The inaugural winter concert performed by The Villas Resident Choir was held in the Headland Friendship Commons on Wednesday, January 16.

The idea for a choir concert was born out of successful music therapy sessions that have been being held at The Villas since August. Cindy Legwaila pictured below (far right) introducing the choir, is a board certified music therapist who visits The Ridgewood, The Heritage, The Villas and Jones Serenity Circle & Lane every Wednesday offering small group sessions and one-on-one sessions as needed.

Seven residents at The Villas who have strong personal connections and/or a history with music, gathered to sing a variety of songs for an audience of their peers and family members.

The choir members are: Rose Kristyak, who sang in her church choir and loves to sing; June Lekon, who also sang in her church choir; Pauline Arbuckle, whose family entertained listeners on Meadville radio, played guitar and sang alto in her high school and church choirs; Phyllis Chisholm, who sang in her church choir and is known to play piano on occasion; Mary Lou Crouser, who is a former choir director; Bob Guseman, who played clarinet and sang in his church choir; and Mary Ellen Shaw, who was in a barbershop quartet named The Harmonetts.

To finish the concert, all of the choir members donned cowboy hats and bandanas for their grand finale—“Deep in the Heart of Texas”—and each resident had a chance to sing a short solo!
A KID AGAIN

The 2018 Resident Christmas Appeal was one for the record books. You gave a grand total of $30,000 for resident Christmas gifts and wish list items, the most ever! Thank you for your incredible generosity.

What moved so many to give? For one local family, it was a treasured Christmas memory.

John & Judy Turner of Greenville support St. Paul’s Resident Christmas Appeal every year. It’s a decades old memory of Judy’s mother enjoying Christmas at St. Paul’s that leads them to give.

Irene Heisser lived at the old Health Center at St. Paul’s in the early 2000’s. She had been doing well living on her own for ten years after her husband passed away, before she eventually moved in with John and Judy.

Then she took a spill and broke her hip. Irene chose St. Paul’s for her rehab. After she had recuperated, she decided she wanted to stay. She loved the social life she had found at St. Paul’s.

At John and Judy’s house, Irene had spent most of the day alone as they were both still working full-time. At St. Paul’s, she had made many new friends.

“She wasn’t alone anymore,” said Judy. “Her favorite thing about living there was the friendships with the staff that worked there and other residents.”

Irene enjoyed her life at St. Paul’s, getting involved in different activities and special events. “Sometimes older people can get depressed,” said Judy. “She was never depressed, and I give credit to the staff for that and how they treated her.”

Even though it’s been several years since her mother passed away, one Christmas memory still brings a smile to Judy’s face.

The Turners would often bring Irene to their house over the weekend and always on holidays.

One Christmas Judy arrived at St. Paul’s to pick her up. “I can’t go right now,” her mother told her excitedly. “We are about to open presents!” Judy smiled and told her to enjoy her time, and she’d come back later to get her.

“As I walked out, I turned around and looked back at all the residents gathered together with presents in their laps, and my mom looked like a 10 year old kid again,” said Judy. “She was so excited and happy. I will never forget that.”

That is why the Turners give to the Resident Christmas Appeal each year. They want to make sure other residents are able to experience the same joy, the same excitement as Irene did all those years ago.

St. Paul’s residents enjoying their Christmas gifts in 2018.
February 28

Identity Protection & Security: Online Business, Banking & Scams

Our experts are:

David Reeves,
Reeves Information Technology, Inc.

Dave Leyde,
First National Bank, Greenville Branch Manager

David Spangler,
Legal Shield Associate, ID Shield

Save the dates and join us for future events, including:

April 25
Brain Health: Alzheimer’s Care & Caregiver Tips

June 27
Navigating Health Insurance: Medicare, Co-insurance & Prescription Coverage

September 26
Tax Laws: Year-end Charitable Gifts, IRAs & Annuities

Seating for all dates is limited. Reservations are required. Call 724-589-4646 or email: jkather@sp1867.org.
Residents who have passed

12/17/18 Mearl Henley
12/16/18 Margaret Legters
12/20/18 Claire DePasqua
12/25/18 Thomas Gibbons
12/25/18 Gladys Nye
12/29/18 Stephen Fedorchak
12/29/18 Carl Rhoades
12/31/18 Margaret Jane Brocious
01/01/19 Terrance Myers
01/13/19 Eileen Zimmerman

~ IN MEMORIUM ~

A monthly gathering for residents, families and staff at St. Paul’s and members of the community who are seeking support as they cope with loss.

NEXT MEETING:
Thursday, February 7
6:30 - 8 p.m.
The Villas Conference Room

Contact group facilitator, Pastor Julia Fraser,
at 724-588-7610 ext. 1145
for more information or with questions.

Alzheimer’s Caregiver Support Group

Join Us!
Build a support system with people who understand in a safe and supportive environment.

Meetings are held the first Tuesday of every month at The Keifer Building at St. Paul’s
341 E. Jamestown Road, Greenville, PA 16125

Tuesday, Feb. 5
2 – 3:30 p.m.

Contact: Michelle O’Malley • 724-588-9613 ext. 1427

This group welcomes: Caregivers, Care Partners, Family Members, Friends, Neighbors, Community Members and Professionals.

Presented by: Alzheimer’s Association Greater PA Chapter

~ Lunch & Learn ~

Wednesday, March 13
11 a.m.
Anderson Fellowship Hall at The Heritage

Decoding the Challenging Behaviors of Dementia

Throughout the stages of dementia, a person can exhibit what caregivers label “challenging behaviors.” The anger, confusion, fear, paranoia and sadness that people with the disease are experiencing can result in aggressive and sometimes violent actions. This session reviews strategies which are most effective in caring for persons living with a dementia-related disease.

RSVP by March 4.
Email: jkather@sp1867.org or call 724-589-4646.

About our presenter:
Lori L. Dierolf is a Certified Dementia Practitioner and a Certified Alzheimer’s Disease and Dementia Care Trainer with the National Council of Certified Dementia Practitioners. She also is a Certified Alzheimer’s and Aging Educator through the National Certification Board for Alzheimer’s and Aging Care. She is passionate about helping people learn how to support and communicate with those suffering from the disease.
Women at The Colony, The Heritage and The Ridgewood, please save the date for our annual St. Paul’s Women’s Retreat upcoming in February. More information and registration forms are available through your Life Enrichment staff this month. We look forward to seeing you there!

**Lord, Let My Heart Be Good Soil:**

**Gardening and a Life of Faith**

~ ~ ~ ~ ~ ~ ~ ~

**Tuesday, Feb. 26**

~ ~ ~ ~ ~ ~ ~ ~

**Headland Friendship Commons**

Your retreat begins at 9:30 a.m. and ends after lunch.

**Women’s Retreat**

Women at The Colony, The Heritage and The Ridgewood, please save the date for our annual St. Paul’s Women’s Retreat upcoming in February. More information and registration forms are available through your Life Enrichment staff this month. We look forward to seeing you there!

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**Tuesday, Feb. 26**

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**Headland Friendship Commons**

Your retreat begins at 9:30 a.m. and ends after lunch.

**WOMEN’S RETREAT**

Special thanks for time and talent at the Christmas season!

Special thanks to Denise Brown who, in addition to her duties as a CNA on the Meadows, served as our soloist for Christmas Eve services at The Villas and The Heritage. She has a beautiful voice, and we appreciated the sharing of her talents with our residents at the Christmas season.

Thanks also to Bill Hurlbert who provided special music for the Christmas Eve service at The Ridgewood. Bill played a piano solo of “The Old Rugged Cross” which he arranged himself. We appreciated the gift of his music as well.

**Thanks to Connie Kirker for serving as a Eucharistic Minister to Villas residents on Christmas Eve!**
A Message from Pastor Bill

The Importance of Love

The month of February is often associated with “love” because of Valentine’s Day, a day to show love to special ones in our lives.

But, if you are asked who do you love the most, some may say their spouse or significant other, others may say their children. Still others may offer the name of another person they are especially close to, and some may even mention their favorite pet.

When the religious leaders were asking questions of Jesus, trying to trip Him up with His words and find a reason to have Him arrested, one who was an expert in the law asked Jesus what the first or greatest commandment was.

He replies in the Gospel according to Matthew, chapter 22, beginning in verse 37: “You shall love the LORD your God with all your heart, with all your soul, and with all your mind.” 38 This is the first and great commandment. 39 And the second is like it: ‘You shall love your neighbor as yourself.’ 40 On these two commandments hang all the Law and the Prophets.”

So, for followers of Christ, if asked “who do you love the most?”, the Scriptures offer the answer: the Lord God. But Jesus didn’t end it there, He also says that loving our neighbor as ourselves is equally important. It is in Luke 10 that the expert in the law tries to get Jesus to define who “our neighbor” is. Jesus tells the man the parable of the Good Samaritan.

In this example the Samaritan finds another who has been beaten and robbed, and provides first aid, then takes him to an Inn where he can regain his strength, paying for the cost of the injured man’s lodging and care.

So honor the special ones in your life on Valentine’s Day and any other time the opportunity allows, but remember to put our Lord first and also to show God’s love to others, like the Good Samaritan, loving without expecting anything in return.

— Pastor Bill
Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

Unit sizes and new rates for 2018 are:
- 5’ x 10’ – $40/month
- 10’ x 10’ – $52/month
- 15’ x 20’ – $115/month (includes walk-in door + electric)

Contact Melissa Villard at 724-589-9613 ext. 1208 with questions or if you wish to rent a storage unit.

Signature strength: calm

Many of us admire people who have the gift of remaining calm.

Calm as a signature strength is the ability to respond to threats from a place of appropriate confidence. To remain “centered.”

It’s not always easy to achieve. Our bodies react to the stresses of modern life—including family caregiving—with the same fight-or-flight hormones that saved us in more physically dangerous times.

That said, you can intentionally cultivate the skills involved in remaining calm. People who are calm

- have the ability to physically relax. You might use strategies such as focused breathing. Perhaps a mindfulness practice. Or activities that release tension.

- accurately assess threats. It’s easy to overestimate the negative. Or get stuck thinking about “what ifs.” Calm individuals notice threats, yet keep them in perspective. Here’s where you want to apply a healthy dose of reality. Assess a problem situation. Yes, do look at the worst-case scenario. But remember to consider the likelihood of that extreme. Calm individuals spend most of their time focusing on the more probable outcomes in between chaos and serenity.

- observe the situation with an awareness of their strengths. Calm individuals have self-confidence. They have an accurate and balanced assessment of their personal strengths. To develop this, take an accounting of your internal gifts. Also identify the external supports you have. For instance, your finances, friends, support services.

- reduce anger. Anger clouds rational thought. It’s not that calm individuals do not get angry. They simply recognize their triggers. And they use strategies to calm themselves effectively before they blow. You might start by watching your thoughts. Avoiding judgment and fault finding in others may help you stay at ease.

As you look to become a more resilient family caregiver, you may find that cultivating the strategies of calm individuals helps keep your own journey centered.

Source: www.elderpages.com/northwestpa
Transportation Reminder
In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

~ Reserving Social Areas ~
Robyn Weaver, Executive Assistant, is the contact to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion. She can be reached at 724-588-7610, ext. 1146.

Melissa Villard, Assistant Director of The Colony, is the contact to reserve social space at The Keifer Building or Rust Colony Square and Pavilion. She can be reached at 724-588-7610 ext. 1208.

Check us out on Facebook & Follow us on Instagram!
Search for St Pauls Senior Living Community and find regular updates on our activities, events and resident life.
Share the good news at St. Paul’s with your friends and neighbors! Be sure to “Like” our page (not just our posts) and “Share” our news on your personal Facebook page. “Invite” your friends and family to “Like” our page, too!
Make sure to also “Like” St. Paul’s Without Walls too!
Instagram is a simple, fun & creative way to capture, edit & share photos, videos & messages with friends & family. Search for and follow st.pauls1867 to get a “behind the scenes” look at what’s happening at St. Paul’s.

Guest Apartment Accommodations
Available at The Heritage
St. Paul’s is pleased to offer a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s. The apartment features two rooms—a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower. The apartment also has a small refrigerator, a microwave and a flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Guest fees are $89 per night and are payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our guest apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is after 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.

CATERING
at The Cornerstone
Birthdays, anniversaries, showers, reunions, memorial dinners or whatever your special occasion is—if you’re planning a special gathering, consider The Cornerstone dining room.

The room is available for rent to residents, staff, family and community members for buffet-style meals for a minimum of 25 people up to 56 guests.

Contact Mariah Corson at ext. 1212 for more information or to schedule your event.

Sign up to access the Resident Portal on www.stpauls1867.org
A great feature of our newly designed and enhanced website is a resident portal where our residents and family members (powers of attorney) can login to find documents and information pertaining to each of our campus communities.

The resident portal is a secure area of our website that requires a username and password to access. The information you can find in the portal includes: Memos/Notifications, Directories, Handbooks, Information and Pricing, Menus, Events and Calendars (including community events) and Forms.

If you would like to register for access to the resident portal, please email jkather@sp1867.org or call 724-589-4646.

You will be emailed a link that takes you to a registration page. There you will be asked to create a username and password. A confirmation email will be sent to your inbox.

To enter the portal from the St. Paul’s homepage, click the “Login” button in the upper right corner of our homepage and then simply enter your username and password.
All residents should **tune to Channel 1851** for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul’s, and is not used for regular programming, which alleviates any potential signal interference.

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February 2019 Calendar of Events

Friday, February 1 – Aquatic Arthritis Class
Saturday, February 2 – A Day in Butler
Sunday, February 3 – Super Bowl Party
Monday, February 4 – Movie Night
Tuesday, February 5 – Colony Lunch
Wednesday, February 6 – Colony Birthday Celebration
Sunday, February 10 – Colony Brunch
Tuesday, February 12 – Craft Hour
Wednesday, February 13 – Worship Service
Thursday, February 14 – Not-So-Newlywed Game
Friday, February 15 – Arthritis Aquatic Class
Monday, February 18 – Men & Women’s Discussion Group
Wednesday, February 20 – Dinner out at Talbot’s
Thursday, February 21 – Movie Matinee
Saturday, February 23 – Greenville Symphony Orchestra
(Transportation TBD)
Tuesday, February 26 – Annual Women’s Retreat
Wednesday, February 27 – Youngstown Steel Museum & Packard Car Museum
Thursday, February 28 – Colony Dinner
Thursday, February 28 – Ask an Expert

Roscoe Physiotherapy “A Safe Approach to Pain Relief”

Conrad and Carol Koehler (pictured with Brooke B. from Roscoe Physiotherapy) are two of the many residents at The Colony who took advantage of a special offer from the physical therapy clinic in November. The team visited St. Paul’s and after one-on-one screenings to determine appropriate class levels, residents at The Colony attended an eight-week class in the gym at The Keifer Building learning a new and safer approach to pain relief.

The instructors pay close attention and reinforce proper mechanics while explaining how exercises target specific muscles and how your body “works as a whole.”

“It really is effective,” Conrad said. “And it’s most impressive the way they watch all of us and can tell if we’re doing the exercises correctly.”

Carol agreed. “It’s amazing. They pick up on the tiniest movement, make a small adjustment, and teach us how to do the exercises without hurting ourselves.”

Thank you to Roscoe Physiotherapy for coming to us and your interest in keeping our residents healthy and moving. After such a positive response, we hope to see the Roscoe team back in the spring!
February Special Activities

Friday, Feb. 1
7:30 – 9 a.m. – Men’s Breakfast
11:30 a.m. – Dining Room Seating Change
2 p.m. – Humble Ministries Music and Singing

Sunday, Feb. 3
1:30 p.m. – Afternoon Super Bowl Party
6:30 p.m. – Super Bowl 53 Game On CBS

Wednesday, Feb. 6
1 p.m. – German Ladies Club Meeting

Thursday, Feb. 7
7 p.m. – Amish Singers

Friday, Feb. 8
Baking Group is Making Homemade Chicken Noodle Soup

Saturday, Feb. 9
6:30 p.m. – Z Praise Entertainment

Sunday, Feb. 10
1:30 p.m. – Valentine’s Day Celebrations

Monday, Feb. 11
6:30 p.m. – Fellowship with Kenard Women’s Group

Wednesday, Feb. 13
6:30 p.m. – Slim Brothers Music and Singing

Thursday, Feb. 14
HAPPY VALENTINE’S DAY EVERYONE!
1:30 p.m. – Christian Assembly w/ Pastor Joel at the Piano

Friday, Feb. 15
2 p.m. – Making bracelets with Gina Toth

Tuesday, Feb. 19
11:30 a.m. – February Birthday Luncheon

Wednesday, Feb. 20
2 p.m. – Part 1 The Sound of Music Movie

Thursday, Feb. 21
2 p.m. – Part 2, The Sound of Music Movie

Friday, Feb. 22
6:30 p.m. – Z Praise Entertainment

Wednesday, Feb. 27
2:45 p.m. – First Resident Council meeting w/new members
6:30 p.m. – Singing with Joan and Friends

Thursday, Feb. 28
6:30 p.m. – Making Kindness Rocks with Reynolds K-Kids

February Birthdays
9 - Pat Brugler
20 - Ida M. Evans
20 - Dorothy McGranahan
24 - Cecelia Kettering
25 - Jean Nichols

Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia, Anderson Fellowship Hall

Wednesdays, 12:45 p.m. – Music Therapy with Cindy Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron at the Fitness Center

• Personal shopper days 2nd and 4th Wednesdays each month
• Monthly manicures for residents.
• Weekly current event discussions on local and national news, monthly afternoon movie matinees, guided tour videos around the world, word and brain games and we invite you to try your skills at our arcade skee ball game.
• Our Card Games will always need someone to play, see Michele Miranda, Life Enrichment Coordinator, if you would like to join or start a new card game.
• Check out the daily puzzle working in the floor lounges.
• Seasonal socials, entertainment, activities and outings.
• The Heritage’s Planning Group welcomes everyone for socializing. To bake or not to bake, is our motto. Bring your favorite recipes!
Jones Serenity Spotlight
~ News from Jones Serenity Circle & Lane ~

Jones Serenity Circle
February 2019
Special Events and Entertainment:

Friday, Feb. 1, 12:45 p.m. Gina’s Creative Corner
Monday, Feb. 4, 5:30 p.m. Music with Bonnie Campbell
Saturday, Feb. 9, 10 a.m. Marimba Music with Nick Lakatos
Tuesday, Feb. 12, 1 p.m. Zumba Gold Chair with Karen
Tuesday, Feb. 12, 5:30 p.m. Harp Music with Alyssa
Thursday, Feb. 14 Happy Valentine’s Day, 5:30 p.m. Z Praise Entertainment
Friday, Feb. 15 JSC Birthday Breakfast with Guest Chef
Friday, Feb. 15, 12:45 p.m. Music with Humble Ministries
Saturday, Feb. 16, 1:30 p.m. Sweet Treat Saturday
Monday, Feb. 18, 5:30 p.m. Music with Bonnie Campbell
Tuesday, Feb. 19, 12:30 p.m. Hymn Sing with Pastor Julia
Thursday, Feb. 21, 10 a.m. “All That Jazz” w/ Lynn Mossman
Saturday, Feb. 23, 10 a.m. Marimba Music with Nick Lakatos
Tuesday, Feb. 26, 1 p.m. Zumba Gold Chair with Karen
Tuesday, Feb. 26, 5:30 p.m. Harp Music with Alyssa
Thursday, Feb. 28, 5:30 p.m. Z Praise Entertainment

Jones Serenity Lane
February 2019
Special Events and Entertainment:

Monday, Feb. 4, 3 p.m. Humble Music
Wednesday, Feb. 6, 5:30 Z Praise Entertainment
Saturday, Feb. 9, 1 p.m. Nick Lakatos – Marimba music
Monday, Feb. 11, 2 p.m. Art with Gina
Tuesday, Feb. 12, 1:45 p.m. Zumba Gold Chair with Karen
Thursday, Feb. 14, 2 p.m. Bonnie Campbell to sing at Valentine Party
Thursday, Feb. 21, 5:30 p.m. Z Praise Entertainment
Monday, Feb. 25, 2 p.m. Piano Music with Lynn Mossman
Tuesday, Feb. 26, 1:45 p.m. Zumba Gold Chair with Karen

Jones Serenity Circle & Lane
February Birthdays
7 - Ellis Hughes
15 - Howard Owen

~ Jones Serenity Circle & Lane ~
Weekly Events:

Monday - Friday, 9 a.m. – Chair Exercises – JSL
Mondays, 9 a.m. – “Music & Manicures” – JSC
10 a.m. – Nail Boutique – JSL
Tuesday mornings – Aviary Care & “About the Birds” – JSC
Tuesdays, 10:30 a.m. – Rosary in the activity room – JSC
Tuesday afternoons – BINGO– JSC
Wednesdays, 9:30 a.m. – Worship with Pastor Bill – JSC
Wednesdays, 12:45 p.m. – Music Therapy with Cindy – JSL & 1:45 p.m. – JSC
Thursdays, 2 p.m. – Music and Motion with Ron – JSC
Fridays, 9:30 a.m. – BINGO – JSL
Weekly K9 Companion Visits – Catch up with Chase!
Resident of the Month

Donna Peterson

Donna was born in Bay City, Mich., to Mildred and Joseph Barclay. She has one sister and one brother. She attended high school in Meadville, Pa. After high school, Donna married Richard Peterson. They had three children, Diane, Van, and Jon. Donna has six grandchildren and six great grandchildren. Donna and Richard moved to Florida where they spent many enjoyable years.

Donna was a lab tech and worked in the lab at Greenville Hospital for many years.

Her favorite hobbies include walking her beloved dog, Freckles, shopping in grocery stores, and swimming at Coolspring and Momentum. Her favorite sports team is the Pittsburgh Steelers.

Donna’s favorite foods are hamburgers, hot dogs, and desserts.

Her fondest memories are the times she spent with her family on their boat in Florida.

~ Special Events in February ~

Monday, Feb. 4, 1:30 p.m.
Food Committee, Dining Hall

Tuesday, Feb. 5, 11:30 a.m.
Birthday Lunch, Harmony Hall

Monday, Feb. 11, 6:30 p.m.
Mark Eckler, Harmony Hall

Tuesday, Feb. 12, 10 a.m.
Hymn Sing with Robin, Harmony Hall

Wednesday, Feb. 13, 1 p.m.
Hope the Dog visits

Wednesday, Feb. 13, 2 p.m.
Coffee and a Craft with Amanda

Thursday, Feb. 14, 12:30 p.m.
Valentine’s Day Party, Harmony Hall

Thursday, Feb. 14, 2:30 p.m.
Ridgewood Resident Council

Saturday, Feb. 16, 7 a.m.
Men’s Breakfast, Harmony Hall

Wednesday, Feb. 20, 2 p.m.
Cat Therapy

Thursday, Feb. 22, 2 p.m.
Activity Buck Shopping, Harmony Hall

Welcome to Our Table!

Guests are always welcome for meals. Please give 24 hours notice to accommodate seating and food preparations.

When planning to join your family member for a holiday meal, please notify The Ridgewood receptionist three days in advance of the meal. This helps the staff to be better prepared with seating arrangements. Thank you!

~ Weekly Activities ~

Sundays: 6 a.m. – Catholic Service on Ch. 2
11 a.m. – Church Service, Harmony Hall
2:30 p.m. – Ice Cream Cart down the halls

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
2 p.m. – Triominoes, Harmony Hall
6:30 p.m. – 500 Card Club, Harmony Hall

Tuesdays: 2 p.m. – Balance & Strength w/ Ron, Harmony Hall
2:30 p.m. – Scrabble, Harmony Hall
6:30 p.m. – Word Game, Harmony Hall

Wednesdays: 9 a.m. – Communion for Catholics in your room
10 a.m. – Music Therapy, Fireside Lounge
1:15 p.m. – Errand Day

Thursdays: 10 a.m. – Bible Study, Harmony Hall
1:15 p.m. – Walmart/Giant Eagle Shopping

Fridays: 1:30 p.m. – 500 Card Party, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – Bingo, Harmony Hall
6:30 p.m. – Cards, Harmony Hall
7 p.m. – Lawrence Welk on Ch. 2

February Residents:
12 - Joe Basista
20 - Dot Armour

February Staff:
7 - Barb Good
9 - Cathy Gadsby
23 - Dorothy Adams
~ Resident Refrigerator Use at The Villas ~

While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

~ Clothing Reminder for Villas Families ~

If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

~ Resident Council ~

Resident Council meets the fourth Tuesday of each month at 10:15 a.m. All residents in The Villas are invited to attend.

~ February Birthdays ~

1 - Dorothy Amy 20 - Ronald Knapp
1 - James Riley 21 - Araminta Butler
2 - Elizabeth Cornett 22 - Martha Smith
3 - William Gustafson 27 - Robert Zahniser
7 - Helen McDonald
10 - Frank Morrison 10 - Hazel Rhoades
11 - Janet McClearn
17 - Cathy Spiardi
20 - Ronald Knapp
21 - Araminta Butler
22 - Martha Smith
27 - Robert Zahniser

~ Loving Hearts Depot ~

Check out the Loving Hearts Depot for Valentine’s Day treats!
Homemade chocolates, candies, cookies & more!

The monthly coffee cart also will be available in the lobby with your favorite morning beverages!
All proceeds benefit resident activities at The Villas.

~ Attention Dog Owners ~

St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.

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# Noon Meals at The Villas

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<td>Swedish meatballs, egg noodles, green beans &amp; mushrooms, mixed melon salad</td>
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<td>Stuffed chicken, mashed potatoes, whole baby carrots, chocolate cream pie</td>
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<td>Breaded pork chop, whipped sweet potatoes, cooked cabbage, peanut butter cookie</td>
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<td>Veal picata, Parmesan noodles, asparagus, pineapple upside down cake</td>
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<td>Ham loaf, Parslied potatoes, succotash, vegetable blend, apricots</td>
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<td>Fried chicken, duches potatoes, zucchini &amp; summer squash, diced pears</td>
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<td>Vegetable lasagna, winter blend vegetables, citrus fruited gelatin</td>
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<td>Diced beef with teriyaki sauce, white rice, Oriental vegetable blend, Mandarin oranges</td>
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<td>Pork chop supreme, sweet potatoes, green bean casserole, banana cream pie</td>
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<td>Chicken pie, mashed potatoes and gravy, broccoli, diced pears</td>
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<td>Spaghetti and meatballs with sauce, Italian green beans, fruit whip</td>
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<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, peach pie</td>
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<td>Roasted pork loin, herbed parsnips, haluski, red velvet cupcake</td>
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<td>Lemon-baked fish, onion-roasted potatoes, scalloped corn, mini cream puffs</td>
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<td>Baked ziti, tossed salad, peaches</td>
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<td>Salisbury steak, cheesy mashed potatoes, Brussels sprouts, apple pie</td>
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<td>Chicken caciator, spaghetti, Italian-blend mixed vegetables, emerald pears</td>
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<td>Sweet potato crusted pollock, potato wedges, broccoli and cheese, oatmeal raisin cookie</td>
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<td>Tropical pork, hash brown casserole, zucchini &amp; summer squash applesauce, gelatin salad</td>
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<td>Savory baked chicken, whipped sweet potatoes, green beans red grapes</td>
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<td>Oven-baked fish, rosemary potatoes, roasted corn, apple orchard bars</td>
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<td>Cranberry-glazed turkey, mashed potatoes, peas &amp; pearl onions, banana split dessert</td>
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<td>Glazed baked ham, scalloped potatoes, asparagus, lemon meringue pie</td>
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<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, Mandarin oranges</td>
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<td>Beef pot roast, baked potato, green bean casserole, cherry crisp</td>
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<td>Apple raisin-stuffed chicken, mashed potatoes, creamed corn, peaches,</td>
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<td>Veal Parmesan, spaghetti, tossed salad, raspberry parfait pie</td>
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THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

Fri., February 1 – R U Ready for Some Superbowl?
~Team Color/Jersey & Jeans~
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. The Lamberts (Variety, Oldies – keyboards/vocals)
  7 p.m. Friday Night Movie Ch. 1851

Sat., February 2 – Groundhog Day
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. BINGO

Sun., February 3 – Superbowl Sunday
  10 a.m. Church Service
  2 p.m. Movie Ch. 1851
  Snacks/Game in the Neighborhoods

Mon., February 4 – Birthdate of singers Jim Croce (1943) and Rod Stewart (1945)
  10 a.m. & 2 p.m. Movies on Ch. 1851
  1:30 p.m. Bingo Bucks
  7 p.m. Bowling in the HFC

Tues., February 5 – Chinese New Year, Year of the Pig
  10 a.m. & 2 p.m. Movies on Ch. 1851
  1:30 p.m. 500 Bid
  7 p.m. BINGO

Wed., February 6 – Dog sled racing happened for the first time in Olympic competition (1932)
  10 a.m. MASS
  2 p.m. Movie Ch. 1851
  2 p.m. Hey Joe and Mike (50s music)
  6:30 p.m. Mid-Week Service

Thurs., February 7 – Ballet Appreciation Day
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10:30 a.m. Rosary
  1:30 p.m. 500 Bid
  2 p.m. Bible Study
  7 p.m. Amish Singers

Fri., February 8 – Choose Your Theme Day
~ Neighborhood Picks & Jeans ~
  Morning: Coffee Talk (Newspaper, Magazines, Chat)
  10 a.m. & 2 p.m. Movies on Ch. 1851

Sat., February 9 – Volleyball was invented by W.G. Morgan (1895). The first star was placed on the Hollywood Walk of Fame (1960). The star was for Joanne Woodward
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. BINGO

Sun., February 10 – The singing telegram was introduced by the Postal Telegraph Company of New York City (1933)
  10 a.m. Church Service
  2 p.m. Movie on Ch. 1851

Mon., February 11 – Inventor’s Day
  10 a.m. Fred Barringer (Western, Folk, Oldies)
  7 p.m. Sweetheart Sing-a-Long with Madison Lizka

Tues., February 12 – Loving Hearts Depot
  Early Coffee Cart in The Villas Lobby
  1:30 p.m. 500 Bid
  7 p.m. BINGO

Wed., February 13 – Loving Hearts Depot The Villas Lobby
  10 a.m. & 2 p.m. Movies on Ch. 1851
  2 p.m. Humble Music Ministry
  (Gospel, Christian Traditional, Sing-A-Long)
  6:30 p.m. Mid-Week Service

Thurs. February 14 – Valentine’s Day
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10:30 a.m. Rosary
  Valentine’s Cupcakes during lunch (all neighborhoods)
  1:30 p.m. 500 Bid
  (No Bible Study at The Villas today)
  2 – 2:30 p.m. Music in the Commons
  2:30 – 3 p.m. Penn Ohio Singers
  7 p.m. Z Praise Entertainment
  (Variety, Oldies, Christian, Gospel, Vocals, Guitar)

Fri., February 15 – Red, White and Blue Day
~ Casual Friday & Jeans Day~
  10 a.m. & 2 p.m. Movies on Ch. 1851
  10 a.m. Creative Corner with Gina
  2 p.m. Abraham Lincoln portrayal
  7 p.m. Friday Night Movie Ch. 1851
Sat., February 16 – The National Deaf Mute College was incorporated in Washington, DC. It was the first school in the world for advanced education of the deaf. The school was later renamed Gallaudet College (1857).

   10 a.m. & 2 p.m. Movies on Ch. 1851
   2 p.m. BINGO

Sun., February 17 – Daytona 500 Day
~ Wear a Sports or Race Shirt & Jeans ~

   10 a.m. Church Service
   2 p.m. Movie Ch. 1851

Mon., February 18 – President’s Day

   10 a.m. & 2 p.m. Movies on Ch. 1851
   7 p.m. Stephen Medovitch (Rat Pack style)

Tues., February 19 – Typhoid Mary [Mary Mallon] is freed from her first periods of forced isolation and goes on to cause several further outbreaks of typhoid in the New York area (1910).

   10 a.m. & 2 p.m. Movies on Ch. 1851
   10 a.m. Marbles the Cat visits
   1:30 p.m. 500 Bid
   7 p.m. BINGO


   10 a.m. & 2 p.m. Movies on Ch. 1851
   Noon: Monthly Birthday Luncheon
   6:30 p.m. Mid-Week Service

Thurs., February 21 – Lucy B. Hobbs became the first woman to graduate from a dental school. The school was the Ohio College of Dental Surgery in Cincinnati (1866)

   10 a.m. & 2 p.m. Movies on Ch. 1851
   10:30 a.m. Rosary
   1:30 p.m. 500 Bid
   2 p.m. Bible Study
   6:45 p.m. Kinsman Amish Youth Group

Fri., February 22 – National Wildlife Day
~ Favorite Camo or Outdoor Shirt & Jeans Day ~

   10 a.m. & 2 p.m. Movies on Ch. 1851
   2 p.m. Harry, Him & Hymns
   7 p.m. Friday Night Movie Ch. 1851

Sat., February 23 – Humor & Tongue Twisters Day

   10 a.m. & 2 p.m. Movies on Ch. 1851
   2 p.m. BINGO

Sun., February 24 – Forget Me Not Day

   10 a.m. Church Service
   2 p.m. Movie on Ch. 1851

Mon., February 25 – The department heads of the U.S. government met with U.S. President Washington for the first Cabinet meeting on U.S. (1793)

   10 a.m. & 2 p.m. Movies on Ch. 1851
   10 a.m. Greg Van Valien – Hymn Sing on the Orchards
   7 p.m. Z Praise Entertainment
           (Variety, Oldies, Christian, Gospel, Vocals, Guitar)

Tues., February 26 – Women’s Retreat in HFC

   10 a.m. & 2 p.m. Movies on Ch. 1851
   1:30 p.m. 500 Bid
   7 p.m. BINGO

Wed., February 27 – Chili Tastin’
~ Flannel/Plaid Shirt & Jeans ~

   10 a.m. & 2 p.m. Movies on Ch. 1851
   11:30 a.m. Men’s Luncheon:
                  Chili & Cornbread
   6:30 p.m. Mid-Week Service

Thurs., February 28 – The first vaudeville theater opened (1883)

   10 a.m. & 2 p.m. Movies on Ch. 1851
   1:30 p.m. 500 Bid
   Cocktail Cart through the Neighborhoods
FRIDAY, FEBRUARY 1 — **R U READY FOR SOME SUPERBOWL?** Teams face off this Sunday at the Superbowl! We’ll gear up for the big game by **wearing favorite team shirt/colors along with jeans**! At 2 p.m. in the HFC, we’ll score some points with the musical duo, The Lamberts! (Theme / jeans days are open to all staff and residents at St. Paul’s.)

SUNDAY, FEBRUARY 3 — **SUPERBOWL LIII (53) SUNDAY!** Wear your favorite football colors/shirts & jeans this Sunday! Fill out the Superbowl Crossword Puzzle sent out to the neighborhoods! (Theme / jeans days are open to all staff and residents at St. Paul’s.)


FRIDAY, FEBRUARY 8 — **CHOOSE YOUR OWN THEME** — It’s up to your neighborhood family what the theme will be for this day! It’s also **Casual Friday Jeans day**! Morning: Coffee Talk in Neighborhoods (Magazines, Newspapers, Chats) “Winter is the time for comfort, for good food and warmth, for the touch of a friendly hand and for a talk beside the fire: it is the time for home.” ~ Edith Sitwell

TUESDAY, FEBRUARY 12 & WEDNESDAY, FEBRUARY 13 — **LOVING HEARTS DEPOT** — All residents and staff are encouraged to stop by the Loving Hearts Depot for this sweet holiday! Check out the homemade chocolates, candies, valentine’s baskets and cookies for purchase. On Tuesday, the Coffee Cart will be located in the Villas Lobby with the Depot items. We will be located in the front Lobby of The Villas until 4 p.m. both days. All proceeds go to Villas’ resident activities!

THURSDAY, FEBRUARY 14 — **VALENTINE’S DAY** — During the lunch hour, staff can join their neighborhoods for delicious Valentine Cupcakes! At 2 p.m. in the Headland Friendship Commons (time pending), the Penn-Ohio Singers will provide a repertoire of sweet songs! Q: Why shouldn’t you fall in love with a pastry chef? A: He’ll dessert you! Q: Where do hamburgers take their girlfriend on Valentine’s Day? A: To a Meatball! If you were a triangle, you would be acute one. Ha ha.

FRIDAY, FEBRUARY 15. **RED, WHITE & BLUE DAY!** On February, 12, 1809, Abraham Lincoln was born in Sinking Spring Farm, Kentucky. Join us in the Headland Friendship Commons at 2 p.m. for a realistic portrayal of this famous 16th President of the United States by John W. King. Mr. King will recite famous quotes and offer historical dialogue. Time at the end of his program will include Question and Answer as well as photo ops! A humorous lesser known quote by honest Abe: “If this is coffee, bring me some tea; but if this is tea, please bring me some coffee.” **This is also a casual jeans day.** (Theme / jeans days are open to all staff and residents at St. Paul’s.)

FRIDAY, FEBRUARY 22 — **NATIONAL WILDLIFE DAY** — “The clearest way into the universe is through a forest wilderness.” ~ John Muir Wear your favorite camo or wildlife/outdoor shirt this casual Friday. At 2 p.m., Harry, Him & Hymns in the Headland Friendship Commons. (Theme / jeans days are open to all staff and residents at St. Paul’s.)

WEDNESDAY, FEBRUARY 27 — **MEN’S LUNCHEON: CHILI TASTIN’ & CORNBREAD** — This will be a casual day. Wear flannel or plaid shirt & jeans! The International Chili Society says that chili was popularized during the Gold Rush of the mid-1800s. Cowboys and prospectors combined dried beef, fat, pepper, salt and chili peppers together into stackable rectangles or “chili bricks” that were then dumped into boiling water. (farmflavor.com) (Theme / jeans days are open to all staff and residents at St. Paul’s.)

**Regularly Scheduled Activities:**

- **Church Service** Sundays at 10 a.m. • **BINGO** – Tuesdays at 7 p.m. & Saturdays at 2 p.m.
- **Music Therapy** Wednesdays at 3 p.m., various locations • **Mid-Week Service** Wednesdays at 6:30 p.m.
- Thursdays **Rosary** at 10:30 a.m. & **Bible Study** at 2 p.m. • **Friday Night Movies** on Ch. 1851 at 7 p.m.

**Special Activities in February:**

- Feb. 4 - Bowling in HFC, 7 p.m.
- Feb. 6 - Hey Joe and Mike, 2 p.m.
- Feb. 7 - Amish Singers, 7 p.m.
- Feb. 11 - Fred Barringer, 10 a.m.
- Feb. 11 - Madison Liszka, 7 p.m.
- Feb. 13 - Humble Music Ministry, 2 p.m.
- Feb. 14 - Z Praise Entertainment, 7 p.m.
- Feb. 15 - Creative Corner w/Gina, 10 a.m.

- Feb. 15 - Abraham Lincoln portrayal, 2 p.m.
- Feb. 18 - Stephen Medovitch, 7 p.m.
- Feb. 19 - Marbles & Autumn Therapy cats, 10 a.m.
- Feb. 21 - Kinsman Amish Youth Group, 6:45 p.m.
- Feb. 25 - Greg Van Valien Hymn Sing, 10 a.m.
- Feb. 25 - Z Praise Entertainment, 7 p.m.
- Feb. 28 - Cocktails and Beverages 4 p.m. to ?
Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul’s.

Caring Hearts – January 2019


Promoting a Culture of Caring & Recognizing our Team Members

Joel Aponte  
Laura Baker  
Mary Barr  
Audrey Bates  
Deb Benedetto  
Nancy Bielobocky  
Michelle Bish  
Ceara Black  
Sarah Black  
Kayla Bollard  
Denise Brown  
Nadine Buchanan  
Clara Byler  
Deb Calenda  
Tina Cascio  
Lydia Cianci  
Alisha Cole  
Shawnta Coleman  
Joanne Cooper  
Mariah Corsen  
Amber DeLong  
Terri Descoteaux  
Kristy Ennis  
Marge Fenton  
Lori Ferguson  
Katie Forcier  
Adam Frantz  
Ashley Garbinski  
Tammy Gearhart

Jordan Gill  
Rachel Gilmore  
Lindsay Griffiths  
Kevin Groce  
Erica Gulentz  
Patti Hall  
Brooke Hargenradar  
Kathleen Harris  
Dawn Hartman  
Krystal Hebert  
Tina Jones  
Jennie Kather  
Krissy Kidd  
Robin Knight  
Jessie Krafcheck  
Lisa Kunselman  
Sandi Landfried  
Carol Langiotti  
Hannah Linamen  
Brittany Little  
Sue McConnell  
Nola McGranahan  
Katie Mentor  
Julie Miller  
Janet Miller  
Dianna Mills  
Julia Morian

Lynn Muir  
Dana Mullen  
Missy Nitch  
Elaine Owen  
Deven Piccolin  
Nicole Rader  
Rocky Reed  
June Reges  
Mamie Rice  
Donita Ritchey  
Paul Roman  
Kayla Ross  
Stephanie Russo  
Alexis Shannon  
Trudy Smith  
Gina Sorg  
Karen Splitstone  
Tina Stanhope  
Cindy Stoyer  
Erin Straw  
Melissa Villard  
Hannah Walker  
Sheila Wasser  
Mallory Weller  
Calista White  
Alisha Wilson  
Leslie Woolstrum  
Deb Yoos  
Gretchen Zahnis
GoSafe 2 features:

• GoSafe 2 uses more than GPS to help find you in an emergency situation. With one pendant, Philips Lifeline can engage up to 5 different locating technologies to help responders identify your location in an emergency. 1

• Using two-way voice communication, the GoSafe 2 pendant allows you to speak directly with a Lifeline trained Response Associate, providing you fast, easy access to help.

• GoSafe 2 is complete with AutoAlert fall detection technology. If a fall is detected, AutoAlert can automatically place a call for help, even if you can't push the button yourself. 2

• The sleek, lightweight pendant is water resistant 3 and offers up to 3 days of battery life on a single charge and can even be charged while you are wearing it. 1

• You decide who comes to help you – a neighbor, loved one, caregiver or emergency services. The Philips Lifeline Response Center will dispatch the help you choose.

Ready. Set. Go!

Introducing the new GoSafe 2 mobile medical alert service from Philips Lifeline. Our first all-in-one solution is perfect for those seniors who lead a more active lifestyle.

Special Thanks to Client, Care Partner for Sharing Their Stories

The need for home-based care in Greenville and surrounding communities is great. For that reason, St. Paul’s Without Walls is always on the look-out to recruit honest, dependable, compassionate individuals to be Companions and Care Partners.

On Thursday, Jan. 10, Karen Sherwood (WOW Care Partner) and Hud Artman (resident at The Colony and WOW client) attended the WOW Job Fair at The Keifer Building to share stories of how Without Walls has positively influenced their lives. Special thanks to both of them for taking time out of their day to help spread the word to prospective employees about the great work that is being done through Without Walls.

Another WOW Job Fair is scheduled for Wed., March 20 from 10 to 11 a.m. and 3 to 4 p.m. in The Keifer Building – if you know of someone who would make a good addition to our staff, please encourage them to join us and find out how WOW could change their life! (Reminder: Referral bonus up to $200 for all current employees.)
HANDMADE
QUILTS for SALE

Modern-style
Oversized Wall Hanging w/rack
Measures approx: 62" x 62"

$799.00

Traditional “Turned applique-style”
Hand-stitched, hand-quilted,
scalloped-edged. Fits king-sized bed.

$999.00

Please contact Rose Hoffman, 724-588-7610 x1135 to purchase or for more information.

BINGO Helpers needed: Tues. - 6:15 - 8:15 p.m., Sat. - 1:30 - 2:30 p.m. & 1:30 - 3:45 p.m.

Transporters at The Villas: Mon. – Fri. 9 a.m. - noon

Colby Bistro Gift Shop workers needed: Noon - 4 p.m.

Appointment Companions and one-on-one visits with residents.

For more details, or to volunteer, contact Rose Hoffman at ext. 1135 or APPLY ONLINE at www.stpauls1867.org.

The Auxiliary of St. Paul’s
Arms of Love & Service

These beautiful quilts were donated to The Auxiliary of St. Paul’s by generous artisans who wish their time and talents to benefit the residents of St. Paul’s Senior Living Community.

Thank you to the donors! And thank you for supporting The Auxiliary of St. Paul’s!
As busy as they were on Christmas Eve, Santa & Mrs. Claus still found time to deliver gifts and visit with our residents at The Heritage and The Ridgewood on that special day!
Winner(s)!

Staff at The Ridgwood went all out this Christmas and participated in an Ugly Christmas Sweater competition and the residents were the judges. A dual effort by Tina Jones and Crystal DeBvetis pulled in the win!

Christmas Eve was a busy day at St. Paul’s! Santa and his helpers delivered gifts to all of our residents in Jones Serenity Circle & Lane and at The Villas.
These three things continue: faith, hope, and love...

Happy Valentine's Day

...And the greatest of these is Love.