



ATTENTION ST. PAUL'S RESIDENTS AND FAMILY MEMBERS

5/8/2020 COVID-19 WEEKLY UPDATE— please read this in its entirety.

St. Paul's Senior Living Community, Greenville, PA, continues to adjust its action plan in response to information, recommendations and requirements shared by the Centers for Disease Control (CDC), Centers for Medicare and Medicaid Services (CMS) the Pennsylvania Department of Health (PA-DOH) and others. As you know, St. Paul's serves a fragile population and we have a responsibility to implement a plan of action to protect our population and our workforce. ***Please keep in mind that all of the steps we are taking are in the best interest of the health and safety of residents and staff.*** Also note, that our plan of action is subject to change as new information becomes available.

The following is an update for this week:

- Visiting restrictions remain the same. Unfortunately, we are still unable to accept visitors at The Villas, The Heritage or The Ridgewood - including visits outside.
- The exception to visitors would be for a resident who is at the end of their life. In this situation, only two visitors are permitted at the same time. The visitors must be screened prior to their visit and follow specific guidelines for visitation while in the building.
- If interested in coordinating a virtual/video visit, we encourage families to reach out to Life Enrichment in the respective building and coordinate the visit.
- During this weekend, families may deliver flowers or other packages to their loved ones. Located inside the front door of The Villas, The Heritage and The Ridgewood is a table where those items can be placed between 8:00 am and 4:30 pm. During these times, we have additional staff available to assist with timely delivery to the resident's room/apartment.
- We continue to schedule only essential medical appointments for residents. Our first approach to a medical appointment is through a virtual visit with the resident's health care provider, in which case family members can participate. If the resident is going out of The Villas, The Heritage or The Ridgewood for an appointment, St. Paul's will provide the transportation unless there are extenuating circumstances. Extenuating circumstances are addressed on a case by case basis. If a family member must meet a resident at an appointment due to extenuating circumstances, the family member must wear a mask and maintain a social distance.

ADDITIONAL INFORMATION

We all can protect ourselves and others from COVID-19 and Influenza by following these general guidelines at all times:

1. Wash hands often with soap and water for at least 20 seconds, especially after using the restroom; before eating; after blowing your nose, coughing or sneezing or between tasks.
2. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.

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3. Avoid physical contact with others. Maintain an appropriate social distance (6'). Social distance plus a mask is the best combination for reducing risk
4. Cover coughs and sneezes with a tissue, then throw it in the trash can. If you don't have a tissue, cough into your elbow or sleeve.
5. Do not touch your face, especially the T-zone – your eyes, nose and mouth.
6. Routinely clean frequently touched surfaces and objects. High touch surfaces include but aren't limited to counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, TV remotes, light switches, keyboards, tablets and bedside tables.
7. Stay at home when you are sick.
8. Consider Stay at home unless a trip out is essential.

As always, we encourage you to refer to the CDC, CMS and PA DOH websites for more information.

If you have any questions regarding this communication or St. Paul's Plan of Action please contact one of our administrators: Tammy Lininger, The Villas; Dianna Jones, The Heritage, Jones Serenity Circle and Jones Serenity Lane; Mickie Chapman, The Ridgewood; or Rita Clemente, The Colony and Without Walls.

Please monitor our website (www.stpauls1867.org) and Facebook page (stpaulsseniorlivingcommunity) for updated information.