St. Paul’s residents and team members all across campus have been fortunate to receive two full rounds of COVID vaccines throughout the months of January and February. Our vaccination clinics wrap up in mid-March. As of Feb. 20, 94% of residents have been vaccinated and 62% of team members have received vaccines.

Volunteers also were offered an opportunity to get vaccines as we look forward to their return to support services provided to residents including visits with families, transports to and from the salons and the fitness center, neighborhood activities, and much more.

Congratulations to all who chose Helping to Overcome the Pandemic for Everyone (H.O.P.E.) as we are able to take small steps toward getting “back to normal!”
What You Should Know
ABOUT IRAS IN 2021

THE RMD IS BACK
Last year, the CARES Act waived the required minimum distribution (RMD) that you must take out of your IRA if you are 72 or older. Now this requirement is back. You will have until December 31 to withdraw your RMD for 2021. The IRS assesses a stiff penalty if you miss taking out your RMD - 50% of the value! That means if your RMD was $10,000, your penalty for not withdrawing it would be $5,000. Ouch!

USE YOUR IRA TO GIVE & SAVE
If you are at least 70 1/2, you can make charitable gifts directly from your IRA to St. Paul’s for up to $100,000. It’s a great way to give without affecting your checking account balance. When you donate from your IRA, you are giving away assets that haven’t yet been taxed, completely tax-free.

If you don’t need your RMD for living expenses and/or you don’t want it to raise your taxable income, you could save on taxes by donating it directly to St. Paul’s instead.

A WAY TO STRETCH YOUR IRA FOR HEIRS
Under the SECURE Act, most non-spouse heirs (like adult children) are required to withdraw all of the funds from an inherited IRA within 10 years. This can be a significant tax burden for them if your IRA is large.

Another option is you could set up a charitable remainder unitrust (CRUT) as the beneficiary of your IRA. Upon your passing, the entire IRA balance would transfer to the CRUT without being taxed. Your non-spouse heir would be designated as the recipient of the annual payout from the trust. They will receive a steady income from the trust for the remainder of their lifetime or 20 years, whichever comes first. After that, the remaining funds would be a charitable gift to St. Paul’s.

St. Paul’s partners with the Community Foundation of Western PA & Eastern OH or the United Church Funds to set up CRUTs for donors.

HOW TO GIVE FROM YOUR IRA

QUICK & EASY METHOD
Just download and complete the form letters from our website at www.stpauls1867.org/ira.

NO COMPUTER? NO PROBLEM.
1. Request a Qualified Charitable Distribution form from your plan administrator.

2. Complete the form with the following information about St. Paul’s:
   Legal Name: St. Paul Homes
   Address: 339 E. Jamestown Rd. Greenville, PA 16125
   Tax ID#: 25-0773080

QUESTIONS?
Please contact
Dawn Hartman
724-589-4611
dhartman@sp1867.org
In the early spring of 2020, when the weather was warm and the pandemic was in its infancy, a group of Colony residents organized a “painting group” as a way to safely stay socially connected.

Hosted by seasoned artists Margie Hays and Gail Maycher, the group began meeting weekly at the Colony Square Pavilion where they could be outdoors and socially distant. “Whoever wanted to join us did, and then we could help,” said Gail. A group of neighbors attended for instruction and to learn some tricks of the trade.

One afternoon, Tom Hoffacker decided to join his wife Nancy and the all-women painting group at the Pavilion. “But I realized soon after the water color trays were passed out that I was going to have trouble,” Tom said. “Because I’m color blind.”

Right away, Gail came up with a suggestion. She introduced Tom to charcoal drawing and became his mentor.

“She’s a great artist,” Tom said of his neighbor, “And she’s got a garage full of art supplies!”

Gail has been creating art across many media for nearly 40 years. She is versed in watercolors, acrylics, oils, pastels and she even sketches. At right is a framed watercolor of a waterfall that Gayle created and displayed at the recent gallery exhibit featuring Colony residents’ work.

“Tom was really interested in drawing and I had all the materials that he needed to get started,” Gail said. “Artists need encouragement, so I critique him to help him improve. [New artists] don’t know where the mistakes are. He’s really making great progress.”

Since he’s embarked on this new hobby, Tom has completed seven nature scenes. “Charcoal is very forgiving,” he said, “You can erase it and smear it for effect. I didn’t think I could do this—and I really didn’t think I was very good until people started telling me that I was!”

Above is another example of one of Tom’s nature pieces tucked behind some of his wife’s beautifully crafted greeting cards (more on that later). Tom plans to continue with his new hobby – at least until the weather warms up, then he and Nancy can get busy with their other favorite pastime: gardening!

As the weather turned cooler in the late spring and fall, the painting group was forced to move indoors and due to COVID regulations only a very small group could meet. Some participants, like Karen Ondo – who chose to totally isolate during the pandemic – took her newfound skills and painted at home.

“I didn’t know I could do this,” she said. “My dad was artistic but I never thought I was. It’s been a blessing. It has really helped me through this time.”

Karen spent nearly a month and a half creating the watercolor at right that also was displayed at the gallery exhibit.

She began with watercolors, moved on to acrylic paint and then started painting on scrap wood from the workshop. She has created nearly 20 holiday yard decorations including the beautiful nativity scene pictured below that graced the front of her home during the Christmas season. She gifted smaller nativity scenes to her family at Christmas.

“My life revolves
around my faith,” Karen said, “So painting the aspects of my faith has become important to me.”

As she receives encouragement from fellow artist and Colony resident, Margie Hays, Karen says she’s gaining confidence in her work. She also enjoys gardening and plans to continue painting while the weather keeps her indoors until she can get outside with her flowers!

Along with a majority of the women who started with the painting group, Karen is also making greeting cards. The painting group has evolved into a self-described “card club” and that skill is currently on display in the case in the Keifer hallway (see photos at right and below).

The card club currently meets weekly in The Keifer Library. Not every member comes every week, but those who do enjoy sharing tips and ideas around their skill.

“The people who started in the group are all doing things on their own,” reported Gail. “Everyone has stuck with it and they are all continuing to practice in their own niche.”

The “painting group” may have turned into a “card club” and it may evolve yet again. One thing that remains the same is that neighbors supporting each other have grown into talented artists with a new appreciation for art. Whether creating it, receiving it as a gift or simply admiring it, art is an avenue for healing, growth and new horizons at The Colony.

The Colony has many talented residents who enjoy making greeting cards. Whether it be Birthday, Thank You, or simply Thinking of You, receiving a handmade card in one’s mailbox is a wonderful gift. Thank you for spreading the joy!
Policy on gifts and gratuities

While residents, clients and family members often wish to show their appreciation for the care and services rendered by St. Paul’s staff, St. Paul’s must ensure that residents, clients and family members do not feel obligated to give St. Paul’s or its staff gifts or gratuities in order to assure a resident or client receives quality care. In order to comply with this policy St. Paul’s has set forth the following guidelines:

1. Employees may not ask or suggest that a resident or client, or any person acting on behalf of a resident or client should offer or give gifts or gratuities to St. Paul’s staff.

2. Employees may not accept cash or currency of any kind, including but not limited to tips from any source or individual. Employee bonuses and/or gifts provided by St. Paul’s do not constitute gifts or gratuities.

3. Employees may only accept non-cash gifts that do not exceed $10.00, and/or are shared by the whole staff. In order to be considered a non-cash gift, the gift cannot be converted to currency.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say “Thank You” to the staff who have provided excellent care to their loved ones while living at St. Paul’s. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul’s to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)

2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator’s discretion.

3. A donation of appreciation can be made to the Annual Staff Christmas Celebration. This donation can be given to the administrator or director and identified for the Staff Christmas Celebration and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.
**Annual Women’s Retreat Re-imagined**

**Tuesday, March 2, 2021**

Broadcast on Channel 1851 at 10 a.m.

St. Paul’s Annual Women’s Retreat is open to women across all residences on campus and always an enjoyable winter event. This year’s Women’s Retreat will take place via broadcast, but will still include the majority of its usual component parts: Devotions, Special Music, a teaching presentation by Pastor Julia Fraser, and favors to enjoy at home.

The theme this year will be, from Proverbs 27: “A Sweet Friendship Refreshes the Soul.” Across our hour-long broadcast, we will look at Bible teaching about friendship; special friendships featured in the Bible; and how our own friendships enhance our lives, from beginning to end.

**Spiritual Council News**

Though unable to meet in person at the present time, the St. Paul’s Spiritual Council is still functioning—and growing! We are pleased to welcome two new members: Janet Kirk (pictured at right, top), who will be representing The Heritage, and Margie Hays (pictured at right, below), who will be representing The Colony.

The Spiritual Council also approved in February the following charitable disbursements to be made from offerings received:

- **The Community Food Warehouse of Mercer County** is a food bank located in Farrell and associated with Feeding America. It purchases food in bulk and then distributes it to 35 member agencies that give food directly to those in need. The food bank additionally picks up perishable items at restaurants and grocery stores weekly, through its store donation program. Its member agencies serve more than 7,000 people across Mercer County each month, 17% of which are senior citizens. The Good Shepherd Center and Salvation Army in Greenville both receive food from the CFWMC.

- **The Tunnels to Towers Foundation** provides mortgage-free homes to first responders injured through service rendered in the aftermath of 9/11 and also to military personnel injured through service operations related and subsequent to the 9/11 attacks.

**Men’s Bible Study at The Colony**

**Next meeting: Thurs., March 4 at 10 a.m. in The Cornerstone – Book of Romans Chapter One. Meetings will be held on the first and third Thursdays of each month.**

**March Bible Study Gospel of Mark (Continued)**

We are happy to be able to resume Wednesday afternoon in-person meetings for members of the Bible Study group at The Heritage beginning at 1 p.m. in the Anderson Fellowship Hall. In-person meetings of the Bible Study group at The Ridgewood will be held on Thursday mornings beginning at 10 a.m. in Harmony Hall.

There will also continue to be in-person meetings at The Colony on Wednesdays at 2:30 p.m. Colony residents who wish to attend should plan to sign up in advance.

With the resumption of in-person weekly Bible Study gatherings, the weekly Bible Study broadcast on Channel 1851 will be discontinued.

**Wednesday Evening Worship Broadcasts at 6:30 p.m. on Channel 1851**

**Evening Devotions with Pastor Nathan**

There will be no Wednesday evening worship broadcast on Wednesday, March 31.
A Message from Pastor Julia

By the time the March Campus Connections is published, we will already be a couple of weeks into the Lenten season. I normally like Lent, but, this year, I’d really prefer to skip it altogether and fast forward straight to Easter!

I say that because it feels to me like we’ve been living an extended Lent across this entire past year. The ashes of Ash Wednesday are given as a reminder of our human mortality—which we’ve seen enough of in 2020 to last a lifetime! And, regarding the focus on learning across the larger Lenten season, it seems like the pandemic has been one giant-sized learning curve, across which we have had to un-learn some things, rethink many others, and become educated in new ways about our health, our relationships, our community engagement, and our common life in the world. It has often felt to me like head explosion!

It’s for these reasons I say that I would like to skip Lent altogether. And yet, to do so would be a mistake. Because the other focus of this season from start to finish is an invitation to reflect upon our great need for God. Religious or not, I think many of us across this year have been learning about our spiritual reserves and their ability (or inability) to see us through difficult times. At least with me, that kind of consideration still warrants some thought, prayer, and attention. Lent offers us all opportunity to take stock, to come to terms, and to seek to fill in the gaps where doubt and despair have gushed in. So, while turning my back on some of the traditional Lenten emphases, it is my hope to use this Lenten season to pursue others for which the timing seems just about perfect. I hope your Lenten journey will also prove beneficial to your life of faith and following.

WORSHIP SCHEDULE FOR MARCH 2021

All Sunday worship services are broadcast at 10 a.m. on Channel 1851.

Sunday, March 7 — The 3rd Sunday in Lent
Pastor Nathan Seckinger preaching and presiding

Sunday, March 14 — The 4th Sunday in Lent
Pastor Julia Fraser preaching and presiding

Sunday, March 21 — The 5th Sunday in Lent
Pastor Nathan Seckinger preaching and presiding

Sunday, March 28 — Palm Sunday
Pastor Julia Fraser preaching and presiding

In-person Ash Wednesday Worship was held at The Keifer gym on Wed., Feb. 17. Masked and socially distant, Pastor Julia and Pastor Nathan were able to bring the sacrament to residents at The Colony.
## March 2021

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
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</table>
| 1   | 10 a.m. Forrest Gump  
2 p.m. Hocus Pocus | 10 a.m. Virtual Women’s Retreat  
2 p.m. The Lorax | 10 a.m. Mass  
2 p.m. The Ghost and the Darkness | 10 a.m. Mean Extras of the Wild  
2 p.m. The Pursuit of Happiness  
7 p.m. The Kings of Summer | 10 a.m. Abbott and Costello  
2 p.m. Abbott and Costello | 10 a.m. The Great Outdoors  
2 p.m. National Lampoon’s Vacation |
| 2   | 2 p.m. Sabrina  
8 p.m. The Little Mermaid | 10 a.m. Miss Congeniality  
2 p.m. Working Girl | 10 a.m. The Man From Snowy River  
2 p.m. Ephraim’s Rescue | 10 a.m. Rebel Without a Cause  
2 p.m. Bull Durham  
7 p.m. Stand By Me | 10 a.m. The Great Outdoors  
2 p.m. National Lampoon’s Vacation | 10 a.m. The Secret Life of Pi  
2 p.m. The Big Chill |
| 7   | 10 a.m. Cleopatra  
2 p.m. Gladiator | 10 a.m. The Nutty Professor  
2 p.m. Ladies Man | 10 a.m. Quiet Man  
2 p.m. Leap Year | 10 a.m. My Fair Lady  
2 p.m. Field of Dreams  
7 p.m. You’ve Got Mail | 10 a.m. Sense & Sensibility  
2 p.m. Won’t You Be My Neighbor? | 10 a.m. The Secret Life of Pi  
2 p.m. The Big Chill |
| 8   | 2 p.m. The Tuskegee Airmen  
2 p.m. Red Tails | 10 a.m. The Great Waldo Pepper  
2 p.m. Top Gun | 10 a.m. Cat on a Hot Tin Roof  
2 p.m. A Streetcar Named Desire | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 14  | 10 a.m. The Secret Life of Pi  
2 p.m. The Secret Life of Pi | 10 a.m. The Nutty Professor  
2 p.m. Ladies Man | 10 a.m. Quiet Man  
2 p.m. Leap Year | 10 a.m. My Fair Lady  
2 p.m. Field of Dreams  
7 p.m. You’ve Got Mail | 10 a.m. Sense & Sensibility  
2 p.m. Won’t You Be My Neighbor? | 10 a.m. The Secret Life of Pi  
2 p.m. The Big Chill |
| 15  | 10 a.m. Cleopatra  
2 p.m. Gladiator | 10 a.m. The Nutty Professor  
2 p.m. Ladies Man | 10 a.m. Quiet Man  
2 p.m. Leap Year | 10 a.m. My Fair Lady  
2 p.m. Field of Dreams  
7 p.m. You’ve Got Mail | 10 a.m. Sense & Sensibility  
2 p.m. Won’t You Be My Neighbor? | 10 a.m. The Secret Life of Pi  
2 p.m. The Big Chill |
| 21  | 2 p.m. A Far Off Place  
10 a.m. The Tuskegee Airmen  
2 p.m. Red Tails | 10 a.m. The Great Waldo Pepper  
2 p.m. Top Gun | 10 a.m. Cat on a Hot Tin Roof  
2 p.m. A Streetcar Named Desire | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 22  | 10 a.m. The Tuskegee Airmen  
2 p.m. Red Tails | 10 a.m. The Great Waldo Pepper  
2 p.m. Top Gun | 10 a.m. Cat on a Hot Tin Roof  
2 p.m. A Streetcar Named Desire | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 23  | 10 a.m. The Tuskegee Airmen  
2 p.m. Red Tails | 10 a.m. The Great Waldo Pepper  
2 p.m. Top Gun | 10 a.m. Cat on a Hot Tin Roof  
2 p.m. A Streetcar Named Desire | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 24  | 10 a.m. The Tuskegee Airmen  
2 p.m. Red Tails | 10 a.m. The Great Waldo Pepper  
2 p.m. Top Gun | 10 a.m. Cat on a Hot Tin Roof  
2 p.m. A Streetcar Named Desire | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 25  | 10 a.m. The Secret Life of Pi  
2 p.m. Easter Parade | 10 a.m. Mona Lisa Smile  
2 p.m. The Thomas Crown Affair | 10 a.m. Hop  
2 p.m. Easter Parade | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 26  | 10 a.m. The Secret Life of Pi  
2 p.m. Easter Parade | 10 a.m. Mona Lisa Smile  
2 p.m. The Thomas Crown Affair | 10 a.m. Hop  
2 p.m. Easter Parade | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |
| 27  | 10 a.m. The Secret Life of Pi  
2 p.m. Easter Parade | 10 a.m. Mona Lisa Smile  
2 p.m. The Thomas Crown Affair | 10 a.m. Hop  
2 p.m. Easter Parade | 10 a.m. Charlie & the Chocolate Factory  
2 p.m. Willie Wonka  
7 p.m. Doc Hollywood | 10 a.m. Tour of Japan (YouTube)  
2 p.m. The Last Samurai | 10 a.m. The King’s Speech  
2 p.m. The Monuments Men |

All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul’s, and is not used for regular programming, which alleviates any potential signal interference.
Keifer Fitness Center is up and running!
Located on the lower level of the building, the new Keifer Fitness Center (KFC) was open and ready for Colony residents’ use on Sat., Feb. 21. A treadmill, recumbent bike, home gym and free weights are available for residents to get-or stay-in shape! On opening weekend the KFC welcomed 16 visitors. Fitness Specialist, Ron Ashbaugh will provide work out demonstrations and tips on the new equipment on Monday, March 15.

Meal Delivery/Take-Out
During March, meals will be available for pick-up or delivery on Mondays between 11:30 a.m. and noon. “Dine-In” option is still available for the first 10 people who sign up to dine in the Social Room. Please note: Sign-up deadline is the Thursday prior to the meal. Sign-up sheets are by the mailboxes. If you are limiting visits to the Keifer Building, please fill in the form at the bottom of the monthly menu and return it to Melissa by the date noted.

Colony Activities – March 2021

Tuesday, March 2
Virtual Annual Women’s Retreat

Wednesday, March 3
Colony Birthday Celebration

Wednesday, March 3
Soup it Forward

Friday, March 5
Movie Matinee

Wednesday, March 10
Discover What Your Name Means Day

Friday, March 12
Dinner Out at Smokey Martin’s BBQ in Hermitage

Monday, March 15
Wellelderly Day

Tuesday, March 16
VNA Presentation

Wednesday, March 17
Movie Matinee

Sunday, March 21
International Day of Forests

Friday, March 26
Visit Stable Winery in Andover, OH

Saturday, March 27
Earth Hour

Monday, March 29
Ma & Pa Business Day

Wednesday, March 31
Craft Hour

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

Librarian Schedule:
March 7 – Coraleee Armstrong
March 14 – Janet Cooper
March 21 – Jennie Kather
March 28 – Jan Walther
ELEANOR JEWELL CELEBRATES 100th BIRTHDAY ON MARCH 20!

Eleanor was born in Greenville Pa., on March 20, 1921. She attended a one room school house for the first eight grades and then graduated from Hadley High School. In 1938 she married William Jewell. They were married for almost 62 years. They had four children, Carol, Bill, George, and Mary Lou. They all took care of the family farm in Otter Creek Township. Eleanor has 10 grandchildren, four step grandchildren, 13 great-grandchildren and four great-great grandchildren. She has knitted each of her family members a blanket. She knitted the men blankets in camouflage and one in John Deere colors. “My family is a blessing to me,” she said. Over the years she and her husband William were active in several camping clubs and spent numerous winters in Florida in their travel trailer. After the death of her husband in February 2000, Eleanor moved to an apartment at The Colony and in August 2006 she moved into The Heritage. “I do not know where else I’d live. It’s the best here. Over the past year they (the staff) have been wonderful to us all living here.”

Have a Wonderful Birthday, Eleanor!

Don’t Forget: put these March 2021 dates on your calendar!

**Tuesday, March 2** – 10 a.m., Virtual Women’s Retreat “A Sweet Friendship Refreshes the Soul” broadcasting on Ch. 1851.

**Tuesday, March 2** – Dr. Seuss’s 117th Birthday—wear your crazy socks and hat all day today!

**Saturday, March 13** – Remember to turn your clocks ahead one hour tonight!

**Sunday, March 14** – Daylight Savings Time Beings

**Wednesday, March 17** – St. Patrick’s Day

**Saturday, March 20** – First Day of Spring

**Sunday, March 28** – Palm Sunday

March Birthdays
20 - Norman Kashner
28 - Laura Davis
29 - Charlene McCullough

Residents who celebrate birthdays in March will receive a special birthday lunch on March 16!

Residents at The Heritage got a yummy “Special Delivery” to celebrate National Pizza Day on Feb. 9!

Skee Ball Skills!

Nancy Marts showed off her Skee Ball skills in The Heritage and earned a High Score of 2,360 — way to go, Nancy!

~ Resident Council Meeting ~
Wednesday, March 23
2:45 p.m.
Regular February Activities in the Circle & on the Lane

- Daily chair exercises at 12:30 p.m.

- Every Wednesday Pastor Nathan’s mid-week service is broadcast on St. Paul’s Channel 1851 at 6:30 p.m.

- Every other Tuesday, Pastor Julia and Pastor Nathan alternate weeks coming to the Lane and the Circle at 12:30 p.m.

- Beauty shop day is every Wednesday and sometimes Thursdays for the Lane and Circle.

- Weekly manicures for residents.

- Weekly Bingo games include Picture Bingo, Spin and Win Bingo, Word Bingo, and seasonal bingo games.

- We play the Balloon Bop and Beach Ball Bounce at least once a week in both Neighborhoods.

- We offer Carpet Darts, Horse Shoes and Corn Hole along with Dominos, Yahtzee, coloring and cards.

- We offer crafts twice a month to either observe and/or participate depending on the residents’ interest.

- Once a month we celebrate all the birthdays for the month with either a cookie social, cake or a social hour.

- Twice each month we enjoy fresh baked cookies and popcorn socials.

- We continue to provide FaceTime visits during the week.

March Birthdays
- 3 - Mary Jane Anderson
- 4 - William Weaver
- 31 - Evelyn Johnston

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

iPads are available for virtual visits using FaceTime and ZOOM.

Cell phones and bluetooth speakers are also available at all residences to help connect residents with their loved ones. Please contact Life Enrichment to schedule a virtual visit.
Resident of the Month
Phyllis Haynes

Phyllis was born in Greenville, Pa., to Howard and Ester Kamerer. Phyllis has one brother, Howard and one sister, Dolores. She attended high school in Greenville and worked at the Greenville and Grove City Libraries as a Librarian’s Assistant.

In 1950 she married Carl Haynes. They had two children, Carla Jo and Jeffrey. She has four grandchildren and two great grandchildren.

Phyllis enjoys walking and reading, and her favorite food is spaghetti and meatballs.

Carl and Phyllis traveled extensively throughout Pennsylvania in their RV. Her favorite memories are of these camping trips and the time spent visiting with relatives.

Resident of the Month
Phyllis Haynes

Residents
2 – Annette (Dolly) Minckler
9 – Marjorie McElhinny
12 – Adele Lehosky
15 – Beverly Knapp
19 – James Blair

Staff
6 – Marilyn Beachy
11 – Linda Kellner

A celebration for “The King’s” birthday in early January gave residents at The Ridgewood something to smile about!

March Activities for at The Ridgewood
Monday, March 1 – Manicures
Tuesday, March 2 – Women’s Retreat (Virtual)
Wednesday, March 3 – National Anthem Day Sing Along (wear red, white and blue)
Friday, March 5 – Movie and Popcorn
Monday, March 8 – Food Committee Meeting
Tuesday, March 9 – Singing
Wednesday, March 10 – Virtual Tour of Poland with Rick Steves
Thursday, March 11 – Resident Council
Friday, March 12 – Milk Shake Day
Monday, March 15 – Manicures
Tuesday, March 16 – Gardening Club Kick off
Wednesday, March 17 – St. Patrick’s Day Party
Thursday, March 18 – Sloppy Joe Day
Friday, March 19 – Wii Bowling
Saturday, March 20 – Corn Dog Day
Monday, March 22 – Friendship Scavenger Hunt Kickoff
Tuesday, March 23 – Gardening Club
Wednesday, March 24 – Gaither Homecoming Video
Friday, March 26 – Friendship Scavenger Hunt Results Party
Monday, March 29 – Bingo Bucks Store
Tuesday, March 30 – Gardening Club
Wednesday, March 31 – Manicures

Starting in April, our Gardening Club will meet every Tuesday Morning. Hooray for spring!
House Chatter
~ News from The Villas ~

All scheduled activities are subject to the guidance of PA DOH, CMS and CDC regarding COVID-19.

~ March 2021 Activities and Special Events at The Villas ~

Just a reminder: When residents are out and about (inside and out), masks are required. Also, Foot Pedals must be inserted on chairs when residents are traveling about (inside and out) unless the resident self-propels.

~ SOCIAL CONNECTIONS ~

Please continue to view St. Paul’s Covid-19 Updates on our website to get the latest information on guidelines to ensure health, safety and security of residents. We continue to offer Video Chat via FaceTime, Skype, Google Hangouts and Zoom applications. If you would like to arrange a “window” or “virtual” visit, contact Life Enrichment to coordinate as we may be fielding numerous requests for the same time or location. We have dedicated cell phones for these visits that include a bluetooth speaker to enhance resident’s ability to hear better and be hands-free.

Stay updated as guidelines may be adjusted!

Life Enrichment Department at The Villas: Mimi Dreher, ext. 1136; Sis Walsh for Willows, ext 1290; Missy Nitch for Gardens, ext. 1290; Dianna Mills for Orchards and Springs, ext. 1275; Steph Russo for Meadows, ext. 1149.

TUESDAY, MARCH 2 — WOMEN’S RETREAT (VIRTUAL) will broadcast on Channel 1851 at 10 a.m.

FRIDAY, MARCH 5 — NATIONAL DAY OF UNPLUGGING Wear a Relaxed fit and Unplug! Ever find yourself missing out on valuable moments and face-to-face connections as social media and other such distractions pixilate your time? Did you know...“Statistics on U.S. smartphone use for 2020 reveal that a staggering 65.6% of Americans check their phones up to 160 times daily.” (techjury.net) Reboot with a digital detox for a span of time this day. The full commitment is sundown to sundown (24 hours), but even a short commitment to power down and unplug can create an unfiltered authenticity to your life. For a special treat, we will have a drawing for baskets filled with “unplugging” relaxation gifts (two for residents and two for staff).

FRIDAY, MARCH 12 — AT THE COLA, COLA CABANA We will offer Coca-Cola beverages to help celebrate the anniversary of this classic! Take this day to plan some spring activities for the neighborhood on March 19.

WEDNESDAY, MARCH 17 — ST. PATRICK’S DAY It’s Wearing of the Green on this Emerald Isle Day of Celebration! Lads and Lassies may enjoy a tipple of Braugh’s Brew and oodles of Magical Munchies! Play Lucky Charms for a share in the renowned Pot O’Gold! (Disclaimer: No Leprachauns were harmed in the making of this game. Compensation was justly based on the National Shoemaker and Fairy Creature Wage and Earnings Laws).

FRIDAY, MARCH 19 — ZING INTO SPRING Wear fresh Spring Colors to celebrate the long-awaited Spring Season! It’s time to say goodbye to Winter and Let the Sunshine In! Carry out the plans for springtime activities! “And Spring arose on the garden fair; like the Spirit of Love felt everywhere; And each flower and herb on Earth’s dark breast rose from the dreams of its wintry rest.” ~ Percy Bysshe Shelley

MONDAY, MARCH 22 – WEDNESDAY, MARCH 31 — EGGSTRAORDINARY EGGSIBIT With Easter just a hop away, we will be distributing faux egg and related crafting supplies for neighborhoods to show their creative side. We will display them on the 31st for viewing and prizes!

TUESDAY, MARCH 26 — NATIONAL SOMETHING ON A STICK DAY In honor of quirky holidays, we will celebrate this one with lollipops, dum-dums, ice cream bars, pinwheels, ribbons, and whatever else we can fit on a stick! Enjoy! Speaking of quirky, here are a few random anecdotes to muse: Lobsters taste with their feet! Tiny bristles inside a lobster’s little pincers are their equivalent to human taste buds. On the Moon, shadows are so dark that Neil Armstrong said he had trouble seeing where he was going. PEZ candy was originally invented in 1927 to help smokers quit the habit. The mints came in a tin, not a dispenser. (readersdigest.com) In ancient Greece and Rome, spider webs were used as bandages. (bestlifeonline.com) Wear a fun shirt for this peculiar holiday!
### Noon Meals at The Villas

#### March 2021

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Fried chicken, potato wedges, corn, fruit whip</td>
<td>Stuffed cabbage roll w/sauce, mashed potatoes, peas &amp; pearl onions, butterscotch pudding</td>
<td>Pork chops, haluski, spinach, peach cobbler</td>
<td>Chicken cacciatore, spaghetti, Italian blend mixed vegetables, white grapes</td>
<td>Sweet potato crusted pollock, hash brown casserole, Brussels sprouts, chocolate marshmallow cookie</td>
<td>Blackberry dijon chicken, parsley noodles, green peas, pineapple tidbits</td>
</tr>
<tr>
<td>2</td>
<td>Pork chop, combread stuffing, cheesy mashed potatoes, escalloped corn, chocolate cream pie</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, oatmeal raisin cookie</td>
<td>Meatloaf, mashed potatoes, creamed corn, apple orchard bars</td>
<td>Stuffed chicken breast, egg noodles, broccoli, fruited gelatin</td>
<td>Pollock almondine, escalloped potatoes, cauliflower and cheese, Boston cream pie</td>
<td>Keilbasa, pierogies, sauerkraut, fruit compote</td>
</tr>
<tr>
<td>3</td>
<td>Cranberry glazed turkey, mashed potatoes and gravy, green beans, sugar cream pie</td>
<td>Swedish meatballs, egg noodles, corn, ice cream treat</td>
<td>Baked ziti, cauliflower, carrot cake</td>
<td>Corned beef and cabbage, carrots, holiday cookie</td>
<td>Apple-raisin stuffed chicken, mashed potatoes and gravy, Brussels sprouts, fruit cocktail</td>
<td>Country fried steak, mashed potatoes and gravy, roasted zucchini, carnival cookie</td>
</tr>
<tr>
<td>4</td>
<td>Swedish meatballs, egg noodles, corn, ice cream treat</td>
<td>Corned beef and cabbage, carrots, holiday cookie</td>
<td>Apple-raisin stuffed chicken, mashed potatoes and gravy, Brussels sprouts, fruit cocktail</td>
<td>Apple-raisin stuffed chicken, mashed potatoes and gravy, Brussels sprouts, fruit cocktail</td>
<td>Fried fish, baked potato, chalet vegetable blend, tapioca pudding</td>
<td>Spaghetti and meatballs, tossed salad, pudding &amp; cookie parfait</td>
</tr>
<tr>
<td>5</td>
<td>Stuffed chicken breast, mashed potatoes and gravy, whole baby carrots, lemon meringue pie</td>
<td>Meatloaf Romanoff, noodles, broccoli and cheese, melon salad</td>
<td>Pork roast, mashed potatoes and gray, sauerkraut, Mandarin oranges</td>
<td>Chicken pie, mashed potatoes, whole baby carrots, apple crisp</td>
<td>Fried fish, baked potato, chalet vegetable blend, tapioca pudding</td>
<td>Split pea soup, baked potato, mixed vegetables, fruit crumble, chocolate mousse</td>
</tr>
</tbody>
</table>
Monday, March 1 – The Peace Corps was established by U.S. President Kennedy (1961); In Salem Village, in the Massachusetts Bay Colony, the Salem witch trials began. Four women were the first to be charged (1692)

Tuesday, March 2 – Dr. Seuss Day: “You’re off to great places! Today is your day! Your mountain is waiting...So get on your way!” ~ Dr. Seuss

Wednesday, March 3 – World Wildlife Day
10 a.m. MASS (view via youtube on Ch. 1851)

Thursday, March 4 – March Fourth Day!
10:30 a.m. Rosary will broadcast on Ch. 1851

Friday, March 5 – National Day of Unplugging
~ Wear a relaxed shirt and Unplug! ~

Saturday, March 6 – Lou Costello’s Birthday (1906)

Sunday, March 7 – The board game Monopoly was invented (1933)
10 a.m. Church Service

Monday, March 8 – If you live in a pineapple under the sea, get your Crabcakes @ The Krusty Krab (Sponge Bob Square Pants)

Tuesday, March 9 – Barbie Day
Coffee Cart & NewsBits

Wednesday, March 10 – Who Knew? Abraham Lincoln applied for a patent for a device to lift vessels over shoals by means of inflated cylinders (1849)

Thursday, March 11 – “Wunnerful, Wunnerful” Lawrence Welk’s Birthday (1903) “There are good days and there are bad days, and this is one of them.” ~ Lawrence Welk
10:30 a.m. Rosary will broadcast on Ch. 1851

Friday, March 12 – Coca-Cola was sold in bottles for the first time (1894)
~ Wear a Vintage Tee ~

Saturday, March 13 – International Fanny Pack Day; Donald Duck Day

Sunday, March 14 – Pi Day (a math pie = 3.14159265…)
10 a.m. Church Service

Monday, March 15 – Ides of March corresponds to the 15th of March in the Roman Calendar. It marked the deadline for settling debts and religious observances. Also in 44 BC, it became notorious as the date of the assassination of Julius Caesar. (Wikipedia)

Tuesday, March 16 – Actor and comedian Jerry Lewis’ Birthday (1926)

Wednesday, March 17 – St. Patrick’s Day!
Wearing of the Green!
St. Paddy Fun
6:30 p.m. Mid-Week Service will broadcast on Ch. 1851

Thursday, March 18 – Birthdate of Country Singer Charley Pride’s birthday (1938)
10:30 a.m. Rosary will broadcast on Ch. 1851

Friday, March 19 – Zing into Spring
~ Wear Fresh Spring Colors ~

Saturday, March 20 – Fred Rogers’ birthday (1928)
March Equinox, The First Day of Spring

Sunday, March 21 – Journalist Henry M Stanley began his famous expedition to Africa (1871); On the TV show “Dallas,” J.R. Ewing was shot (1980)
10 a.m. Church Service Ch. 1851

Monday, March 22 – Tuskegee Airmen Day

Tuesday, March 23 – Evel Knievel broke 93 bones after successfully jumping 35 cars (1972)
Monthly Birthday Lunch

Wednesday, March 24 – Tennessee Williams’ play “Cat on a Hot Tin Roof” debuted on Broadway (1955)
6:30 p.m. Mid-Week Service will broadcast on Ch. 1851

Thursday, March 25 – 1942 Birthdate of Aretha Franklin
10:30 a.m. Rosary will broadcast on Ch. 1851

Friday, March 26 – National Something on a Stick Day
~ Wear a fun shirt! ~

Saturday, March 27 – The first cherry blossom trees were planted in Washington, DC (1912), the trees were a gift from Japan.

Sunday, March 28 – Palm Sunday
10 a.m. Church Service

Monday, March 29 – Jack Benny made his radio debut (1932); In the U.S., rationing of meat, butter and cheese began during World War II (1943)

Tuesday, March 30 – “Jeopardy” debuted on NBC-TV (1964); Vincent Van Gogh’s “Sunflowers” was bought for $39.85 million (1987)

Wednesday, March 31 – Eggsstraordinary Eggsibit
Eggsstraordinary Eggsibit (Viewing and Prizes!)
6:30 p.m. Midweek Service will broadcast on Ch. 1851
Greetings Volunteers!

As we prepare for upcoming volunteer opportunities, please consider this friendly reminder regarding the Volgistics Electronic System. When you arrive for your volunteer assignments, please remember to sign-in using the Volgistics kiosks that are located in each building. Then, sign-out before you exit. Volgistics easily tracks and records your hours, but it is also an important safety mechanism. We can look in Volgistics at any moment to see who is on campus and their locations. In case of an emergency this is extremely helpful. If you are on campus for more than one assignment, please also change assignments in the system. Using the kiosks only takes a brief moment of time.

We are also creating a list of volunteers who are available on short-notice to accompany residents on impromptu outings when the sun is shining brightly. There are times when the sun pops out and Life Enrichment care partners want to take residents out on the bus to get ice cream or to go fishing or to go see Christmas lights and displays or to JUST GO GO GO FOR A RIDE!—because they can. If you are a GO-GO-GO Volunteer and can help out on short notice, let me know!

Thank you for your efforts and dedication. We are looking forward to the moment when we can officially open the doors!

With appreciation,
Wendy Vaughn, Director of Volunteer Services
724-588-9613 Ext. 1135 • wvaughn@sp1867.org

March Birthdays at The Villas
1 - Richard Houston
3 - Morris Green
3 - Coila Klingensmith
4 - Gaye Stephens
5 - Deborah Jewell
6 - Rose Stumpff
12 - Patricia Higgins
13 - Janet Liszka
13 - Shirley Skarosi
14 - Isabelle Ohl
17 - Donna Meyer
23 - Mary Wachob
24 - George Hittle
28 - Janet Fischer

If you donated to the “It’s All About Heart” campaign in February, you helped raise $14,223 to support the culture of caring at St. Paul’s.

Your heartfelt gift will be used for:

❤️ Meaningful and enriching activities for residents to enjoy
❤️ Opportunities for team members and residents to develop relationships and experience personal growth
❤️ Special celebrations for the holidays
❤️ Trips away from campus for ice cream, sight-seeing, theater, lunch and more
❤️ Vet care, food, supplies and toys for neighborhood pets
Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul’s.

Visit [www.stpauls1867.org](http://www.stpauls1867.org) and click **STAFF RECOGNITION** on the homepage. Next, click on “Submit a Caring Heart” and fill in the simple form. **Please Note:** Submit ONE caring heart for EACH staff member you’d like to recognize.

**Caring Hearts – March 2021**


**Promoting a Culture of Caring & Recognizing our Team Members**

- Chris Arnold
- Sarah Bell
- Cathy Boyer
- Shianne Brantner
- Haile Britton
- Shelby Camp
- Shannon Chriswell
- Aimee Cupic
- Teresa Heckman
- Sarah Heverly
- Barb Holiga
- Jennifer Holmes
- Samantha Jablonski
- Kelly King
- Terri McGarvey
- Dianna Mills
- Rachael Morgan
- Doris Neal
- Kaylee Nevin
- Missy Nitch
- Casey Parker
- Kim Phillips
- Rachael Ramp
- Natalie Reed
- Kayla Ross
- Stephanie Russo
- Leslie Springer
- Fran VanEpps
- Hailee Wickham
St. Paul’s Without Walls provides home-based services that help people remain independent in their own homes. Care Partners are needed to meet the increasing demand in our area. Without Walls Care Partners quickly find out that their services are invaluable!

Without Walls offers competitive wages, flexible schedules, and training & guidance along the way. We take great care in matching clients with compatible Care Partners to ensure quality, reliable care and support.

Call today to find out more about becoming a Care Partner and how you can make a difference! (724) 589-4740 and visit www.wow2012.org.
Thank you to dining services and Life Enrichment at The Villas for setting up and serving this delightful winter treat in the lobby on Feb. 5. The Hot Cocoa Bar was a great way to get warmed up and start the day!
“May the blessings of each day be the blessings you need the most.”
—IRISH BLESSING