), Linda Hrabal (10 yrs.) and Bill West. Back row: Rae Marie McLaughlin (5 yrs.), Vicky Dodds (5 yrs.), John Rodondi (5 yrs.), Rev. Glenn Sadler (5 yrs.) and Nancy Weikel (5 yrs.). Not pictured: 5-year honorees: Don Clemente, Paul Dart, Mary Jane Fenton, Dick Meeker, Sandy Randall, Ruben Soto and Hugh Stevenson; 10-year honorees: Hud Artman, Carol Hosmer and Anka Makak.

Visit www.stpauls1867.org/about/photo-gallery to view more photos from the event.
Celebrating Life's Stories
National Skilled Nursing Care Week
May 13-19, 2018
ahcancal.org/NSNCW I #NSNCW