With just a few days between the Thanksgiving holiday and the beginning of December in 2019, the holiday season came upon us quickly and we scurried to prepare for a very busy month full of festive Christmas activities. Our employees and volunteers spent the first part of the month deck the halls at St. Paul’s with beautiful trees and trimmings so that our residents, families and visitors could feel the joy of the season wherever they wandered. Mr. & Mrs. Claus made a special visit to The Villas to say “Ho Ho Ho” and hear childrens’ and residents’ wish lists. We had horse and carriage rides, brunches, teas, pot lucks, dinners and open houses all across campus and Santa and his elves even came back at the end of the month to deliver! Enjoy some photos from all of these wonderful holiday events in the pages of this issue of Campus Connections and visit our website to view even more! www.stpauls1867.org/about/photo-gallery
As we welcome the new year, it’s also a time to look back and celebrate all that was accomplished last year. **LOOK WHAT YOU MADE POSSIBLE IN 2019 ...**

**Provided Peace of Mind** – Your donations to benevolent care helped ensure that residents who exhausted their financial resources could continue to stay at St. Paul’s receiving the same quality care.

**Created a Meaningful Life** – Your donations to the Eden Alternative and Life Enrichment went to creating opportunities for residents to develop meaningful relationships, grow and learn new things, and enjoy spontaneity and variety in daily life.

**Energized Our Staff** – Talented employees stay because they feel appreciated, supported and have the opportunity to grow. Your donations to the Staff Education Fund this year helped team members grow their skills and to the Staff Appreciation Fund helped them feel valued and appreciated for their dedication.

**Promoted Independence** – Your donations to the Auxiliary at St. Paul’s went toward their current project – a new bus to take residents to special events and activities.

**Brought Joy & Magic** - Your donations to the Resident Christmas Appeal ensured every resident at St. Paul’s got a gift for Christmas, as well as special wish list items for all to enjoy.

**HOW YOU DESIGNATED YOUR GIFTS**

- Specific Projects
- Resident Christmas Appeal
- Staff (Education or Appreciation)
- The Auxiliary
- Life Enrichment
- General Support
- Benevolent Care

878 individuals and organizations donated to support the residents and charitable mission of St. Paul’s in 2019. By mid-December, you gave a total of **$349,000**!
Thanksgiving Dinner at The Villas
A monthly gathering for residents, families and staff at St. Paul’s and members of the community who are seeking support as they cope with loss.

NEXT MEETING:
Thursday, January 2
6:30 - 8 p.m.
The Villas Conference Room

Contact group facilitator, Pastor Julia Fraser, at 724-588-7610 ext. 1145 for more information or with questions.

~ IN MEMORIUM ~
Residents who have passed

11/16/19 Leo Powelstock
11/20/19 David Cusick
11/22/19 James Gibbons
11/26/19 James Harrison Jr.
11/26/19 Louise Baseler
11/26/19 Margaret Henning
11/26/19 Ronald Sturgin
11/26/19 Paulette Viglione
11/29/19 David Stright
12/03/19 Allene King
12/03/19 Merle Hoffman
12/04/19 Margaret St. John
12/06/19 Frederick Cunningham
12/08/19 Michael Olshavsky
12/15/19 James Preston

Dr. Bill Thomas, co-founder of The Eden Alternative® will never forget the words of an elder, or the beautiful blue eyes that stared up at him, as she reached up to draw him near and whisper, “Doctor, I am so lonely.”

A Harvard-educated physician and Board Certified Geriatrician, Dr. Thomas searched his medical texts and found nothing to heal loneliness. This inspired him to watch and listen to life in the nursing home where he worked. Over time, he witnessed that the institutional model of care breeds three deadly plagues of the human spirit: Loneliness, Helplessness, and Boredom.

And so he began to think about a different kind of world. He envisioned a care environment where people could live and thrive, not just wait to die.

Working together, with his wife, Judith Meyers-Thomas, this vision of a Human Habitat began to unfold and change the lives of Elders and their care partners across the country and beyond. And so began the story of The Eden Alternative......

The Eden Alternative recognizes that promoting person-directed care means offering a philosophy based on guiding principles. Principle-based approaches offer both a shared language and direction, while providing the flexibility to respond to unique needs and circumstances. When it comes to person-directed care, step-wise approaches simply don’t deliver, as they do not take into consideration how different and unique every individual is.

This group welcomes: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members and Professionals.

Presented by: Alzheimer’s Association Greater PA Chapter
The 2020 Annual Women’s Retreat for women residents at The Heritage, The Ridgewood, The Villas, and The Colony will be held this year on ~ Tuesday, February 18 ~

Mark your calendars now and plan to attend! The retreat will take place in the Headland Friendship Commons in The Villas. More information to follow.
A Message from Pastor Bill

Happy New Year!
As we enter the year 2020, what significance might it have?

When I see 2020, I think of 20/20 vision. This is defined as normal visual acuity (the clarity or sharpness of vision) measured at a distance of 20 feet. If you have 20/20 vision, you can see clearly at 20 feet what should normally be seen at that distance.

2020 also causes me to marvel at what all has occurred in our lives since the beginning of the new millennium. That was the year I joined the team at St. Paul Homes—as it was known at the time. And as we approached Y2K, we were concerned about whether computers and other systems would fail at midnight or in the moments after.

I am excited for what God has planned for me in the year 2020. What unexpected opportunities for blessings does He have in the next year? And what exciting ministry opportunities will He involve me as a part of?

While the past 20 years have not been without challenges, personally and in our nation and the world, God is faithful when we seek His face. This is what 2 Chronicles 7:14 says about that: 14if my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.

Might 2020 be the year for us as believers in the Lord to humbly approach the throne of God in prayer, turning from those things which are not of God, knowing that God promises to hear, forgive, and heal?

May 2020 be a blessed and happy year for you.

— Pastor Bill Kirker

WORSHIP SCHEDULE AND SCRIPTURES FOR JANUARY 2020

Regular Sunday Worship Services are:
9 a.m. – The Heritage, Anderson Fellowship Hall • 10 a.m. – The Villas, Headland Friendship Commons
11 a.m. – The Ridgewood, Harmony Hall

January 5, 2020 — Epiphany of the Lord
Scriptures: Isaiah 60:1-6  Psalm 72:1-7, 10-14
Ephesians 3:1-12  Matthew 2:1-12
Pastor Julia Fraser will lead all three worship services.

January 12, 2020 — First Sunday after Epiphany (Baptism of our Lord)
Scriptures: Isaiah 42:1-9  Psalm 29
Acts 10:34-43  Matthew 3:13-17
Pastor Bill Kirker will lead all three worship services.

January 19, 2020 — Second Sunday after Epiphany
1 Corinthians 1:1-9  Matthew 1:29-42
Pastor Julia Fraser will lead all three worship services.

January 26, 2020 — Third Sunday after Epiphany
Scriptures: Isaiah 9:1-4  Psalm 27:1, 4-9
1 Corinthians 1:10-18  Matthew 4:12-23
Pastor Bill Kirker will lead all three worship services.
Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

**Unit sizes and rates for 2020 are:**
- 5’ x 10’ – $40/month
- 10’ x 10’ – $52/month
- 15’ x 20’ – $115/month (includes walk-in door + electric)

Contact Melissa Villard at 724-588-9613 ext. 1208 with questions or if you wish to rent a storage unit.

**Too much gratitude?**

The benefits of gratitude are well understood. Studies show, for example, that approaching life from a grateful stance yields a stronger immune system, lower blood pressure, and better sleep. Plus, people who report more gratitude also report greater feelings of joy, aliveness, and optimism.

Those who tend toward gratitude experience less loneliness and isolation and greater compassion.

**So why hold back on giving thanks?**

At its heart, gratitude helps us maintain perspective. We see the larger picture. We avoid getting fixated on small annoyances. Saying “thank you” reinforces our sense of interconnectedness. It helps us recognize that we are not alone with our problems.

But forced or misplaced gratitude can undermine our overall well-being. For instance:

- **Stretching to feel grateful about a person who is taking advantage.** Dysfunctional relationships abound in family caregiving. There’s crankiness in the person you care for. Or siblings who don’t share the load. Don’t force yourself to “find some gratitude” when your true feelings are otherwise. In some situations, it is important to set limits and say “no.” Listen to your gut. Are you just making excuses for another’s disrespect? Gratitude can help you get by in the short term. And may be appropriate even for small things. But don’t let it mask a larger problem that needs addressing.

- **Mistaking gratitude for indebtedness.** We all keep something of a scorecard to assess the give and take in relationships. The closer to center one is in the rings of intimacy, the less appropriate “keeping score” may be. (Think of a business relationship vs. a spousal relationship.) Within families, if someone does you a good turn, it’s appropriate to show genuine appreciation. It is equally appropriate to acknowledge to yourself that you are deserving of help. Dashing to “repay” them—or their behaving as if you should—can inadvertently devalue your contributions.
Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~

Robyn Weaver, Executive Assistant, is the contact to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion. She can be reached at 724-588-7610, ext. 1146.

Melissa Villard, Assistant Director of The Colony, is the contact to reserve social space at The Keifer Building or Rust Colony Square and Pavilion. She can be reached at 724-588-7610 ext. 1208.

Guest Apartment Accommodations at The Heritage

St. Paul’s offers a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s and features a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower, small refrigerator, microwave and flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Fees are $89/night and payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is by 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say “Thank You” to the staff who have provided excellent care to their loved ones while living at St. Paul’s. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul’s to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)

2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator’s discretion.

3. A donation of appreciation can be made to the Annual Staff Christmas Party. This donation can be given to the administrator or director and identified for the Staff Christmas Party and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.
## Movies

### January 2020

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
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<tr>
<td>10 a.m. Saturday Night Fever</td>
<td>10 a.m. The Love Letters</td>
<td>10 a.m. Jumanji</td>
<td>10 a.m. Overboard (2018)</td>
<td>10 a.m. Gotti</td>
<td>10 a.m. Congo</td>
<td>10 a.m. Morning Glory</td>
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<tr>
<td>2 p.m.</td>
<td>2 p.m. Little Italy</td>
<td>2 p.m. Home Again</td>
<td>2 p.m. King Kong (2005)</td>
<td>2 p.m. Arctic</td>
<td>2 p.m. You’ve Got Mail</td>
<td>2 p.m. Yentl</td>
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<td>10 a.m. Wuthering Heights (2009)</td>
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<td>2 p.m. The Longest Week</td>
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<td>10 a.m. The First Wives Club</td>
<td>10 a.m. Wonder</td>
<td>10 a.m. The Simple Life of Noah Dearborn</td>
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<td>2 p.m. Arctic</td>
<td>2 p.m. Wonder</td>
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<td></td>
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<td>2 p.m. Funny Face</td>
<td>7 p.m. Air Force One</td>
<td>7 p.m. War and Peace</td>
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<td>2 p.m. Bad News Bears</td>
<td>10 a.m. To Catch a Thief</td>
<td>10 a.m. Breakfast at Tiffany’s</td>
<td>10 a.m. Three Came Home</td>
<td>10 a.m. This Beautiful Fantastic</td>
<td>10 a.m. Some Like It Hot</td>
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<td>2 p.m. Failure to Launch</td>
<td>2 p.m. The Secret Life of Walter Mitty</td>
<td>2 p.m. The Talk of the Town</td>
<td>2 p.m. The Royal Wedding</td>
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<td>7 p.m. Cinderella (1965)</td>
<td>2 p.m. How to Succeed in Business Without Really Trying</td>
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<tr>
<td>2 p.m. Les Miserables</td>
<td>10 a.m. The Little Shop of Horrors</td>
<td>10 a.m. Red Garters</td>
<td>10 a.m. Sister Act</td>
<td>10 a.m. Snow Dogs</td>
<td>10 a.m. True Grit</td>
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<td>2 p.m. Dirty Dancing</td>
<td>2 p.m. Fried Green Tomatoes</td>
<td>2 p.m. Miss Congeniality</td>
<td>2 p.m. Cold Mountain</td>
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All residents should **tune to Channel 1851** for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul’s, and is not used for regular programming, which alleviates any potential signal interference.
January 2020 Calendar of Events

Wednesday, January 1 – Happy New Year
Thursday, January 2 – Dinner out at Toss’d
Saturday, January 4 – Harlem Globetrotters
Sunday, January 5 – Cats in Theatres
Tuesday, January 7 – Jeopardy Viewing Party
Wednesday, January 8 – Birthday Celebration
Thursday, January 9 – Colony Dinner
Thursday, January 9 – Movie Night
Monday, January 13 – Life Size Scrabble
Tuesday, January 14 – Colony Lunch
Tuesday, January 14 – Colony Open Forum
Friday, January 17 – Winery Trip
Sunday, January 19 – Colony Brunch
Monday, January 20 – Men & Women’s Chat Groups
Tuesday, January 21 – Movie Night
Thursday, January 23 – Charades
Saturday, January 25 – Quilters Day Out
Monday, January 27 – Cleveland Federal Reserve Bank Tour
Wednesday, January 29 – Craft Hour
Thursday, January 30 – Colony Dinner

January
3 - Roy Ritter
5 - Sandra Beckman
5 - Sandy Harter
6 - LaWanda Johnston
11 - Bernie Maycher
12 - Marge Fenton
15 - Joan Bernier
16 - Judy Hodge
17 - Jim Ondo
18 - Donovan Curtis
23 - Dean Poolos
24 - Dan Brown

February
2 - Patty Marantis
3 - John Moore
8 - Carol Koehler
14 - David Christman
28 - Bud Hetrick
28 - John Nichols
28 - Rod Paul

‘Tis the Season!
“Decking the Halls” at The Keifer Building are (below top, left to right) Teresa Findley, Dawn Hartman and Gail Fay in the Charitable Giving Office and (below bottom, left to right Nancy Hoffacker and Mary Moore in the Keifer Social Room. Early each December residents in The Colony and Keifer team members join together to decorate many trees throughout the building.

LIBRARIAN SCHEDULE

January 5 – Jennie Kather
January 12 – Jan Walther
January 19 – Pat Houpt
January 26 – Dolores Johns
January Special Activities

Wednesday, January 1
11:30 a.m. – Dining Room Seating Change

Wednesday, January 1
1 p.m. – German Ladies Social Meeting

Thursday, January 2
7 p.m. – Amish Singers

Sunday, January 5
6:30 p.m. – “Z” Praise Entertainment

Monday, January 6
1:30 p.m. – Marie Lineman sings Show Tunes

Monday January 6
6:30 p.m. – Mercer County Boys

Wednesday, January 8
6 p.m. – Making Winter Pinecone Bird Feeders with Reynolds K-Kids and Builders Club Students

Friday, January 10
11 a.m. – Monthly Lunch Outing

Thursday, January 16
6:30 p.m. – Musical Talents of Sound Witness

Tuesday, January 21
11:30 a.m. – January Birthday Luncheon

Heritage Resident Council Nominations
will take place in January 2020.

Please submit your nominations to Michele Miranda, Life Enrichment Coordinator as soon as possible.

Watch calendars for nomination & voting dates.

January Birthdays

21 - Charles Reuff
27 - Alice Myers
30 - Devee Love
31 - Helga Marguglio

Weekly Men’s Pool League meets on Mondays!

Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Wednesdays, 1:30 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

Wednesdays, 3 p.m. – Music Therapy with Cindy Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 1 p.m. – Balancing & Strengthening with Ron at the Fitness Center

Saturdays, 1:30 p.m. – BINGO

• Monthly manicures for residents
• Our 500, canasta and bridge card games always need someone to play, see Michele Miranda if you would like to join or start a new card game.
• Check out the daily puzzle working in the floor lounges.
• We have a variety of weekly and monthly activities that include some of the following: weekly creative coloring, monthly lunch outing, movie matinees, a variety of entertainment, guided tour videos around the world, word and brain games and more!
• Watch calendars for The Heritage’s planning group. Everyone is welcome! “To bake or not to bake” is our motto, bring your favorite recipes. We make seasonal crafts & gifts.
~ Jones Serenity Circle & Lane ~

Weekly Events:
- Monday - Friday, 9 a.m. – Chair Exercises – JSL
- Mondays, 9 a.m. – “Music & Manicures” – JSC
- Mondays, 10 a.m. – Nail Boutique – JSL
- Tuesday mornings – Aviary Care & “About the Birds” – JSC
- Tuesdays, 10:30 a.m. – Rosary in the activity room – JSC
- Wednesdays, 9:30 a.m. – Worship with Pastor Bill – JSC
- Wednesdays, 12:45 p.m. – Music Therapy with Cindy – JSL & 1:45 p.m. – JSC
- Thursdays, 2 p.m. – Music and Motion with Ron – JSC
- Fridays, 9:30 a.m. – BINGO – JSL
- Weekly K9 Companion Visits – Catch up with Chase!

Jones Serenity Circle hosted their annual Christmas Tea on Sunday, December 8. Residents, family members and employees enjoyed a special meal and lots of holiday cheer!

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Friday, Jan. 3</td>
<td>5:30 p.m. Sing-a-long with Bonnie Campbell</td>
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<tr>
<td>Saturday, Jan. 4</td>
<td>9:30 a.m. – Devotions &amp; Hymn Sing w/Terri</td>
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<tr>
<td>Saturday, Jan. 4</td>
<td>2 p.m. – Fresh Baked Cookies &amp; Coffee</td>
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<tr>
<td>Monday, Jan. 6</td>
<td>2 p.m. – Music in Motion with Ron</td>
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<tr>
<td>Tuesday, Jan. 7</td>
<td>10:30 a.m. – Rosary, Jones Serenity Circle</td>
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<tr>
<td>Thursday, Jan. 9</td>
<td>5:30 p.m. – “Z” Praise Entertainment</td>
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<tr>
<td>Friday, Jan. 10</td>
<td>2 p.m. – Popcorn Social</td>
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<td>Friday, Jan. 17</td>
<td>2 p.m. – January Birthday Celebration</td>
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<tr>
<td>Friday, Jan. 17</td>
<td>5:30 p.m. – Noble Cause Entertainment</td>
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<tr>
<td>Sat., Jan. 18</td>
<td>9:30 a.m. – Devotions &amp; Hymn Sing w/Terri</td>
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<td>Monday, Jan. 20</td>
<td>2 p.m. – Music in Motion with Ron</td>
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<td>Tuesday, Jan. 21</td>
<td>10:30 a.m. – Rosary, Jones Serenity Circle</td>
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<tr>
<td>Thursday, Jan. 23</td>
<td>3:15 p.m. – Humble Music Ministry</td>
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<td>Friday, Jan. 24</td>
<td>2 p.m. – Ice Cream Social</td>
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<td>Sat., Jan. 25</td>
<td>9:30 a.m. – Devotions &amp; Hymn Sing w/Terri</td>
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<td>Monday, Jan. 27</td>
<td>2 p.m. – Music in Motion with Ron</td>
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<tr>
<td>Tuesday, Jan. 28</td>
<td>10:30 a.m. – Rosary, Jones Serenity Circle</td>
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<tr>
<td>Friday, Jan. 31</td>
<td>5:30 p.m. – Sing-a-long w/Bonnie Campbell</td>
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</table>

Jones Serenity Circle Lane

January Special Events and Entertainment:
- Friday, Jan. 3, 5:30 p.m. Sing-a-long with Bonnie Campbell
- Saturday, Jan. 4, 9:30 a.m. – Devotions & Hymn Sing w Terri
- Saturday, Jan. 4, 2 p.m. – Fresh Baked Cookies & Coffee
- Monday, Jan. 6, 2 p.m. – Music in Motion with Ron
- Tuesday, Jan. 7, 10:30 a.m. – Rosary, Jones Serenity Circle
- Thursday, Jan. 9, 5:30 p.m. – “Z” Praise Entertainment
- Friday, Jan. 10, 2 p.m. – Popcorn Social
- Sat., Jan. 11, 9:30 a.m. – Devotions & Hymn Sing w/Terri
- Monday, Jan. 13, 2 p.m. – Music in Motion with Ron
- Tuesday, Jan. 14, 10:30 a.m. – Rosary, Jones Serenity Circle
- Friday, Jan. 17, 2 p.m. – January Birthday Celebration
- Friday, Jan. 17, 5:30 p.m. – Noble Cause Entertainment
- Sat., Jan. 18, 9:30 a.m. – Devotions & Hymn Sing w/Terri
- Monday, Jan. 20, 2 p.m. – Music in Motion with Ron
- Tuesday, Jan. 21, 10:30 a.m. – Rosary, Jones Serenity Circle
- Thursday, Jan. 23, 3:15 p.m. – Humble Music Ministry
- Friday, Jan. 24, 2 p.m. – Ice Cream Social
- Sat., Jan. 25, 9:30 a.m. – Devotions & Hymn Sing w/Terri
- Monday, Jan. 27, 2 p.m. – Music in Motion with Ron
- Tuesday, Jan. 28, 10:30 a.m. – Rosary, Jones Serenity Circle
- Friday, Jan. 31, 5:30 p.m. – Sing-a-long w/Bonnie Campbell

Stay tuned for Special Events and Entertainment in January on Jones Serenity Circle. Check the whiteboard in the neighborhood for updates.
Millie was born in Teaneck, N.J., and raised in Norwood, N.J. She lived with her parents, Harry and Louise, along with her three brothers – Robert, Jim, and Ed. She enjoyed playing every sport in high school. Millie married Benjamin McLaughlin in 1953. They raised four children – Ginny, Cindy, Ben, and David. Four grandchildren complete her family – Rebecca, Tonya, Benjamin and Eric. Emma is her great granddaughter.

In her spare time, Millie enjoys sewing, knitting, crocheting and quilting. She and her husband drove all over the United States. Her favorite memory is when they built their cabin in Hadley, N.Y.

Millie worked at Shering Plaugh and Weight Watchers, however, ice cream is her favorite food!
~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

~ Attention Dog Owners ~

St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

~ January Birthdays ~

We encourage family and friends to join us at any and all special activities planned at The Villas. If you’d like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to only your loved ones enjoying the event.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.
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<td>Roast beef, mashed potatoes, green bean casserole, apple pie</td>
<td>Fried chicken, potato wedges, corn, fruit whip</td>
<td>Stuffed cabbage roll with sauce, mashed potatoes, peas &amp; pearl onions, mixed melon salad</td>
<td>Fried pork chop, haluski, spinach, ice cream treat</td>
<td>Spaghetti with meat sauce, Italian blend mixed vegetables, Mandarin oranges</td>
<td>Sweet potato-crusted pollock, hash brown casserole, Brussels sprouts, frosted banana cake</td>
<td>Chicken and dumplings, mixed vegetables, mini cream puff</td>
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<td>Pork chop w/ cornbread stuffing, cheesy mashed potatoes, escalloped corn, lemon meringue pie</td>
<td>Meat lasagna, green beans &amp; mushrooms, fruit cocktail</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, chilled peaches</td>
<td>Meatloaf, mashed potatoes, creamed corn, chocolate pudding</td>
<td>Baked glazed ham, roasted sweet potato wedges, cauliflower with cheese, fruited gelatin</td>
<td>Braised beef tips, egg noodles, green peas, Boston cream pie</td>
<td>Blackberry dijon chicken, pierogies, Key West vegetables, turtle squares</td>
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<td>Cranberry glazed turkey, mashed potatoes, green beans, pumpkin pie</td>
<td>Pork chop suey, white rice, oriental vegetable blend, mandarin oranges</td>
<td>Bourbon chicken, baked sweet potato half, cauliflower, mixed melon salad</td>
<td>Swedish meatballs, egg noodles, corn, berry pear crisp</td>
<td>Apple raisin-stuffed chicken, mashed potatoes, Brussels sprouts, fruit cocktail</td>
<td>Lemon-baked fish, red bliss potatoes, Prince Charles vegetable blend, tapioca pudding</td>
<td>Country fried steak, mashed potatoes, roasted zucchini, raspberry-filled cookie</td>
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<td>Baked glazed ham, sweet potatoes, corn, banana cream pie</td>
<td>Chicken pie, mashed potatoes, honey-glazed carrots, apple crisp</td>
<td>Meatloaf Romanoff, noodles, broccoli, melon salad</td>
<td>Pork roast, mashed potatoes, sauerkraut, diced peaches</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, ginger spiced blondie bar</td>
<td>Tilapia filet, baked potato, chalet vegetable blend, diced pears</td>
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THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident's Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

Wednesday, January 1 – New Year’s Day
~Jeans and lucky charms ~
10 a.m. Movie on Ch. 1851
(Mass moved to next Wednesday due to holiday)
10 a.m. - 3 p.m. Snacks/tidbits in the Commons
2 p.m. Lucky Duck Bingo

Thursday, January 2 – Happy New Year Day
~ Kitty or any animal/wildlife shirt & jeans ~
10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid
7 p.m. Bonnie Campbell (Country, Gospel)

Friday, January 3 – Birthdate of John Ronald Reuel Tolkien’s birthday (1922). He was an English writer, poet, philologist, and academic, who is best known as the author of the classic high fantasy works The Hobbit and The Lord of the Rings.
~ Favorite ring(s) and jeans ~
10 a.m. & 2 p.m. Movies on Ch. 1851
Activities on the Neighborhoods
7 p.m. Friday Night Movie Ch. 1851

Saturday, January 4 – The first American ice-skating club was organized in Philadelphia (1850).
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, January 5 – George Reeves’ birthday (1914). George Reeves was an American actor best known for his role as Superman in the 1950s television program “Adventures of Superman.”
10 a.m. Church
2 p.m. Movie on Ch. 1851

Monday, January 6 – National Polka Month
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Bingo Bucks
7 p.m. Johnny Oakes (Polka, Oldies, Variety)

Tuesday, January 7 – George Burns and Gracie Allen were married (1926). The debut of “Buck Rogers 2429 A.D.” occurred in newspapers around the U.S. (1929) The title of the comic strip was later changed to “Buck Rogers in the 25th Century”
10 a.m. & 2 p.m. Movies on Ch. 1851
1:30 p.m. 500 Bid
7 p.m. BINGO

Wednesday, January 8 – George Washington delivered the first State of the Union address (1790)
10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Catholic Mass
2 p.m. Humble Music Ministry
6:30 p.m. Midweek Service

10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid
7 p.m. “Z” Praise Entertainment (Gospel & Praise, Variety)

Friday, January 10 – Brain Teaser Month/Games Day
~ Casual/Jeans Day ~
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Family Feud in the HFC
7 p.m. Friday Night Movie on Ch. 1851

Saturday, January 11 – Alexander Hamilton’s birthday (1757). He was the first U.S. Secretary of the Treasury and was killed in a duel with Aaron Burr
10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Rosary
1:30 p.m. 500 Bid
7 p.m. “Z” Praise Entertainment (Gospel & Praise, Variety)

Sunday, January 12 – A wireless message is sent long-distance for the first time from the Eiffel Tower in Paris (1908). Author Jack London’s birthday (1867)
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

7 p.m. Fred Barringer (Western/Folk Variety)
Tuesday, January 14 – Birthdate of Andy Rooney’s birthday (1919), American humorist, author and television personality
Annual Retreat
6 a.m. Coffee Cart & Newsbits
1:30 p.m. 500 Bid
7 p.m. BINGO

Wednesday, January 15 – “Happy Days” premiered on ABC-TV (1974)
10 a.m. & 2 p.m. Movies on Ch. 1851
6:30 p.m. Midweek Service

Thursday, January 16 – Uniform Sale in HFC
10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary with communion
1:30 p.m. 500 Bid
6:45 p.m. Kinsman Amish Youth Group

Friday, January 17 – Frosty Friday
~ Hat, Cap or Hoodie & Jeans ~
10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Gina Toth/Creative Corner
2 p.m. “Hey Joe” Collinicini
7 p.m. Friday Night Movie on Ch. 1851

Saturday, January 18 – Louis Armstrong and his orchestra recorded “Jeepers Creepers” (1939).
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, January 20 – Martin Luther King, Jr. Day
Kid’s Day in the HFC (see descriptor page for details)
~ Casual Day/Jeans ~
10 a.m. & 2 p.m. Movies on Ch. 1851
1:30 - 3 p.m. Dragonfly Balloon Co.
7 p.m. Basement Band Duo (60’s Music)

Tuesday, January 21 – The soundtrack to “The Graduate” was released (1968). Aretha Franklin was the first woman to be inducted into the Rock ‘n Roll Hall of Fame (1987).
10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Kitty Therapy: Marbles/Autumn visit
1:30 p.m. 500 Bid
7 p.m. BINGO

Wednesday, January 22 – Excavation began for the Empire State Building in New York (1930).
10 a.m. & 2 p.m. Movies on Ch. 1851
6:30 p.m. Midweek Service

Thursday, January 23 – Annual Snowflake Ball at The Villas
10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
6:45 p.m. Doors Open Snowflake Ball

Friday, January 24 – Mochas and a Movie
~ Mocha or shades of browns & jeans ~
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. Movie: “Toy Story” in HFC
7 p.m. Friday Night Movie on Ch. 1851

Saturday, January 25 – England’s King Henry VIII secretly married his second wife Anne Boleyn (1533). Boleyn later gave birth to Elizabeth I. NBC radio presented the first broadcast of “The Guiding Light” (1937). The show remained on radio until 1956 and began on CBS-TV in 1952.
10 a.m. & 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, January 26 – In a letter to his daughter, Benjamin Franklin expressed unhappiness over the eagle as the symbol of America. He wanted the symbol to be the turkey (1784).
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, January 27 – In the Bag Sale
10 a.m. & 2 p.m. Movies on Ch. 1851
10 a.m. Hymn Sing with Pastor Julia & Greg Van Valien (piano) Orchards dining room
7 p.m. “Z” Praise Entertainment (Gospel, Oldies, Variety)

Tuesday, January 28 – London’s Pall Mall became the first street lit by gaslight (1807). CBS-TV debuted “Barnaby Jones” (1973)
10 a.m. & 2 p.m. Movies on Ch. 1851
Noon: Monthly Birthday Lunch
1:30 p.m. 500 Bid
7 p.m. BINGO

Wednesday, January 29 – Mind Your Own Biscuits Day
~ Berry favorite color and jeans ~
10 a.m. & 2 p.m. Movies on Ch. 1851
11:30 a.m. Men’s Lunch: Beef Stew & Biscuits
6:30 p.m. Midweek Service

Thursday, January 30 – “The Lone Ranger” was heard on radio for the first time (1933). The program ran for 2,956 episodes and ended in 1955.
10 a.m. & 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary

Friday, January 31 – Woolly Winter Wear
~ Wool, Cozy Tops & Jeans ~
10 a.m. and 2 p.m. Movies on Ch. 1851
2 p.m. The Lamberts
7 p.m. Friday Night Movie on Ch. 1851
~ January 2020 Special Activities & Events in The Villas ~
(Theme/jeans days are open to all staff and residents at St. Paul’s.)

WEDNESDAY, JANUARY 1 — NEW YEAR’S DAY 2020 Start the New Year off with Good Luck! Staff are welcome to stop by the Commons for an array of tasty tidbits and a spin of the prize wheel from 10 a.m. - 3 p.m. Residents will go quackers for a New Year’s game of Lucky Ducky Bingo at 2 p.m. in the Headland Friendship Commons! HAPPY NEW YEAR! Wear jeans and lucky charms.

THURSDAY, JANUARY 2 — HAPPY MEW YEAR DAY FOR CAT LOVERS Wear jeans and any shirt that has wildlife or animals this day!

FRIDAY, JANUARY 3 — LORD OF THE RINGS FRIDAY J.R.R. Tolkien was born on this date in 1892. He authored books including the fantasy works of Lord of the Rings and The Hobbit. Did you know the well used quotes “All that is gold does not glitter. Not all those who wander are lost...” came from the book The Fellowship of the Ring? Wear your favorite ring this day and jeans. Activities on the neighborhoods.

FRIDAY, JANUARY 10 — GAMES DAY Since January is Brain Teaser month, we will stimulate our minds by teaming up for rounds of Family Feud in the HFC at 2 p.m.! Any staff or family members interested in joining us, let Life Enrichment know you are game! © Casual Friday/jeans day. Here are a couple feud style questions to ponder...Name something you buy by the roll. Name something you find under couch cushions.

THURSDAY, JANUARY 16 — AUXILIARY’S UNIFORM SALE IN THE HFC

FRIDAY, JANUARY 17 — FROSTY FRIDAY Wear your favorite hat, cap or hoodie & jeans this Frosty Friday. The song “Frosty the Snowman” was first recorded by Gene Autry and the Cass County Boys in 1950. That same year, Frosty was made into a book and published by Little Golden Books. By 1969, Frosty was brought to life via animation for a feature television production followed by several sequels. Join us this day for “Hey Joe” at 2 p.m. in the HFC with early hits of rock and roll (50’s and 60’s)

MONDAY, JANUARY 20 — MARTIN LUTHER KING JR. HOLIDAY We are making this a Kid’s Day. Life Enrichment will be in the HFC from 7:30 a.m. – 3 p.m. to hang out with the kids whose parents are working this day. Residents are welcome to help us out! From 1 - 2:30 p.m., Dragonfly Balloons will be here to do balloon sculpting, airbrush tattoos and games. Have the kids bring their lunch to the pantry refrigerator. Casual jeans day. We will have a sign up so we know the ages and how many children to prepare for. ☺

THURSDAY, JANUARY 23 — ANNUAL SNOWFLAKE BALL This annual affair will be held in the Headland Friendship Commons; doors open at 6:45 p.m. for early party goers! Enjoy appetizers, champagne fountain, cocktails, chocolate-dipped indulgences and live music by duo Carla and Patrick! Thiel College students will join us for this event!

FRIDAY, JANUARY 24 — MOCHAS AND MOVIE DAY Join us in the HFC for “Toy Story” on the big screen. The movie will run one hour and 21 minutes. Animation with character voices by Tom Hanks as the good-hearted cowboy along with Tim Allen, Annie Potts and Don Rickles. We will serve hot mochas, popcorn with different toppings. Wear the color of mocha or other shades of brown along with jeans this day.

MONDAY, JANUARY 27 — “IN THE BAG” AUXILIARY SALE IN THE HFC

WEDNESDAY, JANUARY 29 — MIND YOUR OWN BISCUITS DAY Country artist, Kacey Musgraves, offers her twist on life philosophy with the song “Mind Your Own Biscuits and Life Will Be Gravy.” We are taking her advice by having it for Men’s Lunch: Beef Stew & Biscuits! Sides will include applesauce and cottage cheese. For dessert enjoy delicious berry cobbler ala mode. Please wear your berry favorite color and jeans this day!

FRIDAY, JANUARY 31 — WOOLLY WINTER WEAR Wear a woolly or cozy top along with jeans to ward off the winter chill. Speaking of wool...join us in the HFC at 2 p.m. for music duo, The Lamberts! Q: Why are sheep baaaaaad drivers? A: They always make illegal ewe turns. Q: What kind of car does a sheep like to drive? A: A Lamborghini. Okay, one more...Q: What do you call sheep’s dentures? A: Lamb Chops!

Regularly Scheduled Activities:
Church Service Sundays at 10 a.m. • BINGO – Tuesdays at 7 p.m. & Saturdays at 2 p.m.
Music Therapy Wednesdays at 3:30 p.m., various locations
Mid-Week Service Wednesdays at 6:30 p.m. • Rosary Thursdays at 10:30 a.m.

Special Activities in January:
Jan. 2 – Bonnie Campbell, 7 p.m.
Jan. 6 – Johnny Oakes, 7 p.m.
Jan. 8 – Mass, 10 a.m.
Jan. 9 – “Z” Praise Entertainment, 7 p.m.
Jan. 13 – Fred Barringer, 7 p.m.
Jan. 16 – Kinsman Amish Singers, 6:45 p.m.
Jan. 17 – Creative Corner, 10 a.m.
Jan. 20 – Basement Band Duo, 7 p.m.
Jan. 21 – Kitty Visits 10 a.m.
Jan. 28 – Birthday Lunch, noon
Jan. 31 – The Lamberts, 2 p.m.
Promoting a Culture of Caring & Recognizing our Team Members

Glenna Addison
Teresa Alexander
Angela Alfeo
Chris Arnold
Heather Baird
Jessica Barlett
Marilyn Beachy
Diane Beil
Kelly Bell
Deb Benedetto
Ciera Black
Sarah Black
Amy Blessing
Stephanie Bovard
Cathy Boyer
Kimberly Britton
Kurt Bucheit
Barb Cadman
Hannah Camp
Kristen Christman
Lynn Chuey
Lydia Cianci
CeCe Corp
Jen Corp
Cheryl Crawford
Sean Davis
Beatrice Deciancio
Carol Delp
Mike Doddo
Makayal Engle
John Englert
Rose Farley
Kirsten Feltenberger
Lori Ferguson
Tammy Gearhart
Sarah Gorby
Kathy Griffin
Lindsay Griffiths
Joan Grunenwald
Erica Gulentz
Tom Hall
Kelley Harper
Emily Harris
Kathleen Harris
Teresa Heckman
Jolene Herbold
Sarah Hervely
Maddie Hittle
Grace Howard
Kelly Ignat
Michelle Ignat
Leslie Jablonski
Kaitlyn Jablonski
Kayla Jablonski
Karen Jackson
Ian Jones
Mary Jones
McKenzie Kerins
Teresa King - Heckmen
Kimmie Kissling
Robin Knight
Jessica Krafcheck
Terri Larimer
Kelsey Lasch
Lisa Lightcap
Beth Linamen
Tammy Lininger-Hause
Jake Lorent
Tom Luckock
Ashley McBriar
Dee Mcclimans
Reba McCracken
Leann McCurdy
MaryeJo Miller
Dianna Mills
Michele Miranda
Sharon Moran
Diana Morian
Julia Morian
Julia Moyer
Lynn Muir
Doris Neal
Meagan Nickel
Anita Patterson
Dee Phillips
Linda Pinney
Tricia Pratt
Kristen Rader
Sherry Rader
Marlene Randolph
June Reges
Kayla Ross
Stephanie Russo
Brittany Schrock
Sunita Sescane
Marissa Shipton
Brittany Shrock
Sabrina Smith
Virginia Smith
Gina Sorg
Leslie Springer
Barbara Stake
Ashley Stefanko
Deborah Stephens
Cindy Stoyer
Erin Straw
Renee Thurber
Brian Uhrin
Ashley Vickers
Melissa Villard
Wendy Walker
Sheila Wassar
Hailey Watt
Robyn Weaver
Paul Wetzel
Lucy Wheaton
Elisa Wotherspoon
Chris Wright
Donny Yankle

Visit www.stpauls1867.org and click STAFF RECOGNITION on the homepage. Next, click on “Submit a Caring Heart” and fill in the simple form. Please Note: Submit ONE caring heart for EACH staff member you’d like to recognize.


Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul’s.
It’s hard to believe that another year is over and a new one beginning. I just want to take this opportunity to extend my thanks and appreciation for all of the blessings received in the Volunteer Services Department in 2019. Included in these blessings, first and foremost, are the many wonderful volunteers and auxiliary members who so generously gave of their time, talents and treasure over the past year. We couldn’t do all we do at St. Paul’s without you!

Special thanks are also extended to all staff, residents, churches, community and resident family members, and all others who shopped at the Colby Bistro Gift Shop or at our many Auxiliary fundraisers. We had an exceptional Craft Show and Bake Sale—our best ever—due to those who donated to the Auxiliary and donated the exceptional items. Those who volunteered your time, baked, bought and sold tickets or helped in any way—thank you! It is because of YOU that the Auxiliary was able to complete its commitment of purchasing a six-passenger white mini-van, and is well on its way of funding its next project, a 14-passenger resident transport bus with a wheelchair lift.

I wish you ALL a very healthy, Happy New Year!

Rose Hoffman, Director of Volunteer Services
85% of seniors choose to stay in their own homes throughout the remainder of their lives.

St. Paul's Without Walls provides clients the support needed to remain independent in their homes as long as possible.

We are looking for compassionate, caring individuals (who want to make a difference!) to become companions and care partners so we can service the needs in our community.

Learn about our services and fill out an application on site.
The Red Hatters gathered for a fun and festive Christmas celebration on Friday, Dec. 13 in the Anderson Fellowship Hall in the Heritage. Pictured standing left to right: Mary Ellen Bayuk, Reba Gizdic, Sandy Stainbrook, Elaine Gano and Joann Dodson. Seated left to right: LaWanda Johnston, Janet Stratiff and Linda Shultz.

Residents, family members, and employees pitched in and had a great time at the first-ever Orchards Neighborhood Christmas Pot Luck Dinner on Monday, Dec. 9.

Our Board of Directors and management team gathered at The Keifer Building on Tuesday, Dec. 10 for their annual holiday gathering. Thank you to the dedicated members of our board who graciously give of their time, talents and resources throughout the year!
To see all of the photos from our Christmas Events, visit: www.stpauls1867.org/about/photo-gallery.