“A Gift with a Purpose”

Two young entrepreneurs visited St. Paul’s on Valentine’s Day bearing gifts for some of the veterans in our residences. Holly Masters and Ally Izzo are the founders of “Purpose,” a new company in Hermitage, Pa., that prepares therapeutic subscription gift boxes for older adults.

A group of generous donors, in an effort to help grow the business, paid for some sample gift boxes and Holly and Ally decided that St. Paul’s was the perfect place to share the love.

For a few hours on the morning of Feb. 14, the two visited 13 Veterans across campus and gifted them each with a box filled with useful and thoughtful items. The residents were pleasantly surprised and appreciated the special visits and gifts.

Holly and Ally are both certified occupational therapy assistants and are using their education and clinical experiences to curate boxes filled with functional gifts that any older adult would enjoy. Visit their website at www.purposetherapybox.com.

Each box also included a hand-made red, white and blue bracelet supplied by The Guardian’s Nest, Inc. (guardiansnest.org) in Hermitage—a non-profit incorporated in 2016 with a mission to provide a comprehensive network of services to meet the physical, emotional, and social needs of veterans and their families.
At St. Paul’s we take pride in the fact that a resident is never asked to leave because of financial reasons. That provides peace of mind for our residents.

Stella Gilson, former resident of The Heritage, was a believer in our mission here at St. Paul’s. She believed in helping others who were less fortunate than her and was a loyal donor to the Good Samaritan Fund. This fund helps support St. Paul’s residents who can no longer afford to pay the full amount of their care.

Stella moved to The Heritage in spring 2012 after recuperating for a short time at The Villas for rehabilitation services, from a fall she had at home. After her rehabilitation was over she knew it was time to make a permanent move. She told her daughter Betty Langietti, “I don’t want to live anywhere else but St. Paul’s.”

Stella was 100 years young when she passed away in January 2018. She not only lived at St. Paul’s in the last years of her life but had worked here and retired from the Dining Services department. In her spare time she liked to spend time with family, travel, and work on puzzles. She also volunteered at the Good Shepherd Center and was very involved in her church, Zion’s Reformed Church.

“In my opinion St. Paul’s is the best place to live! The grounds are always so beautiful and inviting,” stated Stella’s daughter Betty Langietti. “Everyone is always so friendly and welcoming when I’m here.”

Betty and her husband Dan reside in Greenville and are also long time supporters of the Good Samaritan Fund. “St. Paul’s was so good to my mom that I would like to help someone that’s less fortunate so they can receive the same great care that she received,” said Betty.

In addition to donating each year, Betty has served on the St. Paul’s Gala auction committee for the past two events. The gala is a biennial premier social event hosted at The Villas at St. Paul’s. Like the annual Good Samaritan Appeal, the event proceeds go to help offset the costs of benevolent care.

The Good Samaritan Fund is only possible through your support! The need for benevolent care is great. 60% of residents in skilled nursing care and 13% of those living in personal care cannot afford to pay the entire amount of their care.

Please make your gift today to help residents in need. Thank you in advance for being such a Good Samaritan!

**How to Donate:**

1.) Send a check payable to St. Paul’s to the Charitable Giving Department
2.) Donate on our website at www.stpauls1867.org

*339 E. Jamestown Road, Greenville PA 16125 • www.stpauls1867.org • 724-588-7610*

The official registration and financial information of St. Paul’s may be obtained from the PA Department of State by calling toll-free, within PA, 1-800-732-0999. Registration does not imply endorsement.
Decoding the Challenging Behaviors of Dementia

Throughout the stages of dementia, a person can exhibit what caregivers label “challenging behaviors.” The anger, confusion, fear, paranoia and sadness that people with the disease are experiencing can result in aggressive and sometimes violent actions. This session reviews strategies which are most effective in caring for persons living with a dementia-related disease.

RSVP by March 4. 
Email: jkather@sp1867.org  
or call 724-589-4646.

About our presenter:
Lori L. Dierolf is a Certified Dementia Practitioner and a Certified Alzheimer’s Disease and Dementia Care Trainer with the National Council of Certified Dementia Practitioners. She also is a Certified Alzheimer’s and Aging Educator through the National Certification Board for Alzheimer’s and Aging Care. She is passionate about helping people learn how to support and communicate with those suffering from the disease.
Residents who have passed

01/17/19   John Cleary
01/17/19   Donna Clark
01/18/19   DorothyMarie Donlin
01/18/19   Naoma Hutton
01/20/19   Geraldine Slayton
01/21/19   Thomas Leary
01/23/19   Dominick Giardina
01/24/19   Anka Manak
01/28/19   Ruth Reiser
02/02/19   Irene Wilson
02/03/19   James McKay
02/04/19   Robert Cooper
02/05/19   Edith Peterson
02/14/19   Carol Huffine

Celebrating Staff

It’s time to start thinking about staff that you would like to nominate for the staff recognition awards!

Please visit:
https://www.stpauls1867.org/contact/staff-recognition/staff-award
to fill out a nomination form.

The Distinguished Staff Awards seek to recognize and show appreciation for staff who improve and enrich the lives of the residents at St. Paul’s. Generous donations from the Bingham and Shaffer families have made these awards possible.

The award categories include: Newcomer, Leader, Extra Effort and Dining Staff awards. A full description of each award is also included on our website.

Nominations must be submitted no later than Friday, Sept. 6, 2019.
Our weekly Bible Study groups had enjoyable discussions across the month of February when our focus was “Great Love Verses in the Bible.” In March, we will change gears and begin a Lenten Study of Paul’s Letter to the Romans, using as one of our resources, Dr. James Walther’s material he wrote for the adult study series, Kerygma.

The late Dr. Walther, husband of Jan Walther, resident at The Colony, was a professor of New Testament at Pittsburgh Theological Seminary prior to moving to St. Paul’s and a friend to many in this community. Thanks to fellow pastor Rev. Ray Brugler for passing on his copies of Dr. Walther’s materials for our use in this setting. Our Bible Study agenda across the Lenten season will be to look at well-known passages in Romans which address human sin, God’s forgiveness through Jesus’ death, new life in Christ, and Christian mission in the world.

Note: None of the Bible Study groups will meet the first week of March (March 6 and 7) due to the Ash Wednesday service schedule on Wednesday of that week. We will resume weekly meetings on March 13 at the Heritage at 1 p.m. and on March 14 at the Ridgewood at 10 a.m. and the Villas at 2 p.m. Newcomers are always welcome!

Thanks to all who attended this year’s Women’s Retreat, held in Headland Friendship Commons on Feb. 26. This year’s theme was “Lord, Let My Heart Be Good Soil.”

Additional thanks go to the many registrants who sent in photos of their favorite plants for our slideshow and others who sent in gardening tips to share.

Thanks also to Scott McElhinny, Director of Maintenance and Grounds, and to Michelle Bish, Outreach Specialist. Scott joined the group to talk about his work with landscaping and gardens at St. Paul’s, and Michelle led a demonstration about container gardening projects.

Thanks as well to Donovan Curtis who served as our accompanist for the day and Carol Hosmer, our soloist for Opening and Closing Devotions.

Finally, special thanks to our friends at Kraynak’s in Hermitage who helped to provide African Violet favors for each of those attending. It was a great day!

Thanks to weekend receptionist Betsy Klingensmith who recently called to our attention the following excerpt from Rev. David Lady’s History of St. Paul’s Orphans’ Home: In the third century when the deacon Laurentius was commanded by the Roman magistrate to produce the rumored wealth of the church, he asked for a few days in which to do it, and then presented before the magistrate the sick, the crippled, and the orphaned, and said, “These are our treasures.”

Caring for orphaned children and for the elderly, the history goes on to say, is divinely appointed missionary work worthy, in every generation, of the Church’s labor. All who are involved in this effort can rejoice in the treasures we serve daily, remembering the words of the Lord Jesus: “Verily I say unto you, inasmuch as you have done it to one of the least of these my brethren, you have done it unto me.”
**A Message from Pastor Bill**

**The Lion and the Lamb**

I remember as a child, as we were approaching March, I was hoping for warmer days and sunshine. It was time to play outside.

My mother used to remind me that either March would come in like a lion (blustery, rain, cold) and then go out like a lamb (warm, calm, sunny) or vice versa. I always hoped and some years even prayed that the cold and blustery weather greeted us on March 1 so that by March 31 we were enjoying almost balmy spring.

When you look at it, lions and lambs are two very different types of creatures. Yet, Jesus is described in terms of both of these.

Jesus was the sacrificial lamb, who through the shedding of His blood, paid the price for all of the sins of all people for all time. Scriptures tell us of Him being led like a lamb to the slaughter and opening not His mouth.

We rejoice that Jesus defeated sin and death in rising from the dead. And Jesus is also described as the Lion of the Tribe of Judah. The phrase initially appears in Genesis 49 as Jacob blesses his children, calling Judah the lion cub.

The tribe of Judah is the kingly tribe. King David is of that tribe, as is Jesus. The key reference of Jesus as the Lion of the Tribe of Judah is found in Revelation 5. When John weeps because no one is found worthy to open the scroll with the seven seals, one of the elders proclaims that the Lion of the Tribe of Judah has triumphed and He is able to open the scroll and the seals.

As we progress through our Lenten season (beginning on March 6) may we rejoice that the lamb paid the price for our sins and the Lion of the Tribe of Judah is triumphant making intercession on our behalf.

— Pastor Bill Kirker

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**WORSHIP SCHEDULE AND SCRIPTURES FOR MARCH 2019**

**Regular Sunday Worship Services are:**

- **March 3, 2019 — Transfiguration Sunday**
  - Pastor Julia Fraser will lead all three worship services.

- **March 10, 2019 — First Sunday in Lent**
  - Scriptures: Deuteronomy 26:1-11, Romans 102:8b-13
  - Pastor Bill Kirker will lead all three worship services.

- **March 17, 2019 — Second Sunday in Lent**
  - Scriptures: Genesis 15:1-12, Philippians 3:27-4:1
  - Pastor Julia Fraser will lead all three worship services.

- **March 24, 2019 — Third Sunday in Lent**
  - Pastor Bill Kirker will lead all three worship services.

- **March 31, 2019 — Fourth Sunday in Lent**
  - Scriptures: Joshua 5:9-12, 2 Corinthians 5:16-21
  - Pastor Bill Kirker will lead all three worship services.

**SPECIAL ASH WEDNESDAY SERVICES**

**March 6, 2019 — Ash Wednesday**

- **The Colony:** Service at 9 a.m. in the Keifer Chapel
- **The Ridgewood:** 10:30 a.m. in Harmony Hall
- **The Villas:** 2 p.m. Headland Friendship Commons; ashes and Holy Communion will be offered in the neighborhoods for those who are unable to attend the service and wish to receive either or both.

**NOTE:** Father David from St. Michael’s will celebrate Mass at 10 a.m. in Headland Friendship Commons and offer ashes and Holy Communion to those in attendance. **The Heritage:** 3:30 p.m. in Anderson Fellowship Hall
Storage Units Available

at Rust Colony Square

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

United sizes and new rates for 2018 are:
- 5' x 10' – $40/month
- 10' x 10' – $52/month
- 15' x 20' – $115/month (includes walk-in door + electric)

Contact Melissa Villard at 724-589-9613 ext. 1208 with questions or if you wish to rent a storage unit.

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**IMPORTANT:**
Securing Resident Valuables at The Villas

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

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**Setting limits: saying “no” nicely**

Many of us were raised to believe that the only polite or kind answer is “yes.” But as Dr. Christine Carter, a UC Berkeley researcher, notes, “If you find yourself saying ‘yes’ when you mean ‘no,’ it’s a recipe for overwhelm and exhaustion.” Not to mention resentment, burnout, and ill health!

Ironically, research shows that the busier we are, the more we tend to say “yes.” Saying “yes” makes us feel generous. The consequences—becoming stressed and overburdened by the commitment—are down the road. We’d rather overlook those realities than feel stingy or selfish right now by setting limits and saying “no.”

According to Dr. Carter, there are three steps to saying “no” gracefully:

- **Rehearse saying “no.”** There is a process. First, avoid comparing your need to the other person’s. Then, train yourself to think through how you will feel when the day of reckoning comes. Recall the last time you overextended yourself and ended up sick. Or ended up too tired to do something you were looking forward to. Finally, practice a few phrases that you can readily use, no extra thinking required.

- **Be truthful, but vague.** Having a response you feel confident in makes it more likely that you will use it. You don’t have to justify yourself. (Too much detail and the requester will start problem solving to help you find the time!) A simple “I wish I could, but that doesn’t work for me at this time” is an effective standby. Or if you would genuinely like to help, “I can’t do ‘X’ next Thursday, but I could do ‘Y’ the week after that.”

- **Make your decision final.** If the person pushes you, repeat the same phrase. This way you signal that you aren’t going to change your mind. If they insist, then be honest about how their pressure makes you feel: uncomfortable, perhaps even hurt or angry.
Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~

Robyn Weaver, Executive Assistant, is the contact to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion. She can be reached at 724-588-7610, ext. 1146.

Melissa Villard, Assistant Director of The Colony, is the contact to reserve social space at The Keifer Building or Rust Colony Square and Pavilion. She can be reached at 724-588-7610 ext. 1208.

Check us out on Facebook & Follow us on Instagram!

Search for St. Paul’s Senior Living Community and find regular updates on our activities, events and resident life.

Share the good news at St. Paul’s with your friends and neighbors! Be sure to “Like” our page (not just our posts) and “Share” our news on your personal Facebook page. “Invite” your friends and family to “Like” our page, too!

Make sure to also “Like” St. Paul’s Without Walls too! Instagram is a simple, fun & creative way to capture, edit & share photos, videos & messages with friends & family. Search for and follow stpauls1867 to get a “behind the scenes” look at what’s happening at St. Paul’s.

Sign up to access the Resident Portal on www.stpauls1867.org

A great feature of our newly designed and enhanced website is a resident portal where our residents and family members (powers of attorney) can login to find documents and information pertaining to each of our campus communities.

The resident portal is a secure area of our website that requires a username and password to access. The information you can find in the portal includes: Memos/Notifications, Directories, Handbooks, Information and Pricing, Menus, Events and Calendars (including community events) and Forms.

If you would like to register for access to the resident portal, please email jkather@sp1867.org or call 724-589-4646.

You will be emailed a link that takes you to a registration page. There you will be asked to create a username and password. A confirmation email will be sent to your inbox.

To enter the portal from the St. Paul’s homepage, click the “Login” button in the upper right corner of our homepage and then simply enter your username and password.

Guest Apartment Accommodations at The Heritage

St. Paul’s offers a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s and features a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower, small refrigerator, microwave and flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Fees are $89/night and payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.

We are educating our staff that when pushing a resident in a wheelchair, they are to use foot pedals. We are strongly encouraging families to do the same. Regardless of the distance, whether 5 feet or 500 feet, our loved ones can get tired of holding their legs up and may unexpectedly put them down, creating the potential for injury.

It is understood that residents have personal preferences regarding the use of foot pedals, but with education and encouragement, most understand the reasons for our insistence. We wanted to share this information with you as friends and families to reinforce this practice of utilizing foot pedals when pushing residents.

As our ongoing staff education continues, we have some residents who often self propel themselves to where they are going. If they are self propelling, they don’t need the foot pedals; but we are encouraging the use of bags on the back of wheelchairs for convenient access to foot pedals should they need a helping hand to push them. If your loved one could benefit from a bag on the back of their chair for the pedals, and doesn’t currently have one, please let us know. We are happy to provide one.

If you have any questions, please feel free to speak with your neighborhood RN manager, Tami Kost, Director of Nursing or Tammy Lininger, Administrator. Thank you!
All residents should **tune to Channel 1851** for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul’s, and is not used for regular programming, which alleviates any potential signal interference.

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**March 2019**
March 2019 Calendar of Events

Friday, March 1 – Arthritis Aquatic Class
Sunday, March 3 – Metropark Farm Quilt Show
Wednesday, March 6 – Ash Wednesday Breakfast & Service
Friday, March 8 – Hartville Chocolate Factory
Tuesday, March 12 – Colony Open Forum
Wednesday, March 13 – Colony Birthday Celebration
Thursday, March 14 – Colony Dinner
Thursday, March 14 – Movie Night
Friday, March 15 – Arthritis Aquatic Class
Saturday, March 16 – Corner Field Model Railroad Museum
Monday, March 18 – Men & Women’s Discussion Group
Tuesday, March 19 – Colony Lunch
Wednesday, March 20 – Meadville Mattress Factory Tour
Thursday, March 21 – Hartford Hill Winery
Saturday, March 23 – Greenville Community Expo
Monday, March 25 – Colony Name Word Search
Wednesday, March 27 – Dinner Out
Friday, March 29 – Movie Matinee

LIBRARIAN SCHEDULE

March 3 - Autumn Colby
March 10 - Millie McLaughlin
March 17 - Pat Houpt
March 24 - Dolores Johns
March 31 - Polly Oden

“All Not-So Newlyweds” Tell All on Valentine’s Day at the Colony

Allan and Elaine Wilkins (pictured at left) joined the The Colony in January and were the big winners at the Not-So-Newlywed Game held on Feb. 14 in the Social Room at The Keifer Building. The Wilkins’ went up against four other couples answering questions (some in very funny detail) about their 50+ year marriages, and came away with the most points and a prize of a bottle of wine, a dozen roses and a gift certificate to the local restaurant of their choice. Thanks to all of the couples who participated (pictured at right)! Each participating couple received a personalized wedding cake as a consolation prize.

— NEWS and NOTES —

Ash Wednesday Worship Service — Wednesday, March 6 at 9 a.m. in the Keifer Chapel. Breakfast will be served in The Cornerstone prior to worship.

March Birthday Celebration — Wednesday, March 13 from 2 - 3 p.m. in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

VNA Presentation & Free Blood Pressure Readings— Wednesday, March 27 in the Keifer Building. Presentation at 11:30 a.m.— Healthy Aging. BP Readings: Noon - 1 p.m. Provided each month by VNA Alliance.
February Special Activities

Friday, March 1
11:30 am - Dining Room Seating Changes
Wear your Crazy Socks or Hat all day in honor of Dr. Seuss’s 119th Birthday on Sat., March 2
2 p.m. – Humble Ministries - Music and Singing

Every Monday in March! (4, 11, 18, 25)
6:30 pm – Skee Ball Tournament Games
with Staff and Residents
Join in for fun and fellowship!

Tuesday, March 5
1:30 p.m. – National Cheesedoodle Day Social

Wednesday March 6
1 p.m. – German Ladies Club Meeting
3:30 p.m. – Ash Wednesday Service, Anderson Fellowship Hall

Saturday, March 9
6:30 p.m. – “Z” Praise Entertainment
Don’t forget to turn your clocks back one hour before bed!

Sunday, March 10
Daylight Savings Time Begins
First Sunday of Lent

Monday, March 11
1:30 p.m. – Nancy Manning presents:
The Romantic Country of Greece

Wednesday, March 13
6:30 p.m. – Sing-a-long with Mark Eckler and Friends

Friday, March 15
2 p.m. – Gina’s Craft Corner

Sunday, March 17
Happy St. Patrick’s Day!

Monday, March 18
1 p.m. – Kirk Hamza presents: Musical Memories

Tuesday, March 19
11:30 p.m. – March Birthday Lunch
1:30 p.m. – Malcom Foster presents:
The Beautiful Country of Ireland and the Blarney Stone

Thursday, March 21
6:30 p.m. – Sound Witness Music and Singing

Wednesday, March 20
First Day of Spring

Sunday, March 24
1:30 p.m. – National Cheesecake Day Social

Wednesday, March 27
2:45 p.m. – Resident Council Meeting

Friday, March 29
6:30 p.m. – “Z” Praise Entertainment

March Birthdays
20 - Eleanor Jewell
20 - Norman Kashner
21 - Hugh McCright

Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia,
Anderson Fellowship Hall

Wednesdays, 12:45 p.m. – Music Therapy with Cindy
Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron at the
Fitness Center

- Monthly manicures for residents, 500, Canasta and Bridge card games will always need someone to play, see Michele Miranda, Life Enrichment Coordinator, if you would like to join or start a new card game.
- Like puzzles? Check out the daily puzzle working in the floor lounges.
- We have a variety of weekly and monthly activities including some of the following: Baking Group socials, Monthly afternoon movie matinees, a variety of entertainment, Monthly guided tour videos around the world, word and brain games
- Join our weekly Skee Ball Tournament Games on Monday nights now through June.
Jones Serenity Circle
March Special Events and Entertainment:

Friday, March 1, 12:45 p.m. Gina’s Creative Corner
Monday, March 4, 5:30 p.m. Music with Bonnie Campbell
Wednesday, March 6 Ash Wednesday
Thursday, March 7, 10 a.m. Sing-a-long with Lyn Mossman
Sat., March 9, 10 a.m. Marimba Music with Nick Lakatos
Tuesday, March 12, 1 p.m. Zumba Gold Chair with Karen
Friday, March 15 JSC Birthday Breakfast with Guest Chef
Friday, March 15, 12:45 p.m. Sing and play along w/Humble Ministries Music
Saturday, March 16, 10 a.m. “Z” Praise Entertainment
Monday, March 18, 5:30 p.m. Music with Bonnie Campbell
Tuesday, March 19, 12:30 p.m. Hymn Sing With pastor Julia
Thursday, March 21, 10 a.m. All That Jazz w/Lyn Mossman
Sat., March 23, 10 a.m. Marimba Music with Nick Lakatos
Sunday, March 24 Soup Sunday. Patti and a resident will prepare and serve homemade soup @ 2 p.m. in the Dining Room.
Tuesday, March 26, 1 p.m. Zumba Gold Chair with Karen
Thursday, March 28, 5:30 p.m. “Z” Praise Entertainment

Jones Serenity Lane
March Special Events and Entertainment:

Wednesday, March 6, 5:30 p.m. “Z” Praise Entertainment
Sunday, March 9, 1 p.m. Nick Lakatos – Marimba Music
Monday, March 11, 5:30 p.m. Piano w/Bonnie Campbell
Tuesday, March 12, 1:45 p.m. Zumba Gold Chair w/Karen
Thursday, March 21, 5:30 p.m. “Z” Praise Entertainment
Monday, March 25, 5:30 p.m. Noble Cause
Tuesday, March 26, 1:45 p.m. Zumba Gold Chair w/Karen

Jones Serenity Circle & Lane
March Birthdays

Friday, March 1, 12:45 p.m. Gina’s Creative Corner
Monday, March 4, 5:30 p.m. Music with Bonnie Campbell
Wednesday, March 6 Ash Wednesday
Thursday, March 7, 10 a.m. Sing-a-long with Lyn Mossman
Sat., March 9, 10 a.m. Marimba Music with Nick Lakatos
Tuesday, March 12, 1 p.m. Zumba Gold Chair with Karen
Friday, March 15 JSC Birthday Breakfast with Guest Chef
Friday, March 15, 12:45 p.m. Sing and play along w/Humble Ministries Music
Saturday, March 16, 10 a.m. “Z” Praise Entertainment
Monday, March 18, 5:30 p.m. Music with Bonnie Campbell
Tuesday, March 19, 12:30 p.m. Hymn Sing With pastor Julia
Thursday, March 21, 10 a.m. All That Jazz w/Lyn Mossman
Sat., March 23, 10 a.m. Marimba Music with Nick Lakatos
Sunday, March 24 Soup Sunday. Patti and a resident will prepare and serve homemade soup @ 2 p.m. in the Dining Room.
Tuesday, March 26, 1 p.m. Zumba Gold Chair with Karen
Thursday, March 28, 5:30 p.m. “Z” Praise Entertainment

~ Jones Serenity Circle & Lane ~
Weekly Events:

Monday - Friday, 9 a.m. – Chair Exercises – JSL
Mondays, 9 a.m. – “Music & Manicures” – JSC
10 a.m. – Nail Boutique – JSL
Tuesday mornings – Aviary Care & “About the Birds” – JSC
Tuesdays, 10:30 a.m. – Rosary in the activity room – JSC
Tuesday afternoons – BINGO – JSC
Wednesdays, 9:30 a.m. – Worship with Pastor Bill – JSC
Wednesdays, 12:45 p.m. – Music Therapy with Cindy – JSL & 1:45 p.m. – JSC
Thursdays, 2 p.m. – Music and Motion with Ron – JSC
Fridays, 9:30 a.m. – BINGO – JSL
Weekly K9 Companion Visits – Catch up with Chase!
Also in JSC: Weekly art cart and poetry reading club!
Resident of the Month

Nina Nosker

Nina was born in Elwood City to Bill and Fran Boyd. When she was twelve years old, her family moved to a farm in Mercer County. She attended high school at Stoneboro and Sandy Lake. After graduation she attended college in the summer and fall for commercial business. She married Jim Nosker on December 1, 1951. Before their marriage, he was stationed in Okinawa for over two years. Nina had no way to speak to him except through many letters. They have three children: Linda, Terrie, and Denny. They have seven grandchildren, and five great-grandchildren.

Nina worked at banks for thirty-seven years, split between First National Bank of Stoneboro and Mercer County State Bank. She has traveled to Alaska twice, Hawaii once, and has been on a bus tour of Europe.

~ Special Events in March ~

Monday, March 4, 1:30 p.m.
Food Committee, Dining Hall

Tuesday, March 5, 11:30 a.m.
Birthday Lunch, Harmony Hall

Thursday, March 7, 6:30 p.m.
Amish Singers Down the Halls

Monday, March 11, 10 a.m.
Nancy Manning “Hats”

Tuesday, March 12, 10 a.m.
Hymn Sing with Robin

Wednesday, March 13, 1:30 p.m.
Hope the Dog Visits

Thursday, March 14, 2:30 p.m.
Resident Council

Saturday, March 16
Men’s Breakfast, Harmony Hall

Wednesday March 20, 2 p.m.
Cat Therapy

Thursday March 28, 2:30 p.m.
Activity Buck Shopping, Harmony Hall

Welcome to Our Table!

Guests are always welcome for meals. Please give 24 hours notice to accommodate seating and food preparations.

When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal. This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream Cart down the halls
6 p.m. – Movies, Harmony Hall

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
2 p.m. – Triominoes, Harmony Hall

Tuesdays: 2 p.m. – Balance & Strength w/ Ron, Harmony Hall
2:30 p.m. – Scrabble, Harmony Hall
6:30 p.m. – Word Game, Harmony Hall

Wednesdays: 9 a.m. – Communion for Catholics in your room
10 a.m. – Music Therapy, Fireside Lounge
1:15 p.m. – Errand Day

Thursdays: 10 a.m. – Bible Study, Harmony Hall
1:15 p.m. – Walmart/Giant Eagle Shopping

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – Bingo, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

March Birthdays

<table>
<thead>
<tr>
<th>Day</th>
<th>Name</th>
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<tr>
<td>1</td>
<td>Joyce Moore</td>
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<td>4</td>
<td>Margaret Henning</td>
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<td>4</td>
<td>Gaye Stephens</td>
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<td>Deborah Jewell</td>
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<td>Frances Yucha</td>
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<td>Richard Hayes</td>
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<td>Maxine Clark</td>
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<td>Nancy Crash</td>
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<td>Allene King</td>
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<td>Lawrence Wilson Jr</td>
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<td>Angelus Iwanczyk</td>
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<td>Dorothy Russell</td>
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<td>George Hittle</td>
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<td>Virginia Thompson</td>
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<td>Leo Powelstock</td>
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<td>George Brecht</td>
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<td>Gloria Bardella</td>
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<td>Joyce Young</td>
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<td>Stephen Bayuk</td>
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~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend.

~ Clothing Reminder for Villas Families ~

Casual Fridays were created to help support the Residents' Life Enrichment Fund. Staff members participating in casual wear on Fridays are asked to please participate in the theme wear as listed and assist us in maintaining the Residents’ Fund through the purchase of a jeans sticker for $1.00. (Located at the reception area). Thank You!

We encourage family and friends to join us at any and all special activities planned at The Villas. If you’d like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to only your loved ones enjoying the event.

~ Attention Dog Owners ~

St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.
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<thead>
<tr>
<th>Sun</th>
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<tbody>
<tr>
<td>March 2019</td>
<td>Noon Meals at The Villas</td>
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<td></td>
<td>Sweet potato-crust pollock, pierogies, broccoli, mixed melon salad</td>
<td>Meatloaf, mashed potatoes, green peas, pumpkin cheesecake bar</td>
<td>Roast turkey, mashed potatoes, bread stuffing, cranberry sauce, lima beans, pumpkin pie</td>
<td>Pork roast, mashed potatoes, sauerkraut, butterscotch pudding</td>
<td>Beef brisket, cheesy mashed potatoes, Brussels sprouts, yellow frosted cake</td>
<td>Turkey a la king, carrots, raspberry whip</td>
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<td>Lemon herb-glazed pollock, paprika-roasted potatoes, broccoli &amp; cauliflower, oatmeal cream cookie</td>
<td>Swedish meatballs, egg noodles, green beans &amp; mushrooms, mixed melon salad</td>
<td>Stuffed chicken, mashed potatoes, whole baby carrots, chocolate cream pie</td>
<td>Breaded pork chop, whipped sweet potatoes, cooked cabbage, peanut butter upside-down cake</td>
<td>Veal picata, Parmesan noodles, asparagus, pineapple upside-down cake</td>
<td>Fried chicken, duchess potatoes, zucchini &amp; summer squash, diced pears</td>
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<td>Vegetable lasagna, winter blend vegetables, citrus-fruited gelatin</td>
<td>Diced beef w/ teriyaki sauce, white rice, oriental vegetable blend, mandarin oranges</td>
<td>Pork chop supreme, sweet potatoes, green bean casserole, banana cream pie</td>
<td>Chicken pie, mashed potatoes, broccoli, diced pears</td>
<td>Spaghetti with meatballs, Italian green beans, fruit whip</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, strawberry shortcake</td>
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<td>Roasted pork loin, herbed parsnips, haluski, red grapes</td>
<td>Lemon-baked fish, onion-roasted potatoes, scalloped corn, mini cream puffs</td>
<td>Baked glazed ham, escalloped potatoes, asparagus, lemon meringue pie</td>
<td>Sweet potato-crust pollock, potato wedges, broccoli and cheese, oatmeal raisin cookie</td>
<td>Tropical pork, hash brown casserole, zucchini &amp; summer squash, applesauce, gelatin salad</td>
<td>Savory baked chicken, whipped sweet potatoes, green beans, red grapes</td>
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THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

---

**Friday, March 1 – National Peanut Lovers Day**

~ Brown tones & Jeans/Shorts~
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 2 p.m. Kirk Hamza (Variety, Oldies, Accordion)
- 7 p.m. Friday Night Movie on Ch. 1851

**Saturday, March 2 – Dr. Seuss Day**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 2 p.m. BINGO

**Sunday, March 3 – Battle of the Bismarck Sea – Australian and American air forces devastate Japanese navy convoy (1943)**
- 10 a.m. Church Service
- 2 p.m. Movie Ch. 1851

**Monday, March 4 – American Automobile Association (AAA) was founded in Chicago (1902)**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 1:30 p.m. Bingo Bucks
- 7 p.m. The Basement Band Duo (Variety, Oldies, Classics)

**Tuesday, March 5 – Unique Names Day**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 1:30 p.m. 500 Bid
- 7 p.m. BINGO

**Wednesday, March 6 – Ash Wednesday**
- 10 a.m. MASS
- 2 p.m. Movie Ch. 1851
- 2 p.m. Ash Wednesday Service

**Thursday, March 7 – Roald Amundsen announced the discovery of the South Pole (1912)**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 10:30 a.m. Rosary
- 1:30 p.m. 500 Bid
- 2 p.m. Bible Study
- 7 p.m. Amish Singers

**Friday, March 8 – International Working Women’s Day**

~ Your Favorite Color & Jeans ~
- Morning: Coffee Talk (Newspaper, Magazines, Chat)
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 2 p.m. Sing along with Madison Liszka
- 7 p.m. Friday Night Movie on Ch. 1851

**Saturday, March 9 – Check Your Batteries Day**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 2 p.m. BINGO

**Sunday, March 10 – Daylight Savings Day**
- Turn your clocks ahead 1 hour
- 2 p.m. Movie Ch. 1851

**Monday, March 11 – Alfred Hitchcock Day**
- 7 p.m. Fred Barringer

**Tuesday, March 12 – Mohandas Gandhi starts 200m march protesting British salt tax (1930)**
- Coffee Cart
- 1:30 p.m. 500 Bid
- 7 p.m. BINGO

**Wednesday, March 13 – Donald Duck Day**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 6:30 p.m. Mid-Week Service

**Thursday, March 14 – Pi Day (As in Math Pi = 3.14159265...)**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 10:30 a.m. Rosary
- 1:30 p.m. 500 Bid
- 2 p.m. Bible Study
- 7 p.m. “Z” Praise Entertainment
  (Variety, Oldies, Christian, Gospel)

**Friday, March 15 – Ides of March**

~ Green Tee & Jeans ~
- 10 a.m. Gina Toth Creative Corner
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 2 p.m. St. Patrick’s Party
- 7 p.m. Friday Night on Movie Ch. 1851

**Saturday, March 16 – Worldwide Quilting Day**
- 10 a.m. & 2 p.m. Movies on Ch. 1851
- 2 p.m. BINGO

**Sunday, March 17 – St. Patrick’s Day**
- 10 a.m. Church Service
- 2 p.m. Movie Ch. 1851
**Monday, March 18 – Awkward Moments Day**

10 a.m. & 2 p.m. Movies on Ch. 1851
7 p.m. Bonnie Campbell

**Tuesday, March 19 – Let’s Laugh Day**

10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Marbles the Cat visits
1:30 p.m. 500 Bid
7 p.m. BINGO

**Wednesday, March 20 – Napoleon enters Paris after escaping Elba 100-day rule (1815)**

10 a.m. & 2 p.m. Movies on Ch. 1851
Spring Dessert during lunch (all neighborhoods)
6:30 p.m. Mid-Week Service

**Thursday, March 21 – World Poetry Day**

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid
2 p.m. Bible Study
6:45 p.m. Kinsman Amish Youth Group

**Friday, March 22 – Niagara Falls runs out of water because of drought (1903)**

*Any Shade of Blue Shirt & Jeans Day*

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Tony Barge (Country, Western)
7 p.m. Friday Night Movie on Ch. 1851

**Saturday, March 23 – Joan Crawford’s birthday (1905)**

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

**Sunday, March 24 – Harry Houdini was born in Budapest (1874)**

10 a.m. Church Service
2 p.m. Movie Ch. 1851

**Monday, March 25 – National Medal of Honor Day**

10 a.m. Greg Van Valien – Hymn Sing
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Bistro, Billiards and Books Club
7 p.m. “Z” Praise Entertainment
   (Gospel, Christian, Oldies, Variety)

**Tuesday, March 26 – LA Lakers break NBA win record by winning 69 of 82 games (1972). The record will stand for 24 years.**

10 a.m. & 2 p.m. Movies on Ch. 1851
Noon: Monthly Birthday Luncheon
1:30 p.m. 500 Bid
7 p.m. BINGO

**Wednesday, March 27 – Steve McQueen makes his network TV debut (1955)**

*Your Favorite Race Car Driver Shirt & Jeans/shorts ~*

10 a.m. & 2 p.m. Movies on Ch. 1851
11:30 a.m. Men’s Luncheon: Herbie Burgers Fully-loaded
6:30 p.m. Mid-Week Service

**Thursday, March 28 – Barnum & Bailey Day**

10 a.m. & 2 p.m. Movies on Ch. 1851
1:30 p.m. 500 Bid
7 p.m. Johnny Oaks (Variety)

**Friday, March 29 – 1932 Jack Benny debuts on the Ed Sullivan Radio Show**

*Yellow and Jeans/ Shorts Day~*

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Dr. Diamond (Rat Pack Style, Variety)
7 p.m. Friday Night Movie on Ch. 1851

**Saturday, March 30 – Vincent Van Gogh’s Birthday (1853)**

10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

**Sunday, March 31 – First time Jimi Hendrix burns his guitar (London, 1967))**

10 a.m. Church Service
10 a.m. & 2 p.m. Movies on Ch. 1851
FRIDAY, MARCH 1 — NATIONAL PEANUT LOVERS DAY Time to get a little Nutty! Show your love of America’s favorite salty legume by wearing brown, beige or Peanuts shirt/colors along with jeans! At 2 p.m. in the HFC, we’ll have Kirk Hamza playing some NUTragious Tunes!

FRIDAY, MARCH 8 — INTERNATIONAL WORKING WOMEN’S DAY “I have learned over the years that when one’s mind is made up, this diminishes fear; knowing what must be done does away with fear.” ~ Rosa Parks. The earliest Women’s Day observance, called “National Woman’s Day,” was held in 1909 in New York, organized by the Socialist Party of America. Join us in the Headland Friendship Commons at 2 p.m. for Sing-a-long with Madison Liszka and it’s also a Casual Jeans Day! (within the guidelines of course ;)

FRIDAY, MARCH 15 — IDES OF MARCH Wear anything Green along with jeans/shorts! Join us for Creative Corner at 10 a.m. in the HFC with Gina Toth. At 2 p.m. in the Headland Friendship Commons, join us for a St. Patrick’s Day Celebration with Tod Cutshaw and Green Munchies. Erin Go Braugh!

WEDNESDAY, MARCH 20 — FIRST DAY OF SPRING During the lunch hour, staff can join their neighborhoods for delicious Spring Dessert! Spring is in the air! What do you call a Rabbit with Fleas? Bugs Bunny! How excited was the gardener about spring? So excited he wet his PLANTS!

FRIDAY, MARCH 22 — BOOTS AND BLING DAY Wear your favorite Boots and Bling along with jeans on this casual Friday. At 2 p.m., join us for Tony Barge and Country Western Hoedown in the Headland Friendship Commons. Did you know? Merle Haggard ran away to Texas at age 14 after getting into much trouble. He rode freight trains and hitchhiked throughout the state. He landed in and out of jail a few times but went on to become one of the most influential singer/songwriters in country music!

WEDNESDAY, MARCH 27 — MEN’S LUNCHEON: HERBIE’S BURGERS: FULLY-LOADED This will be a casual day. Wear your favorite race team or driver shirt & jeans! In 1955, Steve McQueen makes his network TV debut. Men will be enjoying burgers with all the fixin’s and Winston cup-cakes!

FRIDAY, MARCH 29. PARTY IN STYLE Wear black or white with jeans/shorts today. Join us at 2 p.m. for Mixers and Music in the HFC where we will enjoy the musical stylings of Dr. Diamond and cocktails.

Regularly Scheduled Activities:
Church Service Sundays at 10 a.m. • BINGO – Tuesdays at 7 p.m. & Saturdays at 2 p.m.
Music Therapy Wednesdays at 3 p.m., various locations • Mid-Week Service Wednesdays at 6:30 p.m.
Thursdays Rosary at 10:30 a.m. & Bible Study at 2 p.m. • Friday Night Movies on Ch. 1851 at 7 p.m.

Special Activities in March:
March 4 - The Basement Band Duo, 7 p.m.
March 7 - Amish Singers, 7 p.m.
March 11 - Fred Barringer, 7 p.m.
March 13 - Humble Music Ministry, 2 p.m.
March 14 - “Z” Praise Entertainment 7 p.m.
March 15 - Gina Toth Creative Corner, 10 a.m.
March 18 - Bonnie Campbell, 7 p.m.
March 19 - Marbles & Autumn (therapy cats), 10 a.m.
March 21 - Kinsman Amish Youth Group, 6:45 p.m.
March 25 - Greg Van Valien Hymn Sing, 10 a.m.
March 25 - “Z” Praise Entertainment, 7 p.m.
March 28 - Johnny Oaks, 7 p.m.
Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul’s.

Caring Hearts – February 2019

Visit www.stpauls1867.org and click STAFF RECOGNITION on the homepage. Next, click on “Submit a Caring Heart” and fill in the simple form. Please Note: Submit ONE caring heart for EACH staff member you’d like to recognize.


Promoting a Culture of Caring & Recognizing our Team Members

Patty Adams
Melinda Amon
Joel Aponte
Shelly Arnone
Heather Baird
Laurie Baker
Audrey Bates
Mary Ellen Bayuk
Sarah Bell
Bill Biakis - USPS Mailman
Nancy Bielobocky
Michelle Bish
Sarah Black
Ceara Black
Amanda Boggs
Stephanie Bovard
Shianne Brantner
Carrie Breese
Kim Britton
Denise Brown
Kurt Bucheit
Ashley Burkhart
Christal Burns
Mickie Chapman
Shannon Chriswell
Lynn Chuey
Rita Clemente
Mariah Corson
Gayle Cowan
Cheryl Crawford
Jean Cullen
Aimee Cupic
Virginia Davis
Amber DeLong
Corey Denzer
Mimi Dreher
Tina Eells
Heidi Emerick
Gail Ennis
Mackenzie Fagley
Rose Farley
Amber Favorite
Jessica Fenton
Mary Beth Fisher
Carolyn Flynn
Katie Forcier
Tammy Gearhart
Joan Grunenwald
Erica Gulentz
Kelly Harper
Dawn Hartman
Krystal Hebert
Teresa Heckman
Jolene Herbold
Nan Hirschmann
Bob Horton
Leslie Jablonski
Sandy Kerfoot
Mackenzie Kerins
Krissy Kidd
Kim Kissing
Robin Knight
Tami Kost
Emily Kovach
Jessica Krafcheck
Jim Kuban
Lisa Kunselman
Cheryl Lamp
Ashley Lee
Amber Lee
Christina Lewis
Lisa Lightcap
Hannah Linamen
Tammy Lininger
Tom Luckock
Karen Mackall
Brian Mailliard
Meghan Makatura
Shalyn Martin
Reba McCraken
Leann McCurdy
Scott McElhinny
Katie Mennor
Dave Miller
Julie Miller
Dianna Mills
Julia Marian
Jeff Moser
Sandy Motter
Dana Mullen
Megan Myers
Jake Newcomer
Missy Nitch
Michelle O’Malley
Laura Palmer
Shanna Parker
Michael Paul
Kelsey Pears
Devon Piccolin
Rhonda Pipp
Ricky Potter
Heidi Rash
Corri Reagle
Rocky Reed
June Reges
Stephanie Roberts
Tabatha Roberts
Jen Robinson
Wendy Rodgers
Kayla Ross
Stephanie Russo
Dacia Ryhal
Brittany Sanders
Chad Sankey
Bill Schmidt
Nicole Shannon
Stormi Sherrill
Tammy Shoaff
Dan Shoaff
Denise Smith
Trudy Smith
Gina Sorg
Leslie Springer
Tina Stanhope
Deborah Stephens
Kim Sterba
Paige Stewart
Cindy Stoyer
Erin Straw
Sandy Teter
Sonya Tinker
Brian Uhrin
Melissa Villard
Summer Walker
Sheila Wasser
Hailey Watt
Robyn Weaver
Ashley Weldon
Lucy Wheaton
Calista White
Sara Wiekal
Elisa Wotherspoon
Chris Wright
Donny Yankle
GoSafe 2 features:

• GoSafe 2 uses more than GPS to help find you in an emergency situation. With one pendant, Philips Lifeline can engage up to 5 different locating technologies to help responders identify your location in an emergency. 1

• Using two-way voice communication, the GoSafe 2 pendant allows you to speak directly with a Lifeline trained Response Associate, providing you fast, easy access to help.

• GoSafe 2 is complete with AutoAlert fall detection technology. If a fall is detected, AutoAlert can automatically place a call for help, even if you can’t push the button yourself. 2

• The sleek, lightweight pendant is water resistant 3 and offers up to 3 days of battery life on a single charge and can even be charged while you are wearing it. 1

• You decide who comes to help you – a neighbor, loved one, caregiver or emergency services. The Philips Lifeline Response Center will dispatch the help you choose.

Ready. Set. Go!

1. GoSafe 2 coverage inside and outside the home is provided where AT&T wireless network coverage is available. Recharging of the GoSafe 2 pendant is done by the subscriber as needed, when connected to the charger.

2. AutoAlert does not detect 100% of falls. If able, a subscriber should always push their personal alert button when they need help. Button signal range may vary due to differing environmental factors.

3. Up to one meter of water for 30 minutes. Refer to IFU for more details.

We’re always on the look out for honest, dependable, compassionate individuals to become Care Partners and Companions. Join us as current employees and clients share their experiences about how Without Walls has changed their lives! Find out about our home-based, non-medical services available to individuals who wish to remain independent in their own homes.

JOB FAIR

Wednesday, March 20
10 - 11 a.m.
or
3 - 4 p.m.

The Keifer Building at St. Paul’s • 341 E. Jamestown Rd. • Greenville, PA 16125

Fill out an application & schedule an interview ON SITE.

This GoSafe 2 mobile medical alert service includes multiple, advanced locating technologies, fall detection capabilities and two-way voice communication all in a light, comfortable, easy-to-wear pendant.

Contact Michelle Bish at 724-589-4740 and find out what makes the Philips GoSafe 2 the simplest installation of all systems offered by Philips Lifeline safety technology.
Research demonstrates that volunteering leads to better health and that older volunteers are the most likely to receive physical and mental health benefits from their volunteer activities.

Volunteer activities can strengthen the social ties that protect individuals from isolation during difficult times, while the experience of helping others leads to a sense of greater self-worth and trust.

Older individuals who volunteer demonstrate greater health benefits than do younger volunteers, due in part to the fact that volunteer activities by older individuals are more likely to provide them with a purposeful social role.

Those who engage in volunteer activities are less likely to suffer from ill health later in life and may be introduced into a positive reinforcing cycle of good health and future volunteering.

States with higher volunteer rates are more likely to have lower mortality rates and less incidence of heart disease.

Even when controlling for other factors such as age, health, and gender, research has found that when individuals volunteer, they are more likely to live longer.

From the Corporation for National and Community Service, Office of Research and Policy Development. 

• BINGO Helpers needed: Tues. - 6:15 - 8:15 p.m., Sat. - 1:30 - 2:30 p.m. & 1:30 - 3:45 p.m.
• Transporters at The Villas: Mon. – Fri. 9 a.m. - noon
• Colby Bistro Gift Shop workers needed: Noon - 4 p.m.
• Appointment Companions and one-on-one visits with residents.

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or APPLY ONLINE at www.stpauls1867.org.
The annual Snowflake Ball was held on Thursday, Jan. 24 at The Villas. Residents, family members, employees and volunteer escorts from Thiel College enjoyed a special evening with live music, tasty appetizers and cocktails.

To see more photos from the Snowflake Ball, visit our web site at https://www.stpauls1867.org/about/photo-gallery.

2019 is the year of the pig in Asian cultures. So, of course, this year The Colony will have a traveling pig in the neighborhood! It will appear in a different yard every month appropriately adorned for the season. In February, the pig was featured in Coralee Armstrong’s yard decorated for Valentine’s Day. Stay tuned to Campus Connections to keep up with the pig’s whereabouts and outfits. This guy’s looking pretty good any time – night or day!
February Fun at The Heritage & The Ridgewood

1) Ardis May gets a personal serenade by one of the S.L.I.M Brothers during their Valentine’s Day performance.

We all have hearts in our eyes on Valentine’s Day and the staff and residents at The Heritage are no different! 1.) Glenola Kremis, 2.) Jane Brockway, 3.) Harriet Liszka

2) DeVee Love and Merle Hoffman enjoy Coffee Hour on Feb. 7 in the Anderson Fellowship Hall.

3) Donna Peterson (back left), Nina Nosker (front left), Helen Martin (front right) and Doris Scott, all residents at The Ridgewood, enjoy crafting and coloring in Harmony Hall on a chilly February afternoon.

Good thing we have Ron Ashbaugh (below center) to rally the troops for exercise every week — or we’d never be able to stay warm this winter!

Ruth Hill (center) gets some love from LE Specialist Virginia Smith (left) and housekeeper Tammy Shoaff at The Ridgewood on Valentine’s Day.

Happy St. Patrick’s Day
from your St. Paul’s Family!

May the road rise up to meet you.
May the wind be always at your back.
May the sun shine warm upon your face;
the rains fall soft upon your fields
and until we meet again,
may God hold you in the palm of His hand.

— Traditional Gaelic Blessing —