



ATTENTION: HERITAGE AND RIDGEWOOD RESIDENTS, FAMILY MEMBERS AND TEAM MEMBERS

IMPORTANT – 11/9/2020 COVID-19 UPDATE – *please read this in its entirety.*

In accordance with shared recommendations from the Centers for Disease Control, Centers for Medicare and Medicaid Services (CMS), the Pennsylvania Department of Health (PA DOH) and others, St. Paul's is in the process of administering our weekly widespread team member COVID-19 testing.

We have received all of our test results from our weekly resident and team member testing for the week ending November 6, 2020. We are happy to report that the results were all negative with the exception of the third-party healthcare worker previously reported to you in an earlier communication dated November 7, 2020. Since proper personal protective equipment was being worn by this person our guidance from PA DOH and DHS indicates that we can move forward with re-opening procedures.

HERITAGE AND RIDGEWOOD ONLY

These following guidelines apply:

- Residents of The Heritage and The Ridgewood will be able to have INDOOR visitation as well as outdoor visitation. Window visits and virtual visits will still be available. Visits MUST be pre-scheduled during available visitation times with the receptionist.
- Dining services at Heritage will move back to the dining rooms for all residents. Residents are to wear masks to and from the dining room and maintain social distancing.
- The dining guidelines at The Ridgewood will include separate seating times and socially distanced dining.
- Non-essential personnel (i.e. Without Walls Companions, etc.) will be permitted in the Heritage and The Ridgewood. All non-essential personnel will be screened at The Villas before going to The Heritage or The Ridgewood.
- Activities will be offered for residents for groups of ten (10) or less while social distancing and wearing masks. Life Enrichment outings are permitted for residents unexposed to COVID-19.
- These guidelines remain in place for ALL visitation at The Heritage and Ridgewood:
 - VISITATION SCHEDULE is:
 - Monday through Friday 9:00 to 11:00 a.m. and 2:00 to 4:00 p.m.
 - Tuesdays and Thursdays 5:00 to 7:00 p.m.
 - Visits are limited to two (2) visitors per resident.
 - Visits are limited to thirty (30) minutes. However, other arrangements can be made if visitors traveling longer distances.
 - Residents are permitted to have visitors more than once per week.

- Visitors must be screened at The Villas before going to The Heritage or The Ridgewood.
- Once seated, visitors and residents MUST remain in their seats until the visit is concluded. Please DO NOT move chairs at any time during a visit.
- Visitors and residents MUST wear masks AT ALL TIMES during a visit.
- Food is not to be consumed during any visits. **Masks must remain on** at all times.
- Most importantly, if a family member wishes to bring something in to give the resident during a visit, we ask that you give it to a team member or Host/Hostess to pass on to the resident. The same applies if a resident wishes to give the family member something. We ask that visitors and residents DO NOT pass items directly to each other. Social distancing MUST be maintained during the visit.
- If family members or friends has anything that needs delivered to a resident at any other time, items can be delivered to front door of The VILLAS. A team member will deliver it to the resident from that point. For deliveries only, family members and friends do not need screened.
- **Please consider, these guidelines are designed to keep our residents and team members safe and healthy. If visitors do not follow these guidelines, they may be asked to leave. By not following guidelines visitors may jeopardize future visits for themselves and all other residents and their visitors.**
 - Families are permitted to ***accompany residents for medical appointments in special circumstances only***. Residents and family members MUST WEAR THEIR MASKS THE ENTIRE TIME THEY ARE TOGETHER. Also, family members are not permitted to take a resident anywhere besides the medical appointment (i.e. hair care or nail care appointments). Doing so will require a 14-day quarantine for the resident.

We are thankful to be moving in this direction and as always will keep you apprised of any changes. This is proving to be a very fluid and ever-changing situation and we appreciate your patience and cooperation as we navigate through these uncharted waters.

If you have any questions regarding this communication or St. Paul's plan of action please contact Dianna Jones, Administrator at The Heritage or Mickie Chapman, Administrator at The Ridgewood.