St. Paul’s Senior Living Community is proud to be a partner in the fight to end Alzheimer’s disease. The Alzheimer’s Association recognizes June 21—the longest day of the year—with the slogan “the day with the most light is the day we fight” to end Alzheimer’s disease. Employees, residents, family and friends wore “purple with a purpose” to raise awareness for Alzheimer’s and other dementia-related illnesses. Information stations were placed in the lobbies of each building on campus where we distributed information, accepted donations, shared homemade cookies and signed up team members for the annual Walk to End Alzheimer’s that will take place on September 8. For more information on how you can join St. Paul’s in the fight to end Alzheimer’s, please contact Tammy Lininger.

Digital Campus Connections update

We’ve decreased our postal mailing list by more than 300—saving nearly $500/month in printing and postage costs. Thank you to all who have participated!

It’s never too late to join our Campus Connections email distribution list. We will continue our initiative indefinitely!

Email jkather@sp1867.org with your name and the email address where you’d like to receive the newsletter.

Our updated website makes accessing the digital version of Campus Connections easier than ever—simply visit: www.stpauls1867.org/about/publications and select the issue you’d like to read.
St. Paul’s is a non-profit that depends on the generosity of others to support our mission. Donors make projects like the porticos possible. Donors got the wheels turning for the recent resident train ride to Cuyahoga Falls. Donors provide the peace of mind for residents who exhaust their financial resources and need benevolent care. No matter how big or how small, your ongoing gifts and support are greatly needed and appreciated.

If you have a loved one residing St. Paul’s and are happy with their care, we hope you will consider giving back by making a gift. Memorial donations after a loved one passes away are a thoughtful way to do this. Your loved one’s memory will live on at St. Paul’s through these kind gifts, helping their neighbors and friends.

Trying to think of a gift for your loved one for a birthday, anniversary or other special event? Consider making a donation in their honor to St. Paul’s. You can designate it to a cause they hold dear, such as benevolent care or the Eden Alternative, or you can just make a general gift. Either way, your donation will make your loved one feel special and will go on to help others.

For more information about giving opportunities, please contact Diane O’Brien, VP of Charitable Giving, at 724-588-7610 ext. 1237 or Dawn Hartman, Development Specialist, at ext. 1214.
Residents & family members at **The Villas Neighborhoods**
(picnic location: The Villas Courtyard and Bistro Patio)
The Meadows, The Springs and The Willows will enjoy their picnic from **11 a.m. - 12:30 p.m.**
The Gardens and The Orchards will enjoy their picnic from **12:30 - 2 p.m.**

~ ~ ~ ~ ~

Residents & family members at **The Ridgewood**
will enjoy their picnic from **11:30 a.m. - 1 p.m.**
(picnic location: O.D. Anderson Pavilion)

~ ~ ~ ~ ~

Residents & family members at **The Heritage** will enjoy their picnic from **4 - 6 p.m.**
(picnic location: The Bistro Patio and Courtyard)

~ ~ ~ ~ ~

Residents & family members at **Jones Serenity Circle**
will enjoy their picnic from **4:30 - 5:30 p.m.**
(picnic location: JSC Patio and Garden)

*If attending, please escort your loved ones to the picnic locations. Volunteers will also be available to assist.*

Cost suggested is $8 per person.

**In order for us to properly prepare for this special day, please RSVP by July 20.**

For The Villas: 724-588-7610 or Mimi Dreher ext. 1136
For The Ridgewood: 724-588-9184 or Virginia Smith ext. 1156
For The Heritage: 724-589-4601, ext. 1400 or Michele Miranda, ext. 1415
For Jones Serenity Circle: 724-589-4601, ext. 1400 or Patti Arensburg, ext. 1440
No Matter the Season, Cancer is Our Reason!!

Saturday, July 14
Riverside Park in Greenville

9 a.m. - Opening Ceremony & Team Lap
11 a.m. - Survivor Celebration (followed by lunch)
2 - 4 p.m. - Children’s Activities
4 p.m. - Butterfly Release
5 p.m. - Road to Recovery Contest
9 p.m. - Luminaria Ceremony
11 p.m. - Closing Ceremony

Sign up to walk
Register as a survivor
Decorate a luminary
DONATE

More info? Contact Dawn Hartman at 724-588-9613 ext. 1214 or dhartman@sp1867.org.

St. Paul’s Senior Living Community is a proud sponsor of

CELEBRITY BARTENDING event at the
Clark House
3590 Valley View Road • Clark Pa, 16150

Thursday, July 19
5 - 8 p.m.
Stop by and have one of our dedicated staff members pour you a cold one!
• Mickie Chapman
• Robin Knight
• Stephanie Roberts

Proceeds support the:
Residents who have passed

05/16/18 Shirley Knapp
05/23/18 Billy Boal
05/24/18 Gary Consider
06/01/18 Marjorie McKinnon
06/10/18 John Hunter
06/10/18 Marguerite Werner
06/13/18 Florine Kiefer

Dawn Hartman, Development Specialist in the Charitable Giving Office and Samantha Solyan, Administrator at The Ridgewood at Shenango Valley both graduated from Leadership Shenango on Thursday, May 17. The program invites 24 community professionals to participate in a leadership development program that creates a forum for the exchange of ideas by integrating the experience of current community leadership with the innovation of future leaders.

The 12-week program included sessions held across Mercer County about team building, networking, community service and volunteerism, tours of county businesses and more.

Hartman shared this about her experience, “I am so thankful to St. Paul’s for giving me the opportunity to complete the Leadership Shenango program. I got to work with some wonderful people and organizations around Mercer County and walked away with more knowledge about communication, teamwork and leadership skills. Just moving here last year, the program was also a great orientation to the area and all it has to offer.”

Former Assistant Director of Nursing, Kristian Moyer, also graduated from the program in May.

Hartman, Solyan Graduate Leadership Program

IN MEMORIUM


05/16/18 Shirley Knapp
05/23/18 Billy Boal
05/24/18 Gary Consider
06/01/18 Marjorie McKinnon
06/10/18 John Hunter
06/10/18 Marguerite Werner
06/13/18 Florine Kiefer

This group welcomes: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members and Professionals.
The Clarinet Quintet, composed of members of the Mercer Community Band, played prelude and offertory selections for all three worship services on Sunday, June 3. This is the fifth consecutive year the quintet has joined us at St. Paul’s and we always look forward to their visit and their beautiful music.

The three weekly Bible Study groups at The Heritage, The Ridgewood, and The Villas will be studying the Old Testament book of Ecclesiastes across the summer. Many are familiar with the words from Chapter 3 of Ecclesiastes: “To everything there is a season and a time for every purpose under the heavens...” We will take a closer look at this well-known passage and learn also about the larger message of this Bible book as a whole. All are welcome!
A Message from Pastor Bill

Summer Opportunities

I heard a news report recently that said many people aren’t planning to take traditional summer vacations this year, a combination of higher gas prices and the desire to have relaxing and quality time compared to rushing from one activity to another.

I find that time relaxing either on the beach at Lake Erie or some other calming spot, is a great way to refresh. Yet I don’t want time away from my usual routine to be time away from the Lord. So, for those who are like me, I offer two options (or a combination of the two.)

One is to devote periods of time to reflecting on the Lord, how much He loves me and on His Word including reading and meditating on passages of Scriptures, or just quietly reflecting on our Lord, seeing how He might choose to encounter me in the stillness.

The other involves selecting one of those books that I have been meaning to read – or to finish since I started it months ago – and devoting periods of time to finishing the book, again being open to how the Lord might speak to me in the midst of it.

Or, as I noted previously, combine both of these options, making progress toward finishing a book while also soaking in the Lord’s Presence.

Whether you try either or both of these, or some other forms of vacation activities, may you experience times of refreshing and relaxation this summer and a special sense of God’s presence in your midst.

— Pastor Bill

WORSHIP SCHEDULE AND SCRIPTURES FOR JULY 2018

Regular Sunday Worship Services are:

9 a.m. – The Heritage, Anderson Fellowship Hall
10 a.m. – The Villas, Headland Friendship Commons
11 a.m. – The Ridgewood, Harmony Hall

July 1, 2018 — Sixth Sunday after Pentecost
Scriptures: 2 Samuel 1: 1, 17-27 Psalm 130
2 Corinthians 8: 7-15 Mark 5: 21-43
Pastor Julia Fraser will lead all three worship services.

July 8, 2018 — Seventh Sunday after Pentecost
Scriptures: 2 Samuel 5: 1-5, 9-10 Psalm 48
2 Corinthians 12: 2-10 Mark 6: 1-13
Pastor Bill Kirker will lead all three worship services.

July 15, 2018 — Eighth Sunday after Pentecost
Scriptures: 2 Samuel 6: 1-5, 12b-19 Psalm 24
Ephesians 1: 3-14 Mark 6: 14-29
Pastor Bill Kirker will lead all three worship services.

July 22, 2018 — Ninth Sunday after Pentecost
Scriptures: 2 Samuel 7: 1-14a Psalm 89: 20-37
Ephesians 2: 11-22 Mark 6: 30-34, 53-56
Pastor Julia Fraser will lead all three worship services.

July 29, 2018 — Tenth Sunday after Pentecost
Scriptures: 2 Samuel 11: 1-15 Psalm 14
Ephesians 3: 14-21 John 6: 1-21
Pastor Bill Kirker will lead all three worship services.
Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

Unit sizes and new rates for 2018 are:
- 5’ x 10’ – $40/month
- 10’ x 10’ – $52/month
- 15’ x 20’ – $115/month (includes walk-in door + electric)

Contact Rita Clemente at 724-589-6909 with questions or if you wish to rent a storage unit.

IMPORTANT:
Securing Resident Valuables

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

The habit of happiness

Happiness is in our nature. We are born with the ability to be happy. And then life happens. Our life experiences affect our attitude about happiness. They influence how much we believe we deserve happiness or convince us we don’t deserve it. Especially in stressful situations like caregiving, feelings of happiness can be rare!

A happiness set point

Research suggests that we each develop a happiness “set point”—a level of happiness or unhappiness that is our usual attitude. Like a bad habit, we may feel at the mercy of our happiness quotient. But like a habit, it can be broken and reset to a new level.

Happiness training

If caregiving has taken your level of happiness down a few notches from usual, or you would like to raise your set point a bit, some simple mental exercises can help. Far from self-help mumbo jumbo, research has shown brain training to be effective.

Make strategic choices

You wouldn’t start training for a marathon with a 26-mile run. Similarly, there are many ways to strengthen your happiness. Be choosy about which happiness exercises you try first.

• Start with a quick win. Some exercises are more difficult than others. For instance, mindfulness techniques are very effective. But they take time to master. Instead, try an easier strategy, such as consciously savoring an experience you enjoy. Extend the pleasure by telling others about it.

• Pick a strategy that is fun. In happiness studies, researchers found some strategies were considered more fun than others. For instance, study participants reported that reflecting at the end of the day on three things that went well was more enjoyable than practicing forgiveness.

Get the biggest bang for your efforts. Some strategies are more effective than others. Exercising, for instance, is a proven winner in terms of improving mood quickly. Plus it has other health benefits.

Source: www.elderpages.com/northwestpa
~ Reserving Social Areas ~
Robyn Weaver, Executive Assistant, is the contact person when families want to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion. You can reach Robyn at 724-588-7610, ext. 1146. She will be happy to help you plan your event!

~ Transportation Reminder ~
In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting in the lobby 30 minutes before their appointment time unless otherwise notified.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Guest Apartment Accommodations Available at The Heritage ~
St. Paul’s is pleased to offer a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s. The apartment features two rooms—a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are $89 per night and are payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our guest apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146. Monday through Friday, 7 a.m. - 3:30 p.m.

~ Jim’s Snack Shack Ice Cream Truck ~
has returned for the summer!
His next visit will be July 9 and he will return once a month through September.
He will start at The Heritage at 1 p.m., then visit The Villas and finally The Ridgewood.

New “Resident Portal” on Website
– www.stpauls1867.org –
A great feature of our newly designed and enhanced website is a resident portal where our residents and family members (powers of attorney) can login to find documents and information pertaining to each of our campus communities.

The resident portal is a secure area of our website that requires a username and password to access. The information you can find in the portal includes: Memos/Notifications, Directories, Handbooks, Information and Pricing, Menus, Events and Calendars (including community events) and Forms.

If you would like to register for access to the resident portal, please email jkather@sp1867.org or call 724-589-4646.
You will be emailed a link that takes you to a registration page. There you will be asked to create a username and password. A confirmation email will be sent to your inbox.
To enter the portal from the St. Paul’s homepage, click the “Login” button in the upper right corner of our homepage and then simply enter your username and password.

Check us out on Facebook & Follow us on Instagram!

Like

Search for St Pauls Senior Living Community and find regular updates on our activities, events and resident life.
Share the good news at St. Paul’s with your friends and neighbors! Be sure to “Like” our page (not just our posts) and “Share” our news on your personal Facebook page. “Invite” your friends and family to “Like” our page, too!
Make sure to also “Like” St. Paul’s Without Walls too!

Instagram is a simple, fun & creative way to capture, edit & share photos, videos & messages with friends & family. Search for and follow st.pauls1867 to get a “behind the scenes” look at what’s happening at St. Paul’s.

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| 2 p.m. | 10 a.m. Nurse Betty  
2 p.m. | March of the Penguins  
2 p.m. | Happy Feet  
2 p.m. | The Water Boy  
2 p.m. | Pittsburgh  
7 p.m. | My Favorite Brunette  
2 p.m. | All of Me |
| 8   | 9   | 10  | 11  | 12  | 13  | 14  |
| 2 p.m. | The Bible  
2 p.m. | The Major and the Minor  
2 p.m. | The Best of Johnny Carson (1)  
10 a.m. | Fury  
2 p.m. | The Best of Johnny Carson (2)  
10 a.m. | Best of Johnny Carson (3)  
2 p.m. | Best of Johnny Carson (4)  
10 a.m. | Flight of the Navigator  
2 p.m. | Rhythm on the Range |
| 15  | 16  | 17  | 18  | 19  | 20  | 21  |
| 2 p.m. | Till the Clouds Roll By  
10 a.m. | Last Chance Harvey  
2 p.m. | Fireproof  
2 p.m. | The Greatest  
10 a.m. | Roman Holiday  
10 a.m. | Soul Surfer  
2 p.m. | Seabiscuit  
10 a.m. | Harry Potter & the Order of the Phoenix  
2 p.m. | Twilight in Forks  
10 a.m. | Golden Girls (1)  
2 p.m. | Golden Girls (2)  
7 p.m. | Golden Girls (3)  
10 a.m. | Spy Kids Game Over  
2 p.m. | Ace Ventura |
| 22  | 23  | 24  | 25  | 26  | 27  | 28  |
| 2 p.m. | The Bear  
2 p.m. | Dean Martin Variety Show  
2 p.m. | Planet of the Apes  
10 a.m. | Simon Birch  
2 p.m. | The Mirror Has Two Faces  
10 a.m. | Miracle on 34th Street  
2 p.m. | A Christmas Carol  
10 a.m. | Bing Crosby Waikiki Wedding  
2 p.m. | Bing Crosby East Side of Heaven  
10 a.m. | Dunston Checks in  
2 p.m. | Legally Blonde  
7 p.m. | Mamma Mia!  
10 a.m. | Braveheart  
2 p.m. | Mist |
| 29  | 30  | 31  |     |     |     |     |
| 2 p.m. | The Andy Griffith Show  
10 a.m. | Dirty Harry  
2 p.m. | Magnum Force  
10 a.m. | The Enforcer  
2 p.m. | Day and Night  
10 a.m. | | 10 a.m. | | 10 a.m. | | 10 a.m. | | 10 a.m. | |
July 2018 Calendar of Events

Sunday, July 1 – Picnic Brunch
Wednesday, July 4 – Colony Birthday Celebration
Saturday, July 7 – Noah’s Lost Ark
Sat., July 7 & Sun., July 8 – Greenville Heritage Days
Tuesday, July 10 – Colony Open Forum
Tuesday, July 10 – Colony Ice Cream Social
Tuesday, July 10 – Movie Night
Wednesday, July 11 – Colony Worship Service
Wednesday, July 11 – Colony Dinner
Friday, July 13 – Arthritis Aquatic Class
Friday, July 13 – Music in Mercer
Saturday, July 14 – Relay for Life
Monday, July 16 – Men’s Group
Monday, July 16 – Women’s Discussion Group
Monday, July 16 – Music & Bonfire
Tuesday, July 17 – Colony Lunch
Wednesday, July 18 – Book Club
Thursday, July 19 – Pizza & Ice Cream
Friday, July 20 – Mansions, Flowers, Chocolate & Wine
Tuesday, July 24 – Christmas in July Trip
Wednesday, July 25 – Colony Tour of Homes
Wednesday, July 25 – Movie Night
Thursday, July 26 – Colony Dinner
Monday, July 30 – Maintenance Appreciation Lunch

Save These Dates!
Saturday, August 4 – Colony Family Picnic
Friday, August 10 – St. Paul’s 2nd Annual Color Run
Saturday, September 8 – Walk to End Alzheimer’s
Sunday, September 9 – St. Paul’s Annual Car Cruise
Sunday, September 23 – Annual Colony Steak Fry

July
4 - Sylvia Loveridge
7 - Margery Stull
8 - Jim Macdonald
9 - Theresa Diefenderfer
10 - Janet Kirk
13 - Mary Kroen
20 - Nancy Sayles
21 - Earl Palmiter
24 - Barbara Cummings
24 - Mimi Milheim
24 - Bruce Wolff
30 - John Loveridge
30 - Jackie Weyman

August
4 - Archie Wallace
10 - Glenn Sadler
12 - Jean Hawes
21 - Emma Morrison
24 - Dolores Johns
27 - William Jones

LIBRARIAN SCHEDULE
July 1 — Jan Walther
July 8 — Kathy Becker
July 15 — Pat Brugler
July 22 — Polly Oden
July 29 — Phyllis Haynes

— NEWS and NOTES —
July Birthday Celebration — 2 - 3 p.m. Wednesday, July 4 in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Worship Service — Wednesday, July 11 at 10:30 a.m. in the Keifer Chapel. Fellowship time in the Keifer Social Room follows the service. Discussion topic: “Summer Vacations.”

Book Club — Wednesday, July 18 at 1 p.m. in the Keifer Library. This month’s book is Half Broke Horses by Jeannette Walls. All are welcome to attend. See Joan Brown for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, June 25 in the Keifer Building. Provided each month by VNA Alliance.
Heritage Herald
~ News from The Heritage ~

July Birthdays

8 - Cyril Risavi  
10 - Lois Owen  
12 - Monty Ogawa  
17 - Maude Armant  
17 - Ardis May  
18 - Louise Baseler  
22 - Merle Hoffman  
24 - Martha Baird  
25 - Evelyn Kaufman  
25 - Yvonne Klaric  
28 - Raymond Hall  
28 - Mary Pistolesi  

~ Jones Serenity Circle ~

Weekly Events:

- Mondays, 9 a.m. – “Music & Manicures” – JSC residents select a style of music to listen to while enjoying a manicure in the sitting room.
- Tuesday mornings – Aviary Care & “About the Birds” Patti shares facts about the different species of birds in our aviary.
- Tuesdays, 10:30 a.m. – Rosary in the activity room
- Tuesday afternoons – BINGO
- Second Tuesday of each Month, 12:30 p.m. – Bible Study with Devotions with Pastor Julia
- Thursdays, 2 p.m. – Music and Motion with Ron (from The Anderson Fitness Center at The Villas) in activity room
- Fridays, 10 a.m. – Worship Service with Pastor Bill
- Weekly Chair Yoga & Movement for Memory Care – including Tai Chi made easy seated exercise programs with Patti.
- Weekly K9 Companion Visits – Catch up with Chase!
- Weekly Garden Club Meetings

July Special Events and Entertainment:
- Tues., July 3, 6 p.m. – Sing A Long with Tony on Piano
- Wed., July 4, 10 a.m. – Trivia & 1 p.m. – Milkshakes on the Patio
- Fri., July 6, 12:45 p.m. – Gina’s Creative Corner
- Sat., July 7, 1 p.m. – Musical Entertainment w/ Bonnie Campbell
- Mon., July 9, 12:45 p.m. – Ice Cream Truck by the Courtyard
- Mon., July 9, 5:30 p.m. – “All That Jazz” with Lyn Mossman
- Tues., July 10, 12:30 p.m. – Bible Study with Pastor Julia
- Tues., July 10, 5:30 p.m. – Harp Music with Alissa
- Wed., July 11, 10 a.m. – Marimba Music with Nick Lakatos
- Thurs., July 12, 5:30 p.m. – Z Praise Entertainment
- Mon., July 16, 10:15 a.m. – Sing A Long with “Hey Joe”
- Tues., July 17, 5:30 p.m. – Harp Music with Alissa
- Fri., July 20 – Birthday Breakfast with Guest Chef
- Fri., July 20, 12:45 p.m. – Humble Ministries
- Sat., July 21, 1 p.m. – Musical Entertainment w/ Bonnie Campbell
- Mon., July 23, 5:30 p.m. – Play music with Humble Ministries
- Tues., July 24, 5:30 p.m. – Harp Music with Alissa
- Wed., July 25, 10 a.m. – Marimba Music with Nick Lakatos
- Sat., July 28, 4:30 p.m. – St. Paul’s Annual Summer Picnic
- Sat., July 28, 1 p.m. – Musical Entertainment with Z Praise
- Mon., July 30, 5:30 p.m. – Sing A Long with Lyn Mossman

Regular Events & Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall
Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO
Wednesdays, 1:30 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

- Thursdays, 3 p.m.– Skee Ball, Anderson Fellowship Hall

- Fridays, 2 p.m. – Balancing & Strengthening with Ron
  - Monthly Manicures for residents
  - 500, Canasta and Bridge Card games are available—contact Michele Miranda if you’d like to join in on these games.
- Check out the daily puzzle working in the floor lounges.
- Weekly current event discussions on local and national news.
- Monthly afternoon movie matinees, guided tour videos around the world, word and brain games and more.
- The Heritage’s Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes! The group also makes seasonal crafts and gifts.
- Enjoy the warm summer weather walking in our beautiful courtyard or relaxing on the patio with lemonade and outdoor games.

~ News from The Heritage ~

July Highlights

Sunday, July 1, 11:30 a.m. – Dining Room Seating Change
Wed., July 4 – HAPPY 4TH OF JULY EVERYONE!
Wed., July 4, 1 p.m. – German Ladies Club Meeting
Wed., July 4, 6:30 p.m. – Instrumental and Vocal Group Entertainment

Friday, July 6, 2 p.m. – Humble Ministries Music and Singing

Monday, July 9, 1 p.m. – Jim’s Snack Shack Ice Cream Truck delivers cool treats

Thurs., July 12, 6:30 p.m. – Christian Assembly w/ Pastor Joel Diangi at the Piano

Monday, July 16, 11:30 a.m. – Birthday Luncheon
Wed., July 18, 6:30 p.m. – Jerry & Karen Stegkamper and Shaun Heglin Music and Singing

Thurs., July 19, 6:30 p.m. – Sound Witness Music & Singing
Wed., July 25, 2:45 p.m. – Resident Council Meeting
Wed., July 25, 6:30 p.m. – Joan Wentling presents “Singing with Friends”

Friday, July 27, 6:30 p.m. – “Z” Praise Entertainment
Sat., July 28, 4:30 p.m. – Annual Family Picnic with entertainment

~ Jones Serenity Circle ~

Weekly Events:

Mondays, 9 a.m. – “Music & Manicures” – JSC residents select a style of music to listen to while enjoying a manicure in the sitting room.

Tuesday mornings – Aviary Care & “About the Birds” Patti shares facts about the different species of birds in our aviary.

Tuesdays, 10:30 a.m. – Rosary in the activity room

Tuesday afternoons – BINGO

Second Tuesday of each Month, 12:30 p.m. – Bible Study with Devotions with Pastor Julia

Thursdays, 2 p.m. – Music and Motion with Ron (from The Anderson Fitness Center at The Villas) in activity room

Fridays, 10 a.m. – Worship Service with Pastor Bill

Weekly Chair Yoga & Movement for Memory Care – including Tai Chi made easy seated exercise programs with Patti.

Weekly K9 Companion Visits – Catch up with Chase!

Weekly Garden Club Meetings

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- Tues., July 3, 6 p.m. – Sing A Long with Tony on Piano
- Wed., July 4, 10 a.m. – Trivia & 1 p.m. – Milkshakes on the Patio
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- Sat., July 7, 1 p.m. – Musical Entertainment w/ Bonnie Campbell
- Mon., July 9, 12:45 p.m. – Ice Cream Truck by the Courtyard
- Mon., July 9, 5:30 p.m. – “All That Jazz” with Lyn Mossman
- Tues., July 10, 12:30 p.m. – Bible Study with Pastor Julia
- Tues., July 10, 5:30 p.m. – Harp Music with Alissa
- Wed., July 11, 10 a.m. – Marimba Music with Nick Lakatos
- Thurs., July 12, 5:30 p.m. – Z Praise Entertainment
- Mon., July 16, 10:15 a.m. – Sing A Long with “Hey Joe”
- Tues., July 17, 5:30 p.m. – Harp Music with Alissa
- Fri., July 20 – Birthday Breakfast with Guest Chef
- Fri., July 20, 12:45 p.m. – Humble Ministries
- Sat., July 21, 1 p.m. – Musical Entertainment w/ Bonnie Campbell
- Mon., July 23, 5:30 p.m. – Play music with Humble Ministries
- Tues., July 24, 5:30 p.m. – Harp Music with Alissa
- Wed., July 25, 10 a.m. – Marimba Music with Nick Lakatos
- Sat., July 28, 4:30 p.m. – St. Paul’s Annual Summer Picnic
- Sat., July 28, 1 p.m. – Musical Entertainment with Z Praise
- Mon., July 30, 5:30 p.m. – Sing A Long with Lyn Mossman
Staff Member of the Month

Tricia Pratt

Tricia is a Universal Worker at The Ridgewood. She was born in Germany on March 14, 1990, to Samuel Baniul and Sonja Breault. She attended Brookfield High School. After graduation, she attended SNHU, where she earned an Associate’s degree in Business Administration.

Tricia married EJ Pratt on November 5, 2016, and together they settled in Hermitage, Pa. She has one daughter, Darcy. She has three “fur babies”, Cora (a Newfoundland), Loki (a Husky) and Mira (a Great Dane).

Tricia loves playing video games, watching movies and listening to music. Her favorite TV shows include “Black Sails,” “Vikings,” and “Game of Thrones.” Her favorite food is pineapple.

Tricia has traveled to Florida, North Carolina, and St. Thomas in the Virgin Islands. Among her best memories is the time when she visited Disney World’s Animal Kingdom.

~ Special Events in July ~

Monday, July 2, 1:30 p.m. Food Committee, Dining Room
Tuesday, July 3, 11:30 a.m. Birthday Lunch, Harmony Hall
Thursday, July 5, 6:30 p.m. Amish Singers, Harmony Hall
Thurs., July 12, 2:30 p.m. Resident Council, Harmony Hall
Thurs., July 26, 6:30 p.m. Activity Buck Shopping
Saturday, July 21, 7 a.m. Men’s Breakfast, Harmony Hall
Monday, July 23, 2 p.m. Jim Hutchinson “One Man Band”
Saturday, July 28, 11:30 a.m. Family Picnic (see pg. 3)

Welcome to Our Table!

Guests are always welcome for meals. Please give 24 hours notice to accommodate seating and food preparations. When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal. This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 1851
11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream cart down the halls
6:30 p.m. – Movie Night, Harmony Hall

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
2:30 p.m. – Triominoes, Harmony Hall
6:30 p.m. – 500 Card Club, Harmony Hall

Tuesdays: 10 a.m. – Looming, 300 Hall Lounge
2 p.m. – Balance & Strengthening with Ron, Harmony Hall
2:30 p.m. – Scrabble, Harmony Hall
6:30 p.m. – Games, Harmony Hall

Wednesdays: 9 a.m. – Communion for Catholics in your room
9:30 a.m. – Adult Coloring, Harmony Hall
10:30 a.m. – Exercise Class, Harmony Hall
1:15 p.m. – Errand Day
6:30 p.m. – Triominoes, Harmony Hall

Thursdays: 9 a.m. – Sewing & Looming, 400 Hall Lounge
10 a.m. – Bible Study, Harmony Hall
1:30 p.m. – Wal-Mart/Giant Eagle shopping
6:30 p.m. – Movie Night, Harmony Hall

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall
6:30 p.m. – Dominoes, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – BINGO, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
7 p.m. – Lawrence Welk Show on Ch. 1851

July Residents:
3 - Janet Gebert
4 - Margaret Cochran
14 - Carol Knapp
20 - Elizabeth Aubel
23 - James Preston

July Staff:
3 - Kim Yeager
12 - Jean Guirguis

Congratulations to Jack & Jean Faulhaber, who celebrated their 72nd wedding anniversary on June 21! They have been residents at The Ridgewood since 2016.
~ News from The Villas ~

~ Attention Dog Owners ~

St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room.

This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

~ July Birthdays ~

1 - Ellen Moore 17 - Geraldine Slayton
2 - Myrene Stoyer 18 - Alta Mckay
4 - Emmalu McIlwain 18 - Rhoda Satonica
4 - Leora Smith 21 - Patricia Ogle
6 - Joseph Allen Jr. 22 - Irene Stewart
6 - Helen Slater 25 - Maxine Vosler
13 - Joan Kryger 27 - Joann Branch
13 - Marion Roch 27 - Norma Dillen
15 - Agnes Roch 27 - Nancy Rodgers
16 - Juanita Curtin 29 - Irene Moran

~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend these meetings.

We encourage family and friends to join us at any and all special activities planned at The Villas. If you’d like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to only your loved ones enjoying the event.

~ Casual Fridays ~

Casual Fridays were created to help support the Residents’ Life Enrichment Fund. Staff members participating in casual wear on Fridays are asked to please participate in the theme wear as listed and assist us in maintaining the Residents’ Fund through the purchase of a jeans sticker for $1.00. (Located at the reception area). Thank You!

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

~ St. Paul’s Family Picnic ~

Saturday, July 28

Residents and family members at The Villas Neighborhoods (picnic location: The Villas Courtyard and Bistro Patio)
The Meadows, The Springs & The Willows – 11 a.m. - 12:30 p.m.
The Gardens & The Orchards – 12:30 - 2 p.m.

If attending, please escort your loved ones to the picnic locations. Volunteers will also be available to assist.

Cost suggested is $8 per person.

In order for us to properly prepare for this special day, RSVP by July 20.

The Villas: 724-588-7610;
The Ridgewood: 724-588-9184 (picnic time 11:30 a.m. - 1 p.m.)
The Heritage: 724-589-4601 (picnic time: 4 - 6 p.m.);
Jones Serenity Circle: 724-589-4601 (picnic time: 4:30 - 5:30 p.m.)

See complete details on page 3.

~ Attention Dog Owners ~

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<td>1 Beef pot roast,</td>
<td>2 Swedish meatballs,</td>
<td>3 Turkey goulash,</td>
<td>4 Cheeseburger,</td>
<td>5 Sweet potato-crusted pollock,</td>
<td>6 Spaghetti and meatballs with sauce,</td>
<td>7 Baked glazed ham, duchess potatoes,</td>
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<td>mashed potatoes,</td>
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<td>macaroni salad,</td>
<td>Italian sausage w/ peppers &amp; onions,</td>
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<td>8 Baked glazed</td>
<td>9 Beef brisket,</td>
<td>10 Sloppy joe,</td>
<td>11 Beef pot roast,</td>
<td>12 Pork roast,</td>
<td>13 Sweet &amp; sour meatballs, egg noodles,</td>
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<td>15 Stuffed chicken,</td>
<td>16 Meatloaf,</td>
<td>17 Caribbean chicken,</td>
<td>18 Fried pork chop,</td>
<td>19 Caesar chicken,</td>
<td>20 Panko-crusted tilapia,</td>
<td>21 Baked glazed ham w/ raisin sauce,</td>
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<td>22 Beef pot roast,</td>
<td>23 Chicken cacciatore,</td>
<td>24 Apple pork chop,</td>
<td>25 Stuffed cabbage roll w/sauce,</td>
<td>26 Supreme chicken breast,</td>
<td>27 Fried fish,</td>
<td>28 Hamburger,</td>
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<td>BBQ pulled pork,</td>
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<td>casserole,</td>
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<td>29 Veal Marsala,</td>
<td>30 Stuffed green pepper,</td>
<td>31 Cheese ravioli w/sauce,</td>
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<td>Parmesan noodles,</td>
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<td>Sunday, July 1</td>
<td>in 1979, Sony introduced the walkman</td>
<td>10 a.m. Church Service</td>
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<td>Monday, July 2</td>
<td>Dave Thomas’ Birthday - Founder of Wendy’s Old Fashioned Hamburgers (1932)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Tuesday, July 3</td>
<td>“Fruit Garden and Home” magazine was introduced. It was later renamed “Better Homes and Gardens.” (1922)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Wednesday, July 4</td>
<td>Independence Day! The amended Declaration of Independence, prepared by Thomas Jefferson, was approved and signed by John Hancock, the President of the Continental Congress in America (1776)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Thursday, July 5</td>
<td>Arthur Ashe became the first black man to win a Wimbledon singles title when he defeated Jimmy Connors (1975)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Friday, July 6</td>
<td>BLUEBERRY CHILL (July is National Blueberries Month)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Saturday, July 7</td>
<td>“Dragnet” was first heard on NBC radio (1949)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Sunday, July 8</td>
<td>Uniforms for police in New York City were authorized (1693)</td>
<td>10 a.m. Church Service</td>
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<td>Monday, July 9</td>
<td>Mike Tyson was banned from the boxing ring and fined $3 million for biting the ear of opponent Evander Holyfield (1997)</td>
<td>1 p.m. Jim’s Snack Shack starts at The Heritage, then visits The Villas and The Ridgewood</td>
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<td>Tuesday, July 10</td>
<td>The Beatles “A Hard Day’s Night” (1964)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Wednesday, July 11</td>
<td>E.B. White’s Birthday (1899)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Thursday, July 12</td>
<td>Manufacturing began for the Etch A Sketch® (1960)</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Friday, July 13</td>
<td>ALL SHOOK UP FRIDAY</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Saturday, July 14</td>
<td>(1946) Dr. Benjamin Spock’s “The Common Sense Book of Baby and Child Care” was first published</td>
<td>10 a.m. &amp; 2 p.m. Movies on Ch. 1851</td>
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<td>Sunday, July 15</td>
<td>Give Something Away Day (Like a Hug!)</td>
<td>10 a.m. Church Service</td>
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Monday, July 16 – 1926 The first underwater color photographs appeared in “National Geographic” magazine
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. “Hey Joe” Collincini (50’s Music)
7 p.m. Mercer County Boys (Bluegrass, Country, Gospel)

Tuesday, July 17 – 1917 The British royal family adopted the Windsor name
10 a.m. Marbles the Cat
10 a.m. & 2 p.m. Movies on Ch. 1851
1:30 p.m. 500 Bid – Gardens D.R.
7 p.m. BINGO

Wednesday, July 18 – Color Blast Wednesday
~ Wear your new colorful St. Paul’s shirt along with Jeans/Shorts ~
10 a.m. & 2 p.m. Movies on Ch. 1851
Noon: Gardens Neighborhood summer picnic in the courtyard (rainsite is HFC)
1 p.m. Employees wearing their new colorful St. Paul’s gear gather at the fountain in The Villas Courtyard for a color blast employee photo!
7 p.m. S.L.I.M. Brothers perform in the HFC

Thursday, July 19 – The Rosetta Stone, a tablet with hieroglyphic translations into Greek, was found in Egypt (1799)
10 a.m. & 2 p.m. Movies Ch. 1851
10:30 a.m. Rosary
2 p.m. Bible Study
6:45 p.m. Kinsman Amish Youth Group

~ White, Light or Bright & Jeans/Shorts ~
10 a.m. & 2 p.m. Movies Ch. 1851
10 a.m. Gina Toth/Creative Corner
2 p.m. Jim Hutchison (Variety/Oldies)
7 p.m. Friday Night Movie on Ch. 1851

Saturday, July 21– Ernest Hemingway’s Birthday (1899)
10 a.m. & 2 p.m. Movies Ch. 1851
2 p.m. BINGO

Sunday, July 22 – Goodbye Could Have, Should Have/Hello Can Do, Will Do
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, July 23 – Meditation Monday
10 a.m. Greg Van Valien – Hymn Sing
10 a.m. & 2 p.m. Movies on Ch. 1851
7 p.m. Z Praise (Gospel, Variety, Oldies)

Tuesday, July 24 – Tell a Joke Day
10 a.m. & 2 p.m. Movies Ch. 1851
Noon: Monthly Birthday Lunch
7 p.m. BINGO

Wednesday, July 25 – Get Fired Up!
10 a.m. & 2 p.m. Movies on Ch. 1851
11:30 a.m. Men’s Luncheon: Get Fired Up!
Grill Masters Revelry!
6:30 p.m. Mid-Week Service

Thursday, July 26 – Wildflower Day
10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
2 p.m. Bible Study
7 p.m. Bonnie Campbell (Ol’ Country, Gospel, Variety)

Friday, July 27 – Neighborhood Activities & Picnic Preparations
~ Summer shirt and Jean/Shorts ~
10 a.m. & 2 p.m. Movies on Ch. 1851
7 p.m. Friday Night Movie Ch. 1851

Saturday, July 28 – ANNUAL FAMILY PICNIC Best of the Southwest/Texas Tea! Food, Fun & Live Music!!
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, July 29 – Eye of the Tiger Day: Rise to the Challenge
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, July 30 – Neighborhood and Outdoor Activity
Henry Ford’s Birthday (1863)
10 a.m. & 2 p.m. Movies on Ch. 1851

Tuesday, July 31 – National Mutt Day
10 a.m. & 2 p.m. Movies on Ch. 1851
1:30 p.m. Cards
7 p.m. BINGO

Clara Haggerty, resident at The Villas, poses with “Uno” – the one and only duck that hatched this year!
~ July 2018 Special Activities & Events for Staff and Residents at The Villas ~

WEDNESDAY, JULY 4—INDEPENDENCE DAY—Commemorate this holiday by wearing red, white and blue along with jeans/shorts of appropriate length. Enjoy the outdoors (weather permitting) on the porches, patios and pergolas. Life Enrichment staff will cart cool drinks through the neighborhoods along with Americana Trivia. Entries scoring 100% will be pulled for a chance at a Dairy Queen gift certificate (three drawings). We will not have Mass for July, but communion will be offered with Rosary on July 19.

FRIDAY, JULY 6—BLUEBERRY CHILL DAY—As July is National Blueberries Month, we’ll celebrate this summer berry with All Things Blue on the Bistro! Join us on the Bistro patio, we’ll have Blue Glow Brights, Balloons and a Bubble Bonanza. Chill with some golden oldies by Madison Liszka. Dip your toes in the footie pool, relax with breezy beverages and nibble on blueberry treats. And you guessed it…wear a blue shirt with jeans/shorts of appropriate length!

MONDAY, JULY 9—JIM’S SNACK SHACK—“Age does not diminish the extreme disappointment of having a scoop of ice cream fall from the cone.” ~ Jim Fiebig
So True! Starting at 1 p.m., Jim starts at The Heritage, then visits The Villas, then The Ridgewood. Staff escorting resident are offered ice cream of their choice as well.

FRIDAY JULY 13—ALL SHOOK UP FRIDAY—My hands are shaky and my knees are weak/I can’t seem to stand on my own two feet/Who do you thank when you have such luck??/I’m in love/I’m all shook up! Elvis Impersonator, Marc Carr will be performing in the HFC at 2 p.m.! Wear your favorite Elvis paraphernalia or the color black (Early Elvis) or white (Later Elvis) with jeans/shorts of appropriate length.

WEDNESDAY, JULY 18—JOIN US FOR S.L.I.M. BROTHERS at 7 p.m. in the Headland Friendship Commons! Also, the Gardens Neighborhood Family Picnic will be on this day at noon in the Garden’s Courtyard (rain site is Headland Friendship Commons).

FRIDAY, JULY 20—MILKY WAY FRIDAY—During the 1960’s, the United States and Russia were in a “space race” to the nearest celestial object, the Moon. In 1969, Apollo 11 astronauts Neil Armstrong and Edwin E. Aldrin Jr. became the first men to walk on the surface of the moon. Wear white, light or bright along with jeans/shorts of appropriate length. At 10 a.m. Gina Toth provides crafting fun with Creative Corner in the HFC. Join us at 2 p.m. for a variety of music by entertainer Jim Hutchison!

WEDNESDAY, JULY 25—MEN’S LUNCH: GET FIRED UP…GRILL MASTERS’ REVELRY! Burgers & dogs are on the menu for this month’s fare. Sides will include baked beans, mac salad and an ample selection of cold beverages! For dessert, we’ll serve yummy brownie squares crowned with a dollop of vanilla ice cream.

FRIDAY, JULY 27—NEIGHBORHOOD ACTIVITIES AND PICNIC PREPARATIONS DAY—Wear a favorite summer shirt along with jeans/shorts of appropriate length. Picnic preparation will continue for Annual Family Picnic. Residents interested in helping out – please be in the HFC by 10 a.m.!

SATURDAY, JULY 28—ST. PAUL’S ANNUAL FAMILY PICNIC: BEST OF THE SOUTHWEST / TEXAS TEA!—Please see postings for times. Join us for a blend of the Southwest & Texas Tea! The band “Country Showcase” will play favorites with lead singer Tony Barge!

<table>
<thead>
<tr>
<th>Regularly Scheduled Activities:</th>
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<tbody>
<tr>
<td>BINGO – Tuesdays at 7 p.m. &amp; Saturdays at 2 p.m. • Mid-Week Service Wednesdays at 6:30 p.m. Friday Night Movies on Ch. 1851 at 7 p.m.</td>
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<th>Special Activities in July:</th>
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<tr>
<td>July 2 – Fred Barringer, 7 p.m.</td>
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<td>July 5 – Amish Singers, 7 p.m.</td>
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<td>July 9 – Stephen Medovitch, 7 p.m.</td>
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<td>July 11 – Humble Music Ministry, 2 p.m.</td>
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<td>July 12 – Z Entertainment, 7 p.m.</td>
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<td>July 16 – Joe Collincini “Hey Joe,” 2 p.m.</td>
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<td>July 16 – Mercer County Boys, 7 p.m.</td>
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<td>July 18 – Marbles the Cat, 10 a.m.</td>
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<td>July 19 – Kinsman Amish Youth Group, 6:45 p.m.</td>
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<tr>
<td>July 23 – Greg Van Valien Hymn Sing, 10 a.m.</td>
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<tr>
<td>Humble Music Ministry, 2 p.m.</td>
</tr>
<tr>
<td>July 23 – Z Entertainment, 7 p.m.</td>
</tr>
<tr>
<td>July 27 – Bonnie Campbell, 7 p.m.</td>
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</tbody>
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Caring Hearts—June 2018

Names may be submitted to the building receptionist by anyone who is witness to this extra effort or act of kindness.

Caring Hearts recognizes staff members who go above and beyond to help or support a resident or fellow staff member. List features staff from The Heritage, The Keifer Building, The Ridgewood, The Villas and Without Walls.

Jenna Alexander  Joni Diehl  Lindsy Lumley  Kayla Ross
Kelly Alexander  Kara Doddo  Rebecca Mabry  Stephanie Roth
Joel Aponte  Mimi Dreher  Karen Mackry  Lauren Russell
Judy Armour  Clarice Edinger  Jen Manloney  Stephanie Russo
Laurie Baker  Tina Eells  Dave Mazurewiz  Amber Scarmack
Koreena Barker  Rose Farley  Ashley McBriar  Alexis Shannon
Mary Barr  Lori Ferguson  Shane McClelland  Dick Sherwood
Beckie Bartell  Carolyn Flynn  Sue McConnell  Gina Sorg
Joan Baxter  Tammy Gearhart  Lisa McCracken  Barb Stake
Ashley Beckman  Rachel Gilmore  Terri McGarvey  Tina Stanhope
Sarah Bell  Tracey Grant  Susan McGirr  Ashley Stephanko
Debbie Benedetto  Patty Gregory  Dick Meeker  Deb Stephens
Anastasia Betz  Brooke Hargenrader  Julie Miller  Cindy Stoyer
Stacey Betz  Kris Harnett  Janet Miller  Erin Straw
Ceara Black  Kelly Harper  Diana Mills  Mikkayla Thomas
Sarah Black  Melinda Hartman  Julie Mitchell  Renee Thurber
Amanda Boggs  Krystal Hebert  Julie Mioran  Raela W
Kendra Bolliger  Jolene Herbold  Dee Morrison  Brian Uhrin
Cathy Boyer  Nan Hirschmann  Lynn Moyer  LeeAnn W
Lucinda Boylan  Brittany Houck  Lynne Muir  Missy Walker
Halie Britton  Leslie Jablonaski  Dana Mullen  Hannah Walker
Denise Brown  Karen Jackson  Doris Neal  Sheila Wassner
Nadine Buchanan  Ashleigh Jamison  Missy Nitch  Brianna Watt
Kristy Bunts  Krisy Kidd  Mary Ann Palmer  Deb Weese
Ashley Burkhart  Bill Kirker  Shanna Parker  LeeAnn Wester
Missy Burnett  Kimmi Kissling  Jenny Parker  Lucy Wheaton
Kristi Burton  Chuck Klingensmith  Ashley Payne  Calista White
Deb Calenda  Jessie Krafcheck  Angie Pochatko  Brittany Wilson
Shannon Chriswell  Lisa Kunselman  Katie Ramp  Missy Wilson
Lydia Cianci  Jenny Lambert  Corri Reagle  Leslie Woolstrum
Stephanie Clevenger  Judy Leskovac  June Reges  Elisa Wotherspoon
Destiny Coxson  Christina Lewis  Steve Richardson  Donny Yankle
Cheryl Crawford  Lisa Lightcap  Marie Riley  Deb Yesko
Alexis Darlington  Beth Lineman  Donita Ritchey  Lori Zahniser
Sean Davis  Brittany Little  Tabitha Roberts
Cory Denzer  Shelly Luckock  Stephanie Roberts

No call bells over 10 minutes (5/15 - 5/21). Way to go Springs You Rock!

CNA Class: Thank you for all your help these past weeks! From the Orchards B Staff & Residents

June Lekon -- from Gail Negard  I would like to nominate Missy Nitch. My mom says she was “wonderful” to her on the recent train ride. She even kept my sisters & I up-to-date through email photos! Thank you Missy!
Make the smart choice

If AutoAlert detects a fall, you know you’re protected, whether at home or on the go, regardless of whether you can push your button or not.¹

AutoAlert, the new standard in help buttons—the most widely used and proven fall detection system in the U.S.²

Enjoy twice the protection
AutoAlert reports twice as many falls as standard medical alert systems.³

Feel confident that you’ll get help when you need it
AutoAlert sends timely help in the 30% of serious falls requiring transport to the hospital when a senior can’t or doesn’t press the button.⁴

Medical alert systems without AutoAlert can miss 3 in 10 severe falls. Make sure you make the smart choice with AutoAlert so if you experience one of those falls you can get the help you need.⁵

¹ AutoAlert does not detect 100% of falls. If able, you should always push your help button. ² Based on number of subscribers. ³ Philips Research Study, 2014 of over 400,000 customer records which analyzed statistically similar populations of AutoAlert and standard medical alert system users. ⁴ Coverage outside the home provided with the GoAlert service, where AT&T wireless network coverage is available. ⁵ Philips Research Study, 2014 of over 400,000 customer records which analyzed statistically similar populations of AutoAlert and standard medical alert system users.

Did you know?

WOW employees Michelle O’Malley (left), Client and Staff Development Coordinator and Michelle Bish, Community Outreach Specialist, are available to present and endorse WOW services to your clubs, groups and organizations. Call to schedule a speaking engagement today!

NOW OFFERING

Medical Supplies & Equipment

Significant Savings
(Compared to local retailers)

Delivered Directly to your Door
(Free delivery within 10 miles)

TO ORDER, contact 724-589-4740
ATTENTION: ALL VOLUNTEERS

Please mark your calendars for the Volunteer Services Department’s Annual InService scheduled on TUESDAY, JULY 10 in the HEADLAND FRIENDSHIP COMMONS registration begins at 8:30 a.m.

Please contact Rose Hoffman at 724-588-9613 ext. 1135 or rhoffman@sp1867.org if you ARE or ARE NOT able to attend no later than Monday, July 2.

Please watch your mailboxes for more detailed information and an AGENDA of the day’s events.

THANK YOU, VOLUNTEERS FOR ALL YOU DO!

If any volunteers would like to help with the Annual Family Picnics across campus on SATURDAY, JULY 28, please contact Rose Hoffman at ext. 1135.

Clerical Assistant needed for the Office of Volunteer Services.
Transporters needed for Tuesday and Wednesday evening activities.
Colby Bistro Gift Shop workers needed: Weekdays & Weekends: Noon - 4 p.m.
BINGO Helpers needed: Tuesday evenings at The Villas & The Heritage 6:15 - 8:15 p.m. Saturdays at The Heritage 1:30 - 2:30 p.m. and at The Villas 1:30 - 3:45 p.m.
One-on-one companions to visit with residents.

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or APPLY ONLINE at www.stpauls1867.org.
The Ridgewood Family celebrated Memorial Day in red, white and blue style!

Ridgewood resident, Tom Leary (center) poses with the Color Guard from Jamestown VFW.

The kind crafters created and gifted eight patriotic-colored wreaths to the veterans who live at The Ridgewood!

Family, staff and residents from The Springs in The Villas celebrated with tastes of summer at their annual Family Picnic on June 13.
St. Paul’s Volunteers/International Students Prepare Traditional Chinese Feast for Residents

A recent Joining Generations activity took place in May, when two St. Paul’s volunteers and international students from Thiel College prepared a traditional Chinese dinner to share with residents from across campus. Zechen Huang is pictured at left with Martha Baird, resident at Jones Serenity Circle and Hongyu He is pictured at right with Shirley Brown, resident at The Heritage. Both residents have visited China. The feast included a shredded cucumber appetizer, carp soup, three side dishes, three entrees and snow pear and lily bulb soup and pineapple pastry for dessert!

The wooden lanterns in the photos above were handmade by Hong and she gave them to residents. After dinner, a question/answer session was held for residents to get to know a little more about them and the traditions.

Zechen is from Guangdong Province, his city is Guangzhou, and he studies marketing and accounting at South China University of Technology. Hongyu He is from Shanghai. She is an MIS major (Management of Information Systems) and studied first in Salt Lake City and then at Cal State Northridge in Los Angeles before transferring to Thiel.

More summertime treats served up at The Villas’ Strawberry Festival on June 22!

Lots of smiles in these great scenes captured on the train ride through the Cuyahoga Valley in Ohio on June 8!

Such a wonderful and fun experience for residents, volunteers and employees!
2nd Annual
Color Me Happy 5K Race, Roll & Stroll

• Friday, August 10 •

Registration begins at 9:30 a.m.
Early registration ($15/runner) by July 16.
Register by July 26 to guarantee an
official Color Me Happy t-shirt.

• $20 fee for race participants includes official 5K Race packet (Race map, runners bib, t-shirt, special gift).

• Make checks payable to “St. Paul Homes” and drop off to The Villas receptionist or mail to: 339 E. Jamestown Rd., Greenville, PA 16125, “Attn: Color Me Happy!”

• Please email your pre-registration to: mdreher@sp1867.org:
  • Type “Color Me Happy 5K” in the subject line.
  • Include: name, address, phone number and t-shirt size in the email.

• Official race will be timed by S. Mark Courtney from The Runner’s High.

• Please contact Mimi Dreher at 724-588-9613 ext. 1136 for questions or additional information.