The Annual Snowflake Ball

The annual Snowflake Ball was held on Thursday, Jan. 25 in the Headland Friendship Commons at The Villas. Residents from all across campus were in attendance to enjoy the festive decorations, special hors d’oeuvre and piano music courtesy of Lyn Mossman.

Thank you to our dedicated Life Enrichment Staff along with the students from Thiel College for making the night another resounding success!

For more photos from the event, see page 22 and visit: www.stpauls1867.org/about/photo-gallery/snowflake-ball.

We’re making progress...let’s keep it going!

We’ve already made great progress in reducing the number of printed copies of Campus Connections we will mail. In just one month, we’ve collected nearly 175 email addresses—let’s keep the momentum going!

You can help us save funds by opting to receive Campus Connections in your “inbox” instead of your “mailbox.”

Email jkather@sp1867.org with your name and the email address where you’d like to receive the newsletter.

Our updated website makes accessing the digital version of Campus Connections easier than ever—simply visit: www.stpauls1867.org/about/publications and select the issue you’d like to read.

4 months until Campus Connections goes digital!

Please note: paper copies of our newsletter will still be distributed to residents and a limited number will be available in each of our buildings.

Campus Information............1-10 and 18-24
Charitable Giving.............................2
Spiritual Services.........................6-7
“Colony Columns”..........................11
“Heritage Herald”.........................12
“Ridge Runner”.............................13

“House Chatter”.............................14-18
The Villas Menus..........................15
Without Walls...............................20
Volunteers...............................21
St. Paul’s Photo Album...............22-23
This group welcomes: Caregivers,
Care Partners, Family Members,
Friends, Neighbors, Community
Members and Professionals.

Alzheimer’s Association Support Groups are meetings for individuals who are caring for someone living with Alzheimer’s disease or another dementia. Get support, receive helpful tips, connect with resources.

You are not alone.

Presented by: Alzheimer’s Association Greater PA Chapter

First Tuesday of every month

March 6 – April 3 – May 1 – June 5 – July 3
2 - 3:30 p.m.

The Keifer Building at St. Paul’s
341 E. Jamestown Road, Greenville, PA 16125

Contact: Michelle O’Malley • 724-588-9613 ext. 1427
Long-term Care Insurance
Considerations & Benefits

This special presentation for Shenango Valley residents will be held at:

The Ridgewood at Shenango Valley

THURSDAY, MARCH 8 — 6:30 P.M.
The Ridgewood at Shenango Valley
One Elston Way, Hermitage, PA 16148
(near UPMC Horizon, Farrell)

Jeffrey Trimble is a licensed insurance agent with Bankers Life and Casualty. After twenty plus years in academia as a librarian he made a career move to work in the insurance industry. He is licensed in the states of PA and Ohio. He works with people of all ages, but specializes in retirement planning which not only includes life insurance but also extended care insurance, critical illness insurance, medical supplement insurance and annuities.

Carolyn Hartle is an attorney and the founding member of Hartle Elder Law Practice, LLC. in Hermitage. She graduated from Loyola University of Chicago with a bachelor’s degree in English and history and received her law degree from Temple University in 1997. Since then Carolyn has been practicing law in Mercer County, opening Hartle Elder Law Practice in 2012. Her practice concentrates on elder law, estate planning, Medicaid planning, estate and trust administration, and special needs planning.

What you can expect to learn

The importance of planning financially for later years.
Options for those who may not have started planning or have the income to plan.
Explanation of the “five-year look back.”
Open Q&A session will follow presentation.

Reservations required. Seating is limited.
RSVP to: jkather@sp1867.org or 724-589-4646.

The Ridgewood at Shenango Valley (Partners in Senior Care, Inc.) is a collaborative effort built on the strength of two area health care leaders — UPMC Horizon and St. Paul’s.
Talking about your financial and healthcare priorities as you get older is one of the most important conversations to have with your adult children. How do you start the conversation and what do you discuss? Find out at our FREE panel discussion.

THURSDAY, MARCH 22 - 6:30 P.M.
The Keifer Building at St. Paul’s

Tye J. Cressman is a partner at Cressman & Erde, LLC, in Meadville and Titusville, Pennsylvania. He is a certified elder law attorney (CELA) focusing on the areas of elder law, estate planning, Medicaid planning, and estate administration. He is the author of “10 Tough Conversations: Successfully Addressing Issues of Aging with our Parents.” He is a member of the Pennsylvania Bar Association, the Pennsylvania Association of Elder Law Attorneys, the National Association of Elder Law Attorneys, and the Crawford County Bar Association. Tye earned his undergraduate degree from Pennsylvania State University and his J.D. degree from The Dickinson School of Law.

John O’Malley is a Personal Financial Representative at Allstate with over 38 years of experience. As a resident of Greenville for the last 15 years, John has helped over 1,200 customers with financial solutions to build their future from education through retirement. John is a Certified Insurance Counselor and a Lifetime Member of the Million Dollar Round Table. He is active in the Greenville community, serving as President of the Greenville Rotary Club, the Head Girl’s Tennis Coach for Greenville High School, a member of the Greenville Heritage Days Committee and board member for Greenville Borough’s Horizon Hospital Authority.

Ask our experts about:

- Wills
- Financial Power of Attorney
- Healthcare Power of Attorney
- Living Wills
- Long Term Care Options
- Talking about Potential Inheritance
- How to Document Your Vital Information
- How to Talk about Your Finances with Your Children

Reservations required. Seating is limited.
RSVP to: gfay@sp1867.org or 724-589-4667.
Grief & Loss SUPPORT GROUP

A monthly gathering for residents, families and staff at St. Paul’s and members of the community who are seeking support as they cope with loss.

The group meets on the first Thursday of every month from 6:30 - 8 p.m. in The Villas Conference Room.

Contact group facilitator, Pastor Julia Fraser, at 724-588-7610 ext. 1145 for more information or with questions.

Resident’s who have passed January 16, 2018 – February 15, 2018.

01/17/18 Frieda Miller
01/27/18 Stella Gilson
01/27/18 Julia Graham
01/27/18 Doris Kloos
01/31/18 Zelva Tate
02/01/18 Gloria Blank
02/02/18 Frances Jamison
02/05/18 Mary Gustafson
02/10/18 Patricia Sabatino
02/12/18 Shirley Thompson
02/12/18 Donald Splichal

In Memorium

Jones Serenity Circle Welcomes Intern for Spring Semester

Evan Youker, pictured above (center) with Mary Hamilton (left) and Gloria Trepasso, both residents in JSC, will intern with Life Enrichment Specialist, Patti Arensberg this spring semester in the neighborhood.

Evan is a junior at Thiel College majoring in neuroscience. He is from West Lafayette, Ohio. Welcome Evan!

Raise the Roof Update

Construction of the porticos outside the entrances of The Heritage, The Ridgewood and The Villas will hopefully be starting soon, weather permitting. The drawings have been finalized, and the project is currently out to bid.

To date, $537,000 has been raised. The Raise the Roof campaign continues through the end of April. Gifts can be made online at www.stpauls1867.org or by mail to the Charitable Giving Office, 341 E. Jamestown Rd, Greenville, PA 16125.
Ash Wednesday services marking the beginning of Lent were held at The Keifer Chapel, The Ridgewood, The Villas, and The Heritage. As Ash Wednesday was observed this year on February 14 and, thus, on Valentine’s Day, the focus of the services at St. Paul’s was on love—God’s love for us and our love as humans for God and for one another. Those in attendance had opportunity to receive both the imposition of ashes and also Valentines featuring some of the great love verses in the Bible.

We were glad for the help of Donovan Curtis and Lyn Mossman who served as accompanists, Dr. Michael Bray who provided special music at all four services, and Deacon Frank Luciani from St Michael’s Roman Catholic Church in Greenville who joined in with Pastors Bill and Julia at the service in The Villas to make Ash Wednesday a truly ecumenical day of prayer and re-commitment to faith in Jesus Christ.

St. Paul’s Spiritual Council, which is comprised of Pastors Bill and Julia and representatives from The Heritage, The Villas, The Ridgewood, and The Colony, meets quarterly to oversee the ministries carried out through the Spiritual Services Department. At the Council’s last meeting on February 13, the group welcomed two new members into its company. Nancy Appleby will serve as the new representative from The Ridgewood and Mary Ellen Shaw will represent The Villas. We welcome them, thank them for their leadership, and look forward to working with them!

Others currently serving on St. Paul’s Spiritual Council include Pastor Glenn Sadler, Pastor Ray Brugler, Bert Heckman, George Erwin, and Shirley Brown. All of us give thanks for the long-time and exemplary service of B Lou Artman to the Spiritual Council across many years up until her death in January of this year.

Thanks to the Northwestern Pennsylvania Synod of the Evangelical Lutheran Church in America for grant monies in the amount of $625 in support of this year’s annual Women’s Retreat.

The theme of this year’s retreat was “The Church’s Work in Disaster Relief,” and the event featured guest speakers involved in disaster relief through the United Church of Christ. The NWPA Synod grant recognizes the ecumenical nature of disaster ministries and gratitude for those who serve together as partners in it.

A new round of training for those interested in serving as Lay Visitors at St. Paul’s is being scheduled during the month of March—and it’s not too late to be included! Pastor Glenn Sadler leads two weeks of training for prospective Lay Visitors prior to their embarking on monthly visits to The Villas, The Ridgewood and The Heritage for the purposes of conversation, Bible reading and prayer.

We have been glad for the service of many in the Lay Visitors program across its three years of operation at St. Paul’s, and the need for such one-on-one visitation is always great. For more information or to indicate your interest in taking part, please be in touch with Pastor Julia (x1145) or Pastor Bill (x1349) as soon as possible.
A Message from Pastor Bill

Here we are in the midst of the Lenten season.

Christians mark this 40-day period in various ways such as acts of penance that may include giving up something that has special significance to them. It may be a special treat like chocolate or desserts, or perhaps an activity like watching television, bingo or bowling.

For others it may involve special times of Scripture reading or using a Lenten devotional daily, times of prayer or worshiping God, or giving of alms.

Have you also considered the Lenten season as an opportunity to show love, care and ministry to others? You may not be involved in fulltime vocational ministry nor feel that you are an apostle, prophet, evangelist, pastor or teacher (Eph. 4), yet you may be influencing the lives of others daily in a positive spiritual way through your words and your actions.

A kind word, even a smile, to someone who is having a challenging day can make a big difference – and sometimes we aren’t aware of the way we impact others. Helping another find their way if they are lost in a building, offering a reassuring hand on a shoulder or a cup of cold water can bless another beyond what we might imagine.

As we seek to grow closer to our Lord – deepening our relationship with Him – during this Lenten time, are there also ways for us to enhance the lives of others?

—Pastor Bill Kirker

WORSHIP SCHEDULE AND SCRIPTURES FOR MARCH 2018

Regular Sunday Worship Services are:
9 a.m. – The Heritage, Anderson Fellowship Hall
10 a.m. – The Villas, Headland Friendship Commons
11 a.m. – The Ridgewood, Harmony Hall

March 4, 2018 — Third Sunday in Lent
Scriptures: Exodus 20:1-17 Psalm 19
1 Corinthians 1:18-25 John 2:13-22

March 11, 2018 — Fourth Sunday in Lent
Ephesians 2:1-10 John 3:14-21

March 18, 2018 — Fifth Sunday in Lent
Scriptures: Jeremiah 31:31-34 Psalm 51:1-12
Hebrews 5:5-10 John 12:20-33

March 25, 2018 — Palm/Passion Sunday
Scriptures: Isaiah 50:4-9a Psalm 31:9-16
Philippians 2:5-11 Mark 14:1-15:47

March 29, 2018 — Maundy Thursday Service
10 a.m. – The Ridgewood, Harmony Hall
2 p.m. – The Villas, Headland Friendship Commons
3:30 p.m. – The Heritage, Anderson Fellowship Hall
1 Corinthians 11:23-26 John 13:1-17, 31b-35

March 30, 2018 — Good Friday
9:30 a.m. – Jones Serenity Circle
10:30 a.m. – The Heritage, Anderson Fellowship Hall
2 p.m. – The Villas, Headland Friendship Commons
3:30 p.m. – The Ridgewood, Harmony Hall
Scriptures: Isaiah 52:13—53:12 Psalm 22
Hebrews 10:16-25 John 18:1—19:42

Pastor Bill Kirker will lead all three worship services.
Pastors Kirker & Fraser will co-lead all three worship services.
Holy Communion will be served at all services and offered in the neighborhoods for those who are unable to attend the service.
Storage Units Available
at Rust Colony Square

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

Unit sizes and new rates for 2018 are:
- 5' x 10' – $40/month
- 10' x 10' – $52/month
- 15' x 20' – $115/month (includes walk-in door + electric)

Contact Rita Clemente at 724-589-6909 with questions or if you wish to rent a storage unit.

IMPORTANT:
Securing Resident Valuables

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

WHEELCHAIRS AND YOUR CAR

Transportation can be challenging when the person you care for uses a wheelchair.

There are two ways to ease the situation:

A transport wheelchair

If your loved one does not need a wheelchair all the time, consider a special “transport wheelchair.” Transport chairs are easy to lift, fold, and store. They are ideal for running errands and going to the doctor.

Transport chairs are not comfortable for long-term sitting. If your relative needs to sit in a chair for hours at a time, buy a padded accessory seat you can carry with you separately.

A transport chair also requires you to do the pushing. The wheels are much smaller than a standard chair, making it difficult for your relative to propel him- or herself.

Your car

• Ideally, when buying a wheelchair, check how easily you can take it in or out of your car. And vice versa, when buying a car, include the wheelchair for the test drive:
  • Does the wheelchair fold and fit easily into the foot space of the back seat?
  • If you must put it in the trunk, can you lift it in without hurting your back?
  • Does the car door open in such a way that you can park the wheelchair very close, within the arc of door?
  • Getting in and out, does the car have stable surfaces—the doorframe, back of the seat, handle at the ceiling, or the dashboard—your loved one can easily reach and use for support? If the person you care for is not with you, try getting in and out yourself, compensating for their size and limited strength or flexibility.
Reserving Social Areas in The Villas

Following is the process for reserving The Villas Private Dining Room, Headland Friendship Commons, The Villas Conference Room and The O.D. Anderson Picnic Pavilion:

• There is no charge for residents/family members to reserve and use The Villas areas and picnic pavilion at St. Paul's. Reservations are on a first-come, first-served basis.
• There is no charge for staff members to reserve and use The Villas areas. There is a $50 security deposit for use of the picnic pavilion. This deposit will be returned as long as the area is left in good condition.
• Other individuals (community members) – there is a $75 fee for use of The O.D. Anderson Picnic Pavilion at St. Paul's.
• Donations for the use of social spaces are always welcomed.

Please contact Rhonda Pipp at 724-588-7610 ext. 1173 with questions or to make a reservation.

Guest Apartment Accommodations Available at The Heritage

St. Paul's is pleased to offer a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul's. The apartment features two rooms—a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are $89 per night and are payable by cash or check only. Please make checks payable to: St. Paul's. Payment is due upon arrival.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are $89 per night and are payable by cash or check only. Please make checks payable to: St. Paul's. Payment is due upon arrival.

Guests visiting and staying overnight in our guest apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.
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<td>2 p.m. Who Killed Doc Robbin?</td>
<td>10 a.m. College Road Trip</td>
<td>10 a.m. Haunted Mansion</td>
<td>10 a.m. Mamma Mia</td>
<td>10 a.m. Rio Grande</td>
<td>2 p.m. The Missing</td>
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<td>2 p.m. Thirty Years of National Geographic</td>
<td>10 a.m. Western Legend</td>
<td>10 a.m. Alfred Hitchcock Legend Begins</td>
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<td>10 a.m. March of the Penguins</td>
<td>10 a.m. Soccer Dog</td>
<td>10 a.m. Bewitched</td>
<td>10 a.m. The Major and the Minor</td>
<td>10 a.m. The Duke</td>
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<td>10 a.m. Classic Westerns</td>
<td>10 a.m. Easter Parade</td>
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March 2018 Calendar of Events

Thursday, March 1 – Colony Dinner at The Cornerstone
Friday, March 2 – Arthritis Aquatic Class
Tuesday, March 6 – Colony Dinner at The Cornerstone
Wednesday, March 7 – Colony Birthday Celebration
Thursday, March 8 – Movie Night
Friday, March 9 – Colony Lunch at The Cornerstone
Sunday, March 11 – Maple Syrup Tour
Tuesday, March 13 – Colony Open Forum
Wednesday, March 14 – Worship Service
Thursday, March 15 – Colony Dinner at The Cornerstone
Friday, March 16 – Arthritis Aquatic Class
Sunday, March 18 – Colony Brunch at The Cornerstone
Tuesday, March 20 – Colony Dinner at The Cornerstone
Saturday, March 24 – Greenville Community Expo
Tuesday, March 27 – Movie Night
Wednesday, March 28 – Adult Easter Egg Hunt
Thursday, March 29 – Colony Dinner at The Cornerstone
Friday, March 30 – DIY Easter Treat

March
4 - Carolyn Guerrini
6 - Steve Hosmer
7 - Tom Hoffacker
8 - Ruth Cooper
9 - Marge Heppner
11 - Jean Simmons
15 - Janet Cooper
17 - Pat Stearns
21 - Peg Lehto
22 - Louise Lauer
26 - Leo Powelstock
28 - Ted Marantis
31 - Darlene Artman
31 - Gerry McElree

April
5 - Ruby Smith
8 - Carla Brown
10 - Janice Easler
16 - Donald Beck
18 - Jeanne Graham
19 - Dee Henley
21 - Chuck Miklosovic
22 - Faye Tate
23 - Dave Lehto
25 - Marilyn Macdonald
27 - Joann Boller
30 - Ann Fowler

— NEWS and NOTES —

March Birthday Celebration — 2 - 3 p.m. Wednesday, March 7 in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Worship Service — Wednesday, March 14 at 9 a.m. in The Keifer Chapel. Fellowship time in The Keifer Social Room follows the service.

Book Club — Wednesday, March 21 at 1 p.m. in The Keifer Library. This month’s book is Mercies in Disguise by Gina Kolata. All are welcome to attend. See Mary Ellen Bayuk for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, March 28 in the Keifer Building. Provided each month by VNA Alliance.

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Some of the residents at The Colony brought their faithful friends to The Ridgewood on Tuesday, Feb. 13 for a “Pet Parade.”

Feather Hosmer (right) says, “Hello” to her new friend, Abby Pinney.

Maumpii Wolff looks stunning in her fur coat, pearls and cowgirl hat!

Lucy Hoffacker rests her head on a friend's knee.

Margurite Werner gives Ricky McElree a nice scratch behind his ear.

Wesley McGranahan enjoys visiting the residents in their rooms.
March Highlights

Tues., March 1, 1:30 a.m. – Dining Room Seating Change
Sat., March 3, 2:45 p.m. – Nicholas Lakatos Music & Singing
Wed., March 7, 1 p.m. – German Ladies Club Meeting
Sat., March 3 – Dr. Suess’s 118th Birthday
~ WEAR YOUR CRAZY SOCKS TODAY ~
Fri., March 2, 2 p.m. – Humble Ministries Music & Singing
Thurs., March 8, 1:30 p.m. – Christian Assembly w/ Pastor Joel Diangi at the Piano
Sat., March 10 – Turn your clocks ahead one hour tonight
Sun., March 11 – Daylight Savings Time begins
Thurs., March 15, 6:30 p.m. – Sound Witness Music & Singing
Sat., March 17 – ST. PATRICK’S DAY
Friday, March 16, 6-7:30 p.m. – “Sip & Paint” with Thiel College Fine Arts students
Tues., March 20 – First Day of Spring
Tues., March 20, 11:30 a.m. – Birthday Luncheon
Wed., March 21, 6:30 p.m. – Jerry Stegkamper & Friends Music & Singing
Sunday, March 25 – Palm Sunday
Wed., March 28, 2:45 p.m. – Resident Council Meeting
Thurs., March 29 – Maundy Thursday
Friday, March 30 – Good Friday
Friday, March 30, 6:30 p.m. – “Z” Praise Entertainment

Regular Events & Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall
Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO
Wednesdays, 1 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall
Personal Shopper Days - 2nd & 4th Wednesday each month
Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall
Fridays, 2 p.m. – Balancing & Strengthening with Ron
• Monthly Manicures for residents
• 500, Canasta and Bridge Card games are available – contact Michele Miranda if you’d like to join in on these games.
• Check out the daily puzzle working in the floor lounges.
• Weekly current event discussions on local and national news.
• Monthly afternoon movie matinees, guided tour videos around the world, word and brain games and more.
• The Heritage’s Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes! The group also makes seasonal crafts and gifts.

March Birthdays

3 - Mary Jane Anderson
19 - Thomas Gibbons
19 - Lawrence Wilson Jr
20 - Eleanor Jewell
20 - Norman Kashner
24 - Eileen Zimmerman

~ Jones Serenity Circle ~

Weekly Events:

Mondays, 9 a.m. – “Music & Manicures”
JSC residents select a style of music to listen to while enjoying a manicure in the sitting room.
Tuesday mornings – Aviary Care & “About the Birds”
Patti shares fun facts about the different species of birds in our aviary.
Tuesdays, 10:30 a.m. – Rosary in the activity room
Tuesday afternoons – BINGO
Second Tuesday of each Month, 12:30 p.m. – Bible Study with Devotions with Pastor Julia
Thursdays, 2 p.m. – Music and Motion with Ron (from The Anderson Fitness Center at The Villas) in activity room
Fridays, 10 a.m. – Worship Service with Pastor Bill
Weekly Chair Yoga & Movement for Memory Care including Tai Chi made easy seated exercise programs with Patti.

March Special Events and Entertainment:

Fri., March 2, 12:45 p.m. – Gina’s Creative Corner
Mon., March 5, 5:30 p.m. – Music with Bonnie Campbell
Thurs., March 8, 10 a.m. – “All That Jazz” with Lyn Mossman
Sat., March 10, 10 a.m. – Marimba Music with Nick Lakatos
Mon., March 12, 1 p.m. – Piano Music with Tony
Tues., March 13, 12:30 p.m. – Bible Study with Devotions with Pastor Julia
Fri., March 16 – Birthday Breakfast celebrating all JSC residents whose birthdays are in March
Fri., March 16, 2 p.m. – St. Patrick’s Holiday Harp music with Alissa
Mon., March 19, 5:30 p.m. – Music with Bonnie Campbell
Thurs., March 22, 10 a.m. – Sing-A-Long with Lyn Mossman on Piano
Sat., March 24, 10 a.m. – Marimba Music with Nick Lakatos
Mon., March 26, 1 p.m. – Hymn Sing with Doris
Wed., March 28, 12:45 p.m. – Music with Humble Ministries
Thurs., March 29, 3:30 p.m. – Maundy Thursday Service in The Heritage Anderson Fellowship Hall
Fri., March 30, 9:30 a.m. – Good Friday Worship Service with Pastor Bill
Fri., March 30, 1 p.m. – Entertainment with Z Praise
Employee of the Month
Katie Hrdlicka

Katie is a Universal Worker at The Ridgewood. She was born on May 16, 1984 to Dan and Sue Talarcek. Katie is the oldest of four children, she has two brothers, Steven and Doug and a sister, Laura.

She graduated from Hudson High School in Ohio. After graduation, she went to Kent State and earned a degree as a medical assistant.

Katie married Jeff Hrdlicka on March 29, 2008. They settled down together in Jamestown, Pa. They have one child, a boy named Adam.

She loves to run, ride boats, and travel. Her favorite show is “One Tree Hill” and her favorite movie is “The Burbs.” Her favorite food is anything that is Italian, and she loves gummies. Her favorite drink is Arnold Palmer Tea. She loves the color blue, and her favorite season is summer.

Among her best memories are her wedding day and when she had her son. She has traveled to many places, including: Disney World, New York City, Las Vegas, Niagara Falls, Arizona, South and North Carolina, the Smokey Mountains, many beaches and islands, and the Poconos. She loves traveling with her family, as it provides time that they can spend together, adventuring. They have great fun on these trips, exploring the world as a family!

Welcome to Our Table!
Guests are always welcome for meals. Please give 24 hours notice to accommodate seating and food preparations. When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal. This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 2
11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream cart down the halls
6:30 p.m. – Movie Night, Harmony Hall

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
2:30 p.m. – Triominoes, Harmony Hall
6:30 p.m. – 500 Card Club, Harmony Hall

Tuesdays: 10 a.m. – Looming, 300 Hall Lounge
2 p.m. – Balance & Strengthening with Ron, Harmony Hall
2:30 p.m. – Scrabble, Harmony Hall
6:30 p.m. – Games, Harmony Hall

Wednesdays: 9 a.m. – Communion for Catholics in your room
9:30 a.m. – Adult Coloring, Harmony Hall
10:30 a.m. – Exercise Class, Harmony Hall
1:15 p.m. – Errand Day
6:30 p.m. – Triominoes, Harmony Hall

Thursdays: 9 a.m. – Sewing & Looming, 400 Hall Lounge
10 a.m. – Bible Study, Harmony Hall
1:30 p.m. – Wal-Mart/Giant Eagle shopping
6:30 p.m. – Movie Night, Harmony Hall

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall
6:30 p.m. – Dominoes, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – BINGO, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
7 p.m. – Lawrence Welk Show on Ch. 2
~ Easter Breakfast Buffet ~

Sunday, April 1
Headland Friendship Commons
7:30 - 9 a.m.

Cost is $10.00 a person

Please see The Villas receptionist for reservations and guest meal tickets.

For details, call 724-588-7610.

~ March Birthdays ~

1 - Carl Dillen
4 - Margaret Henning
6 - Stephen Fedorchak
6 - Florine Kiefer
11 - Richard Hayes
13 - Maxine Clark
16 - Allene King
18 - Paul Whippo
20 - Dennis Kreutz
20 - Janice Yesko
23 - Dorothy Russell
23 - Evelyn Svarny
26 - Leo Powelstock
28 - Gloria Bardella
28 - Elma Robinson
30 - Alma Byler
31 - Stephen Bayuk

~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend these meetings.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administratator at The Villas, 724-588-7610 with questions or concerns.

~ Sip & Paint ~

Friday, March 16
in the Anderson Fellowship Hall at The Heritage
6:15 - 7:30 p.m.

Drinks and Refreshments Provided

St. Paul’s and Thiel College
Joining Generations
## Noon Meals at The Villas

### March 2018

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<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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<td></td>
<td>Honey mustard pork loin, herbed parsnips, escalloped corn, cinnamon maple apple cake</td>
<td>Baked ziti, tossed salad, peaches</td>
<td>Lemon baked fish, onion roasted potatoes, green beans, mini cream puff</td>
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<td>Salisbury steak, cheesy mashed potatoes, sunshine carrots, chocolate cream pie</td>
<td>Chicken w/spaghetti sauce &amp; vegetables Italian blend mixed vegetables, emerald pears</td>
<td>Sweet potato crusted pollock, brown rice, broccoli and cheese, oatmeal raisin cookie bars</td>
<td>Tropical pork, baked potato, zucchini &amp; summer squash, apple orchard bars</td>
<td>Baked chicken w/mustard &amp; Parmesan cheese, whipped sweet potatoes, green beans w/basil, red grapes</td>
<td>Baked fish w/warm tarter sauce, rosemary roasted potatoes, corn, cherry crisp</td>
<td>Lemon pepper turkey, rice pilaf, peas &amp; pearl onions, banana split dessert</td>
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<td>Baked glazed ham, escalloped potatoes, asparagus, lemon cream pie</td>
<td>Veal Parmesan, spaghetti, tossed salad, Mandarin oranges</td>
<td>Apple-raisan stuffed chicken, mashed potatoes, green beans w/tarragon butter, apricot crisp</td>
<td>Beef pot roast, baked potato, dilled carrots, peaches</td>
<td>Braised turkey w/egg noodles, green peas, raspberry parfait pie</td>
<td>Vegetable baked fish, pierogies broccoli, mixed melon salad</td>
<td>Meatloaf, garlic mashed potatoes, spinach, fruited gelatin</td>
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<td>Chicken a la king, Lima beans, apple pie</td>
<td>Tilapia almondine, lemon rice w/peas, escalloped tomatoes, butterscotch cream cheese bars</td>
<td>Roast beef, cheesy mashed potatoes, Brussels sprouts, sour cream orange cake</td>
<td>Parmesan pork w/marinara sauce, potatoes w/cream sauce, dilled carrots, pineapple and oranges</td>
<td>Turkey butternut squash casserole, tossed salad, raspberry whip</td>
<td>Lemon herb glazed pollock, paprika roasted potatoes, broccoli &amp; cauliflower, turtle squares</td>
<td>Stuffed chicken, mashed potatoes, green beans &amp; mushrooms, mixed melon salad</td>
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<tr>
<td>Braised beef tips, egg noodles, spinach, heavenly hash pie</td>
<td>Breaded pork chop, whipped sweet potatoes, broccoli and cheese, cinnamon apple tart</td>
<td>Veal w/mushrooms &amp; lemon sauce, Parmesan noodles, asparagus, pineapple upside down cake</td>
<td>Spaghetti and meatballs with sauce, Italian green beans, applesauce cake</td>
<td>Fried chicken, duchess potatoes, zucchini &amp; summer squash, diced pears</td>
<td>Vegetable lasagna, whole baby carrots, pudding tart</td>
<td>Beef teriyaki, white rice, Oriental blend vegetables, Mandarin oranges</td>
</tr>
</tbody>
</table>
THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 126-851 or 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

Thurs., March 1 – Musician Glenn Miller’s Birthday (1904)
10 a.m. & 2 p.m. Movies on Ch. 126-851
10:30 a.m. Rosary
1:30 p.m. 500 Bid – Gardens D.R.
2 p.m. Bible Study
7 p.m. Amish Singers

Friday, March 2 – DR. SEUSS DAY
~ Casual Friday ~ Wear “YOU”!
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. Austi (Polka, Oldies, Variety)
7 p.m. Friday Night Movie Ch. 126-851

Saturday, March 3 – The First Issue of “Time” Magazine published (1903)
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, March 4 – U.S. President Franklin Roosevelt gave his inauguration speech in which he said “We have nothing to fear, but fear itself.” (1933)
10 a.m. Church Service
2 p.m. Movie on Ch. 126-851

Monday, March 5 – “Annie Oakley” (Phoebe Ann Moses) broke all existing records for women’s trap shooting. She hit 98 out of 100 targets. (1922)
10 a.m. & 2 p.m. Movies on Ch. 126-851
1:30 p.m. Bingo Bucks
7 p.m. Mercer County Boys (Bluegrass, Country, Gospel)

Tuesday, March 6 – The United States announced that it would send 3,500 troops to Vietnam. (1960)
Lou Costello’s Birthday (1906)
10 a.m. & 2 p.m. Movies on Ch. 126-851
1:30 p.m. 500 Bid – Gardens D.R.
7 p.m. BINGO

Wednesday, March 7 – Charles Miller received a patent for the sewing machine. (1854)
10 a.m. Mass
2 p.m. Movie Ch. 126-851
6:30 p.m. Mid-Week Service

Thursday, March 8 – Johann Kepler discovered the third Law of Planetary Motion. (1618)
10 a.m. & 2 p.m. Movies on Ch. 126-851
10:30 a.m. Rosary
1:30 p.m. Gardens D.R. 500 Bid
2 p.m. Bible Study
7 p.m. Z Praise (Gospel, Christian, Oldies, Variety)

Friday, March 9 – MARCH TOWARD SPRING DAY
~ Casual Friday ~ Aquamarine Blue/Green hues
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. Bonnie Campbell (Country, Gospel, Polka, Variety)
7 p.m. Friday Night Movie Ch. 126-851

Saturday, March 10 – Ulysses S. Grant became commander of the Union armies in the U.S. Civil War. (1864)
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, March 11 – Lawrence Welk’s Birthday (1903)
10 a.m. Church Service
2 p.m. Movie on Ch. 126-851

Monday, March 12 – Novelist Jack Kerouac’s (1922) (On the Road, The Dharma Bums) and Singer, songwriter James Taylor’s (1984) Birthdays
7 p.m. Fred Barringer (Oldies, Western, Folk)

Tuesday, March 13 – Donald Duck Day
Annual Retreat
Coffee Cart & News Bits
1:30 p.m. 500 Bid – Gardens D.R.
7 p.m. BINGO

Wednesday, March 14 – Albert Einstein’s Birthday (1879)
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. Humble Music Ministry
6:30 p.m. Mid-Week Service

Thursday, March 15 – Ides of March
10 a.m. & 2 p.m. Movies on Ch. 126-851
10:30 a.m. Rosary with Communion
1:30 p.m. Gardens D.R. 500 Bid
2 p.m. Bible Study
6:45 p.m. Kinsman Amish Youth Group
Friday, March 16 – St. Patrick’s Green & Jeans Day
10 a.m. Gina’s Creative Corner
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. St. Patrick’s Party
6:15 p.m. Joining Generations Sip and Paint (held in Anderson Fellowship Hall)
7 p.m. Friday Night Movie on Ch. 126-851

Saturday, March 17 – St. Patrick’s Day
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, March 18 – The first railroad tunnel in the U.S. was completed in Pennsylvania. (1834) The soap opera “Light of the World” was first heard on NBC radio. (1940)
10 a.m. Church Service
2 p.m. Movie on Ch. 126-851

Monday, March 19 – Chocolate Caramel Day
10 a.m. & 2 p.m. Movies on Ch. 126-851
7 p.m. Wheel of Fortune on big screen

Tuesday, March 20 – Fred Rogers’ Birthday (1928)
First Day of Spring
10 a.m. Marbles the Cat
10 a.m. & 2 p.m. Movies on Ch. 126-851
1:30 p.m. 500 Bid – Gardens D.R.
7 p.m. BINGO

Wednesday, March 21 – Reminiscing Day
St. Mike’s students visit
10 a.m. & 2 p.m. Movies on Ch. 126-851
6:30 p.m. Mid-Week Service

Thursday, March 22 – Tuskegee Airmen Day
10 a.m. & 2 p.m. Movie Ch. 126-851
10 a.m. Rosary
1:30 p.m. 500 Bid – Gardens D.R.
2 p.m. Bible Study
7 p.m. Dr. Diamond (Rat Pack Style)

Friday, March 23 – Freshen-up Friday
~ Casual Friday ~ Spring Colors
10 a.m. & 2 p.m. Movies on Ch. 126-851
10 a.m. – 11 a.m. Manicures
1:30 p.m. – 3 p.m. Manicures
7 p.m. Friday Night Movie

Saturday, March 24 – Tennessee Williams’ play “Cat on a Hot Tin Roof” debuted on Broadway (1955)
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, March 25 – PALM SUNDAY
Aretha Franklin’s Birthday (1942)
10 a.m. Church Service
2 p.m. Movie on Ch. 126-851

Monday, March 26 – Live Long and Prosper Day
10 a.m. Hymn Sing with Greg Van Valien
10 a.m. & 2 p.m. Movies on Ch. 126-851
7 p.m. Z Praise (Gospel, Christian, Oldies, Variety)

Tuesday, March 27 – The first cherry blossom trees were planted in Washington, DC. The trees were a gift from Japan. (1912)
10 a.m. & 2 p.m. Movies on Ch. 126-851
Noon Monthly Birthday Lunch
1:30 p.m. 500 Bid – Gardens D.R.
7 p.m. BINGO

Wednesday, March 28 – Reba McEntire’s Birthday (1955)
~ Country Western Tee/Shirt & Jeans ~
10 a.m. & 2 p.m. Movies on Ch. 126-851
11:30 a.m. Men’s Luncheon: Country Western Classics!
6:30 p.m. Mid-Week Service

Thursday, March 29 – Maundy Thursday
10 a.m. Movie on Ch. 126-851
10:30 a.m. Rosary
1:30 p.m. 500 Bid – Gardens D.R.
2 p.m. Maundy Thursday Service

Friday, March 30 – Good Friday
10 a.m. Movie on Ch. 126-851
2 p.m. Good Friday Service

Saturday, March 31 – Spanish explorer Juan Ponce de Leon sighted Florida. The next day he went ashore. (1513)
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, April 1 – Easter
7:30 a.m. – 9 a.m. Easter Breakfast in the HFC
10 a.m. Easter Sunday Church Service
MARCH 2—DR. SEUSS DAY Theodor Seuss Geisel, a cartoonist, poet, animator and book publisher, was born on March 2, 1904 in Massachusetts. A couple of quotes to ponder from this renowned personality: “Unless someone like you cares a whole awful lot, nothing is going to get better. It’s not.” (The Lorax) “Today you are You, that is truer than true. There is no one alive who is Youer than You.” So wear YOU this casual Friday! At 2 p.m., join us in the HFC for Ron Austilosh, a.k.a AUSTI!

FRIDAY, MARCH 9—MARCH TOWARD SPRING DAY The birthstone of March is Aquamarine, which according to folklore, was believed to be the treasure of mermaids. The gem was used by sailors for good luck and courage. Wear blue/green hues this day along with jeans. March over to the HFC at 2 p.m. with a spring in your step! Enjoy this fun Friday afternoon with Bonnie Campbell!

FRIDAY, MARCH 16—CELEBRATE UPCOMING ST. PATRICK’S DAY and wear green and jeans on this Hibernian Friday! Gina Toth will be leading a craft class in the HFC at 10 a.m. At 2 p.m., join us for a pint and an Emerald Isle sing-a-long! At 6:15 p.m. in the Anderson Fellowship Hall, Joining Generations (a collaborative organization between Thiel College and St. Paul’s) will host a Sip and Paint! Open to campus. Seats are limited, sign up with your Life Enrichment Specialist.

FRIDAY, MARCH 23—FRESHEN UP FRIDAY Spring has sprung! We will have resident manicures available from 10 to 11 a.m. and 1:30 to 3 p.m. in the Headland Friendship Commons. Our polish selection will be blooming with an array of spring colors and the classics. Wear your favorite fresh color this casual Friday along with jeans! “It was one of those March days when the sun shines hot and the wind blows cold: when it is summer in the light and winter in the shade.” Charles Dickens, Great Expectations.

WEDNESDAY, MARCH 28—MEN’S LUNCHEON: COUNTRY WESTERN CLASSICS! Join us for BBQ chicken, biscuits, beans and apple pie and some of your favorite C & W classics!

MARCH 29—MAUNDY THURSDAY The Villas service will be held at 2 p.m. in the Headland Friendship Commons.

FRIDAY, MARCH 30—GOOD FRIDAY In reverence of this spiritual day, wear darker or subdued tones. Good Friday Service will be held at 2 p.m. in the Headland Friendship Commons for The Villas.

Regularly Scheduled Activities:
BINGO – Tuesdays at 7 p.m. and Saturdays at 2 p.m.
Mid-Week Service Wednesdays at 6:30 p.m.

Special Activities in March:

March 1 – Amish Singers, 7 p.m.
March 5 – Bingo Bucks at 1 p.m.
Mercer County Boys, 7 p.m.
March 8 – Z Praise, 7 p.m.
March 12 – Fred Barringer, 7 p.m.
March 14 – Humble Music Ministry, 2 p.m.
March 15 – Kinsman Amish Youth Group, 6:45 p.m.
March 19 – Wheel of Fortune on Big Screen, 7 p.m.
March 20 – Marbles the Cat visits, 10 a.m.
March 21 – St. Mike’s students visit, 10:30 am
March 22 – Diamond Lester, 7 p.m.
March 26 – Greg Van Valien Hymn Sing, 10 a.m.
Z Praise, 7 p.m.
March 27 – March Birthday Luncheon, Noon
Caring Hearts recognizes staff members who go above and beyond to help or support a resident or fellow staff member. Names may be submitted to the building receptionist by anyone who is witness to this extra effort or act of kindness.

Caring Hearts – January 2018

List features staff from The Heritage, The Keifer Building, The Ridgewood, The Villas and Without Walls.

<table>
<thead>
<tr>
<th>Ron Ashbaugh</th>
<th>Shannon Geiger</th>
<th>Julia Morian</th>
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<tbody>
<tr>
<td>Laura Baker</td>
<td>Jordan Gill</td>
<td>Lynn Moyer</td>
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<td>Laurie Baker</td>
<td>Lexi Goodlin</td>
<td>Dana Mullen</td>
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<td>Mary Barr</td>
<td>Lindsay Griffiths</td>
<td>Missy Nitch</td>
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<td>Audrey Bates</td>
<td>Tom Hall</td>
<td>Shanna Parker</td>
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<td>Kathy Beckstein</td>
<td>Kris Harrett</td>
<td>Deven Piccolin</td>
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<td>Deb Benedetto</td>
<td>Casey Hause</td>
<td>Steve Pugliese</td>
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<td>Judy Bowser</td>
<td>Krystal Hebert</td>
<td>Katie Ramp</td>
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<td>Gabbie Boyd</td>
<td>Teresa Heckman</td>
<td>Marlene Randolph</td>
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<td>Shianne Brantner</td>
<td>Sarah Heverly</td>
<td>Steve Richardson</td>
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<td>Haylee Britton</td>
<td>Barb Holiga</td>
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<td>Denise Brown</td>
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<td>Tabitha Roberts</td>
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<td>Maria Russo</td>
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<td>Jenny Lambert</td>
<td>Amber Scarmack</td>
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<td>Ashley Coxon</td>
<td>Cheryl Lamp</td>
<td>Gina Sorg</td>
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<td>Destiny Coxon</td>
<td>Hunter Lininger</td>
<td>Ashley Stefanko</td>
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<td>Cheryl Crawford</td>
<td>Brittany Little</td>
<td>Deb Stephens</td>
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<tr>
<td>Alexis Darlington</td>
<td>Hope Long</td>
<td>Cindy Stoyer</td>
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<td>Sean Davis</td>
<td>Karen Mackall</td>
<td>Jennie Straub</td>
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<td>Kara Doddo</td>
<td>Meagan Makatura</td>
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<td>Mimi Dreher</td>
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<td>Sue McConnell</td>
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<td>Dianna Mills</td>
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<td>Rose Farley</td>
<td>Bailey Mills</td>
<td>Ashley Weldon</td>
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<tr>
<td>Katie Forcier</td>
<td>Michele Miranda</td>
<td>Calista White</td>
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<tr>
<td>Shaun Garrett</td>
<td>Diana Morian</td>
<td>Elisa Wotherspoon</td>
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Life Enrichment—Thank you for making the holidays so wonderful for our residents. I really appreciate it and so do our residents and their families.

— Sheila

Special Thanks...

Gina Sorg, Katie Forcier and all who helped organize the staff Christmas party it was so nice how we all got gifts. Thank you to whoever that generous person was that did that for all of us!

— Happy Holidays to all my Co-Workers, Maria Russo

Thank you to all dayturn Orchards A and Dietary Staff that went above and beyond to help out Orchards B at breakfast. It’s nice having a great team work. It doesn’t go unnoticed!

— Orchards B Dayturn LPN & CNA’s

Thank you for the “Free Meal ticket” on 1/13/18! What a nice surprise and we appreciated it!
ST. PAUL'S SENIOR LIVING COMMUNITY

NOW OFFERING beginning January 1, 2018

Medical Supplies & Equipment

Significant Savings + Delivered Directly to your Door
(Compared to local retailers) (Free delivery within 10 miles)

Underpad TENA®
28” X 36” Disposable Fluff
Heavy Absorbency
• Larger sized
• High absorbency
• Case of 100
• Pack of qty. 10

Costs:
$45/case
$6/pack

Bath Wipe TENA® Classic Soft Pack
Aloe/Vitamin E/Chamomile Scented
• 48 Count

Costs:
$18.99 per case

Adult Absorbent Underwear
TENA® Plus Pull On Disposable
Heavy Absorbency
• Effective leakage protection
• Soft, cloth-like material feels as comfortable as underwear

* Small: $46/case (64 qty.)
* Med.: $49/case (72 qty.)
* Large/XL: $49/case (72 qty.)
* XX Large: $49/case (64 qty.)

Costs:
$46*/case
$49*/case

Exam Glove McKesson
NonSterile Clear Powder
Free Vinyl Ambidextrous
Smooth
• 150 per box
• Sizes: Sm., Med., L, & XL

Costs:
$10 per box

Other available supplies:
Assure® Glucometer test strips
• $13.99 (box of 50)
Assure® Glucometer
• $7.99
Safety Lancets
• $28.99 (box of 200)
Kerlix gauze 3" x 4.1 yrds
• $14.00 (bag of 8 rolls)
Sterile 4 x 4 Gauze Pads
• $9.99 (box of 100)
Sterile 2 x 2 Gauze Pads
• $7.99 (box of 100)
Comfort Bath® Shampoo Cap
• $6.99 each

Special requests are welcome and will be priced individually.

Minimum order of $25.
Orders placed outside 10 mile radius will be charged standard shipping. ($4.99)

TO ORDER, contact
ST. PAUL'S
WITHOUT WALLS
724-589-4740

Oral Supplements Ensure® or Boost®
• 8 oz. Cans, ready to use
• Vanilla or Strawberry
• 24 cans/case

Costs:
$18.99 per case

• 8 oz. Cartons, ready to use
• Chocolate, Vanilla or Strawberry
• 27 cartons/case

Costs:
$9.99 per pack

$18.99 per case

$9.99 per pack

$49**/case

($Compared to local retailers)
Another unique collaboration with Thiel College students and residents at St. Paul’s is in full swing this semester as communication sciences & disorders (CSD) majors sign on to volunteer as meal assistants at The Villas.

St. Paul’s welcomed eight Thiel College students in early February to complete the training course required by all who wish to assist our residents at meal-time. The course instructor is Teresa Heckman, Staff Education Coordinator. Heckman also teaches policies and procedures to incoming staff and volunteers and coordinates the campus Annual Retreat that occurs monthly and is mandatory for staff at all levels.

The training for these eight CSD majors was slightly different than normal, though, as they are all currently enrolled in Dr. Nancy Antonino’s class “Communication Disorders in Older Adults.” Dr. Antonino’s classroom lectures and discussions not only cover what Heckman’s training sessions do, but go above and beyond with instruction and discussion of dysphasia—the medical term used to describe difficulty swallowing.

Antonino received permission to use class time to cover volunteer requirements and meet at St. Paul’s to witness a lunch service and become familiar with St. Paul’s meal-time procedures. “There are many different scenarios,” Heckman said, “some of our residents need total assistance and others just need a little help or reminders.”

The students are learning the clinical aspects of meal assistance and also gaining understanding that every resident situation is unique. Students tasted nectar and pureed food and drink to experience the texture and tastes that some residents have on a daily basis.

They reviewed the diet cards at each resident seat that list allergies, adaptive equipment (plate guards, curved utensils or particular cups, etc.) or supplements needed; and the highly recognizable orange cards that indicate a swallowing precaution and that particular resident can only be assisted by nursing staff.

The students will use their volunteer hours to satisfy the “Citizenship Requirement” for their major. Graduates with a degree in CSD can pursue careers as speech and language pathologists, audiologists, teachers or clinical assistants. Antonino reminded her students that “no matter where you work, you should always establish a close relationship to the dieticians so that you know and are familiar with specifics for each resident or patient.”

Later in the spring semester, the class will visit with our residents at The Ridgewood for a “Maintain Your Brain” activity. “The students plan the activity and learn how to present ideas to an aging population,” said Antonino.
The Snowflake Ball
ANNUAL EVENT AT THE VILLAS
Residents at The Heritage show off their newly crafted Valentine Door hangers.

Residents at The Ridgewood enjoyed a festive party with sweet treats in Harmony Hall following Ash Wednesday Service.

Residents at The Villas and staff enjoyed planning the fundraiser and supporting it!

Two residents at The Villas were surprised by a serenade from a local Barbershop Quartet!

The annual Loving Hearts Depot was held at The Villas and staff enjoyed planning the fundraiser and supporting it!

Residents at Jones Serenity Circle had fun becoming part of a collage of teddy bears during a “Bear with Me” photo shoot!
Happy St. Patrick’s Day from your St. Paul’s Family!

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
the rains fall soft upon your fields
and until we meet again,
may God hold you in the palm of His hand.

— Traditional Gaelic Blessing —