Christmas Events

Christmas Dinner at The Colony
Santa Visits Employees’ Children
Horse & Carriage Rides

Christmas Tea at The Villas & The Heritage
Eden Family Gatherings
Christmas Dinner at The Ridgewood

For more event photos, see inside (pages 3-4, 22-23) & visit www.stpauls1867.org/about/photo-gallery
Counting Our Blessings

Before we turn our eyes to the New Year at St. Paul’s, we want to take a moment to count the many blessings of 2017.

We are so grateful that 907 individuals and organizations, many of whom are reading this newsletter, made a decision to give monetary or in-kind donations in the last year. By mid-December, you’d given a grand total of $661,786. That is incredible! We are humbled by the generosity of so many who believe in and choose to support St. Paul’s mission. What will those dollars be doing?

Building Porticos - In 2018, three porticos will be constructed outside the main entrances of The Villas, The Heritage and The Ridgewood to protect residents, staff and visitors from inclement weather.

Taking Care of Tomorrows – Dollars donated to the Good Samaritan Fund and the Keeping the Promise Fund will help ensure that residents who have exhausted their financial resources can continue to stay at St. Paul’s. This is 58% of the residents at The Villas and 24% of the residents at The Ridgewood and The Heritage!

Creating Meaningful Days – Dollars donated to the Eden Alternative and also Life Enrichment focus on creating a life worth living at St. Paul’s. We strive to create opportunities to develop meaningful relationships, grow and learn new things, and enjoy variety in daily life.

Promoting Independence – Dollars donated to St. Paul’s Without Walls helps individuals who would like to continue living in their own home to do so safely and comfortably with support from care partners.

Nurturing Beauty – Dollars donated to St. Paul’s auxiliary go toward their current project – the Garden of Love in Jones Serenity Circle, the neighborhood for individuals with memory loss. Whether purchasing new trees, flowers or outdoor furniture, these gifts ensure residents with memory loss can safely enjoy the peace and beauty of the outdoors.

Thank you!

Your Dollars at St. Paul’s
Holiday Happenings!

Christmas Dinner at The Colony

Santa Visits Employees’ Children
Horse & Carriage Rides

Christmas Tea at The Villas & The Heritage

The Model T’s (The Colony) played “Pie in the Face” after their luncheon. It was very fun to watch!

A few of The Sunflowers and Ramblin’ Roses (The Heritage)

Christmas Dinner at The Ridgewood

Eden Family Gatherings
At the New Year there is generally a lot of resolve, motivation, and can-do spirit to address health, budgets, mood, and activities for the better. It would be great if the pain of loss and grief issues could be dealt with in such manner—which is rarely the case. Instead, persons heal from grief and loss through the passage of time, the help of others willing to listen without judgment or correction, and, sometimes, input and support from others who are going through something similar.

Anyone in the St. Paul’s family or from the greater Greenville community who thinks they could benefit from participation in our monthly Grief and Loss Support Group is welcome to try it out.

Our first meeting in 2018 will be on Thursday, January 4 at 6:30 p.m. in the Villas Conference Room. For more information, contact Pastor Julia Fraser who facilitates this group.

Grief & Loss Support Group meets first Thursdays
St. Paul’s offers a Grief & Loss Support Group for family members of residents who have died in our care, as well as for staff members and members of the community who seek help and encouragement for their bereavement. Pastor Julia Fraser leads the group.

The group meets from 6:30 - 8 p.m. on the first Thursday of each month in The Villas Conference Room.

For more information, please call 724-588-7610 and ask for Pastor Julia or Rhonda Pipp.

Residents who have passed
11/20/17 Ronald Hyde
11/27/17 Mary Jane Peterson
11/28/17 Dorothy Hull
11/29/17 Guido Pagliarini
12/01/17 Martha Beil
12/02/17 Ella Busch
12/03/17 Janice Black
12/03/17 Wilbur (Bill) Larsen
12/09/17 John Travaglini

Thank you to the dedicated members of our Board of Directors who graciously give of their time, talents and resources throughout the year!
**From the Good Shepherd Center, Inc.:**

*Thanks to the St. Paul’s Spiritual Council for your recent donation of $300 designated towards Christmas gifts for children and $90 to the Center’s Thanksgiving Food Program. We distributed 375 Thanksgiving food bags at the Thanksgiving holiday and plan to distribute the same amount at Christmas. We give thanks for the caring hearts and generosity of people like you who recognize these needs and provide help.*

*Sincerely,*

*Mary Ann Peace, Executive Director*

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**Welcome to Ann Fowler,**

our newest Eucharistic Minister! Ann, along with Nola McGranahan, Helen Nichols, Gordon Fraser, and George Erwin, helped to distribute Holy Communion to residents, family members, and staff in The Villas neighborhoods and Jones Serenity Circle the week prior to Christmas. We welcome Ann to St. Paul’s and thank her for her assistance in this important Spiritual Services Ministry.

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**This beautiful Wendell August Forge Nativity Set sat atop the organ in the Keifer Chapel during the annual Christmas Service. Thank you for this gift, given anonymously for the benefit of our Spiritual Services Ministry.**

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**Lay Visitation Ministry at St. Paul’s**

Since 2017, the Spiritual Services Department has overseen a Lay Visitation Ministry at St. Paul’s as a service to our residents and as a ministry opportunity for those who volunteer. The visits carried out are intended to be monthly occasions for listening, sharing, Bible reading, and prayer involving residents who do not have family nearby and who are desirous of this kind of relationship.

Training for those interested in serving as Lay Visitors will be upcoming in February. For further information, contact Pastor Julia or Pastor Bill.

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**Thiel College Students Share Sounds of the Season at Sunday Worship Services**

On Sunday, December 10 Thiel College students Becca Adams and Deanna Shaw sang two Christmas duets during Sunday morning worship services at The Heritage, Villas, and Ridgewood. Our residents loved their singing and also enjoyed being able to greet the girls after the service. When students offer special music here, we provide a small honorarium for their time which, this time, came through the Mary Alice Dean Fund which is designed to promote collaborative efforts like this between St. Paul’s and Thiel College. Mary Alice is pictured at right with Becca and Deanna. We thank the girls and Mary Alice for her support!
Happy New Year!!!!

As we begin a new year, instead of offering resolutions that we often fail to fulfill, why not consider what we want to see our Lord do in our lives and the lives of those we care about this year. And, why not dream BIG in determining what this is.

Children seem to be way ahead of us adults when it comes to considering as possible that may not seem so. My granddaughter (age 7) told her mother that she is asking Santa this year for a live unicorn. When her mother suggested that even Santa might not be able to bring her that, Nina replied, “Santa can do anything!”

Without offending the elf in the red suit, the Apostle Paul does confirm to us what our Lord can do: “20 Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us,” Eph 3: 20 (NIV)

And in Matthew 7:7 we are reminded 7 “Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.” While we need to make our requests in line with God’s will, He desires to meet our needs and go beyond these.

The believers in the Philippi were very generous in supporting Paul’s ministry for the Lord, and so Paul assures them because of this they will likewise be blessed. “19 And my God will meet all your needs according to the riches of his glory in Christ Jesus.” Phil. 4: 19 (NIV)

So, what are your New Year’s desires that you want the Lord do in your life this year, and the lives of those who you love? Remember to dream big as you make your request to God, He can do it!

By the way, while Nina didn’t get a live unicorn for Christmas – the homeowners’ association doesn’t permit them (if they existed) anyway—Grandma Connie did find a large plush version of a pink unicorn that Nina is enjoying.

—Pastor Bill Kirker

WORSHIP SCHEDULE AND SCRIPTURES FOR JANUARY 2018

Regular Sunday Worship Services are:
9 a.m. – The Heritage, Anderson Fellowship Hall
10 a.m. – The Villas, Headland Friendship Commons (Also on TV Channel 126-851)
11 a.m. – The Ridgewood, Harmony Hall

January 7, 2018 — First Sunday after Epiphany (Baptism of our Lord)
Scriptures:  Genesis 1: 1-5  Psalm 29
            Acts 19: 1-7  Mark 1: 4-11
Pastor Julia Fraser will lead all three worship services.

January 14, 2018 — Second Sunday after Epiphany
Scriptures:  1 Samuel 3: 1- 10  Psalm 139: 1-6, 13-18
            1 Corinthians 6: 12-20  John 1: 43-51
Pastor Bill Kirker will lead all three worship services.

January 21, 2018 — Third Sunday after Epiphany
Scriptures:  Jonah 3: 1-5, 10  Psalm 62: 5-12
            1Corinthians 7: 29-31  Mark 1: 14-20
Pastor Julia Fraser will lead all three worship services.

January 28, 2018 — Fourth Sunday after Epiphany
Scriptures:  Deuteronomy 18: 15-20  Psalm 111
            1 Corinthians 8: 1-13  Mark 1: 21-28
Pastor Bill Kirker will lead all three worship services.
**IMPORTANT:**
Securing Resident Valuables

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

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**Take a break: Options for respite**

Everyone needs a break now and then. A step away from your routine will lend a fresh perspective to your caregiving, show you options you didn’t think you had, and get you back in touch with who you are. Our article about respite care provides practical advice for arranging a short getaway.

Go to bed when you’re ready, sleep without interruption, and do what you want all day. Ahhh... If you’re providing full-time care for your loved one, you may long for a night to call your own. Better yet, a few days and nights of R&R.

An extended respite break isn’t indulgent, it’s smart. Providing care full-time is physically and emotionally demanding. Taking a break gives you time to replenish your personal resources so you can be the loving, patient, care provider you want to be.

**Here are some options**

**Your relative stays home.** If you already have a hired caregiver, ask if he or she would provide some multi-day help. Or, make arrangements with a home care agency. Have the agency’s care provider spend time at the house with you and your relative ahead of time. Easing in helps your loved one feel safer and lets the provider learn the routines.

**You stay home.** Typically, this means finding a facility that has beds available for short-term occupancy. Plan ahead to get the dates you want. Expect some paperwork, and an assessment by the facility to fully understand your family member’s needs.

**Assisted living.** An assisted-living facility is an option if your loved one has only mild disability. A person capable of handling some independence may enjoy the social activities and communal meals.

**Memory care.** If your relative has moderate or advanced dementia, then a specialized care unit with trained staff and closer supervision is more appropriate.

**Skilled nursing facility.** If your loved one has medical needs (wound care, injections, IV medication, pain management), a rehab facility is the best match.

Most of these arrangements are private pay, unless you are on hospice. Check with the VA, fraternal organizations, or your Area Agency on Aging for available respite grants.

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**Storage Units Available**

at Rust Colony Square

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

**Unit sizes and new rates for 2018 are:**
5' x 10' – $40/month
10' x 10' – $52/month
15' x 20' – $115/month (includes walk-in door + electric)

Contact Rita Clemente at 724-589-6909 with questions or if you wish to rent a storage unit.
Reserving Social Areas in The Villas

Following is the process for reserving The Villas Private Dining Room, Headland Friendship Commons, The Villas Conference Room and The O.D. Anderson Picnic Pavilion:

• There is no charge for residents/family members to reserve and use The Villas areas and picnic pavilion at St. Paul’s. Reservations are on a first-come, first-served basis.

• There is no charge for staff members to reserve and use The Villas areas. There is a $50 security deposit for use of the picnic pavilion. This deposit will be returned as long as the area is left in good condition.

• Other individuals (community members) – there is a minimum $50 donation for use of The Villas areas/picnic pavilion at St. Paul’s.

• Donations for the use of social spaces are always welcomed.

• Please contact Rhonda Pipp at 724-588-7610 ext. 1173 with questions or to make a reservation.

Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting in the lobby 30 minutes before their appointment time unless otherwise notified.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

Guest Apartment Accommodations Available at The Heritage

St. Paul’s is pleased to offer a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s. The apartment features two rooms—a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are $89 per night and are payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our guest apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.
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January 2018 Calendar of Events

Monday, Jan. 1 – New Year’s Day Progressive Dinner
Tuesday, Jan. 2 – Movie Night
Wednesday, Jan. 3 – Colony Birthday Celebration
  Friday, Jan. 5 – Swimming at Cool Springs
  Tuesday, Jan. 9 – Open Forum
  Wednesday, Jan. 10 – Worship Service
  Thursday, Jan. 11 – Visit O’Neill Coffee
Saturday, Jan. 13 – “Jesus Christ Superstar” in Meadville
  Monday, Jan. 15 – Ladies Group
  Tuesday, Jan. 16 – Soup Lunch
  Friday, Jan. 19 – Swimming at Cool Springs
  Monday, Jan. 22 – Snowman Building Contest
  Tuesday, Jan. 23 – Men’s Discussion Group
  Thursday, Jan. 25 – Movie Night
Saturday, Jan. 27 – Holocaust Museum in Beachwood
  Tuesday, Jan. 30 – Lunch & Movie in Meadville
  Wednesday, Jan. 31 – Winter Craft

Mark your calendars! Sunday, Feb. 4 – Super Bowl Party

ATTENTION DOG OWNERS:
Please be reminded that it is a policy to clean up after your pet and dispose of the waste properly when walking pets on campus. Thank you!

LIBRARIAN SCHEDULE

January 7 – Millie McLaughlin
January 14 – Pat Houpt
January 21 – Margaret Haworth
January 28 – Delores Johns

January Birthday Celebration — 2 - 3 p.m. Wednesday, January 3, in the Keifer Social Room. Everyone is welcome to celebrate with birthday cupcakes and ice cream and enjoy some social time with your friends and neighbors!

The Colony Chapel Service — 10:30 a.m. Wednesday, January 10, in The Keifer Chapel. Coffee, refreshments and discussion: “Hopes and Dreams for 2018” will follow.

Book Club — Wednesday, January 17 at 1 p.m. in The Keifer Library. This month’s book is Playing with Fire by Tess Gerritsen. All are welcome to attend. See Mary Ellen Bayuk for more information.

Free Blood Pressure Readings — Noon - 1 p.m., Wednesday, January 31 in the Keifer Building. Provided each month by VNA Alliance.

Christmas Service at The Colony
Carol and Steve Hosmer (left) and Donovan Curtis (right) provided special music during The Colony Christmas Service on the evening of Saturday, Dec. 9. The following residents and staff helped to lead readings and prayers: Nancy Stevenson, Tom & Nancy Hoffacker, Glenn Sadler, Janet Kirk, Sylvia Loveridge, Margie Hays, Paul Evans, Helen Nichols, Rita Clemente, and Marge Fenton.

ATTENTION DOG OWNERS:
Please be reminded that it is a policy to clean up after your pet and dispose of the waste properly when walking pets on campus. Thank you!
January Highlights

Monday, Jan. 1, 11:30 a.m. – Dining Room Seating Change
**Happy New Year Everyone! Welcome 2018**

Wednesday, Jan. 3, 1 p.m. – German Ladies Club Meeting

Thursday, Jan. 4, 7 p.m. – Amish Singers

Friday, Jan. 5, 2 p.m. – Humble Ministries

Monday, Jan. 8, 2 p.m. – Milkshake Monday

Thursday, Jan. 11, 1:30 p.m. – Christian Assembly w/ Pastor Joel at the Piano

Tuesday, Jan. 16, 11:30 a.m. – January Birthday Luncheon

Friday, Jan. 26, 6:30 p.m. – “Z” Praise Entertainment

Monday, Jan. 29, 6:30 p.m. – Mercer County Boys

Heritage Resident Council Nominations will take place in January 2018.
Please submit your nominations to Michele Miranda in Life Enrichment soon. Watch your calendars for nomination and voting dates.

Regular Events & Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

Personal Shopper Days - 2nd & 4th Wednesday each month

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & strengthening with Ron

• Monthly Manicures for residents
• 500, Canasta and Bridge Card games are available—contact Michele Miranda if you’d like to join in on these games.
• Check out the daily puzzle working in the floor lounges.
• Monthly lunch outing to The Cornerstone Restaurant, movie matinees, guided tour videos around the world, word and brain games and more.
• The Heritage’s Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes! The group also makes seasonal crafts and gifts.

January Birthdays

1 - Evelyn Ramming
3 - Paul Bayuk
3 - Robert Peters
8 - Dorothy Clesi
9 - Joseph Hoffman
15 - Ann Curaj
16 - Angeline Cianci
18 - Evelyn Williams
30 - Clara Love
31 - Helga Marguglio

~ Jones Serenity Circle ~

Weekly Events:

Mondays, 9 a.m. – “Music & Manicures”
JSC residents select a style of music to listen to while enjoying a manicure in the sitting room.

Tuesday mornings – Aviary Care & “About the Birds”
Patti shares fun facts about the different species of birds in our aviary. Every two weeks, residents enjoy watching the birds bathe.

Tuesdays, 10:30 a.m. – Rosary in the activity room

Tuesday afternoons – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia in The Anderson Fellowship Hall

Thursdays, 2 p.m. – Music and Motion with Ron (from The Anderson Fitness Center at The Villas) in activity room

Fridays, 10 a.m. – Worship Service with Pastor Bill

January Special Events and Entertainment:

Thurs., Jan. 4, 10:15 a.m. – Music with Hey Joe

Mon., Jan. 8, 5:30 p.m. – Music with Bonnie Campbell

Wed., Jan. 10, 12:30 p.m. – Bible Study with Devotions with Pastor Julia

Thurs., Jan. 11, 10 a.m. – All That Jazz with Lyn Mossman

Sat., Jan. 13, 10 a.m. – Marimba Music with Nick Lakatos

Sun., Jan. 14, 2 p.m. – Soup Sunday (Patti will make and serve homemade soup in Dining Room)

Mon., Jan. 15, 1 p.m. – Piano music with Tony

Wed., Jan. 17, 5:30 p.m. – Music with Z Praise

Fri., Jan. 19 – JSC Birthday Breakfast

Mon., Jan. 22, 5:30 p.m. – Music with Bonnie Campbell

Thurs., Jan. 25, 10 a.m. – Sing-A-Long with Lyn Mossman

Fri., Jan. 26 1 p.m. – Gina’s Creative Corner Art Therapy

Sat., Jan. 27, 10 a.m. – Marimba Music with Nick Lakatos

Wed., Jan. 31, 1 p.m. – Music with Humble Ministries

~ ~ ~ ~ ~ ~ ~
Staff of the Month
Virginia Smith

Virginia Smith, Life Enrichment Specialist, is the newest addition to the staff at The Ridgewood.

Virginia was born on January 17 to Mike and Sue Burton in Taft, Calif. She has two siblings, John and Christine. She attended Taft High School.

Virginia married Jay Smith on June 15, 2010, and they settled in Greenville, Pa. She has three children, Dalton, Bailie, and Carter.

Virginia loves going new places and meeting new people and exploring – she is always up for an adventure.

Her favorite pastimes include: spending time with family, being with her friends, and exercising. Her favorite food is Mexican food. She has been to the Grand Canyon, and it is one of the most amazing things she has ever seen!

Welcome to Our Table!
Guests are always welcome for meals.
Please give 24 hours notice to accommodate seating and food preparations.
When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal.
This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 2
11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream cart down the halls
6:30 p.m. – Movie, Harmony Hall

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
2:30 p.m. – Triominoes, Harmony Hall
6:30 p.m. – 500 Card Party, Harmony Hall

Tuesdays: 9 a.m. – Communion for Catholics in your room
9:30 a.m. – Adult Coloring, Harmony Hall
10:30 a.m. – Exercise Class, Harmony Hall
1:15 p.m. – Errand Day
6:30 p.m. – Triominoes, Harmony Hall

Thursdays: 9 a.m. – Sewing & Looming, 400 Hall Lounge
10 a.m. – Bible Study, Harmony Hall
1:30 p.m. – Wal-Mart/Giant Eagle shopping
6:30 p.m. – Movie Night, Harmony Hall

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall
6:30 p.m. – Dominoes, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – BINGO, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
7 p.m. – Lawrence Welk Show on Ch. 2

~ Special Events in January ~

Thursday, January 4, 1:30 p.m.
Hope the Dog Visits

Tuesday, January 9, 10 a.m.
Hymn Singing with Robin, Harmony Hall

Saturday, January 20, 7 a.m.
Men’s Breakfast, Harmony Hall

Thursday, January 25, 6:30 p.m.
Activity Buck Shopping, Harmony Hall

~ Fun Fact ~

January is: National Soup Month!
House Chatter
~ News from The Villas ~

~ Attention Dog Owners ~
St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

~ Resident Refrigerator Use at The Villas ~
While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

~ Resident Council ~
Resident Council meets the **fourth** Tuesday of each month at 10:15 a.m.
All residents in The Villas are invited to attend these monthly meetings.

~ Clothing Reminder for Villas Families ~
If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

~ Attention Dog Owners ~
St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room.

This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

We encourage family and friends to join us at any and all special activities planned at The Villas. If you’d like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to **only your loved ones** enjoying the event.

---

**January Birthdays**

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
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<tbody>
<tr>
<td>4</td>
<td>Kathie Baum</td>
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<td>Pauline Arbuckle</td>
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<td>Gerald Plowman</td>
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**The 2018 Snowflake Ball**

Thursday, Jan. 25
Headland Friendship Commons
6:45 p.m.
Enjoy live music, hors d’oeuvres, a Champagne fountain, chocolate fondue and other treats!

**Thiel College students** also join us for this event!

January Birthdays

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55 Years Happy Birthday
# Noon Meals at The Villas

## January 2018

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<tr>
<th>Sun</th>
<th>Mon</th>
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<td>Noon Meals at The Villas</td>
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<td></td>
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<td><strong>Roasted pork tenderloin,</strong> mashed potatoes, sauerkraut, chocolate fudge cupcake</td>
<td><strong>Apple-raisin stuffed chicken,</strong> mashed potatoes, green beans w/rattan butter, apricot crisp</td>
<td><strong>Beef pot roast,</strong> baked potato, dilled carrots, peasches</td>
<td><strong>Braised turkey w/ egg noodles,</strong> seasoned garden broccoli, mixed melon salad</td>
<td><strong>Meatloaf,</strong> garlic mashed potatoes, spinach, lemon cream pie</td>
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<tr>
<td><strong>Chicken a la king,</strong> lima beans, orange sour cream cake</td>
<td><strong>Tilapia almondine,</strong> lemon rice w/ peas, escalloped tomatoes, butterscotch cream cheese bars</td>
<td><strong>Mustard-glazed beef,</strong> mashed potatoes, carrots, onions, crack-topped Brussels sprouts, cranberry chill</td>
<td><strong>Parmesan pork w/marinara sauce,</strong> potatoes w/cream sauce, dilled carrots, pineapple and oranges</td>
<td><strong>Turkey butternut squash casserole,</strong> tossed salad, raspberry whip</td>
<td><strong>Lemon herb glazed pollock,</strong> paprika roasted potatoes, broccoli &amp; cauliflower, turtle squares</td>
<td><strong>Stuffed chicken,</strong> mashed potatoes, green beans &amp; mushrooms, mixed melon salad</td>
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<td><strong>Braised beef tips,</strong> egg noodles, spinach, heavenly hash pie</td>
<td><strong>Breaded pork chop,</strong> whipped sweet potatoes, seasoned garden broccoli, cinnamon apple tart</td>
<td><strong>Veal w/mushrooms &amp; lemon sauce,</strong> parmesan noodles, asparagus, pineapple upside down cake</td>
<td><strong>Spaghetti w/sauce &amp; meatballs,</strong> Italian green beans, appletesauce cake</td>
<td><strong>Italian baked chicken,</strong> mashed potatoes, zucchini &amp; summer squash, diced pears</td>
<td><strong>Vegetable lasagna,</strong> whole baby carrots, pudding tart</td>
<td><strong>Diced beef w/teriyaki sauce,</strong> white rice, Oriental vegetable blend, Mandarin oranges</td>
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<tr>
<td><strong>Chicken, pasta &amp; broccoli w/mushroom sauce,</strong> carrots, cinnamon maple apple cake</td>
<td><strong>Turkey meatloaf,</strong> baked potato, brussels sprouts, red grapes</td>
<td><strong>Pork cubes in sweet &amp; sour sauce,</strong> black beans and yellow rice, cauliflower, fruit whip</td>
<td><strong>Beef brisket,</strong> mashed potatoes, garlic &amp; herb broccoli, baked apple</td>
<td><strong>Honey mustard pork loin,</strong> herbed parsnips, escalloped corn, caramel-peach parfait</td>
<td><strong>Baked ziti,</strong> tossed salad, peaches</td>
<td><strong>Lemon-baked fish,</strong> onion-roasted potatoes, green beans, vanilla ice cream cup</td>
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<tr>
<td><strong>Salisbury steak,</strong> cheesy mashed potatoes, sunshine carrots, cherry chocolate bar</td>
<td><strong>Sweet potato-crusted pollock,</strong> brown rice, broccoli and cheese, oatmeal raisin cookie</td>
<td><strong>Tropical pork,</strong> baked potato, zucchini &amp; summer squash, apple orchard bars</td>
<td><strong>Baked ziti,</strong> tossed salad, peaches</td>
<td><strong>Lemon-baked fish,</strong> onion-roasted potatoes, green beans, vanilla ice cream cup</td>
<td><strong>Stuffed chicken,</strong> mashed potatoes, green beans &amp; mushrooms, mixed melon salad</td>
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</table>
THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 126-851 or 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

---

**Monday, January 1 – New Year’s Day**
~ Denim or Blue Shirt & Jeans Day ~
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 10 a.m. – 2:30 p.m. New Year’s Day smorgasbord in HFC

**Tuesday, January 2 – Motivation & Inspiration for the New Year: Share a positive quote, story or give a compliment**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 1:30 p.m. Bingo Bucks Exchange
- 7 p.m. BINGO

**Wednesday, January 3 – J.R.R. Tolkien Day**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 10 a.m. MASS
- 6:30 p.m. Midweek Service

**Thursday, January 4 – Silly Songs Day**
- 10 a.m. & 2 p.m. Movie Ch. 126-851
- 10:30 a.m. Rosary
- 1:45 p.m. Bible Study
- 2:30 p.m. “Hey Joe” Collincini
- 7 p.m. Amish Singers

**Friday, January 5 – January is National Hobby Month**
~ Snow Drop White or Winter Cream, Jeans Day ~
- Hobbies, Games & Puzzles on the Neighborhoods
- 10 a.m. & 2 p.m. Movies on Ch. 126-851

**Saturday, January 6 – Toss Your Fruitcakes Day**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 2 p.m. BINGO

**Sunday, January 7 – Bobbleheads Day**
- 10 a.m. Church Service
- 2 p.m. Movie on Ch. 126-851

**Monday, January 8 – Burn off the Holiday Treats Day**
Healthy Weight Month
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 7 p.m. Bowling in the HFC

**Tuesday, January 9 – Elvis’s Birthday (1935)**
Annual Retreat for Staff
- Coffee Cart, Breakfast Goodies & News Bits
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 1:30 p.m. 500 Bid – Gardens D.R.
- 7 p.m. Bingo

**Wednesday, January 10 – Suffragettes the “Silent Sentinels” first protest outside the White House in 1917**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 10:30 a.m. St. Michael Kids visits
- 2 p.m. Humble Music Ministry
- 6:30 p.m. Midweek Service

**Thursday, January 11 – 1838 First public demonstration of telegraph message sent using dots and dashes by Samuel Morse**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 10:30 a.m. Rosary
- 2 p.m. Bible Study
- 7 p.m. Z Praise (Christian/Gospel, Oldies, Variety)

**Friday, January 12 – Neighborhoods Choose Their Theme**
~ Casual Friday Jeans Day ~
- Hobbies, Games & Puzzles on the Neighborhoods
- 10 a.m. & 2 p.m. Movies on Ch. 126-851

**Saturday, January 13 – 1930 Mickey Mouse appears as a comic strip**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- 2 p.m. BINGO

**Sunday, January 14 – Elvis Presley's concert “Aloha from Hawaii” is broadcast live and sets the record as most viewed broadcast entertainer in TV history (1973)**
- 10 a.m. Church Service
- 2 p.m. Movie on Ch. 126-851

**Monday, January 15 – Martin Luther King, Jr. Holiday**
- 10 a.m. & 2 p.m. Movies on Ch. 126-851
- Trivia
- 7 p.m. Mercer County Boys (Bluegrass, Country, Gospel)
Tuesday, January 16 – Daily newspaper comic strip
“Superman” debuts 1939
10 a.m. Marbles the Cat
10 a.m. & 2 p.m. Movies on Ch. 126-851
7 p.m. BINGO

Wednesday, January 17 – January is National Soup Month
10 a.m. & 2 p.m. Movies on Ch. 126-851
11:30 a.m. Men’s Luncheon: Soup, Salad, Sandwich
6:30 p.m. Mid-Week Service

Thursday, January 18 – 1882 Birthdate of A. A. Milne, Winnie the Pooh creator
10:30 a.m. Rosary
2 p.m. Bible Study
6:45 p.m. Kinsman Amish Youth Group

Friday, January 19 – A Country Western Winter Day
Dolly Parton’s Birthday (1946)
~ CW & Casual Friday Jeans Day ~
10 a.m. Creative Corner with Gina
2 p.m. Fred Barringer (Folk, Western, Variety)
7 p.m. Friday Night Movie Ch. 126-851

Saturday, January 20 – Birthdate of Buzz Aldrin
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, January 21 – Jack Nicklaus’s Birthday (1940) “Golden Bear” Golf Champion
10 a.m. Church Service
2 p.m. Movie for the Neighborhoods Ch. 126-851

Monday, January 22 – U.S. President Harry Truman sets up The Central Intelligence Agency (1946)
10 a.m. & 2 p.m. Movies on Ch. 126-851
10 a.m. Hymn Sing with Greg Van Valien
3:45 p.m. Cocktail Cart to the Neighborhoods
(start on Meadows, then Willows, Springs, Orchards, Gardens)

Tuesday, January 23 – Cursive Writing Day
10 a.m. Movie Ch. 126-851
Noon: Monthly Birthday Lunch
7 p.m. BINGO

10 a.m. & 2 p.m. Movies on Ch. 126-851
6:30 p.m. Mid-Week Service

Thursday, January 25 – SNOWFLAKE BALL
10:30 a.m. Rosary
6:45 p.m. Doors open: VILLAS’ SNOWFLAKE BALL

Friday, January 26 – Popcorn Day
~ Style with Argyle or January’s Gem Color/Garnet ~
1:45 p.m. HFC Movie on the Big Screen: Wizard of Oz
7 p.m. Friday Night Movie Ch. 126-851

Saturday, January 27 – National Geographic Day
10 a.m. & 2 p.m. Movies on Ch. 126-851
2 p.m. BINGO

Sunday, January 28 – Henry VIII dies, his 9 year old son, Edward VI becomes King (1547)
10 a.m. Church Service
2 p.m. Movie for the Neighborhoods Ch. 126-851

Monday, January 29 – Oprah Winfrey’s Birthday (1954) and Tom Selleck’s Birthday (1945)
10 a.m. & 2 p.m. Movies on Ch. 126-851
7 p.m. Z Praise

Tuesday, January 30 – 1948 Mahatma Ghandi assassinated by Nathuram Godse
10 a.m. Movie Ch. 126-851
2 p.m. Diamond Lester (Variety/Rat Pack/Oldies)
7 p.m. Bingo

Wednesday, January 31 – Irish Coffee Day
10 a.m. & 2 p.m. Movies on Ch. 126-851
10 a.m. Newspaper and Coffee in HFC
6:30 p.m. Mid-Week Service
~ January 2018 Special Activities & Events for Staff and Residents at The Villas ~

MONDAY, JANUARY 1—NEW YEAR’S HOLIDAY From 10 a.m. – 2:30 p.m., stop by the Headland Friendship Commons for a New Year’s Day smorgasbord of snacks and goodies. Chips, dips, pretzels, cookies and other treats. Start 2018 on a positive note, place your name on a ticket for our “new year tote”. Wear denim or blue shirt & jeans.

FRIDAY, JANUARY 5—JANUARY IS NATIONAL HOBBY MONTH Wear snowdrop white or winter cream along with jeans this casual winter Friday. Enjoy hobbies, games, puzzles, movies, baking in the neighborhoods. “The wind lifted me up into the trees where I danced to the rhythm of the evergreen, swaying to the tune of the northern breeze, frozen in timeless melody.” ~ Winter Waltz by Christy Ann Martine

FRIDAY, JANUARY 12—NEIGHBORHOODS CHOOSE THEIR THEME on this casual Friday.

WEDNESDAY, JANUARY 17—JANUARY IS NATIONAL SOUP MONTH Men’s Lunch: Soup, Salad and Sandwich at 11:30 a.m. in the HFC. Soup choices: Tomato or Potato. Sandwich choices: Grilled Cheese or Smoked Ham.

FRIDAY, JANUARY 19—A COUNTRY WESTERN WINTER DAY Wear country plaid or a flannel shirt this day along with jeans. At 10 a.m., join us for Creative Crafts with Gina Toth. Mosey back over to the HFC at 2 p.m. for Folk, Western and Oldies by Fred Barringer! Fodder for thought: What do you get when you play country music backwards? You get back your wife, your dog, and your truck. CW Rejected Song Title: You’re My Kleenex of Love, and I’m Afraid I’m Gonna Blow It!

THURSDAY, JANUARY 25—THE VILLAS ANNUAL SNOWFLAKE BALL Doors open at 6:45 p.m. to the Headland Friendship Commons for this enchanted evening! Residents will enjoy cocktails, appetizers, scrumptious treats and live music! Thiel students and football players will help escort and keep company with the residents during this annual winter event!

FRIDAY, JANUARY 26—STYLE WITH ARGYLE OR JANUARY’S GEM COLOR, GARNET It’s also Popcorn Day! We’ll be showing the classic movie “Wizard of Oz” in the HFC on the Big Screen at 1:45 p.m.! Did you know? The horses in the Emerald City were colored with Jell-O, which they kept trying to lick off during their scenes! Dorothy’s slippers in the book were silver – the color was changed to ruby red for the technicolor movie. Margaret Hamilton who played the Wicked Witch was a kindergarten teacher before becoming an actress. “Somewhere Over the Rainbow” was almost cut out of the movie!

<table>
<thead>
<tr>
<th>Regularly Scheduled Activities:</th>
<th>Special Activities in January:</th>
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<tbody>
<tr>
<td><strong>BINGO</strong> – Tuesdays at 7 p.m. and Saturdays at 2 p.m.</td>
<td>Jan. 4 – “Hey Joe” Collincini, 2:30 p.m.</td>
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<td>Mid-Week Service Wednesdays at 6:30 p.m.</td>
<td>Jan. 4 – Amish Singers, 7 p.m.</td>
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<td>Jan. 8 – Bowling, 7 p.m.</td>
<td>Jan. 28 – Mercer County Boys, 7 p.m.</td>
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<td>Jan. 10 – Humble Music, 2 p.m.</td>
<td>Jan. 15 – Mercer County Boys, 7 p.m.</td>
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<td>Jan. 11 – Z Praise, 7 p.m.</td>
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<td>Jan. 18 – Hymn Sing with Greg Van Valien, 10 a.m.</td>
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<td>Jan. 29 – Z Praise, 7 p.m.</td>
<td>Jan. 30 – Diamond Lester, 2 p.m.</td>
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Caring Hearts recognizes staff members who go above and beyond to help or support a resident or fellow staff member.

Caring Hearts – November 2017

List features staff from The Heritage, The Keifer Building, The Ridgewood, The Villas and Without Walls.

Debbie Babinka  Paula Kaultenbaugh  Shanna Parker
Sarah Black  Lisa Kunselman  Angela Pochatko
Amanda Boggs  Christina Lewis  Dacia Ryhal
Cathy Boyer  Beth Linamen  Kate Singer
Stacie Burchill  Hanna Linamen  Melinda Smith
Jenna Cordek  Shelly Luckock  Ashley Stefanko
Ashley Coxson  Karen Mackall  Deb Stephens
Amber Delong  Meghan Makatura  Mikkayla Thomas
Rachel Elliott  Reba McCracken  Tamara Waite
JJ Flowers  Terri McGarvey  Wendy Walker
Kim Furey  Keef McNamara  Lucy Wheaton
Tammy Gearhart  Dianna Mills  Elisa Wotherspoon
Sarah Heverly  Kathy Moon  Deb Yesko
Barb Holiga  Dana Mullen
Maggie Howard  Laura Palmer

Special Thanks...

Dietary Dept.,
Thanks for the wonderful job of serving and cooking for the Legacy Luncheon. The food was beautiful AND delicious. Many, many positive comments from our guests. You worked so well together - quick & efficient. Thank you for being such great representatives of St. Paul’s staff!
— Robyn Weaver & The Charitable Giving Department

A big thank you!! to all the staff that helped get the residents to and from church on Sunday the 12th.
— Missy & Linda (Life Enrichment)

Orchards Staff,
I am so thankful to have such an amazing team of coworkers on my unit! Thank you all for being so helpful and patient with the residents.
— Michaela Texter
There’s a Lifeline solution for you
Lifeline offers a range of choices to help you maintain your independence. Whether you need the go-anywhere protection of GoSafe, the automatic fall detection of AutoAlert, or the peace of mind offered by HomeSafe, we have you covered.

Call today!
St. Paul’s Without Walls
724-589-4740
wow2012.org

Coverage outside the home provided where AT&T wireless network coverage is available. AutoAlert does not detect 100% of falls. If able, users should always push their button when they need help.
We hope everyone had a very Merry Christmas! On behalf of myself, volunteers and auxiliary, we wish you all a healthy and Happy New Year and look forward to another year of offering our help to serve all of those at St. Paul’s. We also want to thank you for your patronage of the Colby Gift Shop, support of our Auxiliary fundraisers, and us. We are proud to be a part of the St. Paul’s family, and appreciate the opportunity to give our time and talents to help create a place our residents can call home. Welcome 2018!

Sincerely,
Rose Hoffman

Mark your calendars for these upcoming volunteer/auxiliary events:

**January 9**
Crafters’ meetings start again!
9 a.m. - 11 a.m.
Craft Room in The Keifer Building

**January 24**
Uniform Sale
7 a.m. – 4 p.m.
Headland Friendship Commons

**February 9**
In The Bag Handbag Sale
7 a.m. – 4 p.m.
Headland Friendship Commons

Volunteers are always needed...

It's easier than ever to apply on our new website! Simply visit:

www.stpauls1867.org/join-our-team/volunteer
to fill out our application.

More than 200 adults and students support the many services, programs and special events on our campus by giving of their time and talents. Groups also invest their time to enhance the quality of life at St. Paul’s.

St. Paul’s offers a wide variety of volunteer opportunities including inside transportation assistance for residents going to the Fitness Center or the salon, one-on-one visits with residents across the campus, working in the Bistro, and supporting special events. Our goal is to connect volunteers in areas where they are comfortable and will enjoy.

We invite you to come and volunteer. You’ll be a blessing to our residents by supporting the many opportunities offered for residents to enjoy!

*** Colby Bistro Gift Shop workers ***

Weekdays & Weekends:
Noon - 4 p.m.

BINGO Helpers Needed
Tuesday evenings at The Villas & The Heritage
6:15 - 8:15 p.m.

Saturday at The Heritage 1:30 - 2:30 p.m.
and at The Villas 1:30 - 3:45 p.m.

Transporters to assist residents:
• Fitness Center •
• Beauty Shops •
The Villas, weekdays 9 a.m. - noon
The Heritage, Wednesdays 10 a.m. - 2 p.m.
• Spiritual Services •
(Wed. evenings 5:45 - 7:45 p.m.)

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or apply online at www.stpauls1867.org/join-our-team/volunteer
On December 5, Sandy Lucas (pictured bottom, right) spent the day on campus directing Christmas pageants at The Ridgewood, The Heritage and The Villas. Residents and staff were dressed in costumes and provided props to stage the pageant as Sandy narrated the story of Christmas. To see all the photos from that special day, visit: https://www.stpauls1867.org/about/photo-gallery/christmas-pageants
...more Holiday Happenings!

Employee Christmas Party

For more photos from all of our holiday campus events, visit our New & Improved online PHOTO GALLERY

https://www.stpauls1867.org/about/photo-gallery

Thanksgiving Dinner at The Villas
For I know the plans I have for you,” declares the LORD, “plans to prosper you and not to harm you, plans to give you hope and a future. – Jeremiah 29:11