



ATTENTION ST. PAUL'S RESIDENTS AND FAMILY MEMBERS

4/23/2020 COVID-19 UPDATE AND PLAN OF ACTION – *please read this in its entirety.*

Due to the everchanging situation with COVID-19 and heightened concerns about the potential spread of this virus and other serious respiratory illnesses like influenza, St. Paul's Senior Living Community, Greenville, PA, has continued to evaluate its preparedness in response to information and recommendations shared by the Centers for Disease Control (CDC), Centers for Medicare and Medicaid Services (CMS) the Pennsylvania Department of Health (PA-DOH) and others. As you know, St. Paul's serves a fragile population and we have a responsibility to implement a plan of action to protect our population and our workforce.

Please keep in mind that all of the steps we are taking are in the best interest of the health and safety of residents and staff. Also note, that our plan of action is subject to change as new information becomes available.

The following is an update for this week:

- Our management team continues to brainstorm and plan for all of the situations we may encounter to ensure that we mitigate risks and are prepared for COVID-19 should it occur in our building. We participate in regular conference calls with other organizations to stay current with COVID-19 standards, guidelines and recommendations.
- We continue to follow guidance from PA DOH, CMS and CDC for monitoring residents for symptoms.
- If a confirmed case is identified at St. Paul's, in a timely manner we will notify residents, residents' primary contact, and team members in accordance with the standards set forth by the PA DOH and CMS.
- Our visitor restrictions continue permitting only those visitors with a resident who is at the end of their life. Those visitors are limited to two people at a time with the resident.
- Screening continues for all staff and the screening process is updated as new information and guidelines are received from PA DOH, CMS, and the CDC.
- We are promoting frequent handwashing and use of sanitizer when handwashing is unavailable for both residents and team members.
- We have implemented the use of masks for ALL team members while on duty.
- We recommend that residents use masks as tolerated while direct care is given and when out of their room or apartment.
- We continue with increased frequency of cleaning and sanitizing of high touched surface areas.
- We continue to follow guidance regarding no communal dining and activities and emphasize the importance of social distancing.
- Our Life Enrichment team continues to explore opportunities to engage residents across our continuum with meaningful activities.
- Enhanced engineering controls have been implemented to maximize the ventilation in our buildings.
- We recognize the shortage of available Personal Protective Equipment (PPE) and continue to explore resources in order to secure PPE to ensure the safety of our team members.

- We have developed contingency plans for certain PPE to protect residents and staff when approved PPE is limited.
- Our Life Enrichment team and neighborhood staff continue efforts to connect residents with family members via text, email, Skype and Facetime. Please feel free to reach out to the respective Life Enrichment Specialist to plan a virtual visit.

In closing, we have all heard talk, read news articles, seen videos and read social media posts indicating that our state and surrounding states are working on a plan to start opening up business and relaxing the stay at home orders we have been under. While we believe it is important that we all work together and find our way back to some sense of normalcy, here at St. Paul's our primary objective has been and will always be to keep our residents and team safe. Our industry was one of the first industries to put safety measures in place, including restricting visitor access. We would anticipate that we will be one of the last industries to re-open our doors to visitors. While it's understand that this will pro long the sacrifices our residents and their loved ones have made, we must continue to be vigilant in maintaining safety for our residents and team. We will continue to look for safe alternatives for visitation and resident engagement as the weeks and months progress. We greatly appreciate all the support and cooperation received from our residents, team and family members during this unique time.

ADDITIONAL INFORMATION

We all can protect ourselves and others from COVID-19 and Influenza by following these general guidelines at all times:

1. Wash hands often with soap and water for at least 20 seconds, especially after using the restroom; before eating; after blowing your nose, coughing or sneezing or between tasks.
2. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
3. Maintain an appropriate social distance (6'). Social distance plus a mask is the best combination for reducing risk
4. Cover coughs and sneezes with a tissue, then throw it in the trash can. If you don't have a tissue, cough into your elbow or sleeve.
5. Do not touch your face, especially the T-zone – your eyes, nose and mouth.
6. Avoid physical contact with others.
7. Routinely clean frequently touched surfaces and objects. High touch surfaces include but aren't limited to counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, TV remotes, light switches, keyboards, tablets and bedside tables.
8. Stay at home when you are sick.
9. Stay at home unless a trip out is essential.

As always, we encourage you to refer to the CDC, CMS and PA DOH websites for more information.

We continue to stress the importance of handwashing as this is the number one way to prevent the spread of COVID-19 and Influenza.

If you have any questions regarding this communication or St. Paul's Plan of Action please contact one of our administrators: Tammy Lininger, The Villas; Dianna Jones, The Heritage, Jones Serenity Circle and Jones Serenity Lane; Mickie Chapman, The Ridgewood; or Rita Clemente, The Colony and Without Walls.

Please monitor our website (www.stpauls1867.org) and Facebook page (stpaulsseniorlivingcommunity) for updated information.