Four Team Members Recognized with Distinguished Staff Awards

St. Paul’s recognized four staff members for exceptional service and performance during a ceremony on Nov. 6 in the Headland Friendship Commons at The Villas. Nancy Provident, Personal Care Attendant at The Heritage, received the Staff Extra Effort Award; Deb Canter, Dining Aide at The Heritage, received the Staff Dining Award; Kenzi Kerins, Certified Nurse Aide at The Villas, received the Staff Leader Award; and JoAnne Kroner, Care Partner for St. Paul’s Without Walls, received the Staff Newcomer Award.

The awards are presented each year and seek to recognize and show appreciation for staff that improve and enrich the lives of the residents at St. Paul’s Senior Living Community.

The Bingham Family Awards were established in memory of Jack and Mary Jane Bingham who were residents at St. Paul’s. Upon their deaths, the Bingham’s children chose to honor their parents’ memory. The Hazel L. Shaffer Endowment Fund Award was established in 2012 by the Shaffer family as a result of the “wonderful care Hazel Shaffer received from the dining staff while a resident at the former Health Center, now The Heritage.”

A record 51 different staff members were nominated for awards this year. Chris Wright, CEO and President, stated, “Each year it is certainly a daunting task to choose these award recipients, as all of our nominees are extremely worthy and important team members.”

Congratulations to these very deserving staff members and all nominees!

To see more photos from the awards ceremony, visit www.stpauls1867.org/about/photo-gallery.
What makes it the most wonderful time of the year for you? Maybe it’s picking out the perfect Christmas tree for your living room, spending holiday parties with family and friends, or baking Christmas cookies for loved ones to enjoy. We all have different traditions that make it the most wonderful time of the year for us.

The residents residing at St. Paul’s have these fond memories of Christmas time as well, but as we age, our favorite Christmas traditions might change. Feelings of isolation and loneliness can set in, especially during the holidays, a time that in the past was filled with activities and traditions with family and friends. This is why at St. Paul’s we strive to make Christmas extra special and keep the joy and magic of Christmas alive.

You can help keep the spirit of Christmas alive by giving to the St. Paul’s Resident Christmas Appeal. Your generosity can ensure that every resident residing at The Villas, The Heritage and The Ridgewood will receive a Christmas gift this holiday. Any money raised above and beyond the expenses of gifts goes toward resident “wish list” items for all residents to enjoy throughout the year.

For more information please contact:
Teresa Findley
Director of Annual Giving
724-588-7610
ext. 1237

Will you please help us fill Santa’s bag for St. Paul’s residents this year?

You can make your gift quickly and securely at www.stpauls1867.org/giving/make-a-donation or send a check to:
St. Paul’s Charitable Giving Office
341 E. Jamestown Rd.
Greenville, PA 16125
St. Paul’s held its 8th Annual Legacy Society Luncheon on November 7 at The Villas. The Legacy Society was created in 2000 to recognize a special group of donors who have chosen to make a deferred gift for St. Paul’s in their estate planning.

Twenty-four Legacy Society members were honored at the event.

“Today we are here to celebrate you and the commitment you’ve made to the residents and mission of St. Paul’s,” said Director of Planned & Major Giving Dawn Hartman. “Gandhi once said, ‘The best way to find yourself is to lose yourself in the service of others.’ As I look around this room, I see a group of people who are living their lives in service of others.”

There are 62 living Legacy Society members today and 82 who have passed away but whose generosity will never be forgotten. Since the last luncheon, nine new members were welcomed into the society – Jim & Jackie Weyman, Bob & Margie Hays, Dick & Patti Jones and three other donors who wished to remain anonymous.

The theme for the luncheon this year was “Moments of Joy.

“For older adults struggling with health issues, a good day can be defined in moments of joy,” said Hartman. “That is what you help create with your gifts. You create moments of joy that become a part of a life worth living, regardless of a person’s age, ability or health status.”

Hartman went on to highlight the music therapy program at St. Paul’s, which is responsible for spreading a lot of joy and was originally launched with a gift from a donor.

She shared a video of St. Paul’s certified music therapist Cindy Legwaila talking about the program and the impact it has had on the residents at St. Paul’s.

You can view the video at: https://bit.ly/32ZPmOn.

The program wrapped up with Karen Kirchhofer, whose mother lives at The Villas, sharing her personal story about how important music and the therapy program is to her family.

In closing Hartman said, “We hope you felt a sense of satisfaction and peace today as you listened to these stories about moments of joy at St. Paul’s, knowing that you have chosen to help this legacy continue. Thank you again for your commitment to St. Paul’s.”

You can see more photos from the event at www.stpauls1867.org/about/photo-gallery.

If you’d like to find out more about St. Paul’s Legacy Society, please visit www.stpauls1867.org/giving/legacy-society or contact Hartman at 724-588-7610 ext. 1214 or dhartman@sp1867.org.
A monthly gathering for residents, families and staff at St. Paul’s and members of the community who are seeking support as they cope with loss.

NEXT MEETING:
Thursday, December 5
6:30 - 8 p.m.
The Villas Conference Room

Contact group facilitator, Pastor Julia Fraser, at 724-588-7610 ext. 1145 for more information or with questions.

“In Memorium
Residents who have passed

<table>
<thead>
<tr>
<th>Date</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>10/17/19</td>
<td>Mary Denzinger</td>
</tr>
<tr>
<td>10/21/19</td>
<td>Martha Baird</td>
</tr>
<tr>
<td>10/23/19</td>
<td>Alyce Reichard</td>
</tr>
<tr>
<td>10/29/19</td>
<td>Elaine Jordan</td>
</tr>
<tr>
<td>11/01/19</td>
<td>Frank Funk</td>
</tr>
<tr>
<td>11/01/19</td>
<td>Ardis May</td>
</tr>
<tr>
<td>11/08/19</td>
<td>Mary Bromley</td>
</tr>
<tr>
<td>11/09/19</td>
<td>Stephen Bayuk</td>
</tr>
<tr>
<td>11/10/19</td>
<td>John Montgomery</td>
</tr>
</tbody>
</table>

St. Paul’s Embraces the Ten Principles of The Eden Alternative:

1. The three plagues of loneliness, helplessness, and boredom account for the bulk of suffering among our Elders.

2. An Elder-centered community commits to creating a Human Habitat where life revolves around close and continuing contact with people of all ages and abilities, as well as plants and animals. It is these relationships that provide the young and old alike with a pathway to a life worth living.

3. Loving companionship is the antidote to loneliness. Elders deserve easy access to human and animal companionship.

4. An Elder-centered community creates opportunity to give as well as receive care. This is the antidote to helplessness.

5. An Elder-centered community imbues daily life with variety and spontaneity by creating an environment in which unexpected and unpredictable interactions and happenings can take place. This is the antidote to boredom.

6. Meaningless activity corrodes the human spirit. The opportunity to do things that we find meaningful is essential to human health.

7. Medical treatment should be the servant of genuine human caring, never its master.

8. An Elder-centered community honors its Elders by de-emphasizing top-down, bureaucratic authority, seeking instead to place the maximum possible decision-making authority into the hands of the Elders or into the hands of those closest to them.


10. Wise leadership is the lifeblood of any struggle against the three plagues. For it, there can be no substitute.
The Spiritual Council met for its quarterly meeting on Tuesday, Nov. 12 with eleven persons in attendance. Joining Pastor Bill and Pastor Julia were: Pastor Ray Brugler, Shirley Brown, and George Erwin, representing The Heritage; Linda Goodwill and Mary Alice Dean, representing The Villas; Ruth Ann Jones, representing The Ridgewood; and Pastor Glenn Sadler, Ann Fowler, and Dee Henley, representing The Colony. Mary Alice Dean’s daughter, Linda Oman, was also present as our guest. We were grateful the presence and good participation of all who were there as we reviewed and made plans for various ministries ongoing in our midst.

At this meeting, the Council approved the following charitable distributions out of weekly church offerings:

- $400 for AWARE, Inc. of Mercer County
- $400 for the Good Shepherd Center
- $400 for the Salvation Army
- $400 for the St. Paul’s Resident Christmas Appeal
- $400 for Disaster Relief through the United Church of Christ.

Special thanks to Adele Lehosky for responding to the request for help in laundering the communion linens!

We appreciate it!

Sunday, November 17 was our annual Thanksgiving for Giving Sunday, at which we gave thanks for our residents’ generosity and for the funds in the amount of $6,500 we have been able to share for mission and ministry purposes across the year. This year the St. Paul’s Spiritual Council has distributed weekly church offerings to the following local and national organizations: the Good Shepherd Center; the Salvation Army; the Greenville Relay for Life; the Walk to End Alzheimer’s; the Christian Fitness Backpack Ministry; His Work/His Way; AWARE, Inc. of Mercer County; St. Paul’s Good Samaritan Appeal and Resident Christmas Appeal; and the Disaster Relief Ministry of the United Church of Christ. Thank you for your generous giving!
A Message from Pastor Bill

Times and Seasons

It seems that some times and seasons receive a lot more attention than others. Christmas is a favorite, and Halloween seems to be growing in interest. Super Bowl Sunday and March Madness seem to attract a lot of attention.

But some others, including Thanksgiving – where the focus is more on Black Friday and Christmas preparation – and Advent seem to get the short end of the stick.

Don’t get me wrong, there is a great deal of planning for Christmas from decorating and tree trimming, gift buying and wrapping, menu planning and cookie baking.

But the word “Advent” means arrival, so it isn’t the jolly old elf in the red suit that we prepare for but the Savior of the world, born of a virgin in Bethlehem.

Preparing for the birth of Jesus isn’t about making sure the guest room is ready, that we have celebratory foods and such. Rather, it is about reflecting on a God that is so good and loves us so much that He allowed His Son to dwell among sinful man, experience all that we experience and then pay the price for all of our sins on a cross, to fulfill the law that forgiveness of sin only comes through the shedding of blood. Something that we can’t do for ourselves, even if we desired to.

The type of preparation that Advent calls for requires that we step away from all of the busyness of the season, to spend quiet time in God’s presence. Perhaps listen to hymns and carols that give praise to our Lord. Read passages from the Scriptures or perhaps any of the books that offer perspectives on Jesus’ coming as Emanuel to dwell among us.

It also can mean praying, not that we get everything we have on our Christmas list, but that those who are experiencing challenges will also experience the love of God made real through those who we are able to reach out to and bless in some way.

May you experience a blessed and Merry Christmas.

— Pastor Bill Kirker

WORSHIP SCHEDULE AND SCRIPTURES FOR DECEMBER 2019

Regular Sunday Worship Services are:

9 a.m. – The Heritage, Anderson Fellowship Hall • 10 a.m. – The Villas, Headland Friendship Commons
11 a.m. – The Ridgewood, Harmony Hall

December 1, 2019 — First Sunday of Advent
Scriptures: Isaiah 2:1-5 Psalm 122
Romans 13:11-14 Matthew 24:36-42
Pastor Bill Kirker will lead all three worship services.

December 8, 2019 — Second Sunday of Advent
Romans 15:4-13 Matthew 3:1-12
Pastor Bill Kirker will lead all three worship services.

December 15, 2019 — Third Sunday of Advent
James 5:7-10 Matthew 11:2-11
Pastor Julia Fraser will lead all three worship services.

December 22, 2019 — Fourth Sunday of Advent
Scriptures: Isaiah 7:10-16 Psalm 80:1-7, 17-19
Romans 1:1-7 Matthew 1:18-25
Pastor Bill Kirker will lead all three worship services.

December 29, 2019 — First Sunday After Christmas
Scriptures: Isaiah 63:7-9 Psalm 148
Hebrews 2:10-18 Matthew 2:13-23
Pastor Julia Fraser will lead all three worship services.

SPECIAL SERVICES DURING ADVENT AND CHRISTMAS

Colony Advent Vesper Service
December 12 – 4 p.m.
The Keifer Building Chapel

Christmas Eve Holy Communion
December 24
The Villas – 10 a.m.
The Heritage – 1:30 p.m.
The Ridgewood – 3 p.m

Scriptures: Isaiah 9:2-7 Psalm 96

Pastors Bill Kirker and Julia Fraser will co-officiate at these services.

Eucharistic Ministers will visit the neighborhoods in The Villas following the 10 a.m. service.
IMPORTANT: Securing Resident Valuables at The Villas

St. Paul’s strongly discourages keeping valuable jewelry, papers, money or other items considered of value at St. Paul’s. Should a resident of The Villas insist on keeping any valuables (monetary or sentimental) in their possession, the top drawer of each resident’s nightstand is equipped with a lock. Keys can be obtained from the admission office or through your social services coordinator. St. Paul’s also offers its residents the opportunity to open a resident fund account. This offers a convenient and safe alternative for keeping cash on hand. The money is kept in an interest bearing account and can be accessed through the receptionist from 8 a.m. – 9 p.m. daily for Villas residents.

Residents (or their family) should inform St. Paul’s of all valuable property upon admission and ongoing if new items are added to or removed from the resident’s possessions. Should any item be identified as lost or missing, it is important to notify the staff immediately upon discovery. St. Paul’s does maintain a lost and found log and will investigate any reports of missing items to the best of their ability. As per the admission agreement, the resident is responsible for obtaining at his or her own expense, any insurance coverage necessary to cover potential damage to or loss of any personal property.

Please feel free to contact Tammy Lininger, The Villas Administrator, with any questions.

Talking about brain health

Are you concerned a loved one may have dementia? If so, be careful how you bring it up. It’s a scary subject!

Before jumping to conclusions, gather some information. Ask family members and close friends what they have observed. Have others noticed changes?

Think of the issue as one of “brain health.” Brains change as we age. Using words such as “Alzheimer’s” or “dementia” is premature. There are many—over 70—changes in brain health that can affect memory and thinking.

Consider these talking tips:

- **Ask if he or she has noticed changes.** They may not have noticed or may deny it. They may have forgotten. Or they may have noticed and are also wondering (and scared!).
- **Emphasize there are many things that can contribute to fuzzy thinking – and ways to address them.** Dehydration. Depression. Medication side effects. Not enough sleep. Isolation and lack of social stimulation.
- **Make it clear you are a team.** It’s their body and brain. Your role is one of support. “I love you and I’m worried about you. Let’s explore this together.”
- **Approach the issue with curiosity.** It’s not about proving you are right and they have a problem. It’s about learning if their brain needs some extra support, much the way a sore knee may do better with medication and a brace.
- **Remove barriers.** “Medicare pays for an annual exam that includes a review of brain health.” “I can take you to the doctor. Even go in with you if you want. Or you can go in by yourself.”
- **Get a full evaluation.** Ask the doctor for a referral to a specialist who can do a complete assessment. Not all thinking problems are Alzheimer’s. It’s good to get a firm diagnosis.
- **Be patient.** This conversation may need to happen several times over weeks or months.

Storage Units Available

at Rust Colony Square

Rust Colony Square, located near The Keifer Building, includes storage units that are available for rent. We ask for a three-month minimum commitment with each rental agreement.

**Unit sizes and rates for 2019 are:**

- 5’ x 10’ – $40/month
- 10’ x 10’ – $52/month
- 15’ x 20’ – $115/month (includes walk-in door + electric)

Contact Melissa Villard at 724-588-9613 ext. 1208 with questions or if you wish to rent a storage unit.

Source: www.elderpages.com/northwestpa
~ Reserving Social Areas ~

Robyn Weaver, Executive Assistant, is the contact to reserve social space in The Villas, The Heritage, The Ridgewood or the Anderson Picnic Pavilion. She can be reached at 724-588-7610, ext. 1146.

Melissa Villard, Assistant Director of The Colony, is the contact to reserve social space at The Keifer Building or Rust Colony Square and Pavilion. She can be reached at 724-588-7610 ext. 1208.

Transportation Reminder

In order to be better served by our Transportation Department, please let the receptionist know of your needs preferably 48 hours in advance. We ask that all residents be ready and waiting 30 minutes before their appointment time unless otherwise notified. Residents at The Villas, Heritage and Ridgewood are asked to wait in the lobby.

Each pink Appointment Reminder Slip has this same request noted on the bottom of the paper as a reminder.

Guest Apartment Accommodations at The Heritage

St. Paul’s offers a guest apartment for those who visit our campus and would like overnight accommodations. The guest apartment is located in The Heritage at St. Paul’s and features a living room and a bedroom. The apartment accommodates two people comfortably and is furnished with one queen-size bed, a reclining chair and a reclining love seat. A roll-away bed is available upon request.

The apartment includes a handicapped accessible bathroom with a shower, small refrigerator, microwave and flat-screen television. There is no telephone service provided. Wi-Fi is available.

For the convenience of all guests, no pets are permitted. Fees are $89/night and payable by cash or check only. Please make checks payable to: St. Paul’s. Payment is due upon arrival.

Guests visiting and staying overnight in our apartment are asked to register personal and vehicle information. Check-in is after 3 p.m. and check-out is by 11 a.m.

Reservations may be made by calling Robyn Weaver, executive assistant, at 724-588-7610 ext. 1146, Monday through Friday, 7 a.m. - 3:30 p.m.

Opportunities for Gifts of Appreciation to Staff

Many residents, clients and families often ask how they can give back and say “Thank You” to the staff who have provided excellent care to their loved ones while living at St. Paul’s. These three funds give you the opportunity to do so:

1. A donation may be made to the Staff Appreciation Fund. This fund enables St. Paul’s to recognize all staff. (i.e., to provide staff apparel, staff appreciation picnics, or gift cards for various occasions.)

2. A donation can be made to the Staff Education Fund. You can define the education opportunity or leave it to the administrator’s discretion.

3. A donation of appreciation can be made to the Annual Staff Christmas Party. This donation can be given to the administrator or director and identified for the Staff Christmas Party and will be used to offset the cost and for staff gifts the night of the party.

If you would like to make a donation to staff for anything outside of these three funds, please see your administrator or director to talk about specifics.

Employees may not accept individual gifts, cash or currency of any kind from a resident or family member. We appreciate your support of these guidelines in order for us to remain compliant with regulations and our corporate compliance policies.

Our staff has been educated that when pushing a resident in a wheelchair, they are to use foot pedals. Regardless of the distance, whether 5 feet or 500 feet, residents can get tired of holding their legs up and may unexpectedly put them down, creating the potential for injury; thus there has been a heightened focus on this topic within long-term care facilities nationwide.

It is understood that residents have personal preferences regarding the use of foot pedals, but with education and encouragement, most understand the reasons for our insistence. We wanted to share this information with you as friends and families to please reinforce this practice of utilizing foot pedals when pushing your loved ones.

As our ongoing education continues, we have some residents who often self propel themselves to where they are going. If they are self propelling, they don’t need the foot pedals; but we are encouraging the use of bags on the back of wheelchairs for convenient access to foot pedals should they need a helping hand to push them. If your loved one could benefit from a bag on the back of their chair for the pedals, and doesn’t currently have one, please let us know. We are happy to provide one.

If you have any questions, please feel free to speak with your neighborhood RN manager, Leann McCurdy, Director of Nursing or Tammy Lininger, Administrator. Thank you!
## MOVIES

**December 2019**

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2 p.m.</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Small Town Santa</td>
<td>3 p.m.</td>
<td>2 p.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>2</td>
<td>10 a.m. White Christmas</td>
<td>10 a.m.</td>
<td>2 p.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>The Man Who Invented Christmas</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>The Least of These</td>
<td>The Nutcracker (ballet)</td>
<td>Christmas Vacation</td>
</tr>
<tr>
<td>2 p.m.</td>
<td>Miracle on 34th Street</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>Christmas in the Smokies</td>
<td>2 p.m.</td>
<td>Santa and Me</td>
</tr>
<tr>
<td>8</td>
<td>7 p.m. Christmas with the Kranks</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
</tr>
<tr>
<td>9</td>
<td>7 p.m.</td>
<td>10 a.m. Get Santa</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>10</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>11</td>
<td>10 a.m. Beyond the Stars</td>
<td>12</td>
<td>12</td>
<td>12</td>
<td>12</td>
<td>14</td>
</tr>
<tr>
<td>12</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>14</td>
</tr>
<tr>
<td>13</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>14</td>
</tr>
<tr>
<td>14</td>
<td>It's a Wonderful Life</td>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
</tr>
<tr>
<td>15</td>
<td>2 p.m.</td>
<td>10 a.m. Snow Buddies</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>16</td>
<td>Jingle All the Way</td>
<td>17</td>
<td>17</td>
<td>17</td>
<td>17</td>
<td>19</td>
</tr>
<tr>
<td>17</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>18</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>21</td>
</tr>
<tr>
<td>19</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>21</td>
</tr>
<tr>
<td>20</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>21</td>
</tr>
<tr>
<td>21</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>23</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>24</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>10 a.m.</td>
</tr>
<tr>
<td>25</td>
<td>2 p.m. Christmas Angel</td>
<td>25</td>
<td>25</td>
<td>25</td>
<td>25</td>
<td>25</td>
</tr>
<tr>
<td>26</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>2 p.m.</td>
<td>25</td>
</tr>
<tr>
<td>27</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>28</td>
</tr>
<tr>
<td>28</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>28</td>
</tr>
<tr>
<td>29</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>28</td>
</tr>
<tr>
<td>30</td>
<td>10 a.m. Big Jake (John Wayne)</td>
<td>31</td>
<td>31</td>
<td>31</td>
<td>31</td>
<td>31</td>
</tr>
<tr>
<td>31</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>10 a.m.</td>
<td>31</td>
</tr>
</tbody>
</table>

All residents should tune to Channel 1851 for movies, church services and any other internal broadcasts. This channel has been reserved by Spectrum for use internally by campuses like St. Paul’s, and is not used for regular programming, which alleviates any potential signal interference.
December 2019 Calendar of Events

Monday, Dec. 2 – Colony Birthday Celebration (PLEASE NOTE DATE CHANGE)
Tuesday, Dec. 3 – Movie Night – Christmas Jars
Wednesday, Dec. 4 – Eden Christmas Breakfast
Wednesday, Dec. 4 – Craft Hour
Friday, Dec. 6 – Lake County Historical Society
Saturday, Dec. 7 – Living Christmas Tree Performance
Monday, Dec. 9 – Shop Local in Meadville
Tuesday, Dec. 10 – Craft Hour
Tuesday, Dec. 10 – Christmas Charades
Thursday, Dec. 12 – Colony Christmas Service & Dinner
Dec. 14 & 15 – Christmas Overnight Trip to Michigan
Monday, Dec. 16 – Men & Women’s Chat Group
Tuesday, Dec. 17 – Texas Tenors @ Westminster College
Wednesday, Dec. 18 – Wrap & Yap Party
Thursday, Dec. 19 – Columbiana Christmas Lights & Dinner
Tuesday, Dec. 24 – Candy Cane Hunt
Wednesday, Dec. 25 – Merry Christmas
Friday, Dec. 27 – “Little Women” at the theatres
Sunday, Dec. 29 – Brunch & Tour at Tara Inn
Monday, Dec. 30 – Christmas Light Scavenger Hunt followed by “Deck the Halls” movie & pizza
Tuesday, Dec. 31 – New Year’s Eve Potluck Gathering
Thursday, Jan. 2 – Popcorn & Game Night

December
5 - Richard Guerrini
5 - Linda Savor
6 - Elaine Wilkins
9 - Gail Maycher
9 - Carol Paul
10 - Aldra Ritter
13 - Ellen Benninger
13 - Carol Hosmer
13 - Frances Wackenhut
15 - Jo-Anne Cooper
16 - Janet Walther
19 - Bert Heckman
19 - Jane Loutzenhisser
20 - Gayle Wolff
23 - Nancy Weikal
26 - Carol Bass
29 - Polly Oden
31 - Patricia Houpt

January
3 - Roy Ritter
5 - Sandra Beckman
5 - Sandy Harter
6 - LaWanda Johnston
11 - Bernie Maycher
12 - Marge Fenton
15 - Joan Bernier
16 - Judy Hodge
17 - Jim Ondo
18 - Donovan Curtis
23 - Dean Poolos
24 - Dan Brown

Holiday Pear Salad

Candied pecans
Fresh spring mix
Pomegranate arils
Dried cranberries
Pear halves (fresh or canned)
Crumbled feta cheese
Mariah’s Delicious Dressing:
  Whisk together: Olive oil, honey, Dijon mustard, apple cider vinegar, fresh squeezed lemon juice, salt & pepper and poppy seeds.

Toss the dressing and candied pecans with the salad. Only dress and add pecans to what you will eat because leftovers don’t do so well! You can store the salad, pecans, and dressing separately for delicious leftovers!
December Special Activities

Sunday, Dec. 1, 11:30 a.m.
Dining room seat changes

Monday, Dec. 2, 5:30 p.m.
Christmas Light Tour around Conneaut Lake on
The Barbara J Cruise Boat

Monday, Dec. 2, 6:30 p.m.
Mercer County Boys

Wednesday, Dec. 4, 10:30 a.m.
Catholic Mass and Communion in The Villas

Wednesday, Dec. 4, 12:30 p.m.
German Ladies Group Meeting

Thursday, Dec. 5, 7 p.m.
Amish Singers

Friday, Dec. 6, 7:30 a.m.
Men’s Breakfast

Friday, Dec. 6, 2 p.m.
Humble Ministries Music and Singing

Saturday, Dec. 7, 12:45 p.m.
Piano recital by Robin McLaughlin’s piano students

Sunday, Dec. 8, 1:30 p.m.
Senior Follies presents a Holiday Dance

Monday, Dec. 9, 11:30 a.m. – 1 p.m.
Rambling Rose’s Christmas Party

Monday, Dec. 9, 6:30 p.m.
An Evening of Fellowship with Kenard Women

Wednesday, Dec. 11, 1 p.m.
Visiting Kraynak’s Christmasland Display

Wednesday, Dec. 11, 6:30 p.m.
Reynolds K-Kids Holiday Caroling & Cookie Social

Thursday, Dec. 12, 1 p.m.
Dining Committee Meeting

Thursday, Dec. 12, 1:30 - 3:30 p.m.
Horse & Carriage Rides in front of The Heritage and
Hot Cocoa Bar in The Heritage Lobby

Friday, Dec. 13, 2 – 4 p.m.
Red Hat Women’s Group Holiday Luncheon

Friday, Dec. 13, 6 p.m.
Cub Scout Caroling and Refreshment Social

Monday, Dec. 16, 11:30 a.m.
Heritage Staff and Resident’s Christmas Tea with
Women’s Acapella Quartet “Grace Notes”

Monday, Dec. 16, 6:30 p.m.
Daphne’s Girl Scouts Christmas Caroling & Cookies

Sunday, Dec. 17, 11:30 a.m.
December Birthday Luncheon

Friday, Dec. 20, 2 p.m.
Gina’s Holiday Arts and Craft session

Saturday, Dec. 21, 6:30 p.m.
“Z” Praise Entertainment

Tuesday, Dec. 24, 9:30 a.m.
Santa and Mrs. Claus Visit

Wednesday, Dec. 25
MERRY CHRISTMAS EVERYONE!!

Thursday, Dec. 26, 1 p.m.
Dining Committee Meeting

Monday, Dec. 30, 6:30 p.m.
“Z” Praise Entertainment

Tuesday, Dec. 31, 1 – 2:30 p.m.
New Year’s Eve Social with music by Marla and
Gregory Vanderveen

December Birthdays

13 - Carrie Shapona
16 - Mike Eastlick
17 - Bob Becker
22 - Nancy Martz
25 - James Vaughn
26 - Condit North
30 - Sam Gano

Regular Weekly Happenings

Mon. – Sat., 9:30 a.m. – Movers & Shakers, Anderson Fellowship Hall

Tuesdays, 6:30 p.m. and Saturdays, 1:30 p.m. – BINGO

Wednesdays, 1 p.m. – Bible Study with Pastor Julia,
Anderson Fellowship Hall

Wednesdays, 3 p.m. – Music Therapy with Cindy
Location Varies

Thursdays, 3 p.m. – Skee Ball, Anderson Fellowship Hall

Fridays, 2 p.m. – Balancing & Strengthening with Ron at the Fitness Center

- Monthly manicures for residents
- Our 500, canasta and bridge card games always need someone to play, see Michele Miranda if you would like to join or start a new card game.
- Check out the daily puzzle working in the floor lounges.
- We have a variety of weekly and monthly activities that include some of the following: monthly lunch outing, movie matinees, a variety of entertainment, guided tour videos around the world, word and brain games and more!
- Watch calendars for The Heritage’s planning group. Everyone is welcome! “To bake or not to bake” is our motto, bring your favorite recipes. We make seasonal crafts & gifts.
### Jones Serenity Circle

**December Special Events and Entertainment:**

- **Monday, Dec. 2, 5:30 p.m.** – Christmas Music w/ “Z” Praise Entertainment
- **Thursday, Dec. 5, 10 a.m.** – Piano music w/Lyn Mossman
- **Friday, Dec. 6, 9 a.m.** – Pizzelle making w/the Cianci family
- **Friday, Dec. 6, 12:45 p.m.** – Gina’s Creative Corner Christmas Craft Class
- **Saturday, Dec. 7, 10 a.m.** – Christmas Marimba Music w/ Nick Lakatos
- **Sunday, Dec. 8, 11:30 a.m.** – JSC Annual Christmas Tea
- **Sunday, Dec. 8, 1:15 p.m.** – Christmas Music w/S.L.I.M. Brothers
- **Monday, Dec. 9, 5:30 p.m.** – Christmas Music w/Bonnie Campbell
- **Wednesday, Dec. 11, 10:30 a.m.** – Reading Christmas Stories
- **Thursday, Dec. 12, 1 p.m.** – Horse Drawn Carriage Rides at The Heritage
- **Saturday, Dec. 14, 10 a.m.** – Christmas Music w/Steve & Tracy
- **Tuesday, Dec. 17, 5:30 p.m.** – Christmas Harp Music w/ Alissa
- **Thursday, Dec. 19, 19 a.m.** – Reading “A Visit From Saint Nicholas” w/Patti
- **Friday, Dec. 20, 12:45 p.m.** – Humble Ministries Christmas music
- **Sunday, Dec. 22, 1:30 p.m.** – Christmas Sing-a-long w/ Melodies by Madison
- **Monday, Dec. 23, 9 a.m.** – Santa & Mrs. Santa Claus visit
- **Monday, Dec. 23, 5:30 p.m.** – Christmas music w/Bonnie Campbell
- **Wednesday, Dec. 25, 10 a.m.** – MERRY CHRISTMAS w/ “Z” Praise Entertainment
- **Friday, Dec. 27, 1 p.m.** – Holiday Karaoke
- **Saturday, Dec. 28, 9 a.m.** – Holiday Trivia w/Patti
- **Monday, Dec. 30, 1 p.m.** – Holiday Karaoke
- **Tuesday, Dec. 31, 2 p.m.** – New Year’s Eve Celebration
- **Tuesday, Dec. 31, 5:30 p.m.** – Holiday Harp music w/Alissa

### Jones Serenity Lane

**December Special Events and Entertainment:**

- **Tuesday, Dec. 3, 2 p.m.** – Music in Motion with Ron
- **Friday, Dec. 6, 5:30 p.m.** – Noble Cause Music
- **Monday, Dec. 9, 3 p.m.** – Humble Ministries Music
- **Monday, Dec. 9, 2 p.m.** – Music in Motion with Ron
- **Thursday, Dec. 12, 5:30 p.m.** – “Z” Praise Entertainment
- **Friday, Dec. 13, 2 p.m.** – Monthly Birthday Party
- **Monday, Dec. 16, 1** – Crafts with Gina
- **Monday, Dec. 16, 5:30 p.m.** – Music with Steve Medovich
- **Friday, Dec. 20, 11:30 a.m.** – Annual Christmas Tea
- **Friday, Dec. 20, 1 p.m.** – Harpist Alissa Pesavento
- **Monday, Dec. 23, 2 p.m.** – Music in Motion with Ron
- **Monday, Dec. 23, 5:30 p.m.** – “Z” Praise Entertainment
- **Wednesday, Dec. 25, 1 p.m.** – Piano Music with Bonnie Campbell
- **Monday, Dec. 30, 2 p.m.** – Music in Motion with Ron
- **Tuesday, Dec. 31, 5:30 p.m.** – New Year’s Eve Party
- **Tuesday, Dec. 31, 5:30 p.m.** – Roger Juntunen playing the Concertina

### Weekly Events:

<table>
<thead>
<tr>
<th>Day</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday - Friday</td>
<td>Chair Exercises – JSL</td>
</tr>
<tr>
<td>Mondays</td>
<td>“Music &amp; Manicures” – JSC</td>
</tr>
<tr>
<td>Mondays, 10 a.m.</td>
<td>Nail Boutique – JSL</td>
</tr>
<tr>
<td>Tuesday mornings</td>
<td>Aviary Care &amp; “About the Birds” – JSC</td>
</tr>
<tr>
<td>Tuesdays</td>
<td>Rosary in the activity room – JSC</td>
</tr>
<tr>
<td>Wednesdays</td>
<td>Worship with Pastor Bill – JSC</td>
</tr>
<tr>
<td>Wednesdays, 12:45 p.m.</td>
<td>Music Therapy with Cindy – JSL &amp; 1:45 p.m. – JSC</td>
</tr>
<tr>
<td>Thursdays</td>
<td>Music and Motion with Ron – JSC</td>
</tr>
<tr>
<td>Fridays, 9:30 a.m.</td>
<td>BINGO – JSL</td>
</tr>
<tr>
<td>Weekly K9 Companion Visits</td>
<td>Catch up with Chase!</td>
</tr>
</tbody>
</table>

### Jones Serenity Circle & Lane

**December Birthdays**

- **14** - Esther Szakach
- **28** - Margie Enterline
Lynn Scovil is a receptionist at The Ridgewood. She was born on December 31, 1974 to Lawrence and Kathy Taylor. She has two bothers – Jeff and Chad.

Lynn graduated from Jamestown High School and married Glenn Scovil in August 1995. Lynn and Glenn have two sons – Nicholas and Mason.

Lynn’s favorite past-times include spending time with family and friends, playing on her iPad, watching The Big Bang Theory, Survivor and Love Actually, and playing with her three adorable dogs.

Lynn has traveled to NYC, San Francisco and Pensacola, Fla. Her favorite foods are spaghetti and chocolate cake. Lynn’s fondest memories include camping with her family on the shores of Lake Erie, visiting Disneyland, and attending her son’s track meets and band concerts.

~ Weekly Activities ~

Sundays: 11 a.m. – Church Service, Harmony Hall
1:30 p.m. – Movie, Harmony Hall
2:30 p.m. – Ice Cream Cart down the halls

Mondays: 10:30 a.m. – Exercise Class, Harmony Hall
6 p.m. – Evening Activity, Harmony Hall

Tuesdays: 2 p.m. – Balance & Strengthening w/ Ron
6 p.m. – Evening Activity, Harmony Hall

Wednesdays: 9 a.m. – Communion in your room
10 a.m. – Music Therapy, Fireside Lounge
1:15 p.m. – Errand Day
6 p.m. – Evening Activity, Harmony Hall

Thursdays: 10 a.m. – Bible Study, Harmony Hall
1:30 p.m. – Walmart/Giant Eagle Shopping
6 p.m. – Evening Activity, Harmony Hall

Fridays: 6 p.m. – Evening Activity, Harmony Hall

Saturdays: 10:30 a.m. – Exercise Class, Harmony Hall
1:30 p.m. – Bingo, Harmony Hall
6:30 p.m. – Cards, Harmony Hall

~ Special Events in December ~

Tuesday, December 3
Birthday Lunch, 11:30 a.m.

Wednesday, December 4
Hey Joe in Harmony Hall, 3:30 p.m.

Saturday, December 7
Robin McLaughlin in Harmony Hall, 10 a.m.

Monday, December 9
Craft with Kindred Hospice, 1:30 p.m.

Wednesday, December 11
Trip to Kraynaks, 1 p.m.

Thursday, December 12
Sleigh Rides at The Heritage, 1 - 3 p.m.

Sunday, December 15
Ridgewood Christmas Party, 4 p.m.
entertainment by Robin McLaughlin

Friday, December 20
Paint with Brandon Cowie, 2 p.m.

Friday, December 27
Lunch Outing, 11 a.m.

Tuesday, December 31
Humble Music Ministries in Harmony Hall, 2 p.m.
**House Chatter**  
~ News from The Villas ~

**Annual Christmas Buffet for Villas Residents & Guests**  
Enjoy a holiday meal with your loved one.

**Wednesday, December 25**  
Headland Friendship Commons  
Meadows – 11 a.m.  
Springs & Willows – 11:45 a.m.  
Gardens & Orchards – 12:30 p.m.

Cost is $12.00/person  
Please see The Villas receptionist for reservations and guest meal tickets.

**Please RSVP by Dec. 20.**  
For details, call 724-588-7610.

**~ Resident Refrigerator Use at The Villas ~**  
While St. Paul’s does not encourage the use of personal refrigerators in resident rooms at The Villas, in keeping with our philosophy of person-centered care, should a resident desire to have a personal refrigerator, St. Paul’s will make every effort to accommodate the request should the resident and family agree to abide by the facility’s policy. It is important that you notify the admissions/social services department BEFORE you bring in a personal refrigerator. These personally owned refrigerators are subject to the same guidelines under Pennsylvania Department of Health, as those that belong to St. Paul’s. As such, these refrigerators are inspected by Department of Health during their annual survey and St. Paul’s is required to have a policy that delineates responsibility for ensuring that their standards are maintained.

The policy states the resident and/or family must provide and keep a thermometer inside their refrigerator so you can assure that the temperature is maintained below 41 degrees F. Furthermore, the resident and/or family are responsible for ensuring the refrigerator is kept clean and that perishable foods are discarded by expiration dates. St. Paul’s reserves the right to conduct periodic inspections of the refrigerators to ensure compliance with these guidelines. Failure to comply may result in the removal of the refrigerator from the resident’s room.

Please feel free to contact Tammy Lininger, Administrator at The Villas, 724-588-7610 with questions or concerns.

**November & December Birthdays**

**November**
3 - Mona Stoyer  
6 - Eileen Hanson  
11 - Leo Frazier  
13 - Mary Kay Thomas  
23 - Richard Burns  
23 - June Jackson  
24 - Margaret Ruggles

Our apologies to those whose birthdays were missed last month. Happy belated birthday to all who celebrated in November!

**December**
3 - Nancie Burt  
4 - Margaret McAdoo  
8 - William Collins  
9 - Phyllis Chisholm  
14 - Duane Goodwill  
17 - William Miller  
18 - John Anderson  
18 - Harriet Liszka  
18 - Helen Reep  
21 - Kenneth Dodson  
22 - Bonnie Rowe  
22 - Nancy Williams  
25 - Michael Leskovac  
25 - Judith Nashtock  
29 - Mark Sanderson  
30 - Joyce Bayuk  
31 - Ronald Ewing

**~ Clothing Reminder for Villas Families ~**  
If you are bringing in clothing for your family member, we like to be sure the items are labeled with the resident’s name. Please give them to your nurse or aide and they will make sure they are sent to the appropriate department for labeling. Note: all clothing should be labeled for inventory purposes. Thank you.

We encourage family and friends to join us at any and all special activities planned at The Villas. If you’d like to take pictures, we ask you to please keep in mind that some of our residents have photo objections, and to limit your photos to only your loved ones enjoying the event.

**~ Attention Dog Owners ~**  
St. Paul’s is proud to be an Eden Home, where families are able to bring their family pet in to visit with loved ones, but with so many dogs visiting, we ask that you please leash your pet while going from room to room. This is for the protection of our residents as well as for the other dogs here visiting. If you have any questions, please see Missy Nitch, Pet Committee leader. Thank you for your cooperation.

Also - a reminder: if you bring your pet to visit any of our residents, we must have a copy of their current vaccination record on file. The receptionists are able to make copies and will forward them to Rhonda Pipp. If you are unsure if there is already a current record on file, please feel free to contact Rhonda at 724-588-7610 ext. 1173.
<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
</tr>
<tr>
<td>Roast beef, mashed potatoes, green bean casserole, apple pie</td>
<td>Fried chicken, potato wedges, corn, fruit whip</td>
<td>Stuffed cabbage roll w/sauce, mashed potatoes, peas &amp; pearl onions, mixed melon salad</td>
<td>Pork chop, haluski, spinach, ice cream treat</td>
<td>Spaghetti and meat sauce, Italian blend mixed vegetables, Mandarin oranges</td>
<td>Sweet potato-crusted pollock, hash brown casserole, Brussels sprouts, frosted banana cake</td>
<td>Blackberry dijon chicken, parsley noodles, green peas peach cobbler</td>
</tr>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>Pork chop w/ cornbread stuffing, cheesy mashed potatoes, scalloped corn, lemon meringue pie</td>
<td>Meat lasagna, green beans &amp; mushrooms, fruit cocktail</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, chilled peaches</td>
<td>Meatloaf, mashed potatoes, creamed corn, chocolate pudding</td>
<td>Baked glazed ham, roasted sweet potato wedges, cauliflower and cheese, fruited gelatin</td>
<td>Braised beef tips, egg noodles, green peas, Boston cream pie</td>
<td>Kielbasa, pierogies, Key West vegetables, turtle squares</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>Cranberry-glazed turkey, mashed potatoes, green beans, pumpkin pie</td>
<td>Pork chop suey, white rice, Oriental vegetable blend, Mandarin oranges</td>
<td>Bourbon chicken, baked sweet potato half, cauliflower, mixed melon salad</td>
<td>Shrimp appetizer, chicken tenders, mini assorted quiche, cheese cubes and crackers, dill pickle slices, olives, Christmas cookies</td>
<td>Apple-raisin stuffed chicken, mashed potatoes, Brussels sprouts, fruit cocktail</td>
<td>Lemon baked fish, red bliss potatoes, Prince Charles veggie blend, tapioca pudding</td>
<td>Country fried steak, garlic mashed potatoes, roasted zucchini, raspberry filled cookie</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
<tr>
<td>Pork roast, mashed potatoes, corn, banana cream pie</td>
<td>Chicken pie, mashed potatoes, honey-glazed carrots, apple crisp</td>
<td>Meatloaf Romanoff, noodles, broccoli, melon salad</td>
<td>Baked glazed ham, sweet potatoes, Nantucket vegetable blend, pumpkin pie, cranberry sauce</td>
<td>Chicken tenders, macaroni &amp; cheese, stewed tomatoes, ginger-spiced blondie bar</td>
<td>Tilapia fillet, baked potato, chalet vegetable blend, diced pears</td>
<td>Spaghetti and meatballs, tossed salad, pudding &amp; cookie parfait</td>
</tr>
<tr>
<td>29</td>
<td>30</td>
<td>31</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Stuffed chicken breast, mashed potatoes, whole baby carrots, chocolate cream pie</td>
<td>Ham loaf, parsleyed potatoes, cooked cabbage, apricots</td>
<td>Roast beef, baked potato, broccoli and cheese, strawberry shortcake</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
THE VILLAS ALL-HOUSE ACTIVITY SCHEDULE

In addition to the following schedule of monthly activities and special events, neighborhood activities will be planned to reflect interests within each individual neighborhood. Eden gatherings and activities will be included in the neighborhood happenings as well as those determined by the resident’s Eden family.

Music, crafts, KIT, manicures/colorful nails, exercise or physical activity/games, baking/cooking or snack making, entertainment, community outings, homecare, outdoor and companionship opportunities will be offered in the planning process. Personal leisure activities that are meaningful will be determined on an ongoing basis and coordinated with individual residents.

Movies are played on Channel 1851 at 10 a.m. and 2 p.m. and every Friday at 7 p.m. unless spiritual services or other programs are being broadcast at that time from Headland Friendship Commons. Weekend activities are planned at various times throughout the building.

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, Dec. 1</td>
<td>Rosa Parks Day</td>
</tr>
<tr>
<td></td>
<td>10 a.m. Church Service</td>
</tr>
<tr>
<td></td>
<td>2 p.m. Movie on Ch. 1851</td>
</tr>
</tbody>
</table>

| Monday, Dec. 2 | National Mutt Day; Cyber Monday                                     |
|               | 10 a.m. and 2 p.m. Movies on Ch. 1851                               |
|               | Morning: Put up the Chrismon Tree in HFC                            |
|               | 2 p.m. Bingo Bucks Exchange                                         |
|               | 7 p.m. Miracle on 34th Street on Ch. 1851                           |

| Tuesday, Dec. 3 | Giving Tuesday                                                      |
|                | 10 a.m. and 2 p.m. Movies on Ch. 1851                               |
|                | 1:30 p.m. 500 Bid – Gardens dining room                             |
|                | 2 p.m. Harry Davies (Gospel, Christian Music)                       |
|                | 7 p.m. BINGO                                                        |

| Wednesday, Dec. 4 | Rockefeller Center Christmas Tree Lighting                         |
|                   | 10 a.m. Mass                                                       |
|                   | 11:15 a.m. Music Therapy with Cindy                                |
|                   | 2 p.m. Movie on Ch. 1851                                          |
|                   | 2 p.m. Hey Joe and Mike! (Early Rock and Roll/Christmas Show)      |
|                   | 6:30 p.m. Mid-Week Service                                         |

| Thursday, Dec. 5 | At the University of Pittsburgh, numerals were first used on football uniforms worn by college football players (1908). |
|                 | 10 a.m. and 2 p.m. Movies on Ch. 1851                              |
|                 | 10:30 a.m. Rosary                                                  |
|                 | 1:30 p.m. 500 Bid - Gardens dining room                            |
|                 | 2 p.m. Bible Study                                                |
|                 | 7 p.m. Amish Singers                                              |

| Friday, Dec. 6  | Nutcracker Sweet (Suite) Day                                       |
|                | ~ Seasonal shirts and jeans ~                                      |
|                | 10 a.m. and 2 p.m. Movies on Ch. 1851                             |
|                | 2 p.m. The Hamzas: Christmas (Accordion/Keyboard, Oldies)          |
|                | 7 p.m. Friday Night Movie on Ch. 1851                             |

| Saturday, Dec. 7 | Santa Visits the Kids                                              |
|                 | 10 a.m. and 2 p.m. Movies on Ch. 1851                             |
|                 | 9:45 a.m. – 11 a.m. Santa Visits the Kids in the HFC               |
|                 | 2 p.m. BINGO                                                       |

| Sunday, Dec. 8  | Mario Lemieux announced to the Pittsburgh Penguins that he planned to return to the National Hockey League (NHL) as a player at age 35. (2000) He would be the first modern owner-player in U.S. pro sports. |
|                | 10 a.m. Church Service                                             |
|                | 2 p.m. Movie on Ch. 1851                                          |

| Monday, Dec. 9 | The song “Free as a Bird” debuted on a six-hour ABC documentary on the Beatles. It was their first new song in 25 years. (1995) |
|                | 5 p.m. Orchards Family Dinner in the HFC                          |
|                | Evening Activity: Christmas Trivia/Word Puzzles on the Neighborhoods |
|                | 6:45 p.m. It’s A Wonderful Life on Ch. 1851                       |

| Tuesday, Dec. 10 | Thomas H. Gallaudet’s birthday (1787). He was a pioneer for educating the deaf. |
|                 | Annual Retreat for Staff                                           |
|                 | Early Morning Coffee Cart                                          |
|                 | 1:30 p.m. 500 Bid – Gardens dining room                            |
|                 | 7 p.m. Jingle Bell BINGO                                           |

| Wednesday, Dec. 11 | The world’s first motor show opened in Paris with nine exhibitors. (1894) |
|                    | 10 a.m. and 2 p.m. Movies on Ch. 1851                              |
|                    | 11 a.m. Music Therapy with Cindy                                   |
|                    | 2 p.m. Humble Music Ministry Christmas Hymns                      |
|                    | 6:30 p.m. Midweek Service                                          |

| Thursday, December 12 | In Vienna, Austria, 22-year-old Ludwig van Beethoven received one of his first lessons in music composition from Franz Joseph Haydn (1792). |
|                       | 10 a.m. and 2 p.m. Movies Ch. 1851                                 |
|                       | 10:30 a.m. Rosary                                                  |
|                       | 1:30 p.m. 500 Bid – Gardens dining room                            |
|                       | 1:30 p.m. Carriage Rides (The Heritage Parking Lot)               |
|                       | 7 p.m. “Z” Praize Entertainment Christmas (Gospel, Oldies, Variety) |

| Friday, Dec. 13 | Mistletoe and Memories                                             |
|                | Christmas activities: baking cookies, Christmas music, cards and crafts on the neighborhoods |
|                | 10 a.m. and 2 p.m. Movies on Ch. 1851                              |
|                | 7 p.m. Friday Night Movie on Ch. 1851                              |

| Saturday, Dec. 14 | National Wreaths Across America Day                                |
|                  | 10 a.m. and 2 p.m. Movies on Ch. 1851                              |
|                  | 2 p.m. BINGO                                                       |
Sunday, Dec. 15 – National Kitten Herders Day
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Dec. 16 – Boston Tea Party (1773) – Nearly 350 chests of tea were dumped into Boston Harbor off of British ships by Colonial patriots. The patriots were disguised as Native Americans. The act was to protest taxation without representation.
10 a.m. and 2 p.m. Movies on Ch. 1851
7 p.m. Stephen Medovitch (Christmas Show/ Rat Pack Style)

Tuesday, Dec. 17 – Wright Brothers Day – The first successful gasoline-powered airplane flight took place near Kitty Hawk, NC. Orville and Wilbur Wright made the flight. (1903)
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Marbles the Cat
1:30 p.m. 500 Bid – Gardens dining room
7 p.m. BINGO

Wednesday, Dec. 18 – The Villas Annual Christmas Tea
10 a.m. and 2 p.m. Movies on Ch. 1851
11:15 a.m. Music Therapy with Cindy
The Villas Christmas Tea (lunch hours)
6:30 p.m. Mid-Week Service

Thursday, Dec. 19 – Walter Williams died in Houston, TX, at the age of 117. He was said to be the last surviving veteran of the U.S. Civil War. (1959)
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Rosary
1:30 p.m. 500 Bid – Gardens dining room
6:45 p.m. Kinsman Amish Youth Group

Friday, December 20 – Yuletide in the Country
~ Country flair and jeans ~
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Creative Corner with Gina
2 p.m. Christmas Carols in the Commons
7 p.m. Friday Night Movie on Ch. 1851

Saturday, December 21 – Crossword Puzzle Day
On this day in 1620 The “Mayflower,” and its passengers, pilgrims from England, landed at Plymouth, Mass.
10 a.m. and 2 p.m. Movies on Ch. 1851
2 p.m. BINGO

Sunday, Dec. 22 – German physicist Wilhelm Röntgen made the first X-ray, of his wife’s hand (1895).
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Dec. 23 – 1823 - The poem “A Visit from St. Nicholas” by Clement C. Moore (a.k.a. “‘Twas the night before Christmas...”) was published.
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Greg Van Valien (piano) & Pastor Julia - Hymn Sing
7 p.m. “Z” Praise Entertainment (Gospel, Variety, Oldies)

Tuesday, Dec. 24 – Christmas Eve – For the first time ever, a midnight Mass was broadcast on television. It was held at St. Patrick’s Cathedral in New York City. (1948)
10 a.m. and 2 p.m. Movies on Ch. 1851
10 a.m. Christmas Eve Service with communion
1:30 p.m. 500 Bid – Gardens dining room
Afternoon: Neighborhood Christmas traditions
(NOTE: Bingo will be held on Thursday, Dec. 26)

Wednesday, Dec. 25 – Christmas Day – “Silent Night” was performed for the first time, at the Church of St. Nikolaus in Oberndorff, Austria (1818).

Thursday, Dec. 26 – The coffee percolator was patented by James H. Mason (1865).
10 a.m. and 2 p.m. Movies on Ch. 1851
10:30 a.m. Rosary
1:30 p.m. 500 Bid – Gardens dining room
7 p.m. BINGO

Friday, Dec. 27 – Fumble or Rumble Friday
~ Football jerseys/shirts and jeans ~
10 a.m. and 2 p.m. Movies on Ch. 1851
Fumble or Rumble game cart through the Neighborhoods
7 p.m. Friday Night Movie on Ch. 1851

Saturday, December 28 – National Chocolate Day
10 a.m. and 2 p.m. Movies on Ch. 1851
9:45 a.m. BINGO

Sunday, Dec. 29 – The British burned Buffalo, NY, during the War of 1812 (1813).
10 a.m. Church Service
2 p.m. Movie on Ch. 1851

Monday, Dec. 30 – “Mr. and Mrs. North” debuted on NBC radio (1942).
10 a.m. and 2 p.m. Movies on Ch. 1851
2 p.m. Harry Davies on the Neighborhoods
7 p.m. Rick Bruening (Folk Music, Early Rock ‘n Roll, Storyteller)

Tuesday, Dec. 31 – New Year’s Eve
10 a.m. and 2 p.m. Movies on Ch. 1851
Noon: Monthly Birthday Luncheon
1:30 p.m. 500 Bid – Gardens dining room
2:30 p.m. New Year’s Toasts in the Neighborhoods
7 p.m. BINGO (Doubly Bubbly Bingo Bucks Night for New Year’s!)
FRIDAY, DEC. 6 — NUTCRACKER SWEET (SUITE) FRIDAY
Tchaikovsky’s Nutcracker, a theatrical staple of the Christmas Season, will be shown on Ch. 1851 at 10 a.m. (the ballet) and 2 p.m. (movie “The Nutcracker and the Four Realms”). Enjoy our version of sugar plum confections and treats as well! At 2 p.m., join us for The Hamza’s, who will be playing a variety of Christmas music in the HFC. **Wear a seasonal shirt along with jeans.**

SATURDAY, DEC. 7 — VISIT FROM SANTA!
All the way from the North Pole, Santa Claus will be here to visit with the kids & residents in the Headland Friendship Commons from 9:45 – 11 a.m.! Bring your cameras! Enjoy holiday refreshments and Christmas favors! **Jeans day if you wear a red nose or a Christmas shirt!**

FRIDAY, DEC. 13 — MISTLETOE AND MEMORIES
It’s that time of year for sharing traditions! Christmas activities such as baking cookies, Christmas music, cards, and crafts will be held on the Neighborhoods. “Christmas is a bridge. We need bridges as the river of time flows past. Today’s Christmas should mean creating happy hours for tomorrow and reliving those of yesterday.” ~ Gladys Taber **Seasonal colors & jeans this day!**

WEDNESDAY, DEC. 18 — THE VILLAS’ “ANNUAL CHRISTMAS TEA” IN THE NEIGHBORHOODS during lunch, enjoy Christmas music and entertainment, decorations and fine food! Did you know that many of our current traditions at St. Paul’s have been celebrated here since the early 1900s? An excerpt from The Orphans’ Friend (the very early version of Campus Connections) written by a visitor during Christmas 1909 reads: “...the tables were nicely arranged with regard to table linen, dishes and decorations...early Christmas morning...gifts were distributed. All who are extending the helping hand in this grand work, are building not only for time but for eternity.” Robt. S. Doyle, Carnegie, Pa., Dec. 30, 1909.

FRIDAY, DEC. 20 — YULETIDE IN THE COUNTRY
Share the warmth of Christmas and Holiday cheer! Join us for Creative Corner with Gina at 10 a.m. in the HFC. At 2 p.m., join us for a Christmas carol sing-a-long! **Wear your favorite Country Christmas flair along with a pair of jeans.**

MONDAY, DEC. 23 — CHRISTMAS TRADITIONS and activities to be determined by each neighborhood over the holiday. **Christmas colors and jeans day.**

TUESDAY, DEC. 24 — CHRISTMAS EVE SERVICE IN THE HFC for the Villas at 10 a.m. **Wear festive Christmas shirts, sweaters or tees and jeans this day.**

TUESDAY, DEC. 25 — CHRISTMAS DAY
“I heard the bells on Christmas day, their old familiar carols play, and wild and sweet the words repeat of peace on earth good-will to men.” ~ Henry Wadsworth Longfellow See page 14 for Christmas Holiday Buffet schedule in the Headland Friendship Commons. **Jeans are permitted this day if wearing seasonal shirt.**

FRIDAY, DEC. 27 — FUMBLE OR RUMBLE FRIDAY
The Fumble or Rumble game cart will go through the Neighborhoods for your chance at a prize! **Wear favorite football jersey/shirts & jeans this day.**

TUESDAY, DEC. 31 — NEW YEAR’S EVE CASUAL TUESDAY
Monthly birthday luncheon will be held at noon. In the Neighborhoods, we will have New Year’s Toasts starting at 2:30 p.m. At 7 p.m., it’s a Doubly Bubbly Bingo Bucks Night! **Wear your silver and/or gold charms this day along with jeans.**

Throughout the month of December we have several groups already scheduled for visits and caroling! We’ll continue to have more groups come in...please welcome them and enjoy the Holiday Spirit!

Regularly Scheduled Activities:
**Church Service** Sundays at 10 a.m. • **BINGO** – Tuesdays at 7 p.m. & Saturdays at 2 p.m. • **Music Therapy** Wednesdays at 3:30 p.m., various locations • **Mid-Week Service** Wednesdays at 6:30 p.m. • **Rosary** Thursdays at 10:30 a.m.

Special Activities in December:

- December 2 – Bingo Bucks, 1:30 p.m.
- December 3 – Harry Davies, 2 p.m.
- December 4 – “Hey Joe” Christmas Rock and Roll, 2 p.m.
- December 5 – Amish Singers 7 p.m.
- December 6 – The Hamzas, 2 p.m.
- December 9 – Christmas Trivia/Word Puzzles
  “It’s a Wonderful Life,” 7 p.m. on Ch. 1851
- December 11 – Humble Music Ministry, 2 p.m.
- December 16 – Stephen Medovitch Christmas Show, 7 p.m.
- December 17 – Kitty Cat Therapy, 10 a.m.
- December 19 – Kinsman Amish Youth Group, 6:45 p.m.
- December 23 – Greg Van Valien & Pastor Julia Hymn Sing, 10 a.m.
- December 23 – “Z” Praise Entertainment, 2 p.m
- December 26 – BINGO, 7 p.m. (NOTE: day change)
- December 30 – Harry Davies on Neighborhood 2 p.m.
- December 30 – Rick Bruening, 7 p.m.
Our team members strive to provide excellent care and are encouraged to treat others as they would want to be treated. We invite you to recognize staff members who make a difference in life at St. Paul’s.

Caring Hearts – November 2019


Promoting a Culture of Caring & Recognizing our Team Members

Mary Ann Aurandt
Jessica Baker
Koreena Barker
Mary Barr
Karin Bartel
Lori Bartolone
Michelle Bish
Sarah Black
Ceara Black
Lucinda Boylan
Robin Bratek
Carrie Breese
Nate Brown
Kurt Bucheit
Kim Bullis
Clara Byler
Barb Cadman
Tina Cascio
Mickie Chapman
Lynn Chuey
Lydia Cianci
Rita Clemente
Mariah Corson
Gayle Cowan
Sarah Culver
Amber DeLong
Carol Delp
Corey Denzer
Terri Descoteaux
Bonnie Dobi
Kara Doddo
Mike Doddo
Bill Doyle
Gail Fay

Teresa Findley
Jordan Gill
Tracy Grant
Brooke Hargenrader
Kelly Harper
Dawn Hartman
Brittany Hillard
Carol Hinderliter
Barbara Hively
Katie Hrdlicka
Michelle Ignat
Linda Iliff
Leslie Jablonski
Kayla Jablonski
Paulla Johnson
Jennie Kather
Kenzie Kerins
Krissy Kidd
Jessica Krafcheck
Abbey Kuhn
Karina Kunkel
Cindy Legwaila
Brittany Little
Martina McCann
Reba McCracken
Scott McElhinny
Melody McIntire
Carol Means
Dave Miller
Michele Miranda
Julia Moran
Sandy Motter
Megan Myers
Megan Nickel

Danielle Nottingham
Michelle O’Malley
Laura Palmer
Kim Phillips
Deven Piccolin
Emily Pickering
Sherrie Rader
Katie Ramp
Carla Redfoot
Mariah Reel
Linda Riley
Stephanie Roberts
Tabitha Roberts
Paul Roman
Kayla Ross
Salena Roy
Juanita Sanders
Ashley Shea
Dan Shoaff
Brittany Shrock
Lisa Schuessler
Sabrina Smith
Gina Sorg
Madison Steadman
Barbara Stake
Erin Straw
Brian Uhrin
Ashley Vickers
Melissa Villard
Emily Weir
LeAnn Wester
Shellie Whiteside
Brittany Wilson

Visit www.stpauls1867.org and click STAFF RECOGNITION on the homepage. Next, click on “Submit a Caring Heart” and fill in the simple form. Please Note: Submit ONE caring heart for EACH staff member you’d like to recognize.
Thanks to everyone who helped in any way to make this year’s Auxiliary Craft Show and Bake Sale the most profitable ever!

On behalf of the volunteers and Auxiliary we are very pleased to announce that after expenses, this year’s craft show netted $12,599.15! This total will be allocated toward the Auxiliary’s current project, the purchase of a new 14-passenger bus with a wheelchair lift for our residents. The mission of The Auxiliary is to serve as a great help to St. Paul’s in providing financial support through fundraising efforts to purchase items that enhance the lives of residents.

Many busy crafters’ hands, donations, time, treasure and talents helped to make this record-setting fundraiser possible. Thanks to all who attended the sale and shopped, bought food, baked goods, made crafts and purchased tickets. Mark your calendars for next year’s sale: Friday, November 6, 2020!

Congratulations to the winners of our two special raffles! Linda Savor (left) won the king-size handmade quilt. Chris Sidall (right) won the handmade chest. Special thanks to the donors who contributed these two beautiful handmade items. The quilt was donated by an anonymous friend of The Auxiliary and the chest was donated by Joe and Reba Gizdic. A second quilt was donated by Elaine Wilkins and was purchased earlier this year for $800. Raffle tickets were sold throughout the year for the king-sized quilt and the chest.

Combined, these true labors of love raised more than $2,700 toward our current project – the purchase of a new 14-passenger bus. Many, many thanks!
They’ll never be truly alone at home with HomeSafe

With the Philips Lifeline HomeSafe Medical Alert Service, your loved one’s personal alert button helps give them the confidence to keep moving in and around their own home. And its optional AutoAlert feature can automatically call for help if a fall is detected – even if they’re unable to push their help button.

At home and on the go, we’re with them wherever they go with GoSafe

If your loved one leads a more active lifestyle, the mobile Philips Lifeline GoSafe Medical Alert Service with built-in fall detection technology gives them 24/7/365 access to help anywhere they go, both inside the home and out. We use five state-of-the-art location technologies to locate them – no matter where they go – whenever and wherever they might need assistance.
St. Mark’s UCC Annual Blanket Delivery to St. Paul’s

Since 2009, Rev. Nancy Dunmire and volunteers from St. Mark’s United Church of Christ in Knox, Pa., have been delivering handmade blankets to the residents of St. Paul’s to be given as Christmas gifts. This year, the group delivered 134 blankets on October 31.

Since the project’s inception, the group has donated more than 1,300 blankets to residents of St. Paul’s Senior Living Community.

“When I think we are reminding people they are loved and we can wrap them in the warmth of God’s love with a simple blanket, we thank God for the opportunity to do this,” said Rev. Dunmire. “We feel very blessed. We are grateful to St. Paul’s for receiving the blankets, for letting us be part of their caring ministry.”

The group of ten volunteers at St. Mark’s meet weekly to create the blankets and sell blankets in local malls in their area throughout the year to raise funds that offset the cost of the fleece so that the blankets can be donated.

Kids of ALL AGES enjoyed
The Orchards Ladies Luncheon was held in the Friendship Commons on Thursday, Nov. 14 and featured a few of our true “renaissance men” as the servers. Maintenance tech, and former chef, Chris Hill (left), wowed the crowd with some of his culinary skills.

Trick-or-Treat this year!